

**BASIC HEALTH
PUBLICATIONS
USER'S GUIDE**

TO VITAMIN C

*Learn What You Need
to Know about How
Vitamin C Can
Improve Your
Total Health.*

**HYLA CASS, M.D.
& JIM ENGLISH**

JACK CHALLEN Series Editor

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CREATION

User S Guide To Vitamin C User S Guide To Vitamin C

Mary Vanderkooi



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