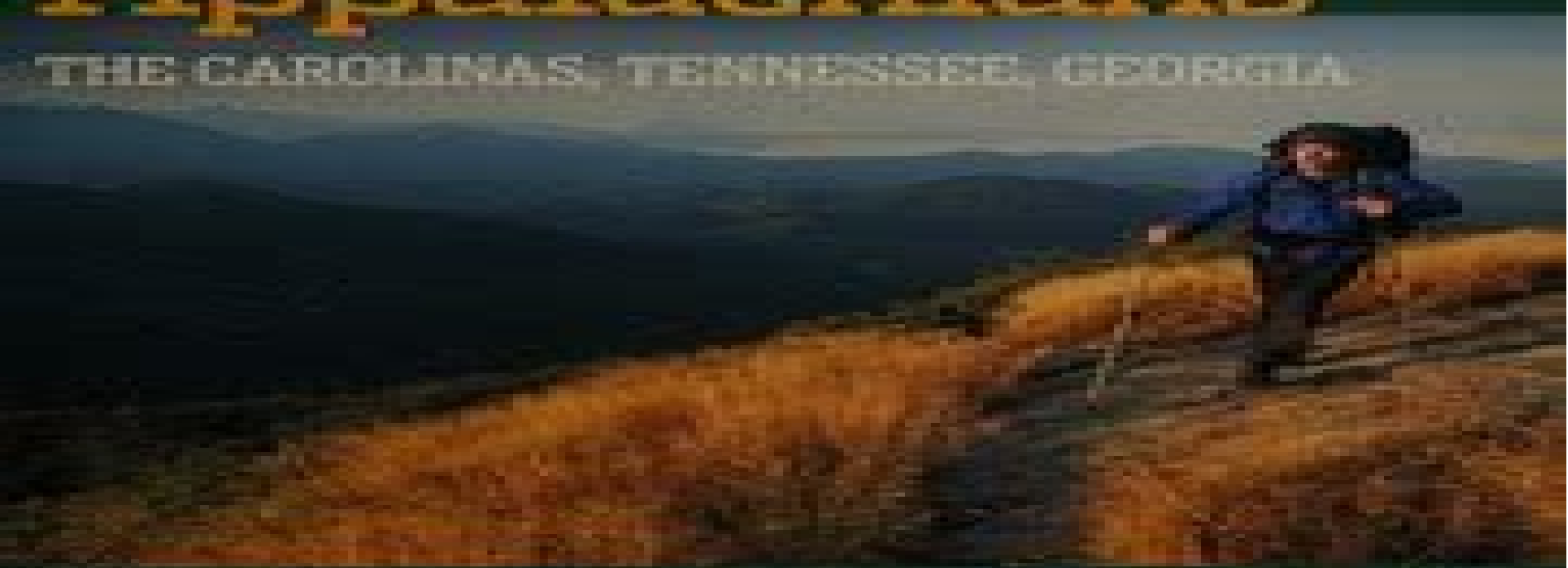


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Trekking the Southern Appalachians Jack Igelman, Corey Hadden, 2005 A guide book to treks in the Carolinas Tennessee and Georgia chosen for their unique natural features or cultural or historical legacy includes 25 treks each with three itineraries and camp options Original **Best Hikes with Dogs North Carolina** Karen Chavez, 2007-10-15 North Carolina hikes located in and around Asheville Winston Salem Piedmont Uwharrie National Forest and the Mountains to Sea Trail Info on first aid for dogs and the 10 Canine Essentials Paw friendly terrain Trails appropriate for dogs of all ages and fitness levels Best Hikes for Dogs in North Carolina includes a handy trail finder chart to help you choose just the right hike for you and your dog And North Carolina is a paradise for canine hikers and their owners Trails in this guidebook range from rolling meadows and countless streams lakes and waterfalls to the cool lush forests filled with sights and scents This guidebook has everything you need to know to plan a safe fun filled outing with your dog Also included information detailing proper trail etiquette for dog owners and their pets tips on hiking with dogs and their special needs dealing with wildlife encounters and more **Backpacker, Trekking the Southern Appalachians** Jack Igelman, 2005 Exploring the Appalachian Trail: Hikes in the Southern Appalachians Doris Gove, 1998-04-01 32 hikes in Georgia North Carolina and Tennessee

Explorer's Guide 50 Hikes on Tennessee's Cumberland Plateau: Walks, Hikes, and Backpacks from the Tennessee River Gorge to the Big South Fork and Throughout the Cumberlands (Explorer's 50 Hikes) Johnny Molloy, 2012-02-28 A guide to hiking on the Tennessee Cumberland Plateau providing information on fifty day and overnight hikes and featuring detailed maps descriptions of the area and natural history and tips **Explorer's Guide 50 Hikes on Tennessee's Cumberland Plateau: Walks, Hikes, and Backpacks from the Tennessee River Gorge to the Big South Fork and throughout the Cumberlands** Johnny Molloy, 2012-03-05 Experience great hiking in the scenic swath of Tennessee between Nashville and Knoxville Tennessee s Cumberland Plateau a wide tableland cut with a dizzying array of deep gorges is a geological wonderland It is a place to behold and a place to savor This new entry in the trusted series details 50 hikes on the plateau from the Big South Fork National River from the thousand foot gorge cut by the mighty Tennessee River down Chattanooga way to the watery beauty of Virgin Falls by Sparta It will encourage you to get out and enjoy the treasures of Tennessee s unspoiled Cumberland Plateau Specific emphasis is placed on the most scenic destinations and the unique places that make the plateau so special places like the Great Stone Door with its sandstone formations and vertical rock walls and Cumberland Mountain State Park with its ancient trees and evidence of human history Also included are comprehensive maps for each hike scenic photos and a Hikes at a Glance table that makes choosing your desired hike a breeze Explorer's Guide 50 Hikes in Alabama Johnny Molloy, 2010-10-04 A hike for every interest and ability Alabama has so many great hikes to offer including those in national and state parks and forests and in national wildlife refuges In this book the emphasis is on the most scenic destinations and unique places that help make Alabama so beautiful like the rock

formations of the Wall of Jericho or the dunes of Bon Secour Many hikes described here are off the beaten path treks to lesser known sites such as Needles Eye and Blue Spring they show visitors the state s wide range of beauty and biodiversity Others take place at various spots along the Pinhoti Trail the master path through Alabama s mountains **Explorer's**

Guide 50 Hikes in South Carolina: Walks, Hikes & Backpacking Trips from the Lowcountry Shores to the Midlands to the Mountains & Rivers of the Upstate Johnny Molloy,2007-06-04

Seasoned hiking author Johnny Molloy details 50 hikes of varied lengths and difficulties throughout verdant South Carolina from the Chattooga River to the varied terrain of the Midlands including Congaree National Park all the way to the Lowcountry land of beaches and forgotten swamps and designated wildernesses Specific emphasis is placed on the most scenic destinations and unique places that make the Palmetto State special Each hike includes a helpful information section trail map trailhead directions and stunning photographs with intriguing commentary about the human or natural history along the way **Backpacker** ,1999-04

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