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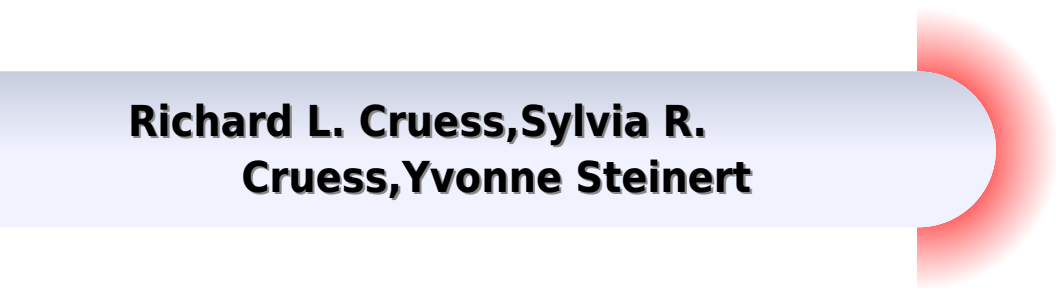
Whole Person Care

A New Paradigm
for the 21st Century

 Springer

Whole Person Care A New Paradigm For The 21st Century

**Richard L. Cruess, Sylvia R.
Cruess, Yvonne Steinert**



Whole Person Care A New Paradigm For The 21st Century:

Whole Person Care Tom A. Hutchinson, 2011-05-06 A ground breaking new volume and the first of its kind to concisely outline and explicate the emerging field of whole person care process Whole Person Care A New Paradigm for the 21st Century organizes the disparate strains of literature on the topic It does so by clarifying the concept of whole person and also by outlining the challenges and opportunities that death anxiety poses to the practice of whole person care Whole person care seeks to study understand and promote the role of health care in relieving suffering and promoting healing in acute and chronic illness as a complement to the disease focus of biomedicine The focus is on the whole person physical emotional social and spiritual Using concise easy to read language the early chapters offer practitioners a thorough understanding of the concepts skills and tools necessary for the practice of whole person care from a clinician patient interaction standpoint while the last two chapters review the myriad implications of whole person care for medical practice An invaluable resource for all areas of medical practice and for practitioners at all stages of development from medical students to physicians and allied health providers with many years of experience Whole Person Care A New Paradigm for the 21st Century will have a profound impact on western medical practice in North America and elsewhere **Whole Person Care** Tom A.

Hutchinson, 2011-10-19 A ground breaking new volume and the first of its kind to concisely outline and explicate the emerging field of whole person care process Whole Person Care A New Paradigm for the 21st Century organizes the disparate strains of literature on the topic It does so by clarifying the concept of whole person and also by outlining the challenges and opportunities that death anxiety poses to the practice of whole person care Whole person care seeks to study understand and promote the role of health care in relieving suffering and promoting healing in acute and chronic illness as a complement to the disease focus of biomedicine The focus is on the whole person physical emotional social and spiritual Using concise easy to read language the early chapters offer practitioners a thorough understanding of the concepts skills and tools necessary for the practice of whole person care from a clinician patient interaction standpoint while the last two chapters review the myriad implications of whole person care for medical practice An invaluable resource for all areas of medical practice and for practitioners at all stages of development from medical students to physicians and allied health providers with many years of experience Whole Person Care A New Paradigm for the 21st Century will have a profound impact on western medical practice in North America and elsewhere **Teaching Medical Professionalism** Richard L.

Cruess, Sylvia R. Cruess, Yvonne Steinert, 2016-03-29 This book presents ideas evidence and guidance for those interested in using the most recent advances in knowledge about learning and human development to enhance medical education's ability to form competent caring and publicly responsible physicians It does this by establishing the development of a professional identity in medical students and residents as a primary goal of medical education This new approach is emerging from experience and experiment by medical educators articulating a new way of understanding their mission It is an optimistic

book the voices are those of the leaders theorists and experienced practitioners who have found in this new approach a promising way to confront the challenges of a new era in medicine It summarizes the theoretical basis of identity formation outlines our current knowledge of how best to assist learners as they acquire a professional identity and addresses the issue of assessment of progress towards this goal

Crossing Over David Barnard, Anna Towers, Patricia Boston, Yanna Lambrinidou, 2023 Twenty richly detailed narratives vividly bring to life the experiences of dying and bereavement in Crossing Over weaving together emotions physical symptoms spiritual concerns and the stresses of family life as well as the professional and personal challenges of providing hospice and palliative care

Cultivating Empathy: Inspiring Health Professionals to Communicate More Effectively (Revised Edition) Kathleen Stephany, 2022-01-04 Research demonstrates that even if empathy the capacity to perceive or share emotions with other beings or objects is not part of a person's communication skill set it can be taught Empathy can therefore be viewed as an acquired communication skill Cultivating and practicing the skill of empathy among health care providers enhances the quality of care experienced by their patients which in turn can even improve work satisfaction for health care providers Many communication textbooks or manuals for care giving professions primarily focus on specific communication skills and techniques Cultivating Empathy takes a different approach the book sets empathy as the foundation of all therapeutic interactions and teaches the reader to learn the art of empathy by using constructive approaches and research findings from social sciences and neuroscience Cultivating Empathy is perfect for any student or practicing health care professional who has felt that there was an absence of rapport when interacting with clients or patients and their families Real case narratives dynamic interactive exercises and simulation techniques are also provided in this text to assist helpers to learn how to be more empathetic Readers will gain awareness about human and emotional aspects of patient care which will hopefully make a positive contribution to their professional practice

Rethinking Pain in Person-Centred Health Care Stephen Buetow, 2020-12-30 This book explores how person centred health care could be refined to help persons alleviate pain related distress and construct pain as a potentially positive experience Rethinking Pain in Person Centred Health Care is a fascinating contribution to the multidisciplinary literature on person centred health care pain and ethics Traditionally Western intellectual culture has downplayed the intuitive and emotional promoting instead rational natural scientific perspectives Applied to pain an instrumental approach promotes the immediate and effective relief of pain due to the widespread suffering and expense it can cause However different persons experience pain in different ways and Buetow moves beyond a commitment to eliminate pain to exploring how benefits of pain could include creating and managing meaning from pain Rather than always looking to put pain behind them persons may flourish by moving around pain through pain into pain and above pain Buetow argues that this model depends on adopting a person centred approach to health care focusing less on the condition of pain and more on mobilizing the persons who present with and manage pain This book will be of interest to professionals and academics researchers in

the fields of psychology and psychiatry who have a special interest in people with persistent pain conditions It will also be an invaluable resource for physiotherapists chronic pain consultants in secondary care and GPs *Compassionate Person-Centered Care for the Dying* Bonnie Freeman, 2015-02-23 A milestone resource for palliative care nurses that facilitates evidence based compassionate and humanistic care of the dying A valuable contribution to the evolving field of palliative nursing care It is authored by a model for this field Bonnie Freeman and brings to the bedside what her practice embodies evidence based clinically expert care The CARES tool is a long needed resource and we are all grateful to the author for moving her passion to paper It will touch the lives and deaths of patients families and the nurses who care for them Betty Ferrell PhD RN MA FAAN FCPN CHPN Professor and Director Division of Nursing Research and Education City of Hope National Medical Center From the Foreword This groundbreaking reference for palliative care nurses is the first to provide realistic and achievable evidence based methods for incorporating compassionate and humanistic care of the dying into current standards of practice It builds on the author's research based CARES tool a reference that synthesizes five key elements demonstrated to enable a peaceful death as free from suffering as possible comfort airway management management of restlessness and delirium emotional and spiritual support and selfcare for nurses The book describes step by step how nurses can easily implement the basic tenets of the CARES tool into their end of life practice It provides a clearly defined plan that can be individualized for each patient and tailored to specific family needs and facilitates caring for the dying in the most respectful and humane way possible The book identifies the most common symptom management needs in dying patients and describes in detail the five components of the CARES paradigm and how to implement them to enable a peaceful death and minimize suffering It includes palliative care prompts founded on 29 evidence based recommendations and the National Consensus Project for Palliative Care Clinical Practice Guidelines The resource also addresses the importance of the nurse to act as a patient advocate how to achieve compassionate communication with the patient and family and barriers and challenges to compassionate care Case studies emphasize the importance of compassionate nursing care of the dying and how it can be effectively achieved Key Features Provides nurses with a clear understanding of the most common needs of the dying and supplies practical applications to facilitate and improve care Clarifies the current and often complex literature on care of the dying Includes case studies illustrating the most common needs of dying patients and how these are addressed effectively by the CARES tool Based on extensive evidence as well as on the National Consensus Project for Palliative Care Clinical Practice Guidelines *Ageism and Person-Centred Care* Stephen Buetow, 2024-10-14 This thought provoking book exposes the values judgements and hierarchies that underlie ageism in care settings Destabilizing the assumption that biases like ageism are always bad Buetow suggests that ageism is normatively neutral and that truly person centred care requires situated acknowledgement of and responsiveness to its negative and positive aspects Buetow contends that respecting meaningful age differences between persons as moral agents puts ageism on the radar of care

environments weakening barriers to engagement His analysis moves from concern for age friendliness to prudent ageism that enables person centred care to apply practical wisdom in everyday age sensitive judgement and decision making Challenging political correctness and advocating for justice rather than social justice Buetow discusses how prudent ageism may advantage some age groups over others in particular circumstances while providing a moral structure for managing real rather than socially constructed differences Looking at how age sensitive judgments combined with a person first approach can inform research policy and practice this book will interest students and researchers from fields like health and social care and disciplines such as sociology psychology politics and philosophy *Communities of Health Care Justice* Charlene Galarneau, 2016-11-03 The factions debating health care reform in the United States have gravitated toward one of two positions that just health care is an individual responsibility or that it must be regarded as a national concern Both arguments overlook a third possibility that justice in health care is multilayered and requires the participation of multiple and diverse communities *Communities of Health Care Justice* makes a powerful ethical argument for treating communities as critical moral actors that play key roles in defining and upholding just health policy Drawing together the key community dimensions of health care and demonstrating their neglect in most prominent theories of health care justice Charlene Galarneau postulates the ethical norms of community justice In the process she proposes that while the subnational communities of health care justice are defined by shared place including those bound by culture religion gender and race that together they define justice As she constructs her innovative theorization of health care justice Galarneau also reveals its firm grounding in the work of real world health policy and community advocates *Communities of Health Care Justice* not only strives to imagine a new framework of just health care but also to show how elements of this framework exist in current health policy and to outline the systemic conceptual and structural changes required to put these justice norms into fuller practice

End-of-Life Care, Dying and Death in the Islamic Moral Tradition, 2022-12-05 Modern biomedical technologies managed to revolutionise the End of Life Care EoLC in many aspects The dying process can now be engineered by managing the accompanying physical symptoms or by prolonging hastening death itself Such interventions questioned and problematised long established understandings of key moral concepts such as good life quality of life pain suffering good death appropriate death dying well etc This volume examines how multifaceted EoLC moral questions can be addressed from interdisciplinary perspectives within the Islamic tradition Contributors Amir Abbas Alizamani Beate Anam Hamed Arezaei Asma Asadi Pieter Coppens Hans Daiber Khalid Elzamzamy Mohammed Ghaly Hadil Lababidi Shahaboddin Mahdavi Aasim Padela Rafaqat Rashid and Ayman Shabana

Mindful Medical Practice Patricia Lynn Dobkin, 2015-05-20 This book is about being mindful in clinical practice and how mindfulness enhances the quality of patient care while adding depth and meaning to a clinicians work Chapters include narratives from clinicians who consciously apply mindfulness in real life settings Authors from various settings provide examples that capture how emergent mindfulness is *Mindful Medical Practice*

demonstrates to physicians residents and students how mindfulness enriches both their practices and lives **The Challenge of Palliative Psychology Across the Lifespan: Between New Health Emergencies and Paradigm Shifts** Ines Testoni,Hod Orkibi,Franca Benini,Efrat Dagan,2022-11-17 **The Nature of Healing** Eric J. Cassell,2013 In this book Eric Cassell explores what sickness is what persons are and how to understand function and its impairments He explains healing skills and actions as well as the nature of healing for sick and suffering patients This book concludes with a discussion of the moral basis of the relationship between patient and healer explores what sickness is what persons are and how to understand function and its impairments He explains healing skills and actions as well as the nature of healing for sick and suffering patients This book concludes with a discussion of the moral basis of the relationship between patient and healer as well as the goals of healing **Communicating Quality and Safety in Health Care** Rick Iedema,Donella Piper,Marie Manidis,2015-08-11 In response to the growing emphasis on clinicians capacity to practise effective communication Communicating Quality and Safety in Health Care provides real time communication scenarios and interprofessional case studies The book engages healthcare trainees from across medicine nursing and allied health services in a comprehensive and probing discussion of the communication demands that confront today s healthcare teams This book explains the role of communication in mental health emergency medicine intensive care and a wide range of other health service and community care contexts It emphasises the ways in which patients and clinicians communicate and how clinicians communicate with one another The case studies explain why and how communication is critical to good care and healing Each chapter analyses real life practice situations encourages the learner to ask probing questions about these situations and sets out the principal components and strategies of good communication **Strengths-Based Nursing Care** Laurie Gottlieb,2012-08-22 Print CourseSmart *Physicianship and the Rebirth of Medical Education* J. Donald Boudreau,Eric Cassell,Abraham Fuks,2018-02-26 This book reimagines the education of medical students in its entire scope from first year to graduation The educational blueprint presented here rests on a new definition of sickness one focused on impairments of function as the primary issue of concern for both patients and their care givers This perspective avoids the common shift of medical attention from persons to diseases and thus provides the basis for an authentic and robust patient centered mindset **The Worm at the Core** Sheldon Solomon,Jeff Greenberg,Tom Pyszczynski,2015-05-12 A transformative fascinating theory based on robust and groundbreaking experimental research reveals how our unconscious fear of death powers almost everything we do shining a light on the hidden motives that drive human behavior More than one hundred years ago the American philosopher William James dubbed the knowledge that we must die the worm at the core of the human condition In 1974 cultural anthropologist Ernest Becker won the Pulitzer Prize for his book *The Denial of Death* arguing that the terror of death has a pervasive effect on human affairs Now authors Sheldon Solomon Jeff Greenberg and Tom Pyszczynski clarify with wide ranging evidence the many ways the worm at the core guides our thoughts and actions

from the great art we create to the devastating wars we wage *The Worm at the Core* is the product of twenty five years of in depth research Drawing from innovative experiments conducted around the globe Solomon Greenberg and Pyszczynski show conclusively that the fear of death and the desire to transcend it inspire us to buy expensive cars crave fame put our health at risk and disguise our animal nature The fear of death can also prompt judges to dole out harsher punishments make children react negatively to people different from themselves and inflame intolerance and violence But the worm at the core need not consume us Emerging from their research is a unique and compelling approach to these deeply existential issues terror management theory TMT proposes that human culture infuses our lives with order stability significance and purpose and these anchors enable us to function moment to moment without becoming overwhelmed by the knowledge of our ultimate fate The authors immerse us in a new way of understanding human evolution child development history religion art science mental health war and politics in the twenty first century In so doing they also reveal how we can better come to terms with death and learn to lead lives of courage creativity and compassion Written in an accessible jargon free style *The Worm at the Core* offers a compelling new paradigm for understanding the choices we make in life and a pathway toward divesting ourselves of the cultural and personal illusions that keep us from accepting the end that awaits us all Praise for *The Worm at the Core* The idea that nearly all human individual and cultural activity is a response to death sounds far fetched But the evidence the authors present is compelling and does a great deal to address many otherwise intractable mysteries of human behaviour This is an important superbly readable and potentially life changing book *The Guardian* U K A neat fusion of ideas borrowed from sociology anthropology existential philosophy and psychoanalysis *The Herald* U K Deep important and beautifully written *The Worm at the Core* describes a brilliant and utterly original program of scientific research on a force so powerful that it drives our lives Daniel Gilbert Edgar Pierce Professor of Psychology Harvard University and author of *Stumbling on Happiness* As psychology becomes increasingly trivial devolving into the promotion of positive thinking platitudes *The Worm at the Core* bucks the trend The authors present and provide robust evidence for a psychological thesis with disturbing personal as well as political implications John Horgan author of *The End of War* and director of the Center for Science Writings Stevens Institute of Technology

The ^AOxford Handbook of Ethics at the End of Life Stuart J. Youngner, Robert M. Arnold, 2016-09-13 This handbook explores the topic of death and dying from the late twentieth to the early twenty first centuries with particular emphasis on the United States The chapters examine a range of ethical topics related to death dying palliative care and decision making at the end of life

Palliative Care Nursing: Principles and Evidence for Practice Catherine Walshe, Nancy Preston, Bridget Johnston, 2018-05-18 What can nurses do to support those receiving palliative care How do you ensure clear communication and maintain patients and families preferences Palliative Care Nursing is essential reading for nursing students professional nurses and other health and social care professionals providing supportive and palliative care to those with advanced illness or who are towards the end of life This third edition of

the acclaimed textbook has been extensively revised and examines important research studies key debates around care and strategies to advance palliative care nursing In four sections the book covers key elements of nursing practice towards the end of life Defining the palliative care patient Providing palliative nursing care Caring around the time of death Challenging issues in palliative care nursing Leading authors address contemporary issues and explore how to provide high quality person centred palliative care encouraging application to practice through exercises and case studies Chapters completely reworked or new for this edition include those on communication living with uncertainty bereavement care the costs of caring nurses decision making and capacity and palliative care worldwide The clarity of evidence presented and coverage of a diverse range of topics make this the foundational textbook for all studying palliative care at pre registration level postgraduate level or as part of CPD study With a foreword by last edition editor Professor Sheila Payne Lancaster University UK I welcome this third edition of Palliative Care Nursing and congratulations to the new team who have provided us with a dynamic and innovative development of a core text for palliative nursing practice As the largest workforce in palliative care and given the changing face of clinical practice for nurses including increased educational opportunity and expanding roles and responsibilities this book is timely in its focus on critical issues which frame and scope the reality of palliative care and the nursing contribution to that discipline The learning exercises in particular offer tools for educators and clinicians to reflect on practice and understand new ways of knowing in palliative care It will be an excellent resource for nursing both in the UK and Ireland and to the wider international audience having drawn on the breadth of global nursing expertise to bring this book together Philip Larkin Professor of Clinical Nursing Palliative Care University College Dublin and Our Lady s Hospice and Care Services Dublin Ireland President European Association for Palliative Care This is a book of substance that captures the current status of palliative nursing including the values and research evidence that underpin it The changing nature of palliative nursing as an evidence based specialism is balanced with practical skills and insights from experts and also considers the needs of those working with or concerned about the dying person s well being It covers a range of challenging issues as well as drawing on the wisdom of those who actually undertake this work on a daily basis I hope that students and practitioners from all disciplines will find this a useful resource to understand the art and craft of good palliative nursing Professor Daniel Kelly Fellow of the Royal College of Nursing and Royal College of Nursing Chair of Nursing Research Cardiff University UK

Trauma-informed Care for Nursing Education: Fostering a Caring Pedagogy, Resilience & Psychological Safety Kathleen Stephany, 2024-05-03 Trauma informed care is designed to assist persons who have experienced adversity and focuses on change at the clinical and organizational level Its goals center around prevention intervention and treatments that are evidence based encourage resilience and enhance coping This textbook is designed to give a comprehensive overview of trauma informed care to students and faculty involved in nursing care programs Key features Explains the skill sets to assess and care for persons who have experienced trauma Emphasizes key principles of

trauma informed care Includes the use of client centered person centered and resilience based tools to deal with trauma
Recommends trauma recovery from a positive psychology and post traumatic growth perspective Utilizes a caring pedagogy
intended to foster resilience and help offset the secondary traumatic stress and compassion fatigue experienced by student
and practicing nurses Communicates the value of fostering psychological safety compassion satisfaction and joy in work
Includes narrative case studies and learning activities in all chapters to help the reader to actively engage with the subject
matter Presents self care strategies to enhance physical and emotional well being

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