

Sample

Training Outline for BIG DECISIONS

GOAL: To prepare teachers, facilitators, nurses, and nursing/medical students to effectively facilitate the BIG DECISIONS Sexuality Curriculum

OBJECTIVES: After participating in this program, the participant will be able to:

1. Describe the philosophy and approach of BIG DECISIONS
2. Explain strategies for providing a safe learning environment
3. Describe 6 important sexually transmitted diseases and their consequences
4. Compare the effectiveness of methods (including abstinence) for preventing pregnancy
5. Discuss 3 key activities in the BIG DECISIONS Curriculum, including the teaching strategy of each

SCHEDULE: A one-day workshop (5.5 hours of instruction):

Time	Topic	Duration
8:30 AM	Introduction and Ice-Breaker	30 minutes
9:00 AM	Overview of the BIG DECISIONS™ Curriculum	45 minutes
9:45 AM	BREAK	15 minutes
10:00 AM	Sensitive Stuff—A “Safe” Learning Environment	45 minutes
10:45 AM	Lesson 4 Activities: SEXUALLY TRANSMITTED DISEASES	45 minutes
11:30 AM	LUNCH ON YOUR OWN	60 minutes
12:30 PM	Lesson 5 Activities: ABSTINENCE	30 minutes
1:00 PM	Lesson 6 Activities: CONTRACEPTION	45 minutes
1:45 PM	BREAK	15 minutes
2:00 PM	Lesson 9 Role-Play: DEALING WITH SEXUAL PRESSURE	45 minutes
2:45 PM	Wrap-up and Evaluation	15 minutes
3:00 PM	CONCLUSION	

Training Course Outline Template

Morc Coulson



Training Course Outline Template:

How to Implement the CMMI Diane M. Burwick, 2008 *Ecosystem approach to fisheries management training course (Inland fisheries)* Food and Agriculture Organization of the United Nations, 2019-09-05 This Ecosystem Approach to Fisheries management training course Inland Fisheries is designed as a complete training course for the sustainable management of inland fisheries using the ecosystem approach It is targeted at middle level fishery and environment officers extension workers facilitators and other stakeholders engaged in the planning and management of inland fisheries This training course is designed to be applicable to many inland fishery contexts around the world including overlapping freshwater fishery and aquaculture systems It is also intended to be adapted to suit specific local contexts This the first of three volumes developed for the training course VOLUME 1 HANDBOOK FOR TRAINEES VOLUME 2 INLAND FISHERY CASE STUDIES VOLUME 3 TRAINING COURSE PRESENTATIONS VISUALS VOLUME 4 TRAINING SESSION PLANS This volume is VOLUME 4 TRAINING SESSION PLANS and contains detailed descriptions for EAFm trainers on how to run each of the training sessions of an EAFm training course The plans contain the session timings notes for the slide presentations and explanations as to key messages to deliver The activities that are used to break up the training and reinforce the learning are also described The Complete Guide to Personal Training: 2nd Edition Morc Coulson, 2018-09-06 A revised and updated second edition of the popular Complete Guide to Personal Training Expertly written and suitable for anyone working as or training to be a Personal Trainer This is a complete reference guide for fitness professionals who prescribe exercise programmes to clients This guide contains practical tips for designing a range of appropriate client exercise programmes Importantly it focuses on the best ways you can sustain a financially successful business in this area and how you can stand out from the crowd It includes The foundations of personal training Planning and delivering exercise programmes Training methods and exercise techniques Nutrition Health and safety Setting up marketing and growing a successful business The book also includes all Level 3 requirements detailed within the Health and Fitness National Occupational Standards and the Qualifications Framework relating to personal training and has been awarded 3 CPD points by the Register of Exercise professionals *The Complete Guide to Personal Training* Morc Coulson, 2024-10-10 A revised and updated third edition of the popular Complete Guide to Personal Training with up to date content and new exercises This is the complete reference guide for anyone working as a personal trainer or studying to become one with an in depth look into the role of the trainer in relation to codes of conduct and client care This comprehensive book contains practical tips and advice for designing a range of exercise programmes for clients It also focuses on the best ways to sustain a financially successful personal training business and stand out from the crowd This new third edition includes Brand new illustrated stretches and exercises Advice on training at home or outdoors A spotlight on client well being Updated government guidelines statistics and scientific findings Guidance on adapting exercises for disabled or vulnerable clients National guidelines for nutrition and weight This is

essential reading for personal trainers in the health and fitness industry and for those teaching or studying for qualifications in this area

Cybersecurity Training Gregory J. Skulmoski, Chris Walker, 2023-12-26 Organizations face increasing cybersecurity attacks that threaten their sensitive data systems and existence but there are solutions Experts recommend cybersecurity training and general awareness learning experiences as strategic necessities however organizations lack cybersecurity training planning implementation and optimization guidance Cybersecurity Training A Pathway to Readiness addresses the demand to provide cybersecurity training aligned with the normal flow of IT project delivery and technology operations Cybersecurity Training combines best practices found in standards and frameworks like ITIL technology management NIST Cybersecurity Framework ISO risk quality and information security management systems and the Guide to the Project Management Body of Knowledge Trainers will appreciate the approach that builds on the ADDIE model of instructional design Bloom s Taxonomy of Cognitive Thought and Kirkpatrick s Model of Evaluation a trilogy of training best practices Readers learn to apply this proven project oriented training approach to improve the probability of successful cybersecurity awareness and role based training experiences The reader is guided to initiate plan design develop pilot implement and evaluate training and learning followed by continual improvement sprints and projects Cybersecurity Training prepares trainers project managers and IT security professionals to deliver and optimize cybersecurity training so that organizations and its people are ready to prevent and mitigate cybersecurity threats leading to more resilient organizations

Instructional Design fundamentals Andra Arsene, The Training Design Manual Tony Bray, 2009-07-03 This workbook and the accompanying online resources provide a one stop reference manual to designing and delivering a successful training course Written in a practical and user friendly style The Training Design Manual provides both theory and practical exercises guiding the reader through the total design process from start to finish Theory and concepts are followed by practical application and a blend of text and graphics appeals to a wide range of learning styles Accompanying online material includes design templates which the reader can use to record ideas as they progress through the book so that by the end they will have a complete course design Online supporting resources include dozens of activities examples and templates

Rapid Instructional Design George M. Piskurich, 2015-01-20 The classic guide to instructional design fully updated for the new ways we learn Rapid Instructional Design is the industry standard guide to creating effective instructional materials providing no nonsense practicality rather than theory driven text Beginning with a look at what instructional design really means readers are guided step by step through the ADDIE model to explore techniques for analysis design development intervention and evaluation This new third edition has been updated to cover new applications technologies and concepts and includes many new templates real life examples and additional instructor materials Instruction delivery has expanded rapidly in the nine years since the second edition s publication and this update covers all the major advances in the field The major instructional models are expanded to apply to e learning MOOCs mobile learning and social network based learning Informal

learning and communities of practice are examined as well Instructional design is the systematic process by which instructional materials are designed developed and delivered Designers must determine the learner s current state and needs define the end goals of the instruction and create an intervention to assist in the transition This book is a complete guide to the process helping readers design efficient effective materials Learn the ins and outs of the ADDIE model Discover shortcuts for rapid design Design for e learning Millennials and MOOCs Investigate methods for emerging avenues of instruction This book does exactly what a well designed course should do providing relevant guidance for anyone who wants to know how to apply good instructional design Eminently practical and fully up to date Rapid Instructional Design is the one stop guide to more effective instruction

The Strategic Alliances Fieldbook Gavin Booth, Mike Nevin, Jim Whitehurst, 2022-05-10 The Strategic Alliances Fieldbook The Art of Agile Alliances is for technology and professional services practitioners and executives seeking faster value from their partnerships as traditional alliances are changing rapidly in form and tempo Digitising customer channels and internal operations has been a long running initiative for most companies and the global COVID 19 pandemic has accelerated the urgency and budgets associated with the digital transformations that technology and professional services companies support The Strategic Alliances Fieldbook compiles a century of the authors experience of leading joint businesses to solve the problem of how to go fast and avoid common issues that delay alliances The reader will get a detailed analysis of professional services companies and technology companies and how the dynamics of their collective culture and operating model are shaped when working in partnership The book provides a Blueprint a library of methods that includes 15 templates which can be applied to accelerate any alliance The book also includes 19 case studies to illustrate real life situations This book is particularly relevant to executives involved in partnership initiatives specifically in professional services and technology firms and can be read in conjunction with The Strategic Alliance Handbook by Mike Nevin

The Computer Based Training Handbook William W. Lee, Robert A. Mamone, 1995

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Table of Contents Training Course Outline Template

1. Understanding the eBook Training Course Outline Template
 - The Rise of Digital Reading Training Course Outline Template
 - Advantages of eBooks Over Traditional Books
2. Identifying Training Course Outline Template
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Training Course Outline Template
 - User-Friendly Interface
4. Exploring eBook Recommendations from Training Course Outline Template

- Personalized Recommendations
- Training Course Outline Template User Reviews and Ratings
- Training Course Outline Template and Bestseller Lists
- 5. Accessing Training Course Outline Template Free and Paid eBooks
 - Training Course Outline Template Public Domain eBooks
 - Training Course Outline Template eBook Subscription Services
 - Training Course Outline Template Budget-Friendly Options
- 6. Navigating Training Course Outline Template eBook Formats
 - ePub, PDF, MOBI, and More
 - Training Course Outline Template Compatibility with Devices
 - Training Course Outline Template Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Training Course Outline Template
 - Highlighting and Note-Taking Training Course Outline Template
 - Interactive Elements Training Course Outline Template
- 8. Staying Engaged with Training Course Outline Template
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Training Course Outline Template
- 9. Balancing eBooks and Physical Books Training Course Outline Template
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Training Course Outline Template
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Training Course Outline Template
 - Setting Reading Goals Training Course Outline Template
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Training Course Outline Template

- Fact-Checking eBook Content of Training Course Outline Template
- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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