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WORKING WITH DIFFICULT PEOPLE

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How to Deal With Difficult People Gill Hasson, 2014-10-29 DON'T LET PROBLEM PEOPLE GET TO YOU Whether it's a manager who keeps moving the goal posts, an uncooperative colleague, negative friend, or critical family member, some people are just plain hard to get along with. Often your immediate response is to shrink or sulk, become defensive, or attack. But there are smarter moves to make when dealing with difficult people. This book explains how to cope with a range of situations with difficult people and to focus on what you can change. This book will help you to understand what makes difficult people tick and how best to handle them. Learn ways to confidently stand up to others and resist the urge to attack back. Develop strategies to calmly navigate emotionally charged situations. Deal with all kinds of difficult people: hostile, manipulative, and the impossible. Know when to choose your battles and when to walk away. Why let someone else's bad attitude ruin your day? **How to Deal With Difficult People** arms you with all the tools and tactics you need to handle all kinds of people to make your life less stressful and a great deal easier. **151 Quick Ideas to Deal With Difficult People (EasyRead Comfort Edition)** ,

Getting Along Amy Gallo, 2022-09-13 Named one of 22 new books that you should consider reading before the year is out by *Fortune*. This practical and empathetic guide to taking the high road is worth a look for workers lost in conflict. *Publisher's Weekly*: A research-based practical guide for how to handle difficult people at work. Work relationships can be hard. The stress of dealing with difficult people dampens our creativity and productivity, degrades our ability to think clearly and make sound decisions, and causes us to disengage. We might lie awake at night worrying, withdraw from work, or react in ways we later regret: rolling our eyes in a meeting, snapping at colleagues, or staying silent when we should speak up. Too often we grin and bear it as if we have no choice. Or throw up our hands because one size fits all solutions haven't worked. But you can only endure so much thoughtless, irrational, or malicious behavior before there's your sanity to consider and your career in jeopardy. In *Getting Along*, workplace expert and Harvard Business Review podcast host Amy Gallo identifies eight familiar types of difficult coworkers: the insecure boss, the passive-aggressive peer, the know-it-all, the biased coworker, and others, and provides strategies tailored to dealing constructively with each one. She also shares principles that will help you turn things around, no matter who you're at odds with. Taking the high road isn't easy, but Gallo offers a crucial perspective on how work relationships really matter, as well as the compassion, encouragement, and tools you need to prevail on your terms. She answers questions such as: Why can't I stop thinking about that nasty email? What's behind my problem colleague's behavior? How can I fix things if they won't cooperate? I've tried everything, what now? Full of relatable, sometimes cringe-worthy examples, the latest behavioral science research, and practical advice you can use right now, *Getting Along* is an indispensable guide to navigating your toughest relationships at work and building interpersonal resilience in the process.

Managing Difficult People in a Week David Cotton, 2014-01-31 *Managing Difficult People In A Week* is a simple and straightforward guide to being a better manager, giving you everything you need to know in just seven short chapters. From preventing difficult behaviour to managing conflict, you'll discover the insider secrets you need to know in order to

successfully manage difficult people This book introduces you to the main themes and ideas of managing difficult people giving you a basic knowledge and understanding of the key concepts together with practical and thought provoking exercises Whether you choose to read it in a week or in a single sitting Managing Difficult People In A Week is your fastest route to success Sunday Understanding and preventing difficult behaviour Monday Developing your skills for managing difficult people Tuesday More advanced skills for managing difficult people Wednesday Managing specific types of difficult behaviour Thursday Feedback that works and critical conversations Friday Managing conflict Saturday Getting support and escalating issues ABOUT THE SERIES In A Week books are for managers leaders and business executives who want to succeed at work From negotiating and content marketing to finance and social media the In A Week series covers the business topics that really matter and that will help you make a difference today Written in straightforward English each book is structured as a seven day course so that with just a little work each day you will quickly master the subject In a fast changing world this series enables readers not just to get up to speed but to get ahead **Difficult People Made Easy** Eleanor Shakiba, 2016 You're a competent professional You excel at the technical side of your work But so far no one has taught you how to handle difficult people or toxic team dynamics That's where this book comes in Difficult People Made Easy explains how you need to think and speak when faced with a difficult colleague Then it reveals specific words and actions you can use

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