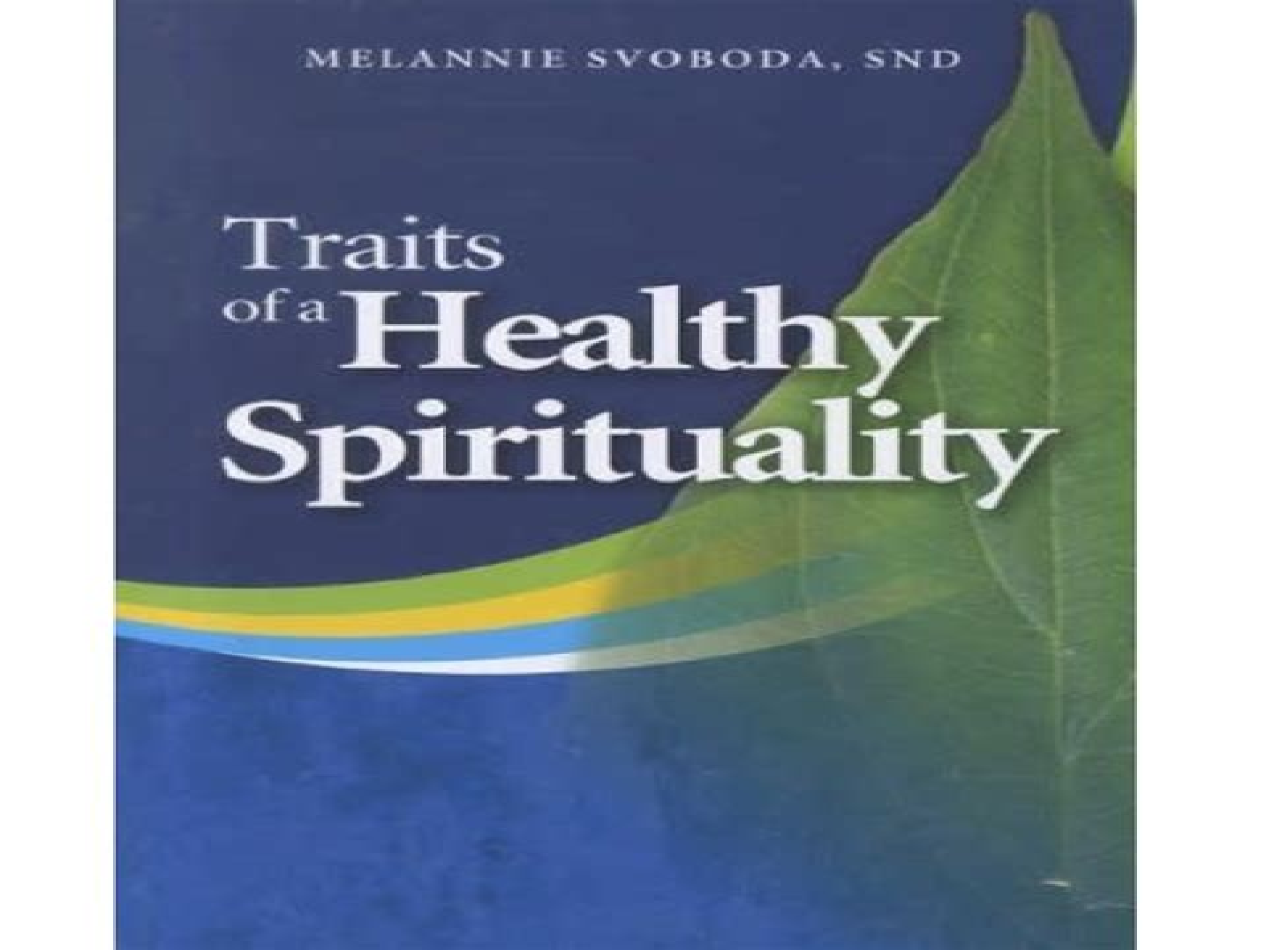


MELANNIE SVOBODA, SND

Traits of a Healthy Spirituality



Traits Of A Healthy Spirituality

Albrecht Classen



Traits Of A Healthy Spirituality:

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T. Wimberley, 2009-05-29 Nested Ecology provides a pragmatic and functional approach to realizing a sustainable environmental ethic Edward T Wimberley asserts that a practical ecological ethic must focus on human decision making within the context of larger social and environmental systems Think of a set of mixing bowls in which smaller bowls sit within larger ones Wimberley sees the world in much the same way with personal ecologies embedded in social ecologies that in turn are nested within natural ecologies Wimberley urges a complete reconceptualization of the human place in the ecological hierarchy Going beyond the physical realms in which people live and interact he extends the concept of ecology to spirituality and the ecology of the unknown In doing so Wimberley defines a new environmental philosophy and a new ecological ethic

Emotionally Healthy Spirituality Course Workbook Peter Scazzero, 2014-08-12 For those desiring to take steps in their Christian life and discipleship to break free from bondage to the past and experience healing Emotional Healthy Spirituality is an eight session video based Bible study on the integration of emotional health and contemplative spirituality Many sincere followers of Christ followers who are really passionate for God join a church participate weekly in a small group serve with their gifts and who are considered mature remain stuck at a level of spiritual immaturity especially when faced with interpersonal conflicts and crises The Emotionally Healthy Spirituality video study and companion study guide offer a strategy for discipleship that address this void offering powerful pathways to transformation that will help people mature into a faith filled with authenticity and a profound love for God The eight sessions include The Problem of Emotionally Unhealthy Spirituality Know Yourself that You May Know God Going Back in Order to Go Forward Journey through the Wall Enlarge Your Soul through Grief and Loss Discover the Rhythms of the Daily Office and Sabbath Grow into an Emotionally Healthy Adult Go to the Next Step to Develop a Rule of Life

Mental Health, Spirituality, and Religion in the Middle Ages and Early Modern Age Albrecht Classen, 2014-07-28 This volume continues the critical exploration of fundamental issues in the medieval and early modern world here concerning mental health spirituality melancholy mystical visions medicine and well being The contributors who originally had presented their research at a symposium at The University of Arizona in May 2013 explore a wide range of approaches and materials pertinent to these issues taking us from the early Middle Ages to the eighteenth century capping the volume with some reflections on the relevance of religion today Lapidary sciences matter here as much as medical psychological research combined with literary and art historical approaches The premodern understanding of mental health is not taken as a miraculous panacea for modern problems but the contributors suggest that medieval and early modern writers scientists and artists commanded a considerable amount of arcane sometimes curious and speculative knowledge that promises to be of value and relevance even for us today once again Modern palliative medicine finds for instance intriguing parallels in medieval word magic and the mystical perspectives encapsulated highly productive alternative perceptions of the macrocosm and microcosm that promise to be insightful and important also for the post modern world

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