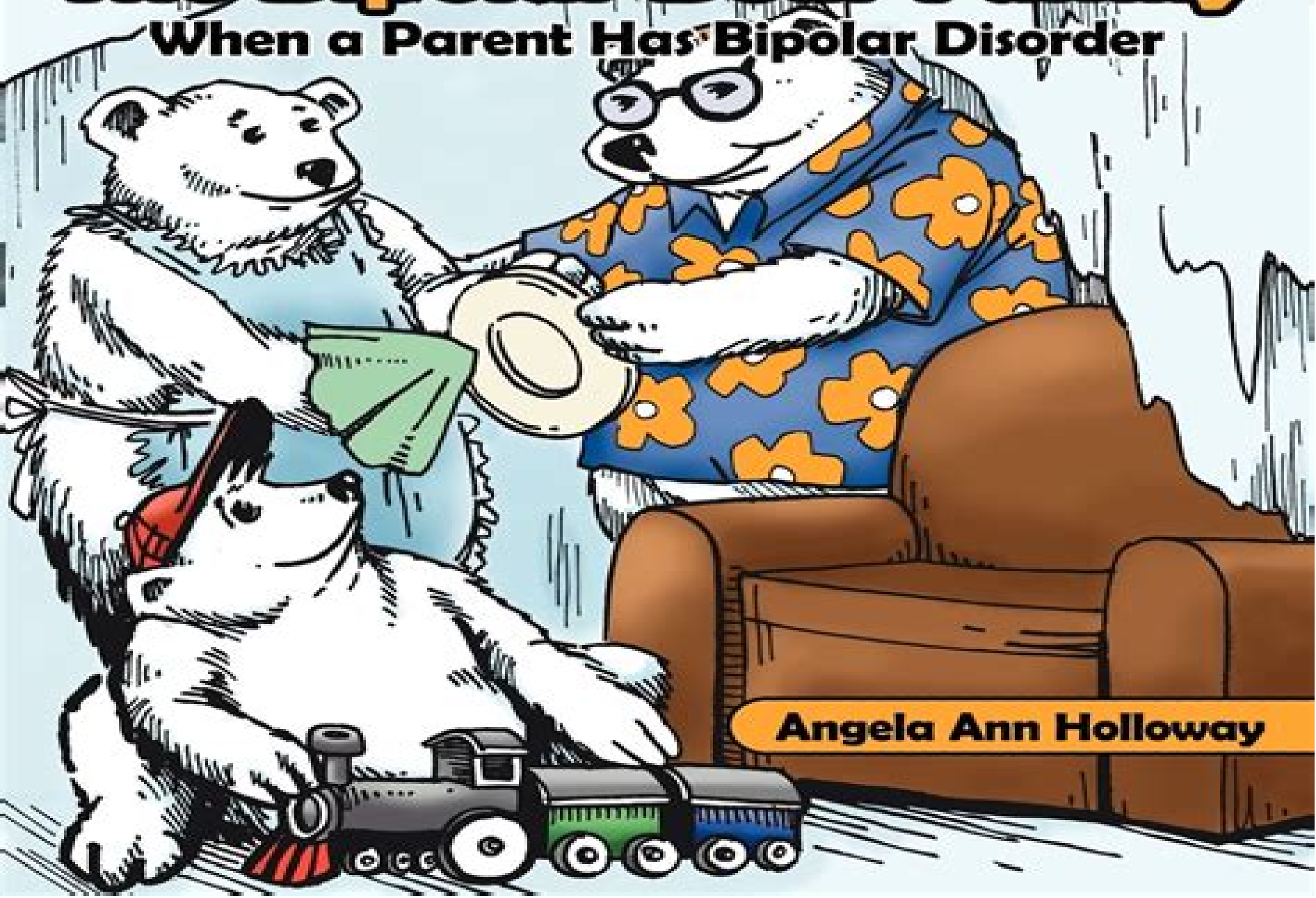


The Bipolar Bear Family

When a Parent Has Bipolar Disorder



Angela Ann Holloway

Ziggy The Bipolar Bear

Angela Ann Holloway



Ziggy The Bipolar Bear:

Ziggy Johanna Lash,2013-11-18 Ziggy was a happy little polar bear cub One of the things he loved most was playing outside with his sister Sally One day for no apparent reason Ziggy started acting strangely

Bears by the Numbers Lew Freedman,2017-09-05 What do Al Campana Frank Dempsey Stan Wallace Don Mullins Gale Sayers and Steve Trimble all have in common They all wore number 40 for the Chicago Bears even though more than four decades passed between the last time Campana last pulled on his jersey and the number was retired for Sayers in 1994 along with 51 for Dick Butkus Since the Chicago Bears first adopted uniform numbers in 1932 the team has handed out only 99 numbers to more than 1 000 players That s a lot of overlap It also makes for a lot of good stories Bears by the Numbers tells those stories for every Bear since 32 from Red Grange to Pernell McPhee This book lists the players alphabetically and by number these biographies help trace the history of one of football s oldest and most beloved teams in a new way For Bears fans anyone who ever wore the uniform is like family Bears by the Numbers reintroduces readers to some of their long lost ancestors even those they think they already know

Teeth In Sink, Knickers on Landing Zara Duvall,2023-10-13 I hope you laugh a lot and maybe cry a little and even try to understand the workings of my bipolar mind in this my one and only book The pages of which I recall with love laughter and tears the wondrous people who have helped weave the tapestry of my strange troubled life If you are perplexed by the wacky title you will find the answer with Ebony a majestic black lady of the night who was the dearest of friends Turn the pages and there you will find a butt naked butcher manacled to the grooming table in a poodle parlour Turn yet again to meet Suki AKA Gladys an old time much used working girl screaming as she climbs off a corpse who was doing his thing just moments ago And just why did Jean Jeanie have a frothy bottom Intrigued Well just turn my pages and all will be revealed

Eli the Bipolar Bear Sharon Bracken,2010-04 Eli the polar bear learns to deal with his bipolar disorder

My Mother, The Bipolar Bear Nancy Earley Wright,2023-10-03 A seven year old cub takes us through the daily heartache and frustrations he encounters living with a mother with bipolar disorder When the cub summons the courage to communicate his feelings some surprising creative solutions are summoned up through determination and a mother s love

Bipolar Bear Victoria Remmel,2019-10-28 Sometimes Bipolar Bear finds himself at the bright North Pole or the dreary South Pole Using tools he finds either on his own or with the help of his family he s able to make his way back to his home Cut out the sunglasses and the flashlight in the back to get involved and if you flip through the pages quickly you just may find a nice surprise

Brandon and the Bipolar Bear Tracy Anglada,2001

Cat Fanciers' Almanac ,1999

The Bipolar Bear Family Angela Ann Holloway,2006-07-01 The Bipolar Bear Family is a story about a young cub who struggles to understand his mother s behavior and her subsequent diagnosis of Bipolar Disorder The story of The Bipolar Bear Family helps children of bipolar parents address such questions as Is this my fault Is it contagious Can I fix it According to the National Institute for Mental Health Bipolar Disorder affects more than 2 million American adults Further we know

that the dynamics of Mental Illness closely mirror the dynamics of alcoholism and addiction in its impact on the family system By compassionately educating parents and children the author hopes to make a life long difference for these courageous families

Brandon and the Bipolar Bear Tracy Anglada,2009-05 Fictional story about Brandon a young boy living with bipolar disorder Readers learn about his symptoms fears and treatment from a child s viewpoint

Bipolar Bear of the North Ian Wood,2021-09-18 Do polar bears ever become bipolar I don t mean do they travel to the South Pole I mean do they get depressed over the fact that the North Pole will have disappeared in thirty years in the summers if we don t fix climate change It s a serious question since the poles are warming faster than the rest of the planet This book takes a sensitive but light hearted look at a serious issue where people can become unpredictably hyper and hypo by turns not by turns alternating between happy and sad irritated for no reason acting without consideration of consequence In fact just like humanity is when it comes to climate change Note that for medical advice you should talk to a competent qualified medical professional

The Bipolar Bear Andrea Kuenster,2024-01-03 This is a story about a lovable Alaskan polar bear named Gus He struggles with feelings of sadness and loneliness as he searches to find his purpose in life Just when he believes there is no help for himself he meets an empathetic seal named Cecilia and a wise penguin named Dr Philosophical who try to help him in his quest for happiness and self worth Then Gus becomes overly excited when he starts to believe he may find happiness if he moves to Hawaii Cecilia and Dr Philosophical try to guide him through his roller coaster of emotions and in the end Gus learns valuable lessons about happiness contentment and self love

Loving a Bipolar Bear Janell Pena,2023-01-31

Bipolar Bears Sue Hueston,2011 Mental illness is difficult to explain to children as it is not visible Sometimes people find it hard to talk about This book will help children understand that Bipolar Disorder is manageable under doctor care and support of family and friends With this help people with Bipolar Disorder can lead normal happy lives

Dancing with Bipolar Bears James McCreynolds,2003

My Mother the Bipolar Bear Nancy Earley,2016-10-31 This book chronicles bipolar illness through the eyes of a 7 year old cub of a bipolar mother He takes us through the heartache frustration and embarrassment he experiences but poignantly shares his compassion for his mother When the cub finds the courage to communicate his basic needs mama bear finds some surprising and creative ways to help her child cope The cheerful drawings and heartwarming ending will delight all ages and give parents children and the caregiving community helpful ideas and a bear sized heart Many thanks to Northern Essex Community College and Children s Literature Professor Janet Clark

Beethoven the Bipolar Bear Michelle Tran,2024 Beethoven is a bipolar bear He is half polar bear and half honey bear His bearents love him beary much He learned to play piano at the age of two and wrote his first song called Furry Elise He is best friends with Pete the baby seal They play music together Amazon

Albie The Bipolar Bear Jamie Bennett,2025-08-11 Albie is a ten year old polar bear who finds he has trouble controlling his emotions and feelings After an outburst in class his school counselor recommends a visit to a mental health hospital While there Albie meets new friends

with similar symptoms Unaware what is causing these outbursts and feelings Albie learns a lot about mental health from his time in the hospital Albie has incredible journeys with his new friends and finds out just who he really is Bipolar Bear and the Terrible, Horrible, No Good, Very Bad Health Insurance Kathleen Founds,2022 A graphic novel about navigating the US medical insurance system and receiving fair and adequate coverage for mental illness Based on the author s own experience in being treated for bipolar disorder **Nanook the Bipolarbear** James Osborn,2019-07-19 Nanook the Bipolarbear is a bear in chaos Riding the icy waves of Bipolar Affective Disorder and barely coping with the stress of everyday life Nanook isn t here to pretend everything is OK and that this bear is doing any better than anyone else in life Nanook just wants to show that its OK to not be OK

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Ziggy The Bipolar Bear Introduction

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