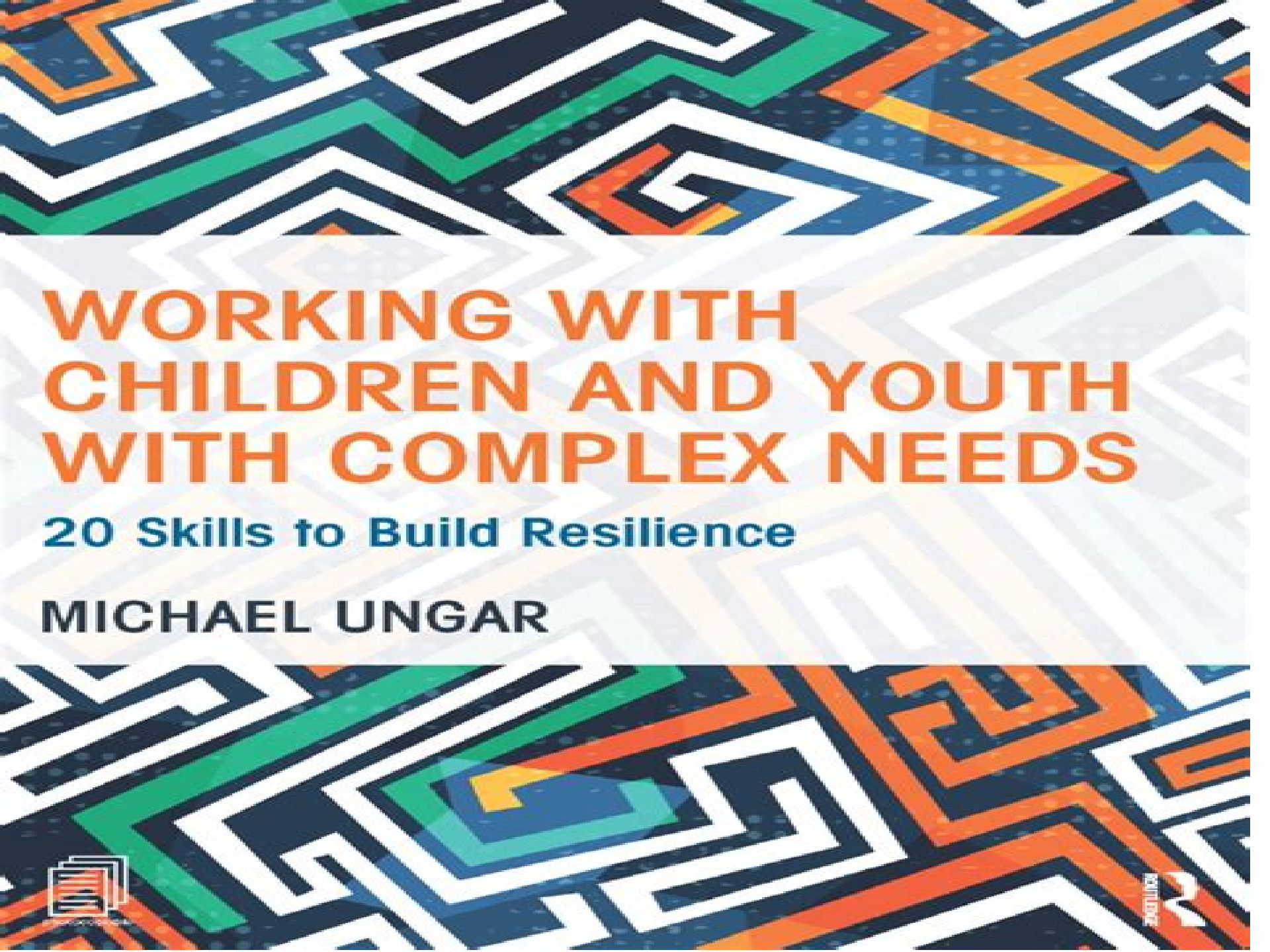




WORKING WITH CHILDREN AND YOUTH WITH COMPLEX NEEDS

20 Skills to Build Resilience

MICHAEL UNGAR



Working With Children And Youth With Complex Needs 20 Skills To Build Resilience

Martin Fritzen



Working With Children And Youth With Complex Needs 20 Skills To Build Resilience:

Working with Children and Youth with Complex Needs Michael Ungar,2020-06-14 This new edition of *Working with Children and Youth with Complex Needs* provides detailed descriptions of techniques ample case studies fascinating and easy to understand explanations of research and rich stories of how social workers psychologists counselors child and youth care workers and other mental health professionals can help young people become more resilient Fully updated and including new discussions of trauma adverse childhood experiences ACEs resilience genetic susceptibility to stress the impact of migration and natural disasters on families and much more Dr Ungar shows why we need to work just as hard changing the environments that surround children as we do changing children themselves Building on lessons learned from clinical community and residential settings Dr Ungar discusses a shortlist of 20 essential skills that can enhance the effectiveness of frontline mental health services without relying on expensive resource heavy programs Along with descriptions of the skills necessary to talk with clients about the factors that put their mental health at risk *Working with Children and Youth with Complex Needs* presents systemic practices clinicians can use in their everyday work to help their clients transform their worlds and improve their access to the resources they need to succeed Chapters present a variety of practical strategies that clinicians can use to enhance and sustain the therapeutic value of their work including engaging with children s extended family addressing issues of community violence racism and homophobia and helping parents and teachers understand and change children s maladaptive coping strategies A series of videos accompanies the text to help readers see the skills that are discussed being applied to real life situations mental health professionals and their community allies encounter

Working with High-Risk Youth Peter Smyth,2017-04-11 In the child welfare system some youth do well in their lives but far too many do not experience positive outcomes by the time they are leaving government services The youth often feel marginalized and that they were not involved in decisions about their own lives leaving them with a sense of hopelessness and helplessness This book focuses on high risk youth whose struggles include neglect and abuse alcohol and drug abuse the risk of being exploited mental health issues and the inability to self regulate and trust a population of youth that government child welfare services and community agencies struggle to serve adequately The focus has traditionally been on punishment consequence interventions and demanding compliance but experience and research shows they can be better served through relationship based practice incorporating harm reduction principles resiliency and strength based approaches community collaboration and an understanding that these youth typically come from experiences of early trauma impacting their brain development and their ability to form attachments This book provides an overview of the Get Connected practice framework and philosophy and provides strategies for engaging and working with the most disconnected challenging and troubled youth in society

The Routledge Handbook of Child and Family Social Work Research Elizabeth Fernandez, Penelope Welbourne, Bethany Lee, Joyce L. C. Ma, 2024-09-30 This Handbook provides an accessible resource for all social work

students educators practitioners and policymakers to increase their knowledge and understanding of how research into the diversity and impact of child and family social work interventions might underpin and drive policy and practice Divided into six sections The Context of Child and Family Social Work Research Preventive and Reparative Responses to Children and Families Child Maltreatment Causes Consequences and Responses Alternate Care as an Approach to Safeguarding Children and Young People Intervention Therapeutic Responses to Vulnerable Children Youth and Families Child and Family Social Work in the Global Context and comprising 52 newly written chapters by experts in the field it provides a foundational overview of the field of child and family social work including defining concepts sentinel historical milestones and the scope of practice It also identifies developments in auxiliary fields such as neuroscience psychology education health poverty and media By illustrating diverse research endeavours in parenting maltreatment prevention child protection and substitutive interventions including foster care residential care adoption and juvenile corrections and elaborating child welfare research methods measures and impacts on practice it analyses evidence based interventions and policies in early intervention child protection child placement adoption and advocacy It will be required reading for anyone working in social work and child protection

Ordinary Magic Ann S. Masten, 2025-05-28 Fully updated with key advances in theory methods and research the second edition of this landmark work features an expanded conceptual framework and a more global perspective on threats to human development including climate change war poverty racial injustice and pandemics Pioneering resilience expert Ann S Masten illuminates the ordinary but powerful processes that allow many children exposed to trauma and adversity to survive adapt and even thrive The book traces fundamental adaptive systems that have evolved and function synergistically at the neurobiological psychological social community and cultural levels Using a range of case examples to illustrate complex concepts Masten provides a cogent resilience framework for promoting positive development in children at risk New to This Edition Advances in neurobiology more international including non Western findings and examples new discussions of cultural identity development up to date intervention research and more Heightened focus on the interactions of multiple systems including families schools culture and communities in supporting children s resilience Increased attention to the impact of structural inequality poverty and intergenerational trauma Coverage of rapidly emerging threats the risks posed to children by multisystem cascading disasters such as the COVID 19 pandemic

Doing Ethics in Child and Youth Care Varda R. Mann-Feder, 2021-12-10 A unique text to the field Doing Ethics in Child and Youth Care serves as an essential introductory guide to ethical practice across a range of child and youth care settings within North America In addition to providing an overview of the Standards for Practice of North American Child and Youth Care Professionals with the full version included in an appendix the text offers a practical and engaging introduction and explores the theoretical underpinnings and field specific application of ethics Organized into three parts this volume begins by introducing the code of ethics for child and youth care professionals in North America as well as the ethical theories and the foundational skills to

do ethics including cultural humility reflexivity and ethical problem solving The second part moves on to orient readers to a broad range of considerations for adopting an ethical stance such as boundary management responsibilities to the profession community development and youth participation and Indigenous perspectives on child and youth care ethics Part three features some of the different settings in which child and youth care is practised in North America such as substitute care family work intervention in schools social media research and ethics training and supervision and examines the unique ethical challenges in each of these settings With contributions from leading child and youth care scholars in Canada and the United States this is a must read for students and professional training programs in child and youth care child and youth studies and youth work across North America FEATURES Contributions from researchers practitioners and scholars from Canada and the United States Practice examples and reflective exercises to engage readers in developing an approach to ethical practice across a range of child and youth care settings Appendices containing the full Standards for Practice of North American Child and Youth Care Professionals and a list of resources for ethical dilemmas and case studies to practise doing ethics

Child, Adolescent and Family Refugee Mental Health Suzan J. Song, Peter Ventevogel, 2020-06-15 More than half of the 25.9 million refugees in the world are under the age of 18 and the mental health of these children and adolescents constitutes a growing global public health priority Refugee children and their families are at increased risk to develop mental health problems but they often face major challenges in accessing adequate treatment and mental health professionals frequently feel ill equipped to assist this group Refugees are faced with a plethora of issues including the ambiguous loss of loved ones psychological trauma related to past experiences of violence and atrocities the complexities of daily life as a refugee and the challenges to adapt to new systems of care and support Refugees life circumstances all too often undermine their agency as they face discrimination stigma and social isolation or exclusion Refugees are frequently disconnected from the usual family and community supports that they once had which creates additional mental distress As parents struggle with these changes their children often find it even more difficult to adapt and connect with them This all leads to increased prevalence of mental health conditions among refugees Humanitarian policies recommend family centered interventions that are multi sectoral multi disciplinary and focus on optimizing resource utilization Over the last decade a considerable body of research has emerged around socio ecological models of mental health family and community approaches and resilience and strengths based theories but these insights are insufficiently incorporated in the practice of mental health care for refugee children Clinicians often struggle to grasp the common unique stressors that families face and are not familiar with working with families as units for intervention Using culturally and contextually informed assessment methods and family oriented management approaches not only help individual children or adolescents but also their families This book aims to provide an overview of the latest theoretical insights from research on sociocultural aspects of mental health and connect these with clinical insights from practical mental health care provision Using strengths based resiliency

oriented and family centered approaches can enrich clinical practice in refugee mental health but clinicians need to translate the emerging evidence into concrete steps and interventions This requires additional skills for the assessment and management of mental health conditions in refugee children and families The chapters in this book are written by a diverse group of authors using global multi disciplinary approaches The chapters provide examples from various contexts including refugees who are displaced to neighboring countries refugees on the move and refugees and asylum seekers in resettlement settings This book is therefore a unique resource for clinicians researchers and policy makers working on mental health issues of refugee children and adolescents around the world

Protecting Children Kathleen Kufeldt, Barbara Fallon, Brad McKenzie, 2021-06-25 Focusing on children who are subject to welfare intervention Protecting Children addresses the challenges and issues of the child welfare system and provides foundational knowledge on the theoretical and practical aspects of the field This edited collection begins with a review of key concepts including child development attachment and resilience theories social policies family law and ethics Highlighting the translation of theory into practice the contributors discuss current services and the search for best practice internationally as well as explore Indigenous child welfare and offer conclusions and recommendations to promote positive outcomes for children and families involved in the system Scholars researchers and practitioners from across the globe provide insight on a wide range of timely issues such as the risk of reductionism limits to predictability pragmatic issues as well as the disproportional presence in the care system of minority groups including Indigenous children children of new immigrants and refugees children in LGBTQ communities and children of the poor This foundational volume is an important resource for courses in social work and child welfare FEATURES includes contributions from researchers practitioners and scholars from Australia Canada New Zealand the United Kingdom and the United States highlights Indigenous authors and personal stories of service users and includes figures and tables throughout the text as well as section introductions and conclusions to situate main theories and concepts for students

Working with Child and Adolescent Mental Health: The Central Role of Language and Communication Susan McCool, 2023-09-04 In children mental health challenges and communication differences typically combine in complex and inter related ways Remarkably this crucial point is all too often forgotten and communication is overlooked Services are frequently fragmented leading professionals to look at children through distinct lenses of either mental health or communication meaning insights can be incomplete and important perspectives unshared Working with Child and Adolescent Mental Health makes the compelling case that communication is central and should be a primary consideration whenever we think about children s mental health With a practical focus and an easy to read format it suggests how this can be achieved by identifying how practitioners and services can work more cohesively to understand and optimise children s communication capacities This book includes Practical advice grounded in current research and presented in an easy to read digestible style Guidance to help practitioners competently and compassionately identify and respond to the needs of

children and young people with complex combined communication and mental health needs Real life case studies from a wide range of settings unpicked to clearly illustrate topics discussed in the book and offer encouragement and inspiration to practitioners Checklists and questionnaires to help practitioners in daily practice Recommendations for and links to useful additional resources Tools to support reflection and enhancement for individual practitioners and services Essential reading for speech and language therapists psychologists mental health practitioners educators social workers and anyone else concerned with children's wellbeing and resilience this book highlights the transformational impact of placing communication at the heart of all efforts to support children and young people's mental health **The Routledge**

International Handbook of Psychosocial Resilience Updesh Kumar, 2025-07-31 Psychological resilience has emerged as a highly significant area of research and practice finding applications with a broad range of different groups in many settings The second edition of The Routledge International Handbook of Psychosocial Resilience is a comprehensive compilation of chapters from an international team of contributors that takes stock of the state of the art in resilience theory research and practice It covers the many different trajectories that resilience research has taken in four sections the conceptual trends psychosocial correlates applied evidence and cultivating resilience impact and implications This second edition has been thoroughly updated throughout and includes new chapters on topics such as military resilience resilience in rural contexts cultural pathways digital well being post traumatic growth building resilience with conflict survivors peer support in varying contexts of marginalization and the role of spirituality This handbook is essential for psychiatrists psychologists psychotherapists and psychiatric social workers as well as researchers and students of psychology sociology human development family studies and disaster management **Understanding Child and Adolescent Grief** Carrie

Arnold, 2017-10-12 Understanding Child and Adolescent Grief incorporates theory clinical applications case studies and current research on contemporary models of grief pertaining to children and adolescents The integration of developmental perspectives attachment theory and neurobiological implications provides a thorough summary of the many factors that can affect a child's growth and development and the subsequent influence on grief expression Chapters explore relevant social topics rarely addressed in other texts such as the death of African American men suicide among Aboriginal youth in Canada death suicide among LGBTQ youth and social media's influence Also included are practical tips for helping professionals who want to better understand how grief and loss affect children and teens as well as a meditation guide that provides concrete opportunities for growth and healing *Music, Song, Dance, and Theatre* Melvin Delgado, 2018 The performing arts is an

emerging area of youth community practice that has tremendous potential for reaching and positively transforming urban youth lives and to do so in a socially just manner Resilience Stories Hamideh Mahdiani, 2021-09-03 Be resilient Today we hear this line in almost any context The term resilience is among the most repeated buzzwords But why simply do we need to be resilient Hamideh Mahdiani presents answers to this question by challenging a reductionistic understanding of resilience

from single disciplinary perspectives by questioning the dominance of life sciences in defining an age old concept and by problematizing the neglected role of life writing in fostering resilience In so doing through a multidisciplinary frame of reference the book works with various examples from life writing and life sciences and testifies to the focal role of narrative studies in resilience research **Narrating Childhood with Children and Young People** Lisa Moran, Kathy

Reilly, Bernadine Brady, 2020-10-29 This volume draws together scholarly contributions from diverse yet interlinking disciplinary fields with the aim of critically examining the value of narrative inquiry in understanding the everyday lives of children and young people in diverse spaces and places including the home recreational spaces communities and educational spaces Incorporating insights from sociology geography education child and youth studies social care and social work the collection emphasises how narrative research approaches present storytelling as a universally recognizable valuable and effective methodological approach with children and young people The chapters points to the diversity of spaces and places encountered by children and young people considers how young people tell tales about their lives and highlights the multidimensionality of narrative research in capturing their everyday lived experiences *Counselling Young People* Louise

Porter, 2023-12-28 Practical and clearly written this new book from best selling author Louise Porter equips mental health professionals with the knowledge and skills they need to provide insightful guidance and support to children and adolescents The book introduces exciting new models for thinking about young people s needs self esteem and resilience that will invigorate counselling It outlines the most common presenting difficulties for young people and provides clear practical guidance on how professionals in a counselling environment can respond to these in an effective way Offering a coherent blend of theories and practices chapters address a wide range of emotional social behavioural and learning difficulties with which young people may present to counselling such as experiences of grief and loss anxiety and depression disordered eating and dealing with adversity With an aim to empower the book presents a non pathologising approach to counselling that respects the skills that young people bring to working through their challenges Accessible for professionals and trainees alike this book is a must have for anyone working in a counselling capacity with children and adolescents Rebuilding

Lives Post-Disaster Julie L. Drolet, 2019-04-26 Social workers are increasingly engaged in supporting individuals and communities in long term disaster recovery Rebuilding Lives Post Disaster brings together an international team of social work researchers who have investigated the experiences perspectives challenges and complexities in disaster recovery It features country case studies drawing from field research undertaken in disaster affected communities in Canada the United States Australia India Pakistan Taiwan Sri Lanka and China In so doing the volume provides a comprehensive perspective on the realities of disaster recovery and explores key concepts such as resilience community based disaster risk reduction and social and gendered construction of vulnerability and capabilities Undergraduate and graduate students and professionals in the fields of social work community development international social work emergency management and related fields will

find the text to be a helpful resource **Supporting Children's Speech, Language and Communication Needs** Susan McCool, 2025-11-13 This book is the definitive text on understanding and supporting children's speech language and communication needs SLCN Written by experts it presents evidence based approaches in a highly accessible format Wide ranging in scope Supporting Children's Speech Language and Communication Needs covers best practice for many groups of children including those with speech sound disorders Developmental Language Disorder DLD and neurodevelopmental differences discusses specialist populations including acquired brain injury and cleft lip and palate as well as childhood onset eating drinking and swallowing difficulties features chapters on inclusive communication environments Alternative and Augmentative Communication AAC communication partners the whole systems approach and evidencing impact exploring cross cutting themes Case studies are included throughout to bring learning to life and recommended online sources of further information are included Comprehensive authoritative and up to date this book will prove indispensable for students and practitioners in speech and language therapy *Oxford Textbook of Migrant Psychiatry* Dinesh Bhugra, 2021-02-04 Migrant psychiatry is an evolving subdiscipline within cultural psychiatry that deals with the impact of migration on the mental health of those who have migrated and those who work with these groups and provide services to them Stress related to migration affects migrants and their extended families either directly or indirectly The process of migration is not just a phase but leads on to a series of adjustments including acculturation which may occur across generations Factors such as changes in diet attitudes and beliefs and overall adjustment are important in settling down and making the individuals feel secure This period of adjustment will depend upon the individual migrant's pre migration experiences migration process and post migration experiences but also upon an individual's personality social support and emotional response to migration Socio demographic factors such as age gender educational and economic status will all play a role in post migration adjustment In order to understand the impact on individuals not only the type of migration and different stressors but also the types of psychological mechanisms at a personal level and the resources and processes at a societal level need to be explored Despite the number of refugees and asylum seekers around the world increasing at an astonishing rate the mental health needs of migrants are often ignored by policy makers and clinicians The Oxford Textbook of Migrant Psychiatry is designed to serve as the comprehensive reference resource on the mental health of migrants bringing together both theoretical and practical aspects of the mental health needs of refugees and asylum seekers for researchers and professionals Individual chapters summarise theoretical constructs related to theories of migration the impact of migration on mental health and adjustment collective trauma individual identity and diagnostic fallacies The book also covers the practical aspects of patient management including cultural factors ethnopsychopharmacology therapeutic interaction and therapeutic expectation and psychotherapy Finally the book will examine special clinical problems and special patient groups Part of the authoritative Oxford Textbooks in Psychiatry series this resource will serve as an essential reference for

psychiatrists mental health professionals general practitioners primary care physicians social workers policy makers and voluntary agencies dealing with refugees and asylum seekers Embracing Well-Being in Diverse African Contexts: Research Perspectives Lusilda Schutte,Tharina Guse,Marié P. Wissing,2022-05-19 This is the first volume providing a research platform to showcase research in the field of positive psychology and well being science in African contexts Next to enhancing context sensitive theory and practice on the African continent it also contributes to the global discourse in positive psychology and facilitates the development of a science that reflects and is relevant to complexity and diversity in a globalising society This volume brings together work from African scholars featuring research on theoretical perspectives on well being in Africa measurement of well being in Africa manifestations and dynamics of well being in Africa and well being promotion in Africa It stimulates further research in positive psychology and well being science in the African context and globally and emphasises the interconnectedness and situatedness of human functioning and well being contributing to a more balanced perspective on well being in an international perspective The volume benefits researchers students and practitioners in Africa and other international contexts who study or apply the science of positive psychology and well being in diverse contexts Chapter 1 is available open access under a Creative Commons Attribution 4 0 International License via link springer com *Handbook of Research on Play Specialism Strategies to Prevent Pediatric Hospitalization Trauma* Perasso, Giulia,Ozturk, Yagmur,2022-10-14 Hospitalization can cause short term to long term issues to children s biopsychosocial health Play strategies have played a key role in preventing hospitalization trauma Properly trained play specialists provide children with structured play activities that have proven to be effective in diminishing anxiety depression and negative emotions among in patient children and their parents These techniques are beneficial to ameliorating children s and parents coping strategies and treatment compliance However discrepancies among countries healthcare systems in recognizing the value of play highlights the need for major awareness in the field The Handbook of Research on Play Specialism Strategies to Prevent Pediatric Hospitalization Trauma spreads knowledge about the potential of playing to protect and increase children s health during hospitalization The book focuses on play strategies counteracting pediatric patients trauma anxiety depression and other biopsychosocial negative consequences It discusses the rights of hospitalized children and the strengths of the play specialism approach Covering topics such as chronically ill children pediatric oncology and culturally sustaining practices this premier reference source is an excellent resource for child psychologists psychotherapists neuroscientists pedagogists psychiatrists nurses physicians health sociologists pediatricians play specialists students and faculty of higher education librarians researchers and academicians How Esports Transforms People Martin Fritzen,2021-08-20 This book reviews psychological and pedagogical theories research reports evidence and practical experiences of the transformative effect that esports can have on the lives of people both young and old Through this book you will learn how organized esports in healthy environments transform children young people vulnerable young people

adults as well as whole families and communities

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