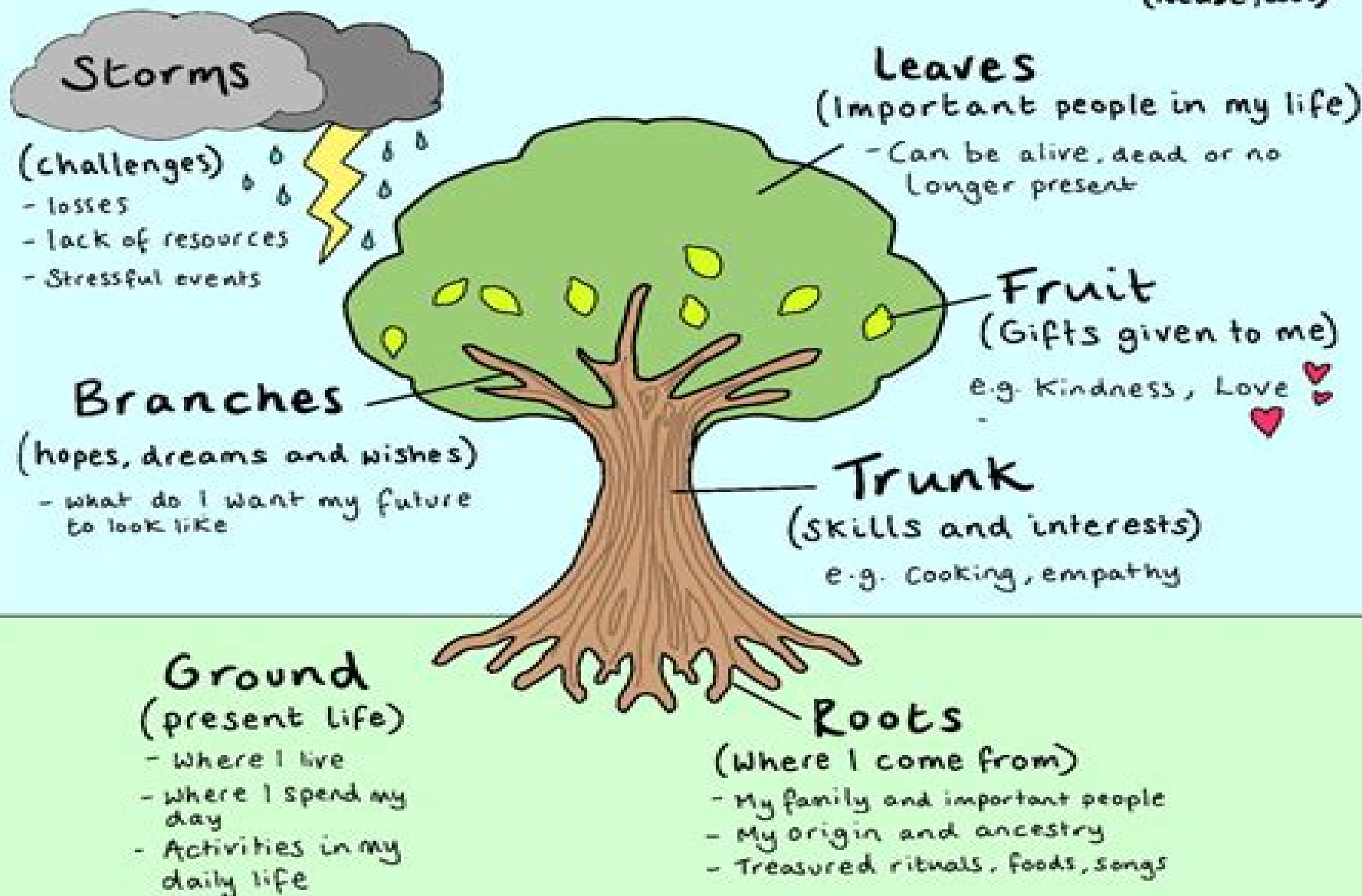


Narrative Therapy Tree of Life

(Ncube, 2006)



Tree Of Life Narrative Therapy

Ndidi Boakye, Amanda Mwale



Tree Of Life Narrative Therapy:

NARRATIVE THERAPY GUIDE, 2025 **Narrative Therapy and Older People** Rosslyn Offord, Polly Kaiser, Elizabeth Field, 2025-10-21 Healthcare for older people tends to focus on physical limitations and cognitive decline and the person's own perspective and strengths are often overlooked Narrative therapy centres a person as the expert in their own story and is particularly effective when combined with an older person's wealth of life experience It highlights the way their views have been shaped by their cultural and personal contexts which allows better understanding and communication and improves people's lives Written by experienced psychologists group facilitators and service users this guide explores how to use narrative therapy with older people including those with dementia or age related conditions From Tree of Life facilitation to ways of approaching loss and trauma each chapter offers advice and proven strategies for practice for individuals staff teams groups and communities This book helps you to adopt a person centred approach to narrative therapy that helps service users to lead the life they want to live Where ageism and stigma often overwhelm older people and those who work with them narrative therapy brings the focus back onto the person themselves in the context of their history their family and their community who are they and what do they have to say **Trauma Counseling, Second Edition** Lisa López

Levers, 2022-02-24 The only comprehensive text to focus on trauma stress crisis and disaster counseling from a clinical practice perspective This overarching text intended both for mental health practitioners in training and for practicing clinicians focuses on the impact of stress crisis trauma and disaster on diverse populations across the lifespan as well as on effective treatment strategies The second edition is newly grounded in a trauma scaffold providing foundational information that therapists can build upon step by step to treat individuals affected by more complex trauma events This resource newly addresses the mental health implications of COVID 19 which has had an enormous impact on multitudes of people since the beginning of the pandemic its repercussions likely to continue for some time into the future The text also is updated to provide the most recent diagnostic information regarding trauma in the DSM 5 Two new chapters address the confluence of crises related to anthropogenic climate change and the effects of mass violence This unrivalled resource emphasizes stress management and crisis intervention skills as important building blocks for working with more complex issues of trauma and disaster It underscores the idea that trauma must be approached from multiple perspectives and in multiple dimensions encompassing individual community societal and systemic implications along with multicultural and diversity frames of reference The text integrates the latest findings from neuropsychology and psychopharmacology with an emphasis on Polyvagal Theory Additionally the text highlights the importance of clinical supervision in trauma care and examines ethical dimensions and the need for self care among trauma counselors Purchase includes digital access for use on most mobile devices or computers New to the Second Edition Reconceptualizes the text with the concept of a Trauma Scaffold as a foundation upon which to understand and develop treatment for increasingly complex trauma events Addresses the COVID

19 pandemic and its profound effect on the mental health of vast numbers of people Includes two new chapters on the confluence of crises related to anthropogenic climate change and the effects of mass violence Includes PowerPoint slides to accompany an updated Instructor's Manual Key Features Delivers both introductory and advanced clinical information addressing complex trauma Addresses trauma from a bioecological framework with emphasis on trauma informed practices multicultural pluralism diversity and social justice Considers neurobiological responses to trauma with new research and the contributions of Polyvagal Theory Examines individual familial community society and systemic understandings of stress crisis trauma and disaster Includes a wealth of resources for further study text boxes and case studies to reinforce learning

Sing Me a Song to SOAR Julie Morsillo, 2024-12-12 Life can be so very challenging People experiencing dark nights of the soul need support to make their way through the tough times and find the light of the morning This handbook for counsellors offers some helpful tools to support others through their dark times finding hope in their redemptive stories for healing This hope is life giving and allows one to SOAR through stories of personal meaning with other respectful relationships beside us a community encircling us and restorative time to flourish in nature This practical handbook includes twenty six worksheets with prompts offers nourishing poems and integrates theory and practice using positive psychology and narrative therapy principles It focuses on connection using the power of life stories approached from personal relational community and nature aspects There are many resources in each section for further insights This handbook also contains creative ideas for working with children youth refugees those grieving and those traumatized in order to help improve self compassion and a sense of identity for hopeful redemptive stories to soar in life

Narrative Therapy with Older Adults Esther Chow, Lauren Taylor, Ada C. Mui, 2025-08-19 Around the world growing populations of older adults need social care Aging is typically associated with steady physical and cognitive decline the practice of narrative therapy by contrast focuses on the resilience of the older adults by encouraging the construction of meaningful life stories Practitioners engage participants to revisit their personal journeys to uncover their life lessons finding core beliefs and values to help cope with new challenges Ultimately narrative therapy helps older adults recover meaning in life by inviting them to recollect and commemorate their life experiences This book is an in depth guide to narrative therapy for students and practitioners in health care social work gerontology and counseling showing readers how to develop a culturally sensitive practice framework with older adults It presents a step by step manual on the therapeutic use of narrative describing the theories methods skills and techniques of transformative narrative practice with older people in individual family group and collective settings Drawing on extensive clinical practice with older adults in Hong Kong and New York City the authors explore narrative methods in divergent cultural contexts to advance a globally minded approach Bringing narrative therapy to gerontological practice in culturally sensitive ways this book foregrounds alternative models of aging that celebrate a life worth living

The Tree Climbing Cure Andy Brown, 2022-12-15 Our relationship with trees is a lengthy complex one Since we first walked the earth we have

at various times worshiped them felled them and even talked to them For many of us though our first memories of interacting with trees will be of climbing them Exploring how tree climbers have been represented in literature and art in Europe and North America over the ages The Tree Climbing Cure unpacks the curative value of tree climbing examining when and why tree climbers climb and what tree climbing can do for and say about the climber s mental health and wellbeing Bringing together research into poetry novels and paintings with the science of wellbeing and mental health and engaging with myth folklore psychology and storytelling Tree Climber also examines the close relationship between tree climbing and imagination and questions some longstanding problematic gendered injunctions about women climbing trees Discussing among others the literary works of Margaret Atwood Charlotte Bronte Geoffrey Chaucer Angela Carter Kiran Desai and J R R Tolkien as well as work by artists such as Peter Doig Paula Rego and Goya this book stands out as an almost encyclopedic examination of cultural representations of this quirky and ultimately restorative pastime **Trauma Counseling** Lisa Lopez

Levers,2012-03-15 A worthy addition to a graduate training bookshelf I was a bit daunted by the large almost 600 page book that landed on my desk but once I started reading it I had a hard time putting it down Melanie D Hetzel Riggins PhD Penn State Journal of Trauma and Dissociation This book is heavy in weight and heavy in substance It may be that you will not read this book from cover to cover but it is likely that you will jump in and out and often Illness Crisis and Loss Lisa Lopez Levers s work delivers an important contribution to enable beginning professionals to be familiarised with the basics of trauma and to provide specialists with her hidden gems of insight Her decision to cover trauma in its broadest sense allows her textbook to provide innovative insights into real world concepts such as hate racism oppression and evil in respect to trauma Intervention Trauma Counseling is a comprehensive multidisciplinary guide to the theory and treatment of survivors of a broad spectrum of traumatic events including interpersonal violence hate crimes school violence community violence natural disasters and war and terrorism It is written by a Fulbright scholar who is internationally recognized for her work with traumatized populations in Rwanda several southern African countries Russia and the United States It also includes the contributions of researchers from the United States Australia Africa and Europe The book discusses evidence based trauma assessment and intervention techniques and integrates the latest findings from neuropsychology and psychopharmacology It focuses on issues of loss and grief survivorship and disability genocide natural disasters the impact of war on civilians and veterans and the distinct effects of trauma in early childhood childhood and adolescence Also addressed are ethical perspectives and methods of self care for counselors who work with this population The text will be of value to graduate counseling students and professional counselors as well as social workers psychologists psychiatric nurses and other human service providers who will be able to attend to trauma survivors with a depth of knowledge and confidence The contents of Trauma Counseling not only fulfill but exceed the requirements of The Council of Accreditation and Counseling and Related Educational Program CACREP standards Key Features Addresses the theory and treatment of trauma survivors of

interpersonal violence hate crimes school violence community violence natural disasters and war and terrorism Provides a multidisciplinary approach to treatment that integrates findings from neuropsychology and psychopharmacology Includes evidence based counseling techniques Illuminates the intersections of trauma crisis and disaster issues exceeding related requirements of CACREP standards Examines ethical dimensions and the need for self care among trauma counselors Emphasizes the relevance of clinical supervision in trauma care Offers topic relevant resources at the end of each chapter

A Session by Session Guide to Life Story Work Gillian Shotton, 2020-10-12 Life story work is a term often used to describe an approach that helps looked after and adopted children to talk and learn about their life experiences with the help of a trusted adult This book is an essential step by step guide for carers and professionals seeking to carry out life story work with a traumatised or vulnerable child in their care Underpinned by positive psychology and drawing on up to date research and real life practice the book offers a sound theoretical understanding of life story work as well as a practical and easy to use programme of sessions Each session covers the equipment and information needed a consideration of who is best placed to carry out the work and answers to commonly raised questions Also discussed are age appropriate approaches and ideas for extending each session into other activities and methods to make it more feasible for life story work to be a shared activity between two or three adults who know the child well This book gives professionals and carers the confidence to carry out life story work in a way that is sensitive to the child's needs and positive for their self perception and relationships

Systemic Approaches to Brain Injury Treatment Ndidi Boakye, Amanda Mwale, 2022-12-22 This book is an exploration of key systemic and socio political considerations when working with people whose lives have been impacted by neurological injury and those who care for them Expert contributors consider the impact of intersectionality across domains that include gender sexuality class education religion and spirituality race culture and ability disability It offers relevant literature in the field of neuropsychology as well as clinical case studies that provide inspiration and key reflections for clinicians neurological specialist therapists and medical staff alike Chapters discuss navigating intersectionality in couple therapy hidden social inequalities in paediatric neurorehabilitation racial microaggression in inpatient settings and more This book is essential for all health and social care practitioners working in the field of brain injury and chronic illness who want to challenge the status quo and advocate for diversity and inclusion

A Therapeutic Treasure Box for Working with Children and Adolescents with Developmental Trauma Karen Treisman, 2017-09-21 The essential resource for anyone working with children or teens who have experienced trauma provides an overview of the latest theory good practice and a treasure trove of activities and handouts a valuable addition to your bookshelf which is destined to be used again and again

Narrative Practice: Continuing the Conversations Michael White, Michael Kingsley White, 2011-04-04 This book is an inclusion of papers that were originally given as plenary addresses The author's descriptions of his work with a number of people are also included in the book In these descriptions we are treated not only to the details of his work but we see the

exquisite care he took in his therapy relationships Counselling Skills: Theory, Research and Practice 3e John McLeod, Julia McLeod, 2022-02-09 An ideal companion for any therapy programme Dr Marcella Finnerty IICP College President Dublin Ireland This text really is a must have for all involved in working with others to empower and enable through a collaborative process Prof Andrew Reeves Professor in Counselling Professions and Mental Health University of Chester and BACP Senior Accredited Counsellor Psychotherapist UK For students of counselling and psychotherapy this is an invaluable resource that you will keep returning to during and beyond training Nicola Blunden Director of Studies Person Centred Pluralist Counselling Metanoia Institute UK Essential reading for any student trainee or experienced professional in the field Hanne Weie Oddli PhD Clinical psychologist and Associate professor at the Department of Psychology University of Oslo Norway Counselling Skills Theory Research and Practice provides comprehensive coverage of all aspects of the development of interpersonal helping skills used by counsellors psychotherapists life coaches mental health workers and practitioners in allied fields of practice Distinctive features of its approach to this topic include Attention to the cultural and historical aspects of counselling skills Tailored support for evidence based practice Grounding in training models such as self practice and deliberate practice This new edition contains a wide range of learning tasks and reflection points to enable readers to work individually or with learning partners to deepen self awareness theoretical understanding and practical skills Specific chapters focus on Theoretical frameworks for making sense of counselling skills Listening empathy and shared understanding Nonverbal and embodied presence Dealing with difficult situations in counselling This book is a must have for students and trainees who are in the process of acquiring and developing counselling psychotherapeutic and helping skills as well as a staple resource for experienced practitioners wishing to review and consolidate their skills Julia McLeod is Lecturer in Counselling at Abertay University Dundee UK She has been a counselling trainer and tutor with students from many different backgrounds as well as having extensive experience as a therapist and supervisor John McLeod is Emeritus Professor of Counselling at Abertay University Dundee and Visiting Professor at the Institute for Integrative Counselling and Psychotherapy in Dublin Ireland A leading figure in the field of counselling and psychotherapy research his recent work has focused on the development of a flexible pluralistic approach to therapy **Drawing** Curie Scott, 2021-10-25 Drawings are everywhere Daubed on ancient cave walls and projected on screens Drawings helps us describe science depict emotions and discover Yet many of us laid aside drawing or more simply mark making in childhood thereby losing a rich and varied way to tell our stories *Oxford Textbook of Palliative Care for Children* Richard Hain, Ann Goldman, Adam Rapoport, Michelle Meiring, 2021 Comprehensive in scope exhaustive in detail and definitive in authority this third edition has been thoroughly updated to cover new practices current epidemiological data and the evolving models that support the delivery of palliative medicine to children This book is an essential resource for anyone who works with children worldwide *Teaching and Learning in Ecosocial Work* Catherine Forde, Satu Ranta-Tyrkkö, Pieter Lievens, Komalsingh Rambaree, Helena

Belchior-Rocha,2024-09-10 This book aims to champion teaching and learning of ecosocial work in educational institutions which offer social work and related programmes It is the first book to focus specifically on teaching and learning in ecosocial work and one of the first to incorporate student perspectives on and initiatives in ecosocial work teaching learning and practice Ecosocial work is an evolving framework to learn about and practice social work from the premise that humans are part of the web of life on Earth While this understanding should guide human activities current planetary scale anthropogenic socio environmental problems such as the climate crisis ocean acidification biodiversity and species loss prove the opposite Social work and allied professions stem from the same anthropocentric world view and need to reconfigure their relationship to other than humans and the planetary limits of existence This requires in depth renewal of social work and related professions and an ecosocial ecological paradigm change in which education is pivotal Written by academics students and practitioners working in different parts of the world and offering interdisciplinary perspectives the book provides Chapters and case studies on concepts methods and experiences of teaching and learning in ecosocial work Discussion of the current terrain of ecosocial work in principle and practice Ideas on the kinds of new thinking ecosocial work requires and on how these can be taught and practiced promoting economic social and environmental sustainability This book makes an original and internationally acclaimed contribution to ecosocial work education As the conduit for preparing social workers to become active agents of ecosocial change critical attention is given to the importance of education as foundational to this professional endeavour This book provides essential reading for all social work professionals scholars educators and learning institutions Heather Boetto Associate Professor Charles Stuart University Australia A comprehensive book about the challenges and opportunities of teaching the ecosocial framework in social work Various perspectives open up new possibilities for understanding the practices of teaching ecosocial work in different contexts A strong reading recommendation for anyone interested in understanding and teaching the relationship between social work and environmental issues Kati N rhi Professor University of Jyv skyl Finland *Trauma and Expressive Arts Therapy* Cathy A. Malchiodi,2020-03-27 Psychological trauma can be a life changing experience that affects multiple facets of health and well being The nature of trauma is to impact the mind and body in unpredictable and multidimensional ways It can be a highly subjective that is difficult or even impossible to explain with words It also can impact the body in highly individualized ways and result in complex symptoms that affect memory social engagement and quality of life While many people overcome trauma with resilience and without long term effects many do not Trauma s impact often requires approaches that address the sensory based experiences many survivors report The expressive arts therapy the purposeful application of art music dance movement dramatic enactment creative writing and imaginative play are largely non verbal ways of self expression of feelings and perceptions More importantly they are action oriented and tap implicit embodied experiences of trauma that can defy expression through verbal therapy or logic Based on current evidence based and emerging brain body practices there

are eight key reasons for including expressive arts in trauma intervention covered in this book 1 letting the senses tell the story 2 self soothing mind and body 3 engaging the body 4 enhancing nonverbal communication 5 recovering self efficacy 6 rescripting the trauma story 7 making meaning and 8 restoring aliveness

Education in an Altered World Michelle Proyer, Wayne Veck, Fabio Dovigo, Elvira Seitinger, 2023-01-12 This book brings together world leading researchers and scholars in the fields of inclusive education disability studies refugee education and special education to examine critical and original perspectives of the meaning and consequences of educational and social exclusion Drawing together the contributors consider how children already vulnerable to exclusion might be supported and educated in and through times of global pandemic and crisis They also identify broad prospects for education and inclusion in through and beyond times of global pandemic and crisis

Pastoral Care Dr. Karen D. Scheib, 2016-02-16 Christian pastoral care is a narrative ecclesial theological practice NET As a narrative practice pastoral care attends to the inseparable interconnection between our own lifestories others stories the larger cultural stories and God s story As a ministry of the church pastoral care is an ecclesial practice that derives its motivation purpose and identity from the larger mission of the church to bear witness to and embody God s mission of love that extends beyond the church for the transformation of the world As a theological practice pastoral care is grounded in God s love story God s profound love for humankind heals our brokenness when human love fails and invites us into an ongoing process of growth in love of God self and neighbor Intended for those who provide care with and on behalf of religious communities author Karen Scheib focuses on listening and restorying practices occurring in the context and setting of congregations By coauthoring narratives that promote healing and growth in love pastoral caregivers become cocreators and companions who help others revise and construct life stories reshaped by the grace of God What Karen Scheib has done in this book is to reposition pastoral care as a theological activity performed in the context of the church She draws deeply upon her Wesleyan theological heritage upon an understanding of life in its fullness as growth in love and grace and upon a communion ecclesiology undergirded by a communal understanding of the Trinitarian life of God Thus grounded she envisions pastoral care first as a rhythm of the life of the whole church and secondarily as a work of trained pastors In her vision pastoral care is rescued from a narrow understanding of it as exceptional acts of intervention performed only in moments of dire crisis Instead it becomes a daily practice of pastoral care an attending in love to the stories of others and a listening for ways God is already present in a life story Solidly theological grounded in the life of the church and eminently teachable Karen Scheib has given us a great gift in this book from the Foreword Thomas G Long Bandy Professor of Preaching Emeritus Candler School of Theology Emory University Atlanta GA In a wonderfully engaging reflective and useful way Karen Scheib captures something absolutely essential to pastoral care and yet often overlooked the utter centrality of storytelling listening the power of stories to heal and their vital connection to bigger stories told within religious communities This book is a real milestone reclaiming the importance of narrative knowing and grounding care not only in community but

also within a comprehensive theological framework Bonnie J Miller McLemore E Rhodes and Leona B Carpenter Professor of Religion Psychology and Culture The Divinity School and Graduate Department of Religion Vanderbilt University Divinity School Nashville TN Implementing narrative personality and therapy theories and anchored in ecclesiology and Wesleyan theology NET Karen Scheib's book advances a long awaited and holistic approach to pastoral care Her NET approach presents the embodiment of pastoral care by emphasizing both narrative and paradigmatic knowing proposes the subjectivity of our stories in pastoral care by pointing out the interchangeability between us and our stories as subject and object and underscores the dynamic process of pastoral care through the interconnection of the storyteller listener and context Scheib's image of story companion contributes to the field as a new paradigm of pastoral care and promises to be a significant resource in generating hope and growth in love for both pastoral caregiver and receiver Angella Son Associate Professor Drew University Madison NJ Pastoral theologian Scheib describes a narrative ecclesial and theological approach for listening to people's life stories in such a way as to engender spiritual formation and growth in love Scheib clarifies the connections between caring conversations and Christian theology Clear and accessible prose as well as helpful exercises and discussion starters make this a fine teaching text The Christian Century Sept 29 2016

Preventing Violent Radicalisation in Europe Patrizia Meringolo, 2020-10-03 This book brings together the latest literature and European experiences on preventing youth violent radicalisation and violent actions in intergroup relations Youth violent radicalisation is a significant problem within the European context and requires an exploration of how various social actors can play an active role in preventing radicalisation in minors and young adults This complex issue needs to be explored through a multidisciplinary approach and effective operational models are needed in order to tackle it This book describes the theoretical framework for such an approach in all its facets The book's originality lies in its psychosocial and participatory approach aimed at improving results through professional training and community empowerment for building trusting relationships and educational activities It also proposes alternative narratives which are a way of representing people and groups within a social context thereby overcoming stereotyped visions and stigma This book focuses on participation and communication among stakeholders social inclusion strengthening democratic values and pursuing a proactive instead of a reactive approach to preventing radicalisation Highly topical the book will appeal to researchers and students of the social and behavioural sciences interested in youth radicalisation including social work and social policy as well as practitioners working within the juvenile justice system

Spirituality in Systemic Family Therapy Supervision and Training Suzanne M. Coyle, 2022-03-01 This book examines the implications of exploring spirituality through the lens of human relationships It addresses systemic supervision and training and explores a systemic approach to the development of the self The book provides an educational methodology that lays a foundation in describing an operational model of spirituality that is applicable for both theistic and nontheistic perspectives In addition it details how spirituality is itself a diversity as well as

explores spirituality through a lens of diversity In addition a pilot research project on spirituality set in a MFT Live Supervision Group illustrates how to apply a systemic approach to spirituality Finally the book offers examples of practice using spirituality in various training settings Key areas of coverage include How a systemic approach to spirituality enables the lens of relationship and diversity to enrich supervising and teaching family therapy emerging from the self of therapist concerns Theoretical perspectives that connect systemic practice with spirituality in an approach for family therapy How a systemic spiritual approach can be used in training marriage and family therapists Interventions that focus on how a relational systemic approach views transcendence and immanence from both clinical and spiritual perspectives Concepts that inform supervision and training with the goals of educating students to be spiritually literate and spiritually sensitive Barriers to implementing this approach with examples of how to address such obstacles Spirituality in Systemic Family Therapy Supervision and Training is a must have resource for researchers professors graduate students as well as clinicians supervisors and professionals in clinical psychology family studies family therapy and public health as well as all interrelated disciplines

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Table of Contents Tree Of Life Narrative Therapy

1. Understanding the eBook Tree Of Life Narrative Therapy
 - The Rise of Digital Reading Tree Of Life Narrative Therapy
 - Advantages of eBooks Over Traditional Books
2. Identifying Tree Of Life Narrative Therapy
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Tree Of Life Narrative Therapy
 - User-Friendly Interface
4. Exploring eBook Recommendations from Tree Of Life Narrative Therapy
 - Personalized Recommendations
 - Tree Of Life Narrative Therapy User Reviews and Ratings
 - Tree Of Life Narrative Therapy and Bestseller Lists
5. Accessing Tree Of Life Narrative Therapy Free and Paid eBooks

- Tree Of Life Narrative Therapy Public Domain eBooks
- Tree Of Life Narrative Therapy eBook Subscription Services
- Tree Of Life Narrative Therapy Budget-Friendly Options
- 6. Navigating Tree Of Life Narrative Therapy eBook Formats
 - ePub, PDF, MOBI, and More
 - Tree Of Life Narrative Therapy Compatibility with Devices
 - Tree Of Life Narrative Therapy Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Tree Of Life Narrative Therapy
 - Highlighting and Note-Taking Tree Of Life Narrative Therapy
 - Interactive Elements Tree Of Life Narrative Therapy
- 8. Staying Engaged with Tree Of Life Narrative Therapy
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Tree Of Life Narrative Therapy
- 9. Balancing eBooks and Physical Books Tree Of Life Narrative Therapy
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Tree Of Life Narrative Therapy
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Tree Of Life Narrative Therapy
 - Setting Reading Goals Tree Of Life Narrative Therapy
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Tree Of Life Narrative Therapy
 - Fact-Checking eBook Content of Tree Of Life Narrative Therapy
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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