

The Traumatic Past and Uncertain Future of South Sudan

*Perspectives from Social Responsibility on Local and Global issues
& the relentless struggle for education.*



Nhial Thiwat Ruach

Traumatic Uncertain Future South Sudan

Nhial T. Ruach



Traumatic Uncertain Future South Sudan:

The Traumatic Past and Uncertain Future of South Sudan Nhial Thiwat Ruach, 2015-11-25 This book examines post colonial and post independence challenges facing South Sudan both external and internal factors as it transitions into becoming a nation state Other focuses are issues that hinder the implementation of good governance delivery of services to the people preservation of the environment and natural resources and the unity among South Sudans multiple ethnicities The book also briefly touches on my personal journey in pursuit of elementary and higher education a rough journey that began in a country that has been ravaged by a civil war Therefore it would serve as informative and inspirational to those who may face difficult experiences as a refugee or emigrants In addition this book supposed to be published in the summer of 2013 however the author was caught in a civil war that broke out while on a visit in South Sudan and he escaped near death twice in the Juba massacres of the Nuers and the attack on his home town of Ulang all were carried out by the South Sudan military ordered by countrys leader Salva Kiir Mayardit As a result the author was stranded in the remote area of South Sudan for more than a year before he could finally return to the United States Since this book is written from Social Responsibility and Social Justice perspectives it addresses some of the issues that affect individual and the society as whole And some of the Issues covered in this book were among the forecasting challenges and problems that are now facing people of South Sudan under the leadership of Salva Kiir and some of them came to reality as I predicted them during the writings of this book

The Traumatic Past and Uncertain Future of South Sudan Nhial T. Ruach, 2013 My Life Is Art Emmanuel Jal, 2024-12-10 Drawing on lessons from his remarkable life former child soldier turned activist author entrepreneur and international recording artist Emmanuel Jal provides his eleven pillars for overcoming adversity and living a life of purpose Who owns your mind Beginning with this provocative question Emmanuel Jal invites readers to claim ownership over the narratives that define their lives in order to become a force for good in the world As a child growing up in South Sudan Jal witnessed atrocities perpetrated against his family and community These actions drove him to become a child soldier in a vicious civil war Hunger isolation and the ever present specter of death in battle attended his every moment Yet his greatest challenge did not come from outside it arose from within from the corrosive nature of hopelessness trauma and narratives of victimization Rather than succumb to these forces of negativity Jal turned his life s challenges into opportunities by utilizing a comprehensive framework he developed around eleven pillars of support These pillars can be utilized individually or as a unit to help build a durable internal structure that allows anyone to overcome adversity regain joy and gratitude and live a life of purpose that enriches the greater community

The Routledge Handbook of Refugee Narratives Evyn Lê Espiritu Gandhi, Vinh Nguyen, 2023-02-17 This Handbook presents a transnational and interdisciplinary study of refugee narratives broadly defined Interrogating who can be considered a refugee and what constitutes a narrative the thirty eight chapters included in this collection encompass a range of forcibly displaced subjects a mix of geographical

and historical contexts and a variety of storytelling modalities Analyzing novels poetry memoirs comics films photography music social media data graffiti letters reports eco design video games archival remnants and ethnography the individual chapters counter dominant representations of refugees as voiceless victims Addressing key characteristics and thematic of refugee narratives this Handbook examines how refugee cultural productions are shaped by and in turn shape socio political landscapes It will be of interest to researchers teachers students and practitioners committed to engaging refugee narratives in the contemporary moment The Open Access version of this book available at <http://www.taylorfrancis.com> has been made available under a Creative Commons Attribution Non Commercial No Derivatives CC BY NC ND 4.0 license

Women and Wars Carol Cohn, 2013-09-04 Where are the women In traditional historical and scholarly accounts of the making and fighting of wars women are often nowhere to be seen With few exceptions war stories are told as if men were the only ones who plan fight are injured by and negotiate ends to wars As the pages of this book tell though those accounts are far from complete Women can be found at every turn in the gendered phenomena of war Women have participated in the making fighting and concluding of wars throughout history and their participation is only increasing at the turn of the 21st century Women experience war in multiple ways as soldiers as fighters as civilians as caregivers as sex workers as sexual slaves refugees and internally displaced persons as anti war activists as community peace builders and more This book at once provides a glimpse into where women are in war and gives readers the tools to understand women's told and untold war experiences in the greater context of the gendered nature of global social and political life

Contemporary Africa Matthew Graham, 2018-10-12 This textbook offers a critical introduction to the study of Africa drawing on scholarship from a range of academic disciplines A comprehensive discussion of the continent's geography and history provides a backdrop to broad ranging coverage of its social economic political and cultural composition as well as its future prospects Moreover moving beyond the all too common tendency to view Africa as a single homogeneous entity Graham provides a nuanced overview that challenges preconceptions and stereotypes Written in a sophisticated yet accessible style and supported by a range of pedagogical features this book introduces undergraduate students from a range of different disciplinary backgrounds to the contemporary study of Africa

Trauma Counseling Lisa Lopez Levers, 2012-03-15 A worthy addition to a graduate training bookshelf I was a bit daunted by the large almost 600 page book that landed on my desk but once I started reading it I had a hard time putting it down Melanie D Hetzel Riggins PhD Penn State Journal of Trauma and Dissociation This book is heavy in weight and heavy in substance It may be that you will not read this book from cover to cover but it is likely that you will jump in and out and often Illness Crisis and Loss Lisa Lopez Levers's work delivers an important contribution to enable beginning professionals to be familiarised with the basics of trauma and to provide specialists with her hidden gems of insight Her decision to cover trauma in its broadest sense allows her textbook to provide innovative insights into real world concepts such as hate racism oppression and evil in respect to trauma Intervention Trauma Counseling is a comprehensive

multidisciplinary guide to the theory and treatment of survivors of a broad spectrum of traumatic events including interpersonal violence hate crimes school violence community violence natural disasters and war and terrorism It is written by a Fulbright scholar who is internationally recognized for her work with traumatized populations in Rwanda several southern African countries Russia and the United States It also includes the contributions of researchers from the United States Australia Africa and Europe The book discusses evidence based trauma assessment and intervention techniques and integrates the latest findings from neuropsychology and psychopharmacology It focuses on issues of loss and grief survivorship and disability genocide natural disasters the impact of war on civilians and veterans and the distinct effects of trauma in early childhood childhood and adolescence Also addressed are ethical perspectives and methods of self care for counselors who work with this population The text will be of value to graduate counseling students and professional counselors as well as social workers psychologists psychiatric nurses and other human service providers who will be able to attend to trauma survivors with a depth of knowledge and confidence The contents of Trauma Counseling not only fulfill but exceed the requirements of The Council of Accreditation and Counseling and Related Educational Program CACREP standards

Key Features Addresses the theory and treatment of trauma survivors of interpersonal violence hate crimes school violence community violence natural disasters and war and terrorism Provides a multidisciplinary approach to treatment that integrates findings from neuropsychology and psychopharmacology Includes evidence based counseling techniques Illuminates the intersections of trauma crisis and disaster issues exceeding related requirements of CACREP standards Examines ethical dimensions and the need for self care among trauma counselors Emphasizes the relevance of clinical supervision in trauma care Offers topic relevant resources at the end of each chapter

Child, Adolescent and Family Refugee Mental Health Suzan J. Song, Peter Ventevogel, 2020-06-15 More than half of the 25.9 million refugees in the world are under the age of 18 and the mental health of these children and adolescents constitutes a growing global public health priority Refugee children and their families are at increased risk to develop mental health problems but they often face major challenges in accessing adequate treatment and mental health professionals frequently feel ill equipped to assist this group Refugees are faced with a plethora of issues including the ambiguous loss of loved ones psychological trauma related to past experiences of violence and atrocities the complexities of daily life as a refugee and the challenges to adapt to new systems of care and support Refugees' life circumstances all too often undermine their agency as they face discrimination stigma and social isolation or exclusion Refugees are frequently disconnected from the usual family and community supports that they once had which creates additional mental distress As parents struggle with these changes their children often find it even more difficult to adapt and connect with them This all leads to increased prevalence of mental health conditions among refugees Humanitarian policies recommend family centered interventions that are multi sectoral multi disciplinary and focus on optimizing resource utilization Over the last decade a considerable body of research has emerged around socio ecological

models of mental health family and community approaches and resilience and strengths based theories but these insights are insufficiently incorporated in the practice of mental health care for refugee children Clinicians often struggle to grasp the common unique stressors that families face and are not familiar with working with families as units for intervention Using culturally and contextually informed assessment methods and family oriented management approaches not only help individual children or adolescents but also their families This book aims to provide an overview of the latest theoretical insights from research on sociocultural aspects of mental health and connect these with clinical insights from practical mental health care provision Using strengths based resiliency oriented and family centered approaches can enrich clinical practice in refugee mental health but clinicians need to translate the emerging evidence into concrete steps and interventions This requires additional skills for the assessment and management of mental health conditions in refugee children and families The chapters in this book are written by a diverse group of authors using global multi disciplinary approaches The chapters provide examples from various contexts including refugees who are displaced to neighboring countries refugees on the move and refugees and asylum seekers in resettlement settings This book is therefore a unique resource for clinicians researchers and policy makers working on mental health issues of refugee children and adolescents around the world

Minority and Indigenous Trends 2018: Focus on migration and displacement Peter Grant, Carl Söderbergh, 2018-09-12 Conflict urbanization climate change globalization and a host of other factors are contributing to the current era of mass migration and displacement But while hundreds of millions of people are on the move between different cities countries and continents within this larger process there is also a distinct minority and indigenous experience that can shape every step of the journey Indeed though the specific role that identity can play is not always recognized for many communities this may be at the heart of their decision to migrate Understanding migration from a minority and indigenous rights perspective provides an important lens to assess the dynamics of different stages of the journey the exclusion and persecution that can drive the initial decision to migrate the ways that discrimination can profoundly shape the experiences of migrants in transit and the continued presence of ethnic or religious prejudice even for those fortunate enough to reach their intended destination But while all too often migration may only replicate the cycle of exclusion it can also offer the possibility of safety and better opportunities for marginalized communities This volume explores some of the key forces shaping minority and indigenous migration across the world today with regional case studies illustrating the particular challenges faced by different groups Together they illustrate the importance of a rights based approach to migration prioritizing protection and inclusion including of those belonging to minorities and indigenous peoples instead of containment or deportation

Trauma-sensitivity and Peacebuilding Lydia Wanja Gitau, 2017-08-18 This book identifies a gap in peacebuilding theory and practice in terms of sensitivity to trauma and its impact on the survivors of war and other mass violence The research focuses on the traumatic experiences and perceptions of peace of South Sudanese refugees in

Kakuma Refugee Camp in Northwestern Kenya It further explores the possibilities for peacebuilding identified in these perceptions A lack of sensitivity to the trauma experienced by the survivors of conflict and mass violence leads to interventions that are at best removed from and at worst detrimental to the welfare of the survivors Interventions that take into consideration the complex and multifaceted ways in which the survivors experience and respond to the traumatic events encourage capacities for resilience in the survivors engage the creative arts in peacebuilding and emphasise the centrality of community and relationships are seen to assist the survivors in recovery from trauma and to facilitate peacebuilding Diverse anecdotes and real life stories from the research participants The journey as a recurring motif throughout the book weaved in a clear easy to read style of writing

Decoding **Traumatic Uncertain Future South Sudan**: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Traumatic Uncertain Future South Sudan**," a mesmerizing literary creation penned by a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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