'A delicious, cleansing, funny wise and joyful book' Jane Gardam

WATERLOG

A Swimmer's Journey through Britain 👡

Roger Deakin

Waterlog A Swimmers Journey Through Britain

Roger Deakin

Waterlog A Swimmers Journey Through Britain:

Waterlog Roger Deakin, 2021-05-25 A Mother Jones Best Book of the Year A beautiful ode to the act of swimming outdoors Deakin's insistence on wild swimming for all is really an insistence on a better ecosystem for all The Atlantic A masterpiece of nature writing Roger Deakin's Waterlog is a fascinating and inspiring journey into the aguatic world that surrounds us In an attempt to discover his island nation from a new perspective Roger Deakin embarks from his home in Suffolk to swim Britain the seas rivers lakes ponds pools streams lochs moats and guarries Through the watery capillary network that braids itself throughout the country Deakin immerses himself in the natural habitats of fish amphibians mammals and birds And as he navigates towns private property and sometimes dangerous waters and inclement weather Deakin finds himself in precarious situations he s detained by bailiffs in Winchester intercepted by the coast quard at the mouth of a river and mistaken for a dead body on a beach The result of this surprising journey is a deep dive into modern Britain especially its wild places With enchanting descriptions of natural landscapes and a deep well of humanity boundless humor and unbridled joy Deakin beckons us to wilder waters and inspires us to connect to the larger world in a most unexpected way Thrilling vivid and lyrical Waterlog is a fully immersive adventure a remarkable personal quest a bold assertion of the swimmer's right to roam and an unforgettable celebration of the magic of water Deakin, 1999 Inspired by John Cheever's classic short story The Swimmer Roger Deakin set out from his moat in Suffolk to swim through the British Isles The result of his journey is a maverick work of observation and imagination From the Trade Paperback edition Waterlog Roger Deakin, 2011-05-31 Waterlog celebrates the magic of water and the beauty of wild Britain In 1996 Roger Deakin set out to swim the British Isles He swam in the sea in rivers in streams tarns lakes lochs ponds lidos swimming pools fens dykes moats aqueducts waterfalls flooded guarries and even canals This funny wise delightful book documents his journey It inspired a movement creating wild swimmers out of many readers Detained by water bailiffs in Winchester intercepted in the Fowey estuary by coastquards mistaken for a suicide on Camber sands confronting the Corryvreckan whirlpool in the Hebrides Deakin discovered just how much of an outsider the native swimmer is to his landlocked fully dressed fellow citizens Waterlog is a personal journey a bold assertion of the native swimmer s right to roam and an unforgettable celebration of the magic of water INTRODUCED BY OLIVIA LAING A delicious cleansing funny wise and joyful book so wonderfully full of energy and life Jane Gardam Roger Deakin is the perfect companion for an invigorating armchair swim Daily Telegraph **Camping by the Waterside** Stephen Neale, 2017-04-06 This stylish and inspiring book contains all the information campers need to make the most of the wonderful waterside locations throughout the UK and Ireland Covering all kinds of camping caravan campsite and wild the book starts by showing how to plan your trip what gear to take and how to get stuck into all the fantastic water based activities on offer such as sailing kayaking angling surfing and wild swimming Tip boxes top 10 features and gorgeous photos combine to give readers all the knowledge and inspiration

they need to get out there whether they re on their own part of a family or with a group of friends The main part of the guide is organised by region but also searchable by activity Each region has an overview and within it the best sites to visit with useful information best times of year to go activities on offer facilities cost advice on most attractive pitches contact details and photos There is a huge variety of sites here all with something unique to offer and helpful maps plot each one clearly With a Foreword by One Man and his Campervan's Martin Dorey this is the essential guidebook for all campers showing how it really is possible to pitch up in paradise This 2nd edition is thoroughly updated throughout featuring new campsites and Drowning by Accident Elizabeth Meinhard, 2022-02-28 In Britain 600 people die of drowning every year This book explains why it is so easy to drown where accidents happen and how to save victims lives Silence is my Habitat Jessica White, 2025-09-30 A tactile and olfactory journey through a silent ecosystem Jessica White has been deaf since she was four years old Where an autobiography or biography narrates the story of a person s life an ecobiography dwells on a person's interaction with their ecosystem and how this shapes their sense of self The essays that follow detail how deafness encouraged and shaped her relationship with the natural world Deafness made me observant and quiet Because I could not hear enough to join in on conversations my attention often wandered or was absorbed by sensations other than sound morning sun on my forearms the thick sweet scent of flowering oleanders the triangular shadow of a flock of galahs flying overhead On the long bus trips between school and home I watched the sorghum burnishing as it ripened and kangaroos bounding through wheat stubble in the late afternoons into trees that cast long shadows I felt the bus shake as it rattled over cattle grids or veered into the corrugations on the gravel roads These essays consider how deafness shapes the interfaces between the writer and particular environments given how she can only hear particular sounds as she navigates the world through the tactile and olfactory Local Places, Global Processes Peter Coates, David Moon, Paul Warde, 2016-02-29 We live in an age of unprecedented environmental change global interconnected and universal Yet though our lives are inextricably connected to global processes and increasingly mobile we still live in particular places Our perceptions of change and what kind of change might be for good or ill are shaped by the interaction of localised experience and the wider forces of transformation Local Places Global Processes examines how these relationships have been shaped in Britain over time in three ways First through essays addressing influential ways of understanding and debating questions of the state of nature These are complemented by case studies on conservation landscape change and management and how perceptions of environmental change have emerged or been discarded over time Chapters also draw on a series of site based workshops that brought together historians landscape managers and artists to discuss and reflect on particular sites Wicken Fen in Cambridgeshire owned by the National Trust and the first British nature reserve the Quantock Hills Area of Outstanding Natural Beauty in Somerset England's first AONB and a landscape enriched by Romantic association and the landscape of Kielder Water and Forest a land of superlatives in Northumberland in north eastern England the largest planted forest and

artificial lake in northern Europe The multi disciplinary approach draws together the exchanges artworks and writing assembled at these workshops and afterwards This opens up how being in a place and engaging with ideas attached to it shape perceptions of the environment It provides resources with which landscape managers can think about their tasks and engage various publics in discussion about future environments in light of these histories of place Rather than a history of these three places this is history written from them Strokes of Genius Eric Chaline, 2017-08-15 What could be better than diving into cool water on a hot day In this enormously enjoyable and informative history of swimming Eric Chaline sums up this most summery of moments with one phrase pleasure beckons at the water s edge Strokes of Genius traces the history of swimming from the first civilizations to its current worldwide popularity as a sport fitness pastime and leisure activity Chaline explores swimming s role in ritual early trade and manufacturing warfare and medicine before describing its transformation in the early modern period into a leisure activity and a competitive sport the necessary precursors that have made it the most common physical pastime in the developed world The book celebrates the physicality and sensuality of swimming attributes that Chaline argues could have contributed to the evolution of the human species Swimming like other disciplines that use repetitive movements to train the body and quiet the mind is also a means of spiritual awakening a personal journey of discovery Swimming has attained the status of a cultural marker denoting eroticism leisure endurance adventure exploration and excellence Strokes of Genius shows that there is not a single story of human swimming but many currents that merge diverge and remerge Chaline argues that swimming will become particularly important as we look toward a warmer future in which our survival may depend on our ability to adapt to life in an aquatic world Magazine, April 2012 Mike Stillwell, 2012-05-09 An Alcohol Recovery Magazine produced by the Relapse Prevention Group in Stevenage Herts *Leap In* Alexandra Heminsley, 2017-07-04 At once inspiring hilarious and honest the new book from Alexandra Heminsley chronicles her endeavor to tackle a whole new element and the ensuing challenges and joys of open water swimming It's a meditative act they said But it was far from meditative for Alexandra Heminsley when yet another wave slammed into her face It was survival When she laced up her shoes in Running Like a Girl all she had to do to become a runner was to get out there and run But swimming was something else entirely The water was all consuming confusing her every move sabotaging every breath Determined Alexandra would learn to adapt find new strengths and learn to work with the water She does not want to stand on the beach looking at the sea any longer She wants to leap in In doing so she will learn not just how to accept herself but how to accept what lay beyond Soon she will be able to see water anywhere in the world and sense not fear but adventure She will dive into water as she hopes to dive into life And it has nothing to do with being sporty or being the correct shape for a swimsuit Open water swimming is currently one of the fastest growing sports in the world and marathon swimming is the only sport where men and women do not race in separate categories The water welcomes all who are willing and prepared to take part and as Alexandra shows in her wondrous and funny book not knowing how to do something is not necessarily a weakness strength lies within the desire to learn The time is now to leap in and revel in what you thought was beyond you discovering that it was only ever you holding you back

Waterlog A Swimmers Journey Through Britain Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "Waterlog A Swimmers Journey Through Britain," compiled by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we shall delve into the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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