

# THE TRIBE OF THE THIN ANKLES

SURVIVING, STRIVING AND  
THRIVING WITH CHARCOT-  
MARIE-TOOTH DISEASE



Clark Semmes



# Tribe Thin Ankles Surviving Charcot Marie Tooth

**J Ma**



## **Tribe Thin Ankles Surviving Charcot Marie Tooth:**

The Tribe of the Thin Ankles Clark Semmes,2015-11-29 Stories of amazing individuals who are surviving striving and thriving with Charcot Marie Tooth disease      **Charcot-Marie-Tooth Disease and Wellness** Crabtree, Linda,CMT International,1992      Walk A Mile In My Braces Youth of the Cmta,2021-11-26 Walk A Mile In My Braces is a journey through the experience of challenge as taught by the young 75 youth who all experience Charcot Marie Tooth Disease CMT share their joys their struggles and the wisdom they have learned by walking through life with challenge Prepare to be inspired by all that these young authors share with regards to their scars lessons learned and gifts received by rising to their challenge      Charcot Marie Tooth Disease Patrick Marshwell,2022-10-07 The term Charcot Marie Tooth disease usually abbreviated as CMT refers to a group of inherited conditions that affect the nerves in the extremities and can lead to nerve damage Jean Martin Charcot Pierre Marie and Howard Henry Tooth were the physicians who originally characterized the sickness in 1886 The condition was given their names in honor of their contributions According to mda org there are around 19 cases of CMT for every 100 000 persons who are part of the general population CMT is distinguished by the gradual deterioration of muscular strength and atrophy as well as a loss of sensation in the extremities particularly the hands and feet The symptoms of CMT normally start appearing in childhood or adolescence and the condition typically advances gradually throughout one s lifetime However some treatments can help to reduce symptoms and slow the progression of the condition Although there is no cure for CMT at this time there are treatments available With the assistance of various assistive technology and adaptive equipment some people who have CMT can live lives that are close to normal Diet and nutrition are also very significant factors to consider while trying to alleviate the symptoms of CMT In this beginner s guide we ll cover the following in detail What causes Charcot Marie tooth disease What are the genetic factors that Cause CMT Disease What are the symptoms of Charcot Marie tooth disease How is Charcot Marie tooth disease diagnosed Who is at risk to get Charcot Marie tooth disease What are the complications of Charcot Marie Tooth disease How to manage Charcot Marie tooth disease through diet and nutrition Managing CMT through natural methods and lifestyle changes So let s get started      *Living with CMT* Dawn Johnson,2020-10-29 Welcome to the world of Charcot Marie Tooth CMT disease a rare progressive and hereditary neurological condition Author Dawn Johnson takes readers through the physical challenges the toll on the body passing the disease on to her son numerous surgeries and ongoing treatments She addresses the emotional toll as well weighing in on the societal issues of bullying lack of CMT awareness giving back and paying it forward Most of all Dawn s spiritual journey is inspirational As a wife mother daughter co worker and friend she shares a raw and courageous view of coping while trusting God s plan for her life      **Charcot-Marie-Tooth Disease** ,1982      Charcot-Marie-Tooth Josh Anderson,2015      *The Patients' Guide to Charcot-Marie-Tooth Disorders* Francisco Gondim,Florian Thomas,Richard Lewis,Steven Scherer,Stephen Zuchner,Jeffrey Vance,Jose Berciano,M. K. Nagai,Gilbert Chan,S. Jay Kumar,Michael

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