READING ACTIVITY

| NAME: | CLASS: |
|-------|--------|

READ THE TEXT CAREFULLY AND ANSWER THE FOLLOWING QUESTIONS

Poctors tell us to eat more fruits and more vegetables. They tell us to drink more water and less fizzy drinks. But do we listen?? No, we continue to eat lots of junk food like pizza, sweets, chips, cakes and biscuits.

We are what we eat. If we keep putting bad things into our bodies every day, like lots of fats and sugar, we will see bad things happen to our body. Unhealthy food makes your body unhealthy. When you get older you start to have a lot of problems like heart diseases. We only think that burgers taste better than salad. We think that the juice we buy from the supermarket is more delicious than the juice we make at home. Burgers, French Fries and fizzy drinks may be delicious but they haven't got enough vitamins and minerals. Your body needs vitamins and minerals to grow healthy. Healthy food gives our body the vitamins and the minerals it needs.

People eat junk food because it is tasty but everybody can have a tasty meal at home. The only problem is that buying fresh products and cooking takes time. And people prefer to spend time doing other activities such as watching films, meeting friends, walking in parks and so on. I also like to do these activities but I am very careful of my body. If you want to be healthy, you should eat healthy food every day!!



Year 5 Comprehension Examples

Alan Horsfield

Year 5 Comprehension Examples:

Excel Selective Schools and Scholarship Mathematics Tests Alan Horsfield, 1997 Excel Test Skills Selective Schools and Scholarship Mathem atics Tests Year 5 6 is a comprehensive study guide for the select ive school and scholarship tests usually undertaken in Year 6 The book contains hundreds of multiple choice questions based on the three major strands of maths numeration measurement and space so students can prepare for exams with a minimum of stress and maximum resu Its This book is intended to give you the opportunity of doing a variety of guestions based on the three major strands of Mathematics N umeration Measurement and Space The more familiar you are with the ma terial the more confident you will feel and the better you will do in your tests In this book your child will find an in troductory section on how best to approach selective school and scholars hip test examinations hundreds of practice multiple choice gues tions answers to every question explanations that outline the thinking skills required for each question nine complet e practice tests **Spectrum Test Practice, Grade 5** Spectrum, Carson Dellosa Education, 2013-01-02 Help your child hit new heights in test taking with Spectrum Test Practice for grade 5 Aligned to current state standards this workbook gets kids ready using practice tests online exercises tips examples and answer sheets genuine to the real math and language arts assessments **Year, Grade 5** Thinking Kids, 2014-06-02 Complete Year for Grade 5 provides a whole year s worth of practice for essential school skills including verb tenses using quotation marks compound and complex sentences fractions working with multi digit numbers volume and more Thinking Kids R Complete Year is a comprehensive at home learning resource with 36 lessons one for each week of the school year Practice activities for multiple subject areas including reading writing language arts and math are included in each weekly lesson to ensure mastery of all subject areas for one grade level Complete Year lessons support the Common Core State Standards now adopted in most US states Handy organizers help parents monitor and track their child's progress and provide fun bonus learning activities Complete Year is a complete solution for academic success in the coming school year Excel Selective Schools and Scholarship English Tests Alan Horsfield, 1996 Excel Test Skills Selective Schools and Scholarship Writin g Tests Years 5 6 is a comprehensive study guide for the English p art of the selective schools and scholarship tests usually undertaken in Year 6 The book contains mostly multiple choice questions based on a wide variety of text types so students can prepare fully for the exam In this book your child will find an introductory section on the types of questions and resource material used over sixty tests using cloze passages spelling and grammar application and vocabulary and editing exercises tips to help you in test s ituations a convenient lift out answers section with expla nations that help you understand the skills required for each type of gu estion Note Excel Test Skills Selective Schools and Scholarship Writing Tests Years 5 6 is the same book as Excel Test Skills Selective Schools and Scholarship En glish Tests Years 5 6 Only the title has changed English Comprehension, English Comprehension: Year 2, Selective Schools and Scholarship General Ability Tests James A. Athanasou, 1999 Excel Tests Selective Schools

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