



Tidy's Physiotherapy

14th EDITION

Edited by
Stuart Porter



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Tidys Physiotherapy 14e Physiotherapy Essentials

Stuart Porter



Tidys Physiotherapy 14e Physiotherapy Essentials:

Tidy's Physiotherapy E-Book Stuart Porter, 2008-04-01 The essential book to refer to whether you're just starting out or about to go on placement or need to look up something for an assessment the 14th edition of Tidy's Physiotherapy is up to date and ready to meet the needs of today's physiotherapy student Chapters are written by specialists who have come from a wide range of clinical and academic backgrounds Each chapter encourages you to problem solve and provides case studies to give the opportunity to consolidate learning and to give you confidence when you need to apply what you have learned For the first time a DVD ROM is included which contains sections on musculoskeletal tests massage and exercise and graphics which can be used for revision presentations and even teaching New techniques include core stability and muscle imbalance techniques keeping the student informed of current developments Hot topics covered including NHS structure the role of research and clinical governance Case studies included to help the student think about their reading in a real life context New text design with redrawn and updated illustrations means the book is easier to navigate Totally updated for today's physiotherapist High quality annotated art illustrations Case studies which provide further insights into the physiotherapist's clinical reasoning Web links DVD containing videoclips and downloadable photographs Additional chapters on Care of the Ventilated Patient Cardiac and Pulmonary Rehabilitation Management of Tissue Healing and Repair Massage Electrotherapy Pain and Changing Relationships for Promoting Health Part of the Physiotherapy Essentials series core textbooks for both students and lecturers

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Tidy's Physiotherapy Stuart Porter, 2013-03-21 A classic textbook and a student favourite Tidy's Physiotherapy aims to reflect contemporary practice of physiotherapy and can be used as a quick reference by the physiotherapy undergraduate for major problems that they may encounter throughout their study or while on clinical placement Tidy's Physiotherapy is a resource which charts a range of popular subject areas It also encourages the student to think about problem solving and basic decision making in a practice setting presenting case studies to consolidate and apply learning In this fifteenth edition new chapters have been added and previous chapters withdrawn continuing its reflection of contemporary education and practice Chapters have again been written by experts who come from a wide range of clinical and academic backgrounds The new edition is complemented by an accompanying online ancillary which offers access to over 50 video clips on musculoskeletal tests massage and exercise

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Psychologically Informed Physiotherapy E-Book Stuart Porter, 2016-11-18 Psychologically Informed Physiotherapy is a key new textbook for those who need a trusted and comprehensive resource to guide them in applying psychosocial perspectives to their physiotherapy practice. The first of its kind, this textbook brings together an international and interdisciplinary team of leading experts in the field. Together they present an evidence-based range of ideas and concepts around the psychologically informed practice framework, bringing psychosocial aspects of physiotherapy to the fore alongside the established biomedical model. By applying these aspects to screening, exploration, and triaging, physiotherapists are better able to identify the origins of pain and barriers to rehabilitation and so are more likely to achieve consistently good clinical outcomes for their patients. Throughout clinical case studies ensure that the theory is then grounded in a variety of practical scenarios, after which some reflective exercises and clinically relevant scenarios reinforce learning and understanding. Chapters on Psychology of professional identity in health care, The biopsychosocial model, Screening for red flags, Adapting interactions with others to form empowering relationships and influence behavioural change, Neuro-immune-endocrine interactions and clinical practice in stress, pain and recovery, Care of the anxious patient through cognitive and person-centred strategies, Alternative and evolving models of practice including the clinical flag system, The psychology of the athlete from the physiotherapist's perspective, Using counselling and psychological strategies within physiotherapy, Making evidence-based decisions and measuring effectiveness in practice, Using psychological interventions as a student or new graduate. First textbook of its kind for physiotherapists. Ideal confidence booster for both students and practitioners new to the subject. Illustrates the role social factors have on thoughts, emotions, and behaviour in patients as well as the neurobiological manifestations of social stressors. Presents key evidence-based concepts from leading international academics, clinicians, and researchers in the field and across a range of health professions including counselling and psychology. Essentials of Physiotherapy Clinical Practice Aiman Niaz Pt, 2019-06-29 Starting a clinical practice is exciting and challenging as well. ESSENTIALS OF PHYSIOTHERAPY CLINICAL PRACTICE provides invaluable guidance for clinical practice, allowing physiotherapy students and professionals to practice with ease and confidence. This clear, readable text delivers what you need to know, content along with the essential basis to follow in physiotherapy clinical practice that physiotherapists need to succeed in their future careers. It is a powerful tool and a pocket guide to help physiotherapists in following clinical practice. Presents key clinical concepts for assessment, documentation. Provides a logical, clinically reasoned approach to write physiotherapy prescription. Evidence-based approach to write case study. Guidelines to follow in oral case presentation. Emphasizes a physiotherapy diagnosis based on patient's/client's level of functioning.

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