

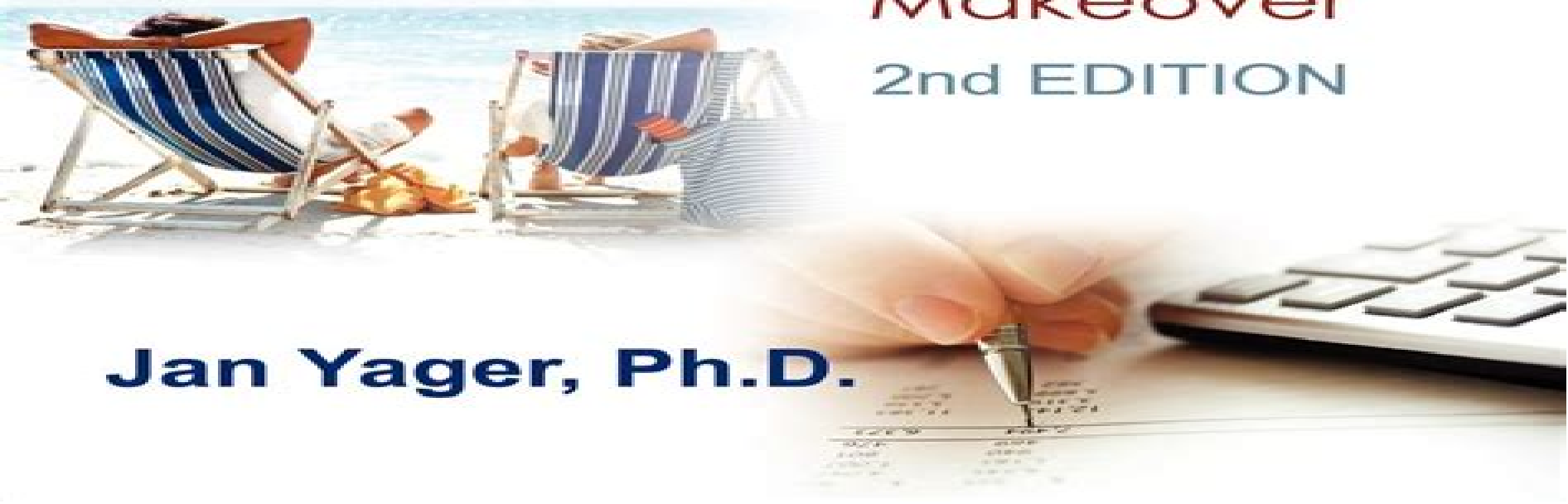
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Work Less, Do More

The 14-Day
Productivity
Makeover

2nd EDITION

Jan Yager, Ph.D.



Work Less Do More The 14 Day Productivity Makeover 2nd Edition

Tanya Dalton



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legitimate action plan for change Once you reject the pressure to do more something amazing happens you discover you can finally live a guilt free abundant life

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and summarize the conditions promoting their optimal functioning name the end products of protein fat and carbohydrate

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