



Whiskey

A Global History

Kevin R. Kosar

THE EDIBLE SERIES

Whiskey A Global History Reaktion Books Edible

Helen Saberi



Whiskey A Global History Reaktion Books Edible:

Whiskey Kevin R. Kosar, 2010-10-15 A Manhattan or a Sazerac neat on the rocks or with a splash of soda no matter how it is served up whiskey is synonymous with the poet's inspiration and the devil's spirit Be it bourbon rye corn Irish or Scotch whiskey has an infamous and celebrated history from a sometimes lethal herb infused concoction to a high quality meticulously crafted liquor In Whiskey Kevin R Kosar delivers an informative concise narrative of the drink's history from its obscure medieval origins to the globally traded product that it is today Focusing on three nations Scotland Ireland and America Kosar charts how the technique of distillation moved from ancient Egypt to the British Isles Contrary to popular claims there were no good old days of whiskey before the twentieth century consumers could never be sure just what was being poured in their cup unscrupulous profiteers could distill anything into booze and pawn it off as whiskey Eventually government and industry established legal definitions of what whiskey is and how it could be made allowing for the distinctive styles of whiskey known today Whiskey explains what whiskey is how it is made and how the types of whiskey differ With a list of suggested brands and classic cocktail recipes for the thirsty reader this book is perfect for drink and food enthusiasts and history lovers alike

Edible Insects Gina Louise Hunter, 2021-09-16 From grasshoppers to grubs an eye opening look at insect cuisine around the world An estimated two billion people worldwide regularly consume insects yet bugs are rarely eaten in the West Why are some disgusted at the thought of eating insects while others find them delicious Edible Insects A Global History provides a broad introduction to the role of insects as human food from our prehistoric past to current food trends and even recipes On the menu are beetles butterflies grasshoppers and grubs of many kinds with stories that highlight traditional methods of insect collection preparation consumption and preservation But we not only encounter the culinary uses of creepy crawlies across many cultures We also learn of the potential of insects to alleviate global food shortages and natural resource overexploitation as well as the role of world class chefs in making insects palatable to consumers in the West

Truffle Zachary Nowak, 2015-04-15 What is a truffle Is it the ber shroom the highest order of fungal foods Does it arrive as some cultures feel in the moment of a thunderclap One thing is for sure despite its unappetizing appearance the truffle is without a doubt one of the most prized ingredients in the world's pantry In this book Zachary Nowak digs deep into the history and fame of this unlikely of luxury items exploring the truffle's intoxicating hold on our senses how its distinctive flavor has become an instant indication of haute cuisine Nowak traces the truffle's journey from the kitchens of East Asia to those of Europe and the Americas Balancing cultural historical and scientific perspectives he offers a thorough and complete portrait of this many sided mushroom By comparing the truffle's history in the Old World with its growing prominence in the New World he tells a larger story of the growth and dynamism of modern Western cuisine and food cultures Featuring many instructive and surprising illustrations and numerous recipes both historical and contemporary this unique and fascinating book is a must read for chefs food historians and anyone ever drawn by the truffle

s mysterious rich and savory allure **Sauces** Maryann Tebben,2014-09-15 Where would eggs benedict be without hollandaise spaghetti without Bolognese tortilla chips without salsa or French fries without ketchup A world without sauces is a dull and dry world indeed But what exactly are sauces How did they become a crucial element in every country s cuisine Maryann Tebben answers these questions in this flavorful history giving sauces their due as a highly debatable but essential part of our culinary habits Tebben begins in fifth century China with its many fermented sauces then follows them along trade routes from East to West as they become a commodity and helped seafarers add flavor to their rations Tracing the evolution of food technology she explores the development of the art of sauce creation and examines the foams ices and smokes barely recognizable as sauces that are found in the increasingly popular world of molecular gastronomy Tebben also investigates the many controversies that have sprung up around sauces how salsa has overtaken ketchup in popularity in the United States and how British Worcestershire sauce actually originated in India and offers tantalizing historical comparisons such as that between ketchup and Tabasco A charming look at the source of soy sauce mole beurre blanc and more Sauces will please expert chefs and novice sauciers alike

Melon Sylvia Lovegren,2016-04-15 Sweet succulent cooling and often with a beguiling floral fragrance a ripe melon can be one of the most delicious things you sink your teeth into As Sylvia Lovegren shows in this book the melon s complex flavor profile is matched by an equally complex history Cutting into the melon s past she takes us on a whirlwind trip around the world from the sandy stretches of the Kalahari desert to the ancient kingdom of Ur in Mesopotamia from the exotic oases of the Silk Road to Jesuit outposts in northern Canada from slave plantations in Brazil to Japanese farms where perfect melons are grown in glass boxes and sold at exorbitant prices Along the way Lovegren details the impact the melon has had on humankind Moving from ancient and medieval medical recipes to folk tales stories growing contests and genetics she explores the diverse ways we have cultivated enjoyed and sometimes even feared this fruit She explores how we have improved modern melons over centuries of breeding and how some growers and scientists today are trying to preserve and even revive ancient melon strains Richly illustrated and with a host of ancient medieval and modern recipes Melon is a delightful look at the surprising history of one of the world s most sumptuous fruits

Fats Michelle Phillipov,2016-06-15 Butter oil tallow lard schmaltz nutritionally crucial yet often villainized at once rich yet cheap fat is one of the most paradoxical categories of foods we consume Shaping every cuisine on earth fats in their various forms come with myriad cultural and symbolic meanings playing an important role for a variety of people from poor farmers to decadent aristocrats Fats tells the story of this extraordinary substance alternately reviled and revered but nonetheless always a crucial part of our diets Michelle Phillipov considers the changing fates and fortunes of fats across time and around the globe From their past associations with prestige and social authority to their links to fast food and overindulgence in modern times she explores the different meanings debates and controversies that have surrounded this staple food which has been both an invaluable source of nutrition and the bane of public health concerns She also looks to its

current renaissance in media and popular culture and the renewed appreciation it enjoys as an important part of traditional foodways that stretch back all the way to prehistoric times when the Paleo diet was even more popular than it is today Dripping with recipes from around the world Fats reveals and celebrates that one ingredient that makes everything taste better **Water** Ian Miller, 2015-04-15 Other than air the only substance more vital to life is water Our bodies brim with it and if we're deprived of it for even a few days the results can be fatal Our planet too is mostly water with oceans across approximately seventy percent of its surface But potable water has in many times and places been a scarce resource and with Water Ian Miller traces the history of our relationship with drinking water our attempts to find it keep it clean and make it widely available Miller's history ranges widely from ancient times to the present exploring all the many ways that we've rendered water palatable from boiling it for tea or distilling it as part of alcoholic beverages to piping it from springs bubbles and all He covers the histories of water treatment and supply belief in its medicinal powers and much more all supported by fascinating historical illustrations As access to fresh water becomes an ever more potent problem worldwide Miller's book is a fascinating reminder of our long engagement with this most vital fluid **Doughnut** Heather Delancey Hunswick, 2015-09-15 Doughnuts like hot dogs and apple pie are widely seen as a quintessentially American food But their story is much older one that began in the Old World Doughnut A Global History reveals the long history and wide reach of these deep fried dough delights Heather Hunswick takes readers on an exciting ride from pre history to Ancient Egypt and Rome through medieval and Renaissance Europe and up to the New World Here doughnuts evolved from the open hearth to the present with its many old and familiar local favorites popular commercial brands and new waves of mouth watering artisanal creations It's a story that encompasses not just culinary history but the doughnut's role in art and culture health and social changes and fad and fashion So pour a cup of coffee and settle in for a great read one sure to delight doughnut lovers and food historians alike **Sugar** Andrew F. Smith, 2015-04-15 It's no surprise that sugar has been on our minds for millennia First cultivated in New Guinea around 8 000 B C E this addictive sweetener has since come to dominate our appetites whether in candy desserts soft drinks or even pasta sauces for better and for worse In this book Andrew F Smith offers a fascinating history of this simultaneously beloved and reviled ingredient holding its incredible value as a global commodity up against its darker legacies of slavery and widespread obesity As Smith demonstrates sugar's past is chockfull of determined adventurers relentless sugar barons and plantation owners who worked alongside plant breeders food processors distributors and politicians to build a business based on our cravings Exploring both the sugarcane and sugar beet industries he tells story after story of those who have made fortunes and those who have met demise all because of sugar's simple but profound hold on our palates Delightful and surprisingly action packed this book offers a layered and definitive tale of sugar and the many people who have been caught in its spell from barons to slaves from chefs to the countless among us born with that insatiable devil the sweet tooth **Offal** Nina Edwards, 2013-06-01 Offal has the same

pronunciation as awful an appropriate homophone given that offal comprises the whole spectrum of an animal's glands essential organs skin muscle guts and every unmentionable in between Yet as Nina Edwards shows in this intriguing history offal has been consumed and enjoyed across ages and continents often hidden by the rich variety of terms like foie gras and sweetbread that have evolved to veil their origins Edwards dissects the complicated relationship we have with offal and the extreme reactions it inspires asking if we can enjoy a pig's heart a cow's eyes or a sheep's brain when it reminds us so viscerally of our own flesh and blood She explores the offal dishes that are specific to regional cuisines and holidays such as Scottish haggis Jewish chopped liver and Southern states chitterlings As she reveals offal is a food of contradictions it is high in nutrients but also dangerously high in cholesterol and it can range from expensive haute cuisine to a cheap alternative for the impoverished From tongue in Sichuan and gizzard stew in Rio de Janeiro to spicy cartilage in Calcutta Offal sheds new light on the sometimes stomach churning foods we consume

Soup Janet Clarkson, 2010-10-15 From the restorative powers of chicken soup on a sick day to the warmth of a bowl of chowder on a wintry night there is no food quite as comforting and emblematic of home as soup Soup as Janet Clarkson tells us is the first true culinary creation of humanity and it has made a long journey from the prehistoric cave to the kitchen table and the white linens of Michelin starred restaurants Tracing its myriad reinventions through history and across the globe Clarkson argues in Soup that it is the only truly universal dish every culture in the world makes soup and it is widely valued as a dish adaptable for any situation From the swill of the poorhouse to the most delicately crafted consommé Clarkson explores how soup got its name and describes the different roles of soup in Eastern and Western cuisine Featuring the national soups of many countries and including an assortment of anecdotes and recipes taken from seven centuries of culinary history Soup entertains as much as it informs telling of how the history of the restaurant itself is intricately interwoven with the very concept of soup With enthusiasm and detailed research Clarkson's entertaining history is a nutrient rich meal for the mind sure to be devoured as happily as its subject Publishers Weekly on Clarkson's Pie

Hot Dog Bruce Kraig, 2009-05-01 Char grilled or boiled Sauerkraut or chili Mustard or ketchup Vienna Beef or Sabrett Only these questions could be raised about one of the world's favorite backyard picnic ballgame and street foods the hotdog Though nearly two billion hot dogs are consumed by Americans annually in the month of July alone there is absolutely no consensus on which is the right way to serve up a hotdog In Hot Dog well known food historian Bruce Kraig recounts the history of this popular tube steak from the origin of the sausage 20 000 years ago to its central place in American culture today Kraig discusses the many brands including Hebrew National Pearl Sabrett and Vienna Beef and the regional variations that go along with them like kosher style New York dogs loaded with mustard and sauerkraut New England dogs with Boston Baked Beans and fully loaded Chicago style hotdogs complete with mustard onion relish sport peppers a dill pickle spear a dash of celery salt and tomato slices but never ever ketchup Hot Dog covers the other international sausages like bologna and bockwurst as well and explores some of the apocryphal tales of the hotdog in

history like the origin of its name and whether Queen Elizabeth II was truly served hotdogs on a visit to the White House

Packed with tasty facts and recipes Hot Dog reveals the rich history and passionate opinions about this seemingly ordinary food

Dates Nawal Nasrallah, 2011-04-01 In *Dates* Nawal Nasrallah draws on her experience of growing up in the lands of ancient Mesopotamia where the date palm was first cultivated to explore the history behind the fruit Dates have an important role in their arid homeland of the Middle East where they are a dietary staple and can be consumed fresh or dried as a snack or a dessert and are even thought to have aphrodisiac qualities In this history Nasrallah describes the central role the date palm has played in the economy of the Middle East This informative account of the date palm's story follows its journey from its land of origin to the far flung regions where it is cultivated today Along the way Nasrallah weaves many fascinating and humorous anecdotes that explore the etymology history culture religion myths and legends surrounding dates For example she explains how the tree came to be a symbol of the Tree of Life and associated with the fiery phoenix bird the famous ancient goddess Ishtar and the moon and how the medjool date acquired its name This delightful and unusual book is generously illustrated with many beautiful images and supplemented with more than a dozen delicious date recipes for savory dishes sweets and wine

Tea Helen Saberi, 2010-10-15 In *Tea* food historian Helen Saberi explores this rich and fascinating history Saberi looks at the economic and social uses of tea such as its use as a currency during the Tang dynasty its role in American independence at the Boston Tea Party afternoon tea drunk by the British in India and the 1913 creation of a tea dance or The Dansant that combined tea with tango

Lobster Elisabeth Townsend, 2012-01-01 Other than that it tastes delicious with butter what do you know about the knobbily armoured scarlet creature staring back at you from your fancy dinner plate Food writer Elisabeth Townsend here charts the global rise of the lobster as delicacy Part of the *Edible Series* *Lobster A Global History* explores the use and consumption of the lobster from poor man's staple to cultural icon From coastal fishing in the Middle Ages to the Industrial Revolution and modern times Townsend describes the social history of the consumption of lobsters around the world As well the book includes beautiful images of rarely seen lobsters and both old and contemporary lobster recipes Whether you want to liberate lobsters from their supermarket tanks or crack open their claws this is an essential read describing the human connection to the lobster from his ocean home to the dinner table

Sandwich Bee Wilson, 2010-10-15 The humble peanut butter and jelly or bologna and cheese or corned beef on rye no matter your cooking expertise chances are you've made and eaten countless sandwiches in your lifetime It's quick it's simple and it's open to infinite variety and inventiveness If there's something bread or bun like in your cupboard there is a sandwich waiting to happen Though sandwiches are a near universal food their origin can be traced to a very precise historical figure John Montagu the Fourth Earl of Sandwich who sometime before 1762 being too busy to stop for dinner asked for some cold beef to be brought to him between two slices of bread In *Sandwich* award winning food writer Bee Wilson unravels the mystery of how the Earl invented this most elementary but delicious way of eating Wilson explores what sandwiches might

have been like before the eighteenth century why the name sandwich stuck and how the Earl's invention took off so quickly around the globe Wilson brings together a wealth of material to trace how the sandwich has evolved looking at sandwiches around the world from the decadent meatball hoagie to the dainty cucumber tea sandwich Loved the world over this popular food has surprisingly never before been the subject of a book length history until now *Ice Cream* Laura B.

Weiss,2012-01-01 Be it soft serve gelato frozen custard Indian kulfi or Israeli glida some form of cold sweet ice cream treat can found throughout the world in restaurants and home freezers Though ice cream was once considered a food for the elite it has evolved into one of the most successful mass market products ever developed In *Ice Cream* food writer Laura B Weiss takes the reader on a vibrant trip through the history of ice cream from ancient China to modern day Tokyo in order to tell the lively story of how this delicious indulgence became a global sensation Weiss tells of donkeys wooed with ice cream cones Good Humor loving World War II era German diplomats and sundaes with names such as Over the Top and George Washington Her account is populated with Chinese emperors English kings former slaves women inventors shrewd entrepreneurs Italian immigrant hokey pokey ice cream vendors and gourmand American First Ladies Today American brands dominate the world ice cream market but vibrant dessert cultures like Italy's continue to thrive and new ones like Japan's flourish through unique variations Weiss connects this much loved food with its place in history making this a book sure to be enjoyed by all who are beckoned by the siren song of the ice cream truck Champagne Becky Sue

Epstein,2025-06-12 Newly revised and expanded a cultural history of the most famous of bubbly wines Now available in a revised and expanded new edition *Champagne* explores the history of sparkling wines and the people who make and enjoy them from Dom P rignon to Veuve Clicquot Becky Sue Epstein traces the bubbly's journey from the sixteenth century French monasteries to commercialized modern vineyards across Europe and the Americas Epstein explains the science of fizz proper storage and serving techniques and the distinction between champagne and other sparkling wines Whether you enjoy magnums of Cristal or prosecco *Champagne* is an elegant informative gift for wine lovers **Potato** Andrew F.

Smith,2020-02-19 From obscure Pre Columbian beginnings in the Andes Mountains to global popularity today the story of the potato is one of rags to riches In *Potato* esteemed culinary historian Andrew F Smith reveals the captivating story of a once lowly vegetable that has changed and continues to change the world First domesticated by prehistoric people in the Andes the potato has since been adopted by cultures around the globe For instance the potato was aggressively adopted by cooks in India and China where it has become a dietary staple In fact these two countries now stand as the world's largest potato producers Nonetheless despite its popularity in this era of both fast food and health consciousness the potato is now suffering negative publicity regarding its low nutritional value Its health benefits continue to be debated especially considering that the potato is most often associated with the ubiquitous but high calorie french fry *Potato* is a captivating read that provides a concisely written but thoroughly researched account of the history economy politics and gastronomy

behind this beloved starch as well as recipes As loaded with goodies as a well dressed baked potato this book is comforting and satisfying *Rum* Richard Foss, 2012-05-15 Yo ho ho and a bottle of rum A favorite of pirates the molasses colored liquid brings to mind clear blue seas weather beaten sailors and port cities filled with bar wenches But enjoyment of rum spread far beyond the scallywags of the Caribbean Charles Dickens savored it in punch Thomas Jefferson mixed it into omelets Queen Victoria sipped it in navy grog and the Kamehameha Kings of Hawaii drank it straight up In *Rum* Richard Foss tells the colorful secret history of a spirit that not only helped spark the American Revolution but was even used as currency in Australia This book chronicles the five hundred year evolution of rum from a raw spirit concocted for slaves to a beverage savored by connoisseurs Charting the drink s history Foss shows how rum left its mark on religious rituals it remains a sacramental offering among voodoo worshippers and became part of popular songs and other cultural landmarks He also includes recipes for sweet and savory rum dishes and obscure drinks as well as illustrations of rum memorabilia from its earliest days to the tiki craze of the 1950s Fast paced and well written *Rum* will delight any fan of mojitos and mai tais

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