

# TRAUMA

## Primary Survey (A-B-C-D-E)

**A**irway Patency (done w/c-spine collar)

**B**reathing - are they breathing on their own?

**C**irculation - blood/fluid loss? Pulses? Cap refill?

**D**isability - neuro/LOC

**E**xpose?

Secondary Survey:  
- VITALS  
- Wound checks  
- Most complete  
- full set of data  
- before moving onto secondary

## START METHOD:

**S**ample

**I**mage

**A**nd

**R**apid

**T**reatment

Start triage tags

Don't Golden Hour?

## SALT METHOD

**S**ort

**A**ssess

**L**ife saving interventions

**T**reat/transport

Secondary Survey:  
- VITALS  
- Wound checks  
- Most complete  
- full set of data  
- before moving onto secondary

## Secondary Survey (F-G-H-I)

done 2nd

**F**ull set of vitals, FAST (focused abd. Sonography & trauma assessment), Family, Five Intervent; EKG, Pulse ox, Foley, NG, Labs

**G**ive comfort measures, Get accu-check, IF Gurt- Preg test!

**H**istory (AMPLE)

Allergies

Medication

Past medical hx

Last meal

Events surrounding incident!

Hand antibiotics

Head-to-toe assess

**I**nspect backside of Pt, inject tetanus!

Done following Primary

ETPOUS  
on primary always

Difficult on 2nd pass  
- when 2nd pass  
- ABC  
- Disposition  
- Responder  
- Responder  
- Responder

## ESI Emergency severity index

Lvl 5 in triage in ER are assigned ESI score based on history/trauma

Level 1 - Cardiac arrest / full trauma

Level 2 - Chest pain / stroke symptoms

Level 3 - Abdominal pain, fractured ortho injuries

Level 4 - uncomplicated UTI / laceration

Level 5 - Chills, media, conjunctivitis, etc

## Tag colors

Red - immediate medical attention - 2%\*

Green - able to ambulate by self - 5%\*

Yellow - delayed medical attention - 15%\*

Black - almost dead - waste time - 1%\*

## Tertiary trauma survey: repeat of survey to see what was missed

done 24 hrs. post incident - when ask pt Q's to go

Lvl 1 is awake + alert



# Trauma Nursing Study Guide

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