LIZ KARTER

Women and Problem Gambling

Therapeutic insights into understanding addiction and treatment



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Women and Problem Gambling Elizabeth Karter, 2013 Addiction is much misunderstood Women and addictive gambling even more so and for many years women have suffered in silence This book explores how lonely troubled lives and damaging relationships lead to the trap of problem gambling the anxiety and chaos whilst locked inside and then offers realistic hope of a way out With the significant increase in women gambling problematically Women and Problem Gambling aims to answer the often asked question who is to blame the text covers the role of the gambling industry the role of society womene tm s relationships with others and themselves what hitting rock bottom truly is Case studies illustrate how gambling begins as harmless escapism and how stressful and sometimes painful lives combined with spiralling debts lead to desperation to avoid thoughts feelings and the reality of life in chaos Women can and do stop gambling and the author shares anecdotes from patients and discusses therapeutic models and practical strategies to demonstrate how this is possible Women and Problem Gambling is based on the author's research and theories developed throughout her extensive practice. The insights will be of value to anyone wanting to understand or work with problem gambling in women from a woman with a problem herself thorough to family friends and any healthcare professionals or therapists involved in her care and treatment **Problem Gambling** Liz Karter, 2013-03-12 Addiction is much misunderstood Women and addictive gambling even more so and for many years women have suffered in silence This book explores how lonely troubled lives and damaging relationships lead to the trap of problem gambling the anxiety and chaos whilst locked inside and then offers realistic hope of a way out With the significant increase in women gambling problematically Women and Problem Gambling aims to answer the often asked question who is to blame the text covers the role of the gambling industry the role of society women's relationships with others and themselves what hitting rock bottom truly is Case studies illustrate how gambling begins as harmless escapism and how stressful and sometimes painful lives combined with spiralling debts lead to desperation to avoid thoughts feelings and the reality of life in chaos Women can and do stop gambling and the author shares anecdotes from patients and discusses therapeutic models and practical strategies to demonstrate how this is possible Women and Problem Gambling is based on the author's research and theories developed throughout her extensive practice. The insights will be of value to anyone wanting to understand or work with problem gambling in women from a woman with a problem herself thorough to family friends and any healthcare professionals or therapists involved in her care and treatment **Behavioural Addiction** in Women Fulvia Prever, Gretchen Blycker, Laura Brandt, 2023-06-28 Behavioural Addiction in Women gives insight into ongoing research efforts and clinical developments across the globe focusing specifically on women with behavioural addictions The book brings together an international network of clinicians and researchers to offer a unique transcultural female perspective on female specific aspects of addiction which is underrepresented in the available literature By compiling both research and clinical spotlights focusing on women with behavioural addictions across the six continents the book is an

important first step towards building a shared knowledge base on the subject starting from the importance of female specific diagnostic criteria to new therapeutic strategies prevention programs and harm reduction approaches This book will help us gain a better understanding of ongoing work and where to allocate our attention and efforts for helping a vulnerable and in many areas of the world still underserved and economically disadvantaged population. The book will be of great interest to researchers and clinicians in the field of addiction Addictions From an Attachment Perspective Richard Gill, 2018-05-15 This outstanding book is an important collection of papers from the 2013 John Bowlby Memorial Conference by accomplished clinicians from different modalities who share their experience of working with people with different kinds of addiction The papers bring together an in depth understanding that addictions are a response to and hold the pain of broken attachments and are best treated within healthy interpersonal relationships For a long time the person with an addiction has been seen as the problem with society being able to live in denial of the causes These papers open up innovative and effective ways of working with people troubled by addiction from an attachment informed perspective Contributors Cara Crossan Richard Gill Lynn Greenwood Bob Johnson Liz Karter Edward Khantzian Arlene Vetere Kate White Jason Wright Setting Limits Pekka Sulkunen, Thomas F. Babor, Jenny Cisneros Ornberg, Michael Egerer, Matilda Hellman, Charles Livingstone, Virve Marionneau, Janne Nikkinen, Jim Orford, Robin Room, Ingeborg Rossow, 2018-12-06 Commercial gambling is a recent historical phenomenon It has developed into a profitable industry that supplies a range of recreational activities to its customers and is a significant way of collecting money from players to distribute to companies state budgets and other beneficiaries Many of these are civil society organizations using the money for producing services in sports culture social work and health care However gambling can also develop into pathological behaviour Using a public interest framework this book discusses the policies that will best serve the public good and minimize individual and collective harms After describing the historical context of the gambling and the current global burden of the activity available methods of regulating the industry are evaluated using the available scientific evidence By analysing the effectiveness of gambling policies and their alignment with the public interest the epidemiological obstacles to successful regulation are considered in detail There is good evidence for the effectiveness of restrictions on availability and access but preventing gambling related harm is not possible without limiting the overall volume of the activity and hence the profits for the gambling industry and governments Taking an international approach this book delivers a comprehensive review of the epidemiological evidence documenting the harmful effects of gambling on individuals communities and societies Essential reading for policymakers social and behavioural scientists in gambling research and public health researchers Setting Limits examines a global view of an emerging epidemic of gambling problems Perspectives on Substance Use, Disorders, and Addiction Margaret Fetting, 2015-09-23 Perspectives on Substance Use Disorders and Addiction Second Edition is a philosophical and clinical text that suggests new ways to think about the relationships enjoyment and troubles with substances of pleasure The book is designed for students

and clinicians who come in contact with and treat individuals and families struggling with the causes and consequences of substance use disorders and addiction The second edition of Perspectives presents a refreshing blend of ancient and contemporary ideas on the natural pleasures and potential powers of alcohol and drugs in our everyday individual and **The Gambling Establishment** Jim Orford, 2019-09-05 There are now signs that after decades of phenomenal growth the era of unrestrained gambling liberalisation may be coming to an end However the power of the Gambling Establishment is formidable and it will certainly fight back Drawing on research and policy examples from around the world the book provides a unified understanding of the dangerousness of modern commercialised gambling how its expansion has been deliberately or inadvertently supported and how the backlash is now occurring The term Gambling Establishment is defined to include the industry which sells gambling governments which support it and a wider network of organisations and individuals who have subscribed to the responsible gambling Establishment discourse Topics covered include the psychology of how gambling is now being advertised and promoted and the way it is designed to deceive gamblers about their chances of winning the increased exposure of young people to gambling and the alignment of gambling with sport understanding the experience of gambling addiction the various public health harms of gambling at individual family community and societal levels and how evidence has been used to resist change The book s final chapter offers the author's manifesto for policy change designed with Britain particularly in mind but likely to have relevance elsewhere With detailed examples given of the ways a number of countries are responding to these threats to their citizens health this book will be of global interest for academics researchers policymakers and service providers in the field of gambling or other addictions specifically and public health and social policy generally Working with Women's Groups for Problem Gambling Liz Karter, 2014-08-07 Why do so many women with gambling addiction relapse Lifelong recovery requires much more than to just stop gambling Women's groups provide long term benefits and support and have proven to be highly successful in promoting recovery from gambling addiction By following the story of a real women s group for problem gambling over the course of a year Liz Karter explains how for women both the cause of and the cure for gambling addiction lies in relationship Karter shows clearly how learning to face and cope with real life situations and relationships is essential to maintain recovery She shares the themes which run through each women s group such as fear of trusting others and the guilt shame and risk associated with being truly seen and heard Women's Groups for Problem Gambling shows that with a combination of specialist intervention women s group support courage and compassion women can learn to stop running from their addiction and instead find joy and support in building relationships and communities This highly accessible book provides a unique opportunity to gain a very personal insight into the group process both for therapists and clinicians and for women wishing to better understand their addiction Gambling Disorders in Women Henrietta Bowden-Jones, Fulvia Prever, 2017-07-14 This book brings together an international selection of academics with expertise in problem gambling

issues in women with chapters reflecting ongoing work with female gamblers across the world in both group and individual settings In choosing such a specific patient group the authors aim to raise the profile of gambling disorders in women and also provide fellow professionals across the world with a shared understanding of evidence based treatment and recovery in problem gambling literature and research Gambling Disorders in Women An International Female Perspective on Treatment and Research will provide professionals working in addictions and policy making with much needed knowledge about a seriously under represented area and about which many professionals feel they would like to know more The book will also highlight different international approaches to the provision of treatment for women in each country as well as the epidemiology of the illness Textbook of Addiction Treatment Nady el-Guebaly, Giuseppe Carrà, Marc Galanter, Alexander M. Baldacchino, 2020-11-03 Addiction is increasingly being recognized as a major global public health issue and an ever growing number of medical specialties psychological and social science training programs and professional associations are including addiction as part of their training and continuing education curricula. The first edition of this book presented an overview of the spectrum of addiction related problems across different cultures around the globe Sharing the experience and wisdom of more than 260 leading experts in the field and promoted by the International Society of Addiction Medicine it compared and contrasted clinical practices in the field of addiction medicine on the basis of neurobiological similarities as well as epidemiological and socio cultural differences Building on the success of this inaugural edition and taking into account the formal and informal comments received as well as an assessment of current need this textbook presents general updated information while retaining the most requested sections of the first edition as demonstrated by the number of chapter downloads It also provides a basic text for those preparing for the ISAM annual certification exam Written by some 220 international experts it is a valuable reference resource for anyone interested in medicine psychology nursing and social science

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