

Steven J. Overman

# The Youth Sports Crisis Out Of Control Adults Helpless Kids

**Skye G. Arthur-Banning** 

#### The Youth Sports Crisis Out Of Control Adults Helpless Kids:

The Youth Sports Crisis Steven J. Overman, 2014-10-14 This provocative critique of the youth sports movement examines the various issues surrounding children in sports and provides a plan for reform based on a change in philosophy and practice Many American children spend more than 20 hours a week in organized sports forgoing free time and unstructured recreational activities for the rigors of training and competition This book offers a comprehensive critique of the youth sports movement pitting the reality of adult run sports programs against the needs and interests of children It examines whether the tradeoff of normal play time for structured sports activities teaches discipline and leads to stronger character development or if the pressures of the game the physical strain of practicing and the general overscheduling of children s lives have eroded the benefits associated with playing sports Educator and former coach Steven I Overman contends that youth based sports programs require a radical change for the well being of the young participants The book explores the various problems in organized sports including stress on the family physical health hazards violence emotional duress elitism and hyper competitiveness Incorporating the perspectives of coaches athletes parents physicians and social scientists the narrative scrutinizes the role of adults as promoters and coaches and concludes with a discussion of current and needed **Youth Sports in America** Skye G. Arthur-Banning, 2018-06-21 Written by a former Olympic consultant this book reforms examines youth sports in America today from institutions that dominate organized youth sports to high profile controversies ranging from burnout and out of control parents to the health risks of youth football As organized youth sports occupy an ever greater role in the lives of American families critics have begun to guestion whether some programs and participants have lost their way This timely book examines the state of youth sports in America today analyzing how organized sports influence communities discussing the potential emotional and physical benefits as well as drawbacks of youth sports and profiling the industry s key participants ranging from parent coaches to club sports owners to personal trainers The work begins with a look at the evolution of youth sports in the United States then explores such topics as burnout self discipline performance enhancing drugs parental violence and scholarships The content includes coverage of 20 individual youth sports such as basketball softball lacrosse baseball volleyball football soccer cross country and swimming and provides breakdowns of historical and current participation rates injury rates and sport specific scholarship trends Each summary includes contact information on important organizations specific to that sport More Than Play Dionne Koller, 2025 Tens of millions of children in the United States participate in youth sport a pastime widely believed to be part of a good childhood Yet most children who enter youth sport are driven to guit by the time they enter adolescence and many more are sidelined by its high financial burdens Until now there has been little legal scholarly attention paid to youth sport or its reform Dionne Koller sets the stage for a different approach by illuminating the law and policy assumptions supporting a model that puts children s bodies to work in an activity that generates significant surplus value In doing so she identifies the wide array of beneficiaries

who have a stake in a system that is much more than just play and the political choices that protect these parties interests at Physical Activity and Sport During the First Ten Years of Life Richard Bailey, Jennifer P. children s expense Agans, Jean Côté, Andy Daly-Smith, Phillip D. Tomporowski, 2021-04-12 Evidence suggests that the first 10 or so years of life create the foundation for subsequent participation in recreational and health related physical activity. This book brings together researchers and practitioners with expertise in issues related to physical activity physical education and sport during the primary elementary phase of schooling to explore these important issues Combining inter disciplinary perspectives the book addresses the inherent complexity of researching with young children It looks at the evidence on development during the first 10 years and how that evidence relates to physical activity and to sport in pre school school and out of school Finally the book offers a series of national case studies from Asia Europe and Africa demonstrating the importance of age appropriate sport and physical activity This is important reading for any student researcher educator or policy maker with an interest in physical activity and health education in the early years or at primary elementary level paediatric exercise science or youth sport Defining Sport Shawn E. Klein, 2016-12-14 Defining Sport Conceptions and Borderlines is not about the variations of usage of the term sport It is about the concept the range of activities in the world that we unite into one idea sport It is through the project of defining sport that we can come to understand these activities better how they are similar or different and how they relate to other human endeavors. This definitional inquiry and the deeper appreciation and apprehension of sport that follows is the core of this volume Part I examines several of the standard and influential approaches to defining sport Part II uses these approaches to examine various challenging borderline cases These chapters examine the interplay of the borderline cases with the definition and provide a more thorough and clearer understanding of both the definition and the given cases This work is not meant to be the definitive or exhaustive account of sport It is meant to inspire further thought and debate on just what sport is how it relates to other activities and human endeavors and what we can learn about ourselves through the study of sport This book will be of interest to scholars in philosophy of sport history communications sociology psychology sports management cultural studies and physical education

**Sports Crazy** Steven J. Overman, 2019-02-11 Sports Crazy How Sports Are Sabotaging American Schools exposes the excesses of middle and high school sports and the detrimental effects our sports obsession has on American education Institutions are increasingly emulating college and professional sports models and losing sight of a host of educational and health goals Steven J Overman describes how this agenda is driven largely by partisan fans and parents of athletes who exert an inordinate influence on school priorities and he explains how and why school administrators shockingly and consistently capitulate to these demands The author underscores the incongruity of public schools involved in an entertainment business and the effects this diversion has on academic integrity learning life experience and overall educational outcomes Overman examines out of control school sports within the context of a school s educational mission and curriculum with telling

reference to impacts on physical education He explores as well the outsized place of interscholastic sports beyond the classroom and scrutinizes the distorted relationship between intramural or recreational sports and elitist varsity athletics Overman's chapter on tackle football explains many reasons why this sport should be eliminated from the school extracurriculum and replaced by flag or touch football Overman presents a brief history of interscholastic sports and he compares and contrasts the American experience of school sponsored sport to the European model of community based clubs Which approach better serves students Overman recommends reforms in the context of a radical proposal to phase out interscholastic sports in favor of an intramural or club model This approach would alleviate such problems as elitism and gender bias and reign in hypercompetitiveness while freeing schools to educate students rather than provide public entertainment Guyland Michael Kimmel, 2009-10-13 Sociologist Michael Kimmel tackles the world of late adolescent boys and young men the guys of America aged 16 to 26 Although these young men may appear to be growing up too fast they are in fact becoming adults guite slowly From the mundane video games movies and television sports and music to the extreme violent fraternity initiations sexual predation and school shootings Kimmel reveals the culture that every boy must navigate on his way to adulthood whether he is a participant or a bystander Kimmel asserts that what happens to boys in this period often determines the type of men they will be for the rest of their lives **Medical Books and Serials in Print** The Changing Face of Youth Sports Alyssa Porto, 2001 Abstract There are currently twenty to thirty million U S .1983 Children involved in organized youth sports Recently with this large number of participants there has been a shift in the driving forces for these youths as well as a change in the experiential outcomes of the participants Youth sports have become adult driven with increased involvement of parents and coaches At times these adults become out of control exhibiting violence towards others or pushing the children into excessive training to emotionally or financially benefit themselves The literature of the historical change in youth sports is reviewed to define the factors that have negatively affected the youth **Let Them Play** Jerry Lynch, 2016-07-15 American youth sports are in crisis Parents are fighting with sports industry referees coaches their kids and one another Micromanaged kids are losing their passion to play In Let Them Play sports psychologist and team consultant Dr Jerry Lynch provides an antidote to parental overinvolvement Combining psychological insight with spiritual principles from Taoism and Buddhism Lynch lays out core principles to help parents achieve equanimity and provide healthy direction for their kids He gives parents strategies and tools taken from his work with national champions to help kids to perform at higher levels become better team players and most important have more fun Filled with easy to implement advice Let Them Play will empower your athletic child to be mentally strong for sports and life Home *Team Advantage* Brooke de Lench, 2009-10-13 Over the past decade the stakes in youth sports have reached startling heights the pressure to win often eclipses the desire to have fun Sports injuries have increased tenfold aggression on and off the field between kids parents and coaches is at a fever pitch and drug and alcohol use among young athletes is on the rise While

there are plenty of books that help the best intentioned parent most of them are written by men for men They do not address concerns specific to mothers nor empower them to confidently step onto the out of control playground to assume whatever role they choose spectator advocate administrator coach fund raiser or team mom Home Team Advantage is an essential resource manual that will inspire women to confidently tackle some of the issues preventing their kids from enjoying sports Brooke de Lench authoritatively covers issues ranging from ensuring playing time and confronting out of control coaches to countering the winning at all costs mentality Packed with real life anecdotes and information from experts Home Team Advantage provides constructive practical and forward thinking advice to help mothers understand the critical role they can play in putting the words fun game and play back into youth sports Changing the Game John O'Sullivan, 2020-12-31 A powerful guide for both parents and coaches who want kids to have fun enjoyable and meaningful youth sporting experiences I highly recommend it John Ballantine president and co founder Kids in the Game The modern day youth sports environment has taken the enjoyment out of athletics for our children Currently 70% of kids drop out of organized sports by the age of thirteen which has given rise to a generation of overweight unhealthy young adults There is a solution John O Sullivan shares the secrets of the coaches and parents who have not only raised elite athletes but have done so by creating an environment that promotes positive core values and teaches life lessons instead of focusing on wins and losses scholarships and professional aspirations Changing the Game gives adults a new paradigm and a game plan for raising happy high performing children and provides a national call to action to return youth sports to our kids Changing the Game is well a game changer It explores in both depth and breadth the youth sports experience its blood sweat and tears Any parent who wants their children to gain the physical psychological emotional and social benefits of what sport has to offer and isn t that every parent better read this book It will make you a better sports parent and it will ensure that your children get all the good stuff and avoid most of the bad stuff from participating in sports James Taylor Ph D author of Positive Pushing How to Raise a Successful and Happy Child Win The Youth Sports Game John Yeigh, 2022-01-11 How to Ensure That Your Children Are Given The Opportunity to Succeed at Sports Win The Youth Sports Game objectively narrates how ordinary kids can progress survive and thrive within today s 20 billion youth sports industrial complex The sixteen year developmental trek from toddler to collegiate athlete is chronicled while juxtaposing the real life challenges that athletes in all sports must endure and overcome Win The Youth Sports Game is the first title ever to provide an honest reality check for parents a What to Expect When You are Expecting for youth sports Fifty incredibly common adult imposed obstacles are exposed so that parents can help their athletes navigate and overcome these challenges along their own sports journeys Fifty million parents may be hopeful their young athletes are on track to play college sports and win a scholarship but only about 2 percent of elite high school athletes receive even a partial sports scholarship Share this book s table of contents with any sports parent and they ll immediately identify with some of the seemingly outrageous storylines. The unfortunate outcome is that more than 75

percent of kids guit sports by age fourteen with over zealous adults being a big contributor. The author will donate half of any profits to Project Play's youth sports advocacy programs Until It Hurts Mark Hyman, 2009-04-01 Near the end of a long season fourteen year old baseball pitcher Ben Hyman approached his father with disappointing if not surprising news his pitching shoulder was tired With each throw to home plate he felt a twinge in his still maturing arm Any doctor would have advised the young boy to take off the rest of the season Author Mark Hyman sent his son out to pitch the next game After all it was play off time Stories like these are not uncommon Over the last seventy five years adults have staged a hostile takeover of kids sports In 2003 alone more than 3 5 million children under age fifteen required medical treatment for sports injuries nearly half of which were the result of simple overuse. The quest to turn children into tomorrow s superstar athletes has often led adults to push them beyond physical and emotional limits In Until It Hurts journalist coach and sports dad Mark Hyman explores how youth sports reached this problematic state His investigation takes him from the Little League World Series in Pennsylvania to a prestigious Chicago soccer club from adolescent golf and tennis superstars in Atlanta to California volleyball players He interviews dozens of children parents coaches psychologists surgeons sports medicine specialists and former professional athletes He speaks at length with Whitney Phelps Michael's older sister retraces the story of A Very Young Gymnast and its subject Torrance York and tells the saga of the Castle High School girls basketball team of Evansville Indiana which in 2005 lost three fifths of its lineup to ACL injuries Along the way Hyman hears numerous stories about a mother who left her fifteen year old daughter at an interstate exit after a heated exchange over her performance during a soccer game about a coach who ordered preteens to swim laps in three hour shifts for twenty four hours Hyman s exploration leads him to examine the history of youth sports in our country and how it s evolved particularly with the increasing involvement of girls and much more proactive participation of parents With its unique multiple perspective of history of reporting and of personal experience this book delves deep into the complicated issue of sports for children and opens up a much needed discussion about the perils of youth sports culture today Hyman focuses not only on the unfortunate cases of overzealous parents and overly ambitious kids but also on how positive change can be made and concludes by shining a spotlight on some inspirational parents and model sports programs giving hope that the current destructive cycle Revolution in the Bleachers Regan McMahon, 2007-04-19 A journalist and mother of two athletic kids can be broken exposes the physical and emotional dangers of our over the top youth sports culture and offers practical solutions for positive change A decade ago Joan Ryan's expos Little Girls in Pretty Boxes changed the way we look at elite sports namely figure skating and gymnastics Today there is another crisis in youth sports It may affect any child from the kindergartner on the soccer field to the high school athlete competing for scarce scholarship money Regan McMahon's Revolution in the Bleachers is a wake up call for parents who spend their lives shuttling their kids from one field and practice to the next and wonder what happened to family life Have late weeknight practices made family meals a thing of the past Do you spend hours in the

car each week driving to games across town or across the state Do you worry that your kids will miss out on competitive experiences college scholarships and other advantages if they do not specialize in one sport early on Do you feel pressured to have your kids join elite club teams with steep fees and demanding travel schedules Do your kids get repetitive stress injuries that necessitate trips to orthopedic surgeons or physical therapists Do you miss your non sports related vacations as a family If so the good news is you are not alone Other parents and kids and even some coaches are on your side And you have a choice Regan McMahon s book began as a cover story for the San Francisco Chronicle Magazine Titled How Much is Too Much it got a tremendous response Finally someone had dared to say what many parents were thinking Parents kids and coaches responded prompting McMahon to criss cross the country doing interviews and research to find out how deep the problem goes and how to fix it In Revolution in the Bleachers McMahon traces the evolution of the over the top youth culture and gives you a practical plan of action to bring balance back to kids lives and our families McMahon's rallying cry for a revolution in the bleachers could not be more timely or useful for parents trying to do the best for their kids Take Back the Game Linda Flanagan, 2022-08-23 A really brilliant book Malcolm Gladwell So important Glennon Doyle Longlisted for the Porchlight Business Book Awards 2022 A close look at how big money and high stakes have transformed youth sports turning once healthy fun activities for kids into all consuming endeavors putting stress on children and families alike Some 75% of American families want their kids to play sports Athletics are training grounds for character friendship and connection at their best sports insulate kids from hardship and prepare them for adult life But youth sports have changed so dramatically over the last 25 years that they no longer deliver the healthy outcomes everyone wants Instead unbeknownst to most parents kids who play competitive organized sports are more likely to burn out or suffer from overuse injuries than to develop their characters or build healthy habits What happened to kids sports And how can we make them fun again In Take Back the Game coach and journalist Linda Flanagan reveals how the youth sports industry capitalizes on parents worry about their kids futures selling the idea that more competitive play is essential in the feeding frenzy over access to colleges and universities Drawing on her experience as a coach and a parent along with research and expert analysis Flanagan delves into a national obsession that has Compelled kids to specialize year round in one sport Increased the risk of both physical injury and mental health problems Encouraged egregious behavior by coaches and parents Reduced access to sports for low income families A provocative and timely entrant into a conversation thousands of parents are having on the sidelines Take Back the Game uncovers how youth sports became a serious business the consequences of raising the stakes for kids and parents alike <u>Carrying Lawn Chairs</u> Mark Robertson, 2016-08-01 There is an obsession with youth sports and the changes we need now in the US and around the world It seems that most parents want to get their kids started in youth sports and other pursuits as early as possible to supposedly give them a leg up on other kids whose parents are also probably starting them at a young age in sports and other activities A major thrust of the book is that young kids should be allowed to have their childhood and

be involved in much authentic and natural play That's how they discover who they are and thus are in a better position to meet the demands of the competitive world in their adult years I think that organized youth sports gets in the way of young kids being involved in authentic play and having real fun I say a number of controversial things in the book For example I think it is dysfunctional for throngs of adults to flock to organized youth sports for very young kids The kids don t want to be there The adults are on edge about how their kids are performing No one seems to be having any fun I realize that many parents and grandparents and others so want to be at these games but again I think it is dysfunctional Unlike most books on problems with youth sports I don t say what can be done to improve organized youth sports for very young kids I am against organized sports for kids under 10 and maybe even 12 I m not against sports I m a big sports fan and follow major league sports I have a story about a hockey team that played when they youth were in their teens and they have fond memories of playing and even traveling together but they were older and more able to deal with organized sports and its many demands I talk about winning and many other things related to youth sports and the many shortcomings that I think are a part of organized youth sports especially for the very young I point out that what the young kids really want more than anything is the love of their parents There are many aspects of organized youth sports that get in the way of young kid being made to feel loved by their parents In the second part of the book I talk about other aspects of parenting related to various topics including government education discipline morality excellence drugs technology self esteem teasing comparisons individuality neighborhoods word use and other aspects of society related to raising children This is a book about youth and sports but it is more about the parent child dynamic in today s society and the many perils for young people these days I come to this book not out of any professional expertise but out of observations made from many years being involved in organized youth sports in many roles This book approaches organized youth sports from an angle that may have never been covered in any book Again I m not for changing youth sports for young kids I m against organized youth sports for young kids My book is not a how to book for parents I don't consider myself a parental guru My goal is to put ideas out there for parents to run with I come form the point of view that most parents already know a lot about parenting form experience I just want to make a contribution to parenting and improving the lives and increasing the happiness of young people Some may even get upset at some of the ideas I put forth or at the very least disagree And I m not even guaranteeing I m right about everything I put forth I just put forth the conclusions that I have made after many years of observation of the youth sports scene and the family and society in general I want my book to improve the lives of families and young people One thing about the written word is that it is interpreted in many ways That is a risk in any book but it can be hoped that the overall message will get through to most readers Thank you Mark Robertson Carrying Lawn Chairs Youth Sports and Other Parental Mindsets

**Competing with Character** Kevin Kush,2008 When asked why they participate in organized sports young athletes rank giving everyone a chance to play and having fun far above winning But even though millions of kids play youth sports each

year an estimated seventy percent of them guit by age thirteen and never play again Why Here's what they say It's not fun anymore The coach played favorites was too negative There s too much pressure In addition kids are seeing more and more negative behaviour by parents and coaches In one survey three quarters of young athletes reported seeing out of control adults at their games After twenty years of experience as a teacher and coach Kevin Kush thinks it s time to create a youth sports environment where character sportsmanship and fun are once again priorities In Competing with Character he examines the good and the bad going on today on youth playing fields along the sidelines and in the stands He urges us to remember that children look to adults as role models Child's Play Michael A. Messner, Michela Musto, 2016-05 Is sport good for kids When answering this question both critics and advocates of youth sports tend to fixate on matters of health whether condemning contact sports for their concussion risk or prescribing athletics as a cure for the childhood obesity epidemic Child's Play presents a more nuanced examination of the issue considering not only the physical impacts of youth athletics but its psychological and social ramifications as well The eleven original scholarly essays in this collection provide a probing look into how sports in community athletic leagues in schools and even on television play a major role in how young people view themselves shape their identities and imagine their place in society Rather than focusing exclusively on self proclaimed jocks the book considers how the culture of sports affects a wide variety of children and young people including those who opt out of athletics Not only does Child's Play examine disparities across lines of race class and gender it also offers detailed examinations of how various minority populations from transgender youth to Muslim immigrant girls have participated in youth sports Taken together these essays offer a wide range of approaches to understanding the sociology of youth sports including data driven analyses that examine national trends as well as ethnographic research that gives a voice to individual kids Child's Play thus presents a comprehensive and compelling analysis of how for better and for worse the culture of sports is integral to the development of young people and with them the future of our society **Kids Play** Bob Bigelow, Tom Moroney, Linda Hall, 2001-08-01 Bob's message is a must for all parents and coaches He challenges adults to understand their effect on youngsters and that kids needs have to be met first Bob Trupin Westport CT This is not just another book touting improved sportsmanship and better coaching to remedy the violence in youth sports today Just Let the Kids Play is the first book to identify the youth sports systems as the cause of the problem and offers practical ways to rebuild them so they better serve the physical and emotional needs of children First round NBA draft pick part time NBA scout and youth coach Bob Bigelow joins journalists Tom Moroney and Linda Hall to put youth sports under harsh review They explain the controversial belief that elite traveling teams at young ages should be abolished and replaced with equal playing time team parity and shortened seasons among others Focusing on soccer basketball baseball and hockey they highlight ten programs nationwide where these principles are working and offer ways to integrate them into existing programs without sacrificing a child's chances for success Soccer moms and hockey dads will discover that it really is

possible to sleep in on Saturdays without sacrificing their child s future

Decoding **The Youth Sports Crisis Out Of Control Adults Helpless Kids**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "The Youth Sports Crisis Out Of Control Adults Helpless Kids," a mesmerizing literary creation penned by a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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#### The Youth Sports Crisis Out Of Control Adults Helpless Kids Introduction

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