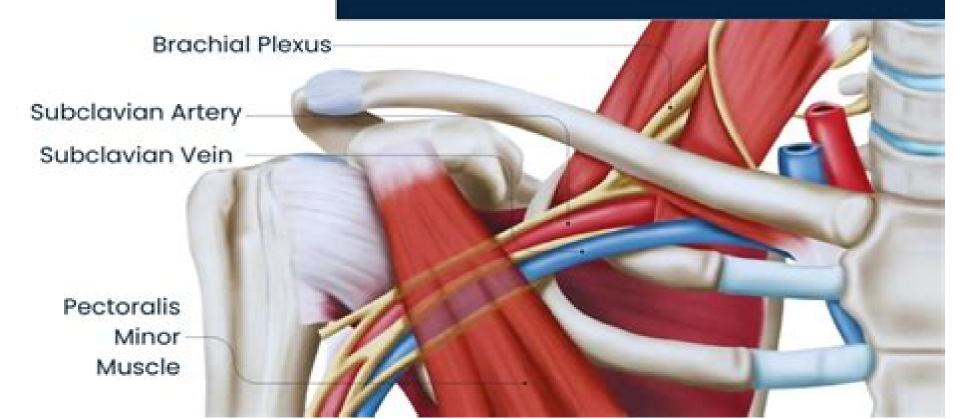
# Thoracic Outlet Syndrome

Thoracic outlet syndrome (TOS) is an umbrella term for diseases caused by compression of blood vessels or nerves in the region between your collarbone and first rib, called the thoracic outlet.



## **Thoracic Outlet Syndrome**

Erich W. Pollak

#### **Thoracic Outlet Syndrome:**

Thoracic Outlet Syndrome Karl A. Illig,Robert W. Thompson,Julie Ann Freischlag,Dean M. Donahue,Sheldon E. Jordan,Ying Wei Lum,Hugh A. Gelabert,2021-01-25 This extensively revised edition is an essential reference for physicians involved in the diagnosis referral and treatment of the thoracic outlet syndrome TOS TOS is made up of a constellation of problems resulting from pathology at the thoracic outlet in the neck Busy specialty practice sees multiple affected patients in every clinic but TOS can often be difficult to diagnosis Thoracic Outlet Syndrome explores all possible ancillary care issues surrounding this complex condition including rehabilitation disability natural history and medicolegal issues and aims to stimulate research discussion and a sense of community between professionals involved in this area Vascular and thoracic surgeons neurosurgeons neurologists psychiatrists and psychologists physical therapists occupational medicine specialists and pain specialists will find this book a must read for successful treatment referral and diagnosis of TOS in clinical practice

Diagnosis and Treatment of Thoracic Outlet Syndrome Julie Ann Freischlag, Natalia O. Glebova, 2018-08-27 This book is a printed edition of the Special Issue Diagnosis and Treatment of Thoracic Outlet Syndrome that was published in Thoracic Outlet Syndrome for Patients and Non-Physicians Richard Sanders, Stephen Diagnostics Annest, 2015-08-10 This book is written in layman s terms to describe all aspects of Thoracic Outlet Syndrome which includes disorders of the nerves veins and arteries of the upper extremities Discussed are the causes of different forms of TOS their symptoms what doctors look for on physical examination and the various tests used to make and confirm the diagnosis Also described are the choices available to treat TOS including surgical and non surgical options their limitations and their results In addition this book discusses a condition closely related to TOS called Pectoralis Minor Syndrome PMS PMS has similar symptoms to TOS and is caused by pressure against the nerves artery and vein found under the pectoralis minor muscle which lies just below the collarbone It is important to know how to recognize both of these conditions as treatment of PMS is much simpler than treating TOS For example in nerve type TOS and PMS both conditions will have symptoms of numbness tingling pain and weakness in the hand and arm TOS will usually also have neck pain and headaches while PMS will present with pain or tenderness in the chest below the collarbone and in the armpit When all of these symptoms are present pain in the neck chest land armpit plus headaches both TOS and PMS may exist together Treatment initially is physical therapy for both conditions If surgery is indicated PMS alone is treated with a simple minimal risk 20 minute out patient procedure which usually requires only a few days for recovery In contrast surgical treatment for TOS is an operation usually requiring 2 3 days of hospitalization and a few weeks to recover Thoracic Outlet Syndrome Erich W. Pollak, 1986 **Thoracic** Outlet Syndrome, An Issue of Thoracic Surgery Clinics, E-Book Dean Donahue, Hugh G. Auchincloss, 2020-12-04 This issue of Thoracic Surgery Clinics guest edited by Drs Dean Donahue and Hugh G Auchincloss is devoted to Thoracic Outlet Syndrome Drs Donahue and Auchincloss have assembled expert authors to review the following topics Embryology and

Anatomy of the Thoracic Outlet Evaluation of Patients with Neurogenic Thoracic Outlet Syndrome Reoperation for Persistent or Recurrent Neurogenic Thoracic Outlet Syndrome Surgical Technique Supraclavicular First Rib Resection Evaluation and Management of Venous Thoracic Outlet Syndrome How Common is Thoracic Outlet Syndrome Surgical Technique Minimally Invasive First Rib Resection Radiographic Evaluation of Thoracic Outlet Syndrome Evaluation and Management of Arterial Thoracic Outlet Syndrome Richard J. Sanders, Craig E. Haug, 1991 Thoracic Outlet Syndrome and more Outlet Syndrome Karl A. Illig, Robert W. Thompson, Julie Ann Freischlag, Dean M. Donahue, Sheldon E. Jordan, Ying Wei Lum, Hugh A. Gelabert, 2021 This extensively revised edition is an essential reference for physicians involved in the diagnosis referral and treatment of the thoracic outlet syndrome TOS TOS is made up of a constellation of problems resulting from pathology at the thoracic outlet in the neck Busy specialty practice sees multiple affected patients in every clinic but TOS can often be difficult to diagnosis Thoracic Outlet Syndrome explores all possible ancillary care issues surrounding this complex condition including rehabilitation disability natural history and medicolegal issues and aims to stimulate research discussion and a sense of community between professionals involved in this area Vascular and thoracic surgeons neurosurgeons neurologists psychiatrists and psychologists physical therapists occupational medicine specialists and pain specialists will find this book a must read for successful treatment referral and diagnosis of TOS in clinical practice Thoracic Outlet Syndromes J. Ernesto Molina, 2012-11-13 New Techniques for Thoracic Outlet Syndromes presents in a comprehensive format an up to date state of the art reference that physicians can use in consultation to properly treat patients using the resources that modern medicine offers This book offers the newer surgical approaches that have been developed during the past 30 years Some of these techniques are modification of operations that were proposed previously but were not fully affective and left many patients suffering with permanent disability. This textbook is a compendium of the proper management of these patients that cannot be found in isolated reports of literature The neurogenic arterial thoracic outlet syndrome section covers how to diagnosis the illness using the proper tests therefore eliminating the use of expensive uncomfortable and inconvenient tests The text is organized in three basic sections that cover all the aspects of the thoracic outlet syndromes The first section addresses the neurogenic arterial type with the pertinent subsections symptoms diagnosis A list of the useful tests is provided to make a correct diagnosis of this syndrome This is followed by the sections on treatment using the surgical approaches with historical aspects and evolution of the operations proposed The second section involves the venous thoracic outlet syndrome divided into the corresponding subsections comprising symptoms and physical findings etiology diagnosis This section also includes a list of the usual tests to make the proper diagnosis The last section of this text is dedicated to the presence of cervical ribs and their classification of the different types that occur and also the proper surgical treatment when fusion of the upper ribs is present New Techniques for Thoracic Outlet Syndromes offers the current acceptable and most effective methods to handle thoracic outlet syndromes It will be of great value to thoracic

surgeons vascular surgeons interventional radiologists as well as fellows and residents in training for cardiothoracic and **Diagnosis and Treatment of Thoracic Outlet Syndrome** Julie Ann Freischlag, Natalia O. vascular surgery **Thoracic Outlet Syndrome** Patrick Marshwell,2022-11-04 Thoracic outlet syndrome is a condition that Glebova, 2018 can cause pain swelling and other symptoms in the arms The condition is caused by compression of the nerves and blood vessels in the thoracic outlet which is the opening between the lower part of the neck and the upper part of the chest Symptoms of thoracic outlet syndrome can include tingling and numbness in the arms as well as discomfort in the shoulders The thoracic outlet is a small area that may be found between the upper rib and the collarbone Along with the nerves and blood arteries that travel down your arm the muscles that run from your neck to your shoulder are included in this structure It s possible to have pain and other symptoms if anything is pressing on your nerves Several things can cause compression in the thoracic outlet including muscle tension bone spurs an extra rib or a tight band of tissue Thoracic outlet syndrome can occur in both men and women but it is more common in women Treatment for thoracic outlet syndrome may include surgery medication or physical therapy Several different stretches and exercises can also be done to help relieve the symptoms of thoracic outlet syndrome These exercises can help to improve the range of motion increase blood flow and reduce muscle tension In this guide well discuss the following subtopics in full detail What causes thoracic outlet syndrome What are the three types of thoracic outlet syndrome What are the symptoms of thoracic outlet syndrome Who is at risk for thoracic outlet syndrome When to see a doctor How is thoracic outlet syndrome diagnosed What are the treatments for thoracic outlet syndrome How to prevent thoracic outlet syndrome What are the natural remedies for thoracic outlet syndrome Managing thoracic outlet syndrome through exercises and stretching Managing thoracic outlet syndrome through lifestyle changes Managing thoracic outlet syndrome through diet Keep reading until the end to be fully equipped with the knowledge on how to manage thoracic outlet syndrome through lifestyle changes diet and stretches exercises **Symposium Thoracic Outlet Syndrome** Moore Moore,1986 Medifocus Guidebook On: **Thoracic Outlet Syndrome** Gopal Narasimhan, 1997 Thoracic Outlet Syndrome Medifocus.com, Inc. Staff, Elliot Jacob, 2012-03-15 The MediFocus Guidebook on Thoracic Outlet Syndrome is the most comprehensive up to date source of information available You will get answers to your questions including risk factors of Thoracic Outlet Syndrome standard and alternative treatment options leading doctors hospitals and medical centers that specialize in Thoracic Outlet Syndrome results of the latest clinical trials support groups and additional resources and promising new treatments on the horizon This one of a kind Guidebook offers answers to your critical health questions including the latest treatments clinical trials and expert research high quality professional level information you can trust and understand culled from the latest peer reviewed journals and a unique resource to find leading experts institutions and support organizations including contact information and hyperlinks This Guidebook was updated on March 12 2012 The Diagnosis and Treatment of Thoracic Outlet Syndrome Aprille Ostert, 1998 Thoracic Outlet

Syndrome State Of Colorado, 2017-08-04 Thoracic outlet syndrome TOS is a condition in which there is compression of the nerves arteries or veins in the passageway from the lower neck to the armpit There are three main types neurogenic venous and arterial The neurogenic type is the most common and presents with pain weakness and occasionally loss of muscle at the base of the thumb The venous type results in swelling pain and possibly a bluish coloration of the arm The arterial type results in pain coldness and paleness of the arm TOS may result from trauma repetitive arm movements tumors pregnancy or anatomical variations such as a cervical rib The diagnosis may be supported by nerve conduction studies and medical imaging Other conditions that can produce similar symptoms include rotator cuff tear cervical disc disorders fibromyalgia multiple sclerosis and complex regional pain syndrome Initial treatment for the neurogenic type is with exercises to strengthen the chest muscles and improve posture NSAIDs such as naproxen may be used for pain Surgery is typically done for the arterial and venous types and for the neurogenic type if it does not improve with other treatments Blood thinners may be used to treat or prevent blood clots The condition affects about 1% of the population It is more common in women than men and it occurs most commonly between 20 and 50 years of age The condition was first described in 1818 and the current term thoracic outlet syndrome first used in 1956 Thoracic Outlet Syndrome, Thoracic Outlet Syndrome Moore Moore, 1986 Thoracic Outlet Syndrome Susan E. Mackinnon, Christine B. Novak, 2002 Thoracic Outlet Syndrome, an Issue of Thoracic Surgery Clinics, Volume 31-1 Dean Donahue, Hugh Auchincloss, 2021-02-28 This issue of Thoracic Surgery Clinics guest edited by Drs Dean Donahue and Hugh G Auchincloss is devoted to Thoracic Outlet Syndrome Drs Donahue and Auchincloss have assembled expert authors to review the following topics Embryology and Anatomy of the Thoracic Outlet Evaluation of Patients with Neurogenic Thoracic Outlet Syndrome Reoperation for Persistent or Recurrent Neurogenic Thoracic Outlet Syndrome Surgical Technique Supraclavicular First Rib Resection Evaluation and Management of Venous Thoracic Outlet Syndrome How Common is Thoracic Outlet Syndrome Surgical Technique Minimally Invasive First Rib Resection Radiographic Evaluation of Thoracic Outlet Syndrome Evaluation and Management of Arterial Thoracic Outlet Management of Thoracic Outlet Syndrome by Physical Therapy Jouni Zidbeck, 1997 Syndrome and more

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