

The War at Home

One Family's Fight Against PTSD

Second Edition
With Updated Resources



Shawn J. Gourley

The War At Home One Familys Fight Against Ptsd

H. Vaizey



The War At Home One Familys Fight Against Ptsd:

The War at Home Shawn J. Gourley, 2011-09-01 After Gourley s husband returned home from his third tour in the Middle East cracks in his personality had widen dramatically into full on fractures The next four and a half years were very difficult and at times downright terrifying for her and the children Finally he was diagnosed with PTSD in August 2009 Those are the broad strokes of their story but the details of how she fought to save her family will leave readers transfixed until the end

Not a Blueprint; It's the Shoeprints That Matter Nina Norstrom, 2016-04-07 Every journey leaves an imprint make yours count Allowing us to learn lessons let go of toxicity and gain insight relationship can play a powerful role in our lives They are formed with people alcohol animals battlefields diseases drugs environments and even our emotions Whether toxic or nontoxic relationships are an integral component of daily living Author Nina Norstrom lost her child to a disease but that wasn t the only toxic relationship she endured In this book she explores the effects that her relationships with grief pain trauma and forgiveness have had on her life This tale exposes a mother s struggle to escape her world of toxicity her journey out of the clutches of diseased relationships and the shoe prints the experiences have left on her family s history This story in its raw form projects a remarkable voice to the heroic fight courage and bravery gained when striking back to wipe out toxic relationships Its message reveals that life brings many challenges and that each challenge provides lessons to be learned This book is not intended to be a blueprint for dealing with diseased relationships It s about the shoe prints those symbols of life s journey that are left by our experiences Not a Blueprint It s the Shoe Prints that Matter is an insightful and inspiring personal story of one family s journey through toxic relationships *One Family's Journey Through War* Pasquale De Marco, 2025-07-09 One Family s Journey Through War is a powerful and moving story of a family s journey through war and displacement Set against the backdrop of a conflict torn country it follows the lives of ordinary people caught in extraordinary circumstances At the heart of the story is a family forced to flee their home and seek refuge in a crowded refugee camp The father a doctor struggles to provide for his family in a world turned upside down The mother a teacher tries to keep her children safe and sane in a place where fear and uncertainty are constant companions And the children uprooted from their familiar surroundings must find a way to cope with the trauma of war and the loss of everything they once knew As the family navigates the challenges of life in the refugee camp they encounter a cast of unforgettable characters There s the elderly woman who lost her husband and children in the war the young boy who dreams of becoming a doctor and the kind hearted aid worker who risks her own life to help others Through their interactions with these characters the family learns about the resilience of the human spirit and the power of love and compassion in even the darkest of times They also come to understand the importance of hope and the belief that even in the most desperate of situations there is always the possibility of a better future One Family s Journey Through War is a story that will stay with you long after you finish reading It is a story that will challenge your assumptions and deepen your understanding of the world It

is a story that will inspire you to see the world in a new light This book is a must read for anyone who wants to understand the human cost of war and displacement It is a story that will touch your heart and stay with you for a long time to come If you like this book write a review

Family Life, Trauma and Loss in the Twentieth Century Carol Komaromy, Jenny Hockey, 2018-05-16 This book uses personal memoir to examine links between private trauma and the socio cultural approach to death and memory developed within Death Studies The authors two key Death Studies scholars tell the stories that constitute their family lives Each bears witness to the experiences of men who were either killed or traumatised during World War One and World War Two and shows the ongoing implications of these events for those left behind The book illustrates how the rich oral history and material culture legacy bequeathed by these wars raises issues for everyone alive today Belonging to a generation who grew up in the shadow of war Komaromy and Hockey ask how we can best convey unimaginable events to later generations and what practical moral and ethical demands this brings *Family Life Trauma and Loss in the Twentieth Century* will be of interest to students and scholars across a range of disciplines including Death Studies Military History Research Methods Family History the Sociology of the Family and Life Writing

Women, War, and Violence Mariam M. Kurtz, Lester R. Kurtz, 2015-08-28 This set of original articles probes the breadth of vital issues surrounding the impact of war and violence on women globally and examines what is being done to mitigate their effects The story of men s roles in war and violence fills headlines and history books but the women s narrative too often goes unnoticed This two volume work brings women s voices to the fore highlighting new scholarship and journalism to offer a realistic understanding of this timely topic Including both historical context and contemporary issues the volumes explore types of violence affecting women and girls as victims of war and as combatants in and perpetrators of war Equally important it provides an in depth look at resistance movements and peacemaking efforts examining how these issues can and should be addressed The two volumes bring together a wide range of articles by experts from various fields and backgrounds to provide the first all inclusive overview of women war and violence Other works on the subject tend to be focused on Western nations offering a narrow view of a global issue This compendium in contrast takes a truly international approach It provides general readers policymakers students and scholars with a compelling collection of insights from around the world exposing the varied experiences women have had and continue to have with violence and war

War on the Family Renny Golden, 2013-10-18 In this timely book renowned criminologist and activist Renny Golden sheds light on the women behind bars and the 350 000 children they leave behind In exposing the fastest growing prison population a direct result of Reagan s War on Drugs Golden sets up new framework for thinking about how to address the situation of mothers in prison the risks and needs of their children and the implications of current judicial policies

Echoes of Trauma and Shame in German Families Lina Jakob, 2020-05-05 A study of the generation of Germans dealing with the psychological effects of the parents and grandparents experiences during and after World War II How is it possible for people who were born in a time of relative

peace and prosperity to suddenly discover war as a determining influence on their lives For decades to speak openly of German suffering during World War II to claim victimhood in a country that had victimized millions was unthinkable But in the past few years growing numbers of Germans in their 40s and 50s calling themselves Kriegsenkel or Grandchildren of the War have begun to explore the fundamental impact of the war on their present lives and mental health Their parents and grandparents experienced bombardment death forced displacement and the shame of the Nazi war crimes The Kriegsenkel feel their own psychological struggles from depression anxiety disorders and burnout to broken marriages and career problems are the direct consequences of unresolved war experiences passed down through their families Drawing on interviews participant observation and a broad range of scholarship Lina Jakob considers how the Kriegsenkel movement emerged at the nexus between public and familial silences about World War II and critically discusses how this new collective identity is constructed and addressed within the framework of psychology and Western therapeutic culture This complex story is engagingly told through highly readable life histories and analysis and provides much to think about concerning the aftermath of traumatic histories Francesca Merlan Jakob brilliantly traces the transgenerational impact of World War II and the trauma and shame of Germany's dark past that still haunts individuals and scars families A searing inquiry into the multilayered meanings of public rituals social memories and emotional suffering of a generation painfully struggling with the inheritance of war and loss An outstanding achievement Assa Doron

Surviving Hitler's War H. Vaizey, 2010-09-22

Telling the stories of mothers fathers and children in their own words Vaizey recreates the experience of family life in Nazi Germany From last letters of doomed soldiers at Stalingrad to diaries kept by women trying to keep their families alive in cities under attack the book vividly describes family life under the most extreme conditions

Waiting for the Sunrise

Elizabeth Gatorano, 2008 This is a personal account of an interracial family's struggle against pervasive racism in the U S and the horrors of the civil war that plagued Rwanda in 1994 Raised in the American Midwest author Elizabeth Gatorano who is White had no idea of the trials she would face after marrying Phaniel who is Black and an immigrant to the U S from Rwanda Prejudice against their marriage followed them and their children wherever they went often making them the focus of racist discrimination and threats of violence at home and at work Throughout these ordeals Liz and Phaniel responded to hostility with love and patience their faith in each other and in God remaining unshakable even in the darkest hours Together they overcame all obstacles in their path and they continue to help those in need today

Mental Illness, Culture, and

Society: Dealing With the COVID-19 Pandemic Mohammadreza Shalbafan, Renato de Filippis, Samer El

Hayek, 2022-12-01 Trauma Counseling Lisa Lopez Levers, 2012-03-15 A worthy addition to a graduate training bookshelf I was a bit daunted by the large almost 600 page book that landed on my desk but once I started reading it I had a hard time putting it down Melanie D Hetzel Riggan PhD Penn State Journal of Trauma and Dissociation This book is heavy in weight and heavy in substance It may be that you will not read this book from cover to cover but it is likely that you will jump in and out

and often Illness Crisis and Loss Lisa Lopez Levers's work delivers an important contribution to enable beginning professionals to be familiarised with the basics of trauma and to provide specialists with her hidden gems of insight Her decision to cover trauma in its broadest sense allows her textbook to provide innovative insights into real world concepts such as hate racism oppression and evil in respect to trauma Intervention Trauma Counseling is a comprehensive multidisciplinary guide to the theory and treatment of survivors of a broad spectrum of traumatic events including interpersonal violence hate crimes school violence community violence natural disasters and war and terrorism It is written by a Fulbright scholar who is internationally recognized for her work with traumatized populations in Rwanda several southern African countries Russia and the United States It also includes the contributions of researchers from the United States Australia Africa and Europe The book discusses evidence based trauma assessment and intervention techniques and integrates the latest findings from neuropsychology and psychopharmacology It focuses on issues of loss and grief survivorship and disability genocide natural disasters the impact of war on civilians and veterans and the distinct effects of trauma in early childhood childhood and adolescence Also addressed are ethical perspectives and methods of self care for counselors who work with this population The text will be of value to graduate counseling students and professional counselors as well as social workers psychologists psychiatric nurses and other human service providers who will be able to attend to trauma survivors with a depth of knowledge and confidence The contents of Trauma Counseling not only fulfill but exceed the requirements of The Council of Accreditation and Counseling and Related Educational Program CACREP standards Key Features Addresses the theory and treatment of trauma survivors of interpersonal violence hate crimes school violence community violence natural disasters and war and terrorism Provides a multidisciplinary approach to treatment that integrates findings from neuropsychology and psychopharmacology Includes evidence based counseling techniques Illuminates the intersections of trauma crisis and disaster issues exceeding related requirements of CACREP standards Examines ethical dimensions and the need for self care among trauma counselors Emphasizes the relevance of clinical supervision in trauma care Offers topic relevant resources at the end of each chapter

Surviving the Peace Peter Lippman, 2019-11-15 Surviving the Peace is a monumental feat of ground level reporting describing two decades of postwar life in Bosnia specifically among those fighting for refugee rights of return Unique in its breadth and profoundly humanitarian in its focus Surviving the Peace situates digestible explanations of the region's bewilderingly complex recent history among interviews conversations and tableaux from the lives of everyday Bosnians attempting to make sense of what passes for normal in a postwar society Essential reading for students of the former Yugoslavia and anyone interested in postwar or post genocide studies Surviving the Peace is an instant classic of long form reporting an impossible accomplishment without a lifetime of dedication to a place and people

An Introduction to Counseling George Demos, 2016-11-19 Counseling and group guidance are differentiated and clear definitive guides that will help the counselor

determine when he she should use counseling or when he she should use group guidance are offered The important distinction between counseling and psychotherapy is made with considerable reference to the judgments of several authorities on this question Ethics of counseling are discussed This is a vital area for counseling because unless an occupation determines ethical standards which are honored by its practitioners it cannot justify the claim that it is a profession To avoid being unethical the practitioner must first become aware of what constitutes ethical practices It is like manners some people omit saying Thank you out of ignorance not an intent to be discourteous

Human Behavior and the Social Environment, Micro Level Katherine van Wormer, 2010-10-11 A fresh take on the core textbook that focuses on individual development and behavior across the life span

Biosocial Worlds Jens Seeberg, Andreas Roepstorff, Lotte Meinert, 2020-09-29 Biosocial Worlds presents state of the art contributions to anthropological reflections on the porous boundaries between human and non human life biosocial worlds Based on changing understandings of biology and the social it explores what it means to be human in these worlds Growing separation of scientific disciplines for more than a century has maintained a separation of the natural and the social that has created a space for projections between the two Such projections carry a directional causality and so constitute powerful means to establish discursive authority While arguing against the separation of the biological and the social in the study of human and non human life it remains important to unfold the consequences of their discursive separation Based on examples from Botswana Denmark Mexico the Netherlands Uganda the UK and USA the volume explores what has been created in the space between the social and the natural with a view to rethink the biosocial Health topics in the book include diabetes trauma cancer HIV tuberculosis prevention of neonatal disease and wider issues of epigenetics Many of the chapters engage with constructions of health and disease in a wide range of environments and engage with analysis of the concept of environment Anthropological reflection and ethnographic case studies explore how health and environment are entangled in ways that move their relation beyond interdependence to one of inseparability The subtitle of this volume captures these insights through the concept of health environment seeking to move the engagement of anthropology and biology beyond deterministic projections

Remote Trauma Exposure Emily-Marie Pacheco, 2025-12-02 This unique volume explores how individuals experience psychological distress through enduring psychological ties to people places and things affected by violence and crisis Remote Trauma Exposure introduces a compelling conceptual framework to explain how large scale crises such as war occupation and political unrest can profoundly impact those physically distant yet deeply connected These connections whether personal familial or rooted in higher order psychosocial dynamics exacerbate individual vulnerability to psychological distress especially when crises unfold in diaspora homelands This work demonstrates how digital media and news coverage act as enablers of Remote Trauma and how media mechanisms extend the reach of relational proximities to culminate in adverse psychological impact Drawing on original empirical research and theoretical insights this book fills a critical gap in academic

and clinical discourse offering health practitioners a new vocabulary and evidence base for understanding and addressing Remote Trauma This book is an essential resource for psychologists researchers and professionals concerned with trauma identity resilience migration and global mental health *Systemic Interventions for Collective and National Trauma* Michal Shamai, 2015-09-07 *Systemic Interventions for Collective and National Trauma* explains the theoretical basis for understanding collective and national trauma through the concept of systems theory and gives ways of implementing systems theory in interventions at the micro mezzo and macro levels Particular attention is given to the use of socio political and cultural aspects of interventions with victims as well as to the ethical codes that social workers and other mental health professionals need to integrate in their work with collective national trauma Separated into two distinct parts on theory and practice this volume is appropriate for practitioners as well as students in advanced courses *International Handbook of Multigenerational Legacies of Trauma* Yael Danieli, 2013-03-09 In this extraordinary new text an international array of scholars explore the enduring legacy of such social shocks as war genocide slavery tyranny crime and disease Among the cases addressed are instances of genocide in Turkey Cambodia and Russia the plight of the families of Holocaust survivors atomic bomb survivors in Japan and even the children of Nazis the long term effects associated with the Vietnam War and the war in Yugoslavia and the psychology arising from the legacy of slavery in America **American and Chinese-Language Cinemas** Lisa Funnell, Man-Fung Yip, 2014-09-19 Critics frequently describe the influence of America through Hollywood and other cultural industries as a form of cultural imperialism This unidirectional model of interaction does not address however the counter flows of Chinese language films into the American film market or the influence of Chinese filmmakers film stars and aesthetics in Hollywood The aim of this collection is to re consider the complex dynamics of transnational cultural flows between American and Chinese language film industries The goal is to bring a more historical perspective to the subject focusing as much on the Hollywood influence on early Shanghai or postwar Hong Kong films as on the intensifying flows between American and Chinese language cinemas in recent decades Contributors emphasize the processes of appropriation and reception involved in transnational cultural practices examining film production distribution and reception

Transcending Trauma Bea Hollander-Goldfein, Nancy Isserman, Jennifer Goldenberg, 2012-04-27 Based on twenty years of intense qualitative research *Transcending Trauma* presents an integrated model of coping and adaptation after trauma that incorporates the best of recent work in the field with the expanded insights offered by Holocaust survivors In the book s vignettes and interview transcripts survivors of a broad range of traumas will recognize their own challenges and mental health professionals will gain invaluable insight into the dominant themes both of Holocaust survivors and of trauma survivors more generally Together the authors and contributors Sheryl Perlmutter Bowen Hannah Kliger Lucy Raizman Juliet Spitzer and Emilie Scherz Passow have transformed qualitative narrative analysis and framed for us a new and profound understanding of survivorship Their study has illuminated universal aspects of the recovery from trauma and *Transcending*

Trauma makes a vital contribution to our understanding of how survivors find meaning after traumatic events. Accompanying *Transcending Trauma* are downloadable resources of full text life histories that document the survivor experience. In seven comprehensive interviews, survivors paint a picture of life before and after war and trauma, their own feelings, beliefs, and personalities, as well as those of their family, their struggles to deal with loss and suffering, and the ways in which their family relationships were able, in some cases, to mediate the transmission of trauma across generations and help the survivors transcend the trauma of their experiences.

Uncover the mysteries within Explore with is enigmatic creation, Discover the Intrigue in **The War At Home One Familys Fight Against Ptsd** . This downloadable ebook, shrouded in suspense, is available in a PDF format (*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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