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Work-Life Balance and the Economic Crisis

Some Insights from the
Perspective of Comparative Law
(Volume I: The Spanish Scenario)

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Work Life Balance Economic Crisis Perspective

**Suzan Lewis, Deirdre Anderson, Clare
Lyonette, Nicola Payne, Stephen Wood**



Work Life Balance Economic Crisis Perspective:

Work-Life Balance and the Economic Crisis Anthony Forsyth, 2015-10-28 No one can deny the significance attributed to the issue of reconciling work and private life by contemporary society the EU and other international organisations Its relevance is evident in the multifaceted nature of this topic and the need for each party to the employment contract to strike a proper balance between professional and personal responsibilities based on the assumption that people can successfully harmonise their work with life Following on from these considerations this volume provides a detailed analysis of work life balance and its regulation in a number of EU countries emphasizing the consequences that the current economic crisis has brought about in this field

Work-Life Balance in Times of Recession, Austerity and Beyond Suzan Lewis, Deirdre Anderson, Clare Lyonette, Nicola Payne, Stephen Wood, 2016-08-12 This book reflects the enormous interest in work life balance and current pressing concerns about the impacts of austerity more broadly It draws on contemporary research and practitioner experiences to explore how work life balance and related workplace and social policy fare in turbulent economic times and the implications for employees employers and wider societies Authors consider workplace trends practices and employment relations and the impacts on work care and well being of diverse workers A guiding theme throughout the book is a triple agenda of supporting employee work life balance workplace effectiveness and social justice The final chapters present case studies of innovative processes and organizational practices for addressing the triple agenda note the important role of social policy context and discuss the challenge of extending debates on work life balance to include a social justice dimension This book will be of interest to academics and postgraduate students of organisational psychology sociology human resource management management and business studies law and social policy as well as employers managers HR managers trade unions and policy makers

Research Handbook on Work-Life Balance Bertolini, Sonia, Poggio, Barbara, 2022-01-11 This innovative and thought provoking Research Handbook explores the theoretical debate surrounding work life balance and provides a reflection on the opportunity to adopt multilevel research approaches and perspectives along gender and temporal axes The Research Handbook is an international overview of current research on work life balance considered in macro meso and micro perspectives

Perspectives on Stress and Wellness Management in Times of Crisis Bansal, Rohit, 2023-03-31 The COVID 19 pandemic has had a major effect on our lives During the crisis people across the world experienced increased levels of distress and anxiety particularly as a result of social isolation Many of us are facing challenges that can be stressful overwhelming and cause strong emotions in both adults and children It is essential to learn to cope with stress in a healthy way so that we may become more resilient through these crises Addressing stress and wellness in times of crisis requires novel approaches to mental and emotional health support and a fundamentally high standard of care compared to current medication alternatives for anxiety and depression disorders *Perspectives on Stress and Wellness Management in Times of Crisis* presents the most recent innovations trends concerns practical challenges

encountered and solutions adopted in the fields of stress and wellness management. It provides emerging research on stress and wellness management in times of crisis, innovative stress management strategies, and the role and impact of stress management in emotional and mental well-being and work performance. Covering topics such as cyber incivility, leadership persistence, and work-life balance, this premier reference source is an excellent resource for psychologists, practitioners, industry researchers, business leaders and managers, human resource managers, counselors, students and educators of higher education, librarians, researchers, and academicians.

Work-Life Balance in the Modern Workplace Sarah De Groo, 2017-06-23. The term work-life balance refers to the relationship between paid work in all of its various forms and personal life, which includes family but is not limited to it. In addition, gender permeates every aspect of this relationship. This volume brings together a wide range of perspectives from a number of different disciplines, presenting research findings and their implications for policy at all levels: national, sectoral, enterprise, workplace. Collectively, the contributors seek to close the gap between research and policy with the intent of building a better work-life balance regime for workers across a variety of personal circumstances, needs, and preferences. Among the issues and topics covered are the following: differences and similarities between men and women and particularly between mothers and fathers in their work choices; third shift work; work at home at night or during weekends; effect of the extent to which employers perceive management of this process to be a burden; employers' exploitation of the psychological interconnection between masculinity and breadwinning; organisational culture that is more available for supervisors than for rank and file workers; weak enforcement mechanisms and token penalties for non-compliance by employers; trade unions as the best hope for precarious workers to improve work-life balance; crowd work on demand; performance of tasks by persons selected remotely through online platforms from a large pool of potential and generic workers; an example of how to use work-life balance insights to evaluate the law; collective self-scheduling; employers' duty to accommodate; and financial hardship as a serious threat to work-life balance. As it has been shown clearly that work-life conflict is associated with negative health outcomes, exacerbates gender inequalities, and many other concerns, this unusually rich collection of essays will resonate particularly with concerned lawyers and legal academics who ask what work-life balance literature has to offer and how law should respond.

Economic Crisis, Quality of Work, and Social Integration Duncan Gallie, 2013-09-12. This book provides a comparative analysis of the impact of the economic crisis on the quality of work and work-life balance.

Supporting Psychological and Emotional Wellbeing Among Entrepreneurs Tunio, Muhammad Nawaz, 2024-11-13. Entrepreneurs today face many challenges from fierce competition to economic uncertainties. Yet amidst these external pressures, the internal struggles of maintaining psychological and emotional well-being are often overlooked. This neglect not only affects entrepreneurs personally but also profoundly impacts their businesses. Female entrepreneurs, in particular, face unique hurdles that can significantly impact their mental peace and hinder their success. *Supporting Psychological and Emotional Wellbeing Among Entrepreneurs* presents a timely solution.

urging researchers and practitioners to reevaluate the importance of mental health in entrepreneurship By exploring topics such as stress management harassment and promoting positive work environments the book offers concrete strategies to enhance entrepreneurs well being Through a comprehensive examination of social and moral values in entrepreneurship it seeks to equip entrepreneurs and stakeholders with the tools needed to create supportive and empowering work environments

Critical and Feminist Perspectives on Financial and Economic Crises Sakiko Fukuda-Parr,James Heintz,Stephanie Seguino,2017-10-02 Economic and financial crises have become perennial features of today s global economy Macroeconomic theories of crisis including the global crisis that unfolded in 2008 emphasize the role of financial deregulation capital flow imbalances and growing debt fueled by income and wealth inequality These approaches tend to be divorced from feminist thinking which analyzes broader distributional dynamics transmitted through structural channels and government policy responses with an emphasis on gender race class and ethnicity This volume brings together innovative thinking from heterodox macroeconomists and feminist economists to explore the causes consequences and ramifications of economic crises By doing so it highlights aspects of the economy that are frequently overlooked or ignored such as the impact of crises on the vast amount of unpaid work which women perform relative to men The collection of international studies assembled here takes an innovative approach to analyzing a range of issues from the subprime mortgage crisis to the gendered effects of austerity to the role of the International Monetary Fund in governing an unstable global economy In so doing it looks beyond causes and consequences and points to new directions for macroeconomic and financial policy This book was originally published as a special issue of Feminist Economics

Labour Law and the Gig Economy Jo Carby-Hall,Lourdes Mella Méndez,2020-03-24 This international book analyses the impact of digitisation in labour markets on labour relationships and also on labour processes The rapid progress of modern disruptive technologies and AIs and their multiple applications to each phase of the labour production system are changing the production rules on a global scale with significant impacts in every aspect of work As new technologies transform work patterns and change the type of jobs available destroying some while creating others and even the nature of the tasks performed numerous legal problems arise which are challenging to legislators and legal scholars who need to find appropriate solutions to them Considering the labour law issues which have been created by technological developments and currently affect the work of millions worldwide this book highlights the full scope of these issues suggesting solutions to emerging problems and ways to mitigate the risks brought about through technological advancement Approaching the present debate with perspectives on legal problems with expertise from a wide range of different countries this book presents informed and scholarly studies which answer the challenges that new technologies present in labour markets private lives and labour processes

The Oxford Handbook of Job Quality Chris Warhurst,Chris Mathieu,Rachel E. Dwyer,2022 Job quality matters it is offered as a solution to an array of social and economic challenges yet the terminology used to define it is varied This handbook explores the complexity of job

quality for whom or for what job quality matters most and the diverse range of its contributions and applications to social economic and political concerns

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