



**Mathilde Cathiard-Thomas
Corinne Pezard**

VINOTERAPIA

IN SALUTE CON IL VINO E LA VITE

ultra

Vinoterapia Salute Vino Vite Italian Ebook

**Mathilde Cathiard-Thomas, Corinne
Pezard**



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Vinoterapia Mathilde Cathiard-Thomas,Corinne Pezard,2015-08-27T00:00:00+02:00 Un bicchiere di vino al giorno pu togliere il medico di turno Non solo ma anche centinaia di prodotti derivati dal trancio di vite e dalle sue foglie possono avere effetti benefici sulla pelle la circolazione le forme di stress l invecchiamento I vinaccioli infatti contengono i polifenoli che hanno delle propriet antiossidanti straordinarie e sono migliaia di volte pi potenti della Vitamina E Queste sostanze si sono rivelate eccezionalmente efficaci anche nel caso di malattie cardiovascolari e il resveratrolo uno dei polifenoli pi attivi persino in grado di ridurre la crescita dei tumori cancerosi E cos la vinoterapia diventa una nuova frontiera del benessere perch il vino non solo un piacere per il palato ma anche un prezioso alleato per il cuore la salute la vita Basta conoscere sapere e non abusare Introduzione di Franco M Ricci Vinoterapia. In salute con il vino e la vite Mathilde Cathiard-Thomas,Corinne Pezard,2015

Unveiling the Magic of Words: A Report on "**Vinoterapia Salute Vino Vite Italian Ebook**"

In a global defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their power to kindle emotions, provoke contemplation, and ignite transformative change is really awe-inspiring. Enter the realm of "**Vinoterapia Salute Vino Vite Italian Ebook**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve to the book is central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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