

THE AUTOBIOGRAPHY

Jackie Stewart

WINNING IS
NOT ENOUGH



Winning Is Not Enough The Autobiography

Sir Jackie Stewart



Winning Is Not Enough The Autobiography:

Winning Is Not Enough Sir Jackie Stewart, 2014-04-24 Sir Jackie Stewart is one of the most highly regarded names in global sport winner of three F1 World Championships 27 Grands Prix and ranked in the top five drivers of all time On retiring from the circuit he went on to build an equally impressive international business career In the 1960s and into the 70s with his black cap sideburns and aviator shades Jackie Stewart was an unmistakable icon in a glorious era of style glamour and speed On the track his story is one of drama excitement tragedy controversy celebrity danger and massive success Beyond the sport his life is a compelling tale of battling against the odds and achieving world wide recognition as an outstanding sportsman a role model and a highly accomplished and respected businessman [The History and Politics of Motor Racing](#) Damion Sturm, Stephen Wagg, David L. Andrews, 2023-06-09 This book explores the history and politics of motor racing one of the most popular and lucrative elements in the international sport industry Written by a group of international scholars and motor racing specialists it discusses the sport s origins the relationship of motor racing to nation building and modernity noting its links to fascism and dictatorship the links between motor racing and the automobile industry motor racing and the politics both of gender and of race motor racing the media and postmodernity and motor racing the spatial and globalization This book speaks to scholars in history politics sport studies the sociology of sport sport management and cultural studies along with the many lay readers who are interested in the relationship between motor sport and society *Be a Winner* Kenny Kemp, Richard Orr, The Scottish Institute of Sport Foundation, 2011-04-01 Scotland needs more winners all kinds of winners in sport and in life And with the Olympics heading to London and the Commonwealth Games coming to Glasgow we now have the major catalysts to inspire us to be winners But as a nation we need to overcome our natural reserve and tendency to underperform when it really matters We need to find new levels of self belief and optimism We need more winning role models more Chris Hoy's Alex Fergusons Andy Murrays and Liz McColgans Packed with significant insights from Scotland s leading sportsmen and women past and present Be a Winner takes the reader on a personal journey to help them become a genuine success It encourages them to set their own sporting goals and identify their own personal bests and most importantly gives guidance about how to reach them through the example of great Scottish winners It also highlights the steps that an individual can take to develop a winning mentality From motivation to dedication competitiveness to teamwork this book covers all the bases Be a Winner tells it straight when it comes to sport and how to succeed in it through the advice of the Scottish men and women who have reached the very pinnacle of their various fields This book will enable a proud Scot to become a super Scot **Coaching for Performance: Realising the Olympic Dream** Sarah Lee, Martin Dixon, Tony Ghaye, 2016-04-29 This book celebrates two important aspects of the London 2012 Olympic and Paralympic Games 1 For those involved in any aspect of Olympism and particularly coaches and athletes London 2012 was about realising dreams achieving success and participating in competitive sport at the highest level This book sets out some of these dreams and the

part coaches play in this 2 The book also looks at the notion of coaching for performance and does this from an international and multi sport perspective From interviews with Olympic coaches the experiences of those working in the field of high performance and from applied sport researchers the book uses the metaphor of the coach as alchemist in order to capture the dynamics of coach athlete relationships and performance Sports such as diving swimming gymnastics skiing are included as well as individual and team sports The book is set within the context of elite sport high performance and coaching Its contents illuminate two important kinds of reflective practice a Reflection ON action b Reflection FOR action The style of presentation includes narratives reflective conversations ethnographic work interview analysis and video clips available on line This book was published as a special issue of Reflective Practice *Optimum Drive* Paul F. Gerrard,2017-04-18 A champion racer and professional stunt driver reveals the secrets of peak performance in any endeavor Optimum Drive is the complete step by step guide to maximizing human performance As a professional racing driver and a driving coach for over twenty years Paul F Gerrard gives you his unique perspective on what causes people to stagnate with the idea of being merely good when each of us has the potential to be great Gerrard believes that peak performance is within our grasp Gerrard helps you understand the mental toughness that it takes to reach that greatness He starts off by taking you onto the track as he explores what driving at 200 mph can teach us about who we are Using his experiences from behind the wheel at death defying speeds Gerrard breaks down the psychology of driving what it takes and how we can use it to achieve greatness in life The key he says is the nirvana like sensation of flow psychology or being in the zone a mental state in which one who is performing an activity is fully immersed in a feeling of energized focus full involvement and joy It is through flow psychology that Gerrard introduces a blend of holistic mindset combined with a competitive edge which is essential to successful professional driving This mix of guts tenacity and endurance is the foundation of Gerrard s philosophy for attaining greatness and can be put to work for you too on or off the track **Sport'S Great All-Rounders** James Holder,2015-08-26 On July 3 1958 Arthur Milton and MJK Smith opened the batting for England in the third Test against New Zealand at Headingley Coincidentally Milton was the last Englishman to play football and cricket for England and Smith the last Englishman to play rugby and cricket for England However both before and after that Test in 1958 there have been a number of sportsmen and sportswomen who have represented their country in more than one sport In this book are listed biographical details of 172 sportsmen and sportswomen including some of whom are disabled who have excelled at more than one sport Some such as CB Fry and Denis Compton will be well known others such as Aramugam Vijiaratnam who represented Singapore in four sports and Ken Hough who played three different sports for three different countries may be less well known But everyone listed has excelled at more than one sport and this book serves to recognize their achievements

William H. Seward, an Autobiography from 1801 to 1834 William Henry Seward,Frederick William Seward,1891

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