

HIKING IN **NORWAY – SOUTH**

The 10 best multi-day treks



Ute Koninx

Walking In Norway Cicerone Guides

Library of Congress



Walking In Norway Cicerone Guides:

Walking in Norway Constance Roos,1997 This book describes 20 walking routes in the main mountain areas of Norway ranging from the far south to the Arctic regions Chosen because they are of particular interest to the visiting walker all trips described are accessible by public transport Many of the mountain areas are close to one another making it easy to connect different routes for a fortnight s holiday Route descriptions divided into daily segments vary in length from a few days to a week Fact panels provide information on level of difficulty base maps etc Introductory sections to each chapter detail unique information about each region and transport to the area Summary tables list the hourly estimates of the walking time necessary between points on a route Route profiles provide an approximate picture of a trail s steepness and trail maps give an instant picture of the entire route

The Rough Guide to Norway Phil Lee,2003 The Rough Guide to Norway covers everything from urbane Oslo to the remote Arctic town of Tromsø and from the idyllic off shore islands to the awe inspiring fjords It contains a 24 page full colour photographic introduction previewing the country s highlights as chosen by the author

The Fellowship of Ghosts Paul Watkins,2006-12-12 An acclaimed writer describes his spellbinding trek through the mountains of Norway a grand but harsh landscape where myth and reality meet [Rough Guide Ultimate Adventures](#) Rough Guides,2008-09-01 Ultimate Adventures A Rough Guide to Adventure Travel features 30 different adventure sections and is jam packed with breathtaking photography There are adventures for all travellers including soft experiences for those testing their bravery levels and extreme adventures for adrenalin junkies each rated by physical psychological skill and wow factor Whether your appetite for adrenalin takes you to arctic freezes ocean depths or sweltering deserts this book will tell you how why and when to plan your ultimate adventure Written by trekker extraordinaire Gregg Witt who brings cultural sensitivity and humour as well as concise practical information You ll find maps and safety tips as well as advice on the best local guides essential gear and safety tips Make the most of your time on Earth with this spectacular foray into world adventures

Adventures in the Northlands Tony Howard,2012-03-19 Lightning hit the cliff high above us sending a dumper load of rocks thrumming like jagged cannonballs out of the clouds to explode around us Bill took a direct hit on his helmet which was smashed He hung limply and silently on the rope His face which was streaming with blood from a gash in his head was a ghastly shade of white For a horrible moment we thought he was dead but he came round slowly We suggested bivouacking until he recovered but Bill who always thrived in adversity was having none of it Having bandaged his head and reversed his helmet so that the hole in it wasn t over the hole in his head and at his insistence bunged a fag in his mouth to keep him happy we continued into the storm up the last 300 metres of the snow covered cliff We emerged triumphantly over the cornice into the blizzard and whiteout another first ascent in the bag Adventures in the Northlands is a collection of short stories written by British adventurer and mountaineer Tony Howard From a life spent in the mountains and wilderness Tony recalls epic tales of climbing kayaking and adventure from Greenland the kon and his home from home Norway Journey with

Tony into some of the most incredible wild places on earth Vertebrate Mountain Shorts are collections of mountaineering climbing adventure and wilderness writing published as ebooks and intended to be read in one go Written by some of the world's leading outdoor adventure authors they include rare previously out of print and exciting new works Vertebrate Mountain Shorts will always be inspirational direct and to the point

Norway Phil Lee, Jules Brown, 2000 A travel handbook featuring coverage of hiking routes the national parks and descriptions of Norway's fjords and tundra The book offers reviews of the best places to eat drink and sleep whether in Oslo or in the villages and has accounts of museums galleries and ancient sites

Hiking in Norway - South Ute Koninx, 2021-02-15 This guide describes 10 shorter hut to hut treks showcasing southern Norway's wild natural beauty with highlights including Galdhøpiggen Norway's highest peak at 2469m and the iconic Pulpit Rock and Kjeragbolten on the Lysefjord The routes range from 3 to 8 days although many can be adapted or combined to create longer or shorter routes and cover Jotunheimen Rondane Dovrefjell Trollheimen and Ryfylke They are suitable for experienced hikers with a good level of fitness and can be walked from mid July to the end of September Clear route description and mapping are provided for each hike Stages are graded according to difficulty although all of the routes follow waymarked trails some cross remote and challenging terrain which may include exposed sections calling for a sure foot and a good head for heights However in many instances alternatives are provided avoiding the most demanding sections The guide also offers comprehensive advice on public transport access and accommodation options and background notes on each of the featured mountain regions From narrow ridges to wide glacial valleys and from shimmering fjords to striking alpine peaks Norway is home to many awe inspiring landscapes Throw in the warmth and hospitality of the Norwegian Trekking Association's extensive hut network and you have all the ingredients of a fantastic adventure This guide is an ideal companion to discovering some of Norway's classic shorter hikes and best loved mountain landscapes

Norway Jules Brown, Phil Lee, 1997 This distant land is home to some of the world's most spectacular scenery has one of its most prettily sited cities Oslo and is the northern most accessible point in all of Europe The Rough Guide brings it all alive with detailed coverage of the great outdoors the same tribes the North Cape and all of the lively historic towns along the way 35 maps and plans

Climber's and Hiker's Guide to the World's Mountains Michael R. Kelsey, 1990 The one principal objective of this book is to get the climber or hiker on the right side of the mountain in question and to the top via the normal or easiest route possible This book will not discuss the kinds of clothing and equipment needed for traveling or climbing with the exception of such things as rain gear or ice ax and crampons when special conditions require them Subjects such as geology history and cultures of the people living in the areas surrounding the mountains will not be discussed here with only a few exceptions

Library of Congress Catalog Library of Congress, 1970 A cumulative list of works represented by Library of Congress printed cards

A Hand-book for Travellers in Denmark, Norway, Sweden, and Russia John Murray (Firm), 1839

Library of Congress Catalogs Library of Congress, 1976

Forthcoming Books Rose Arny, 2001

Climber

and Rambler ,1975 **British Books in Print** ,1979 **Norway** ,2008 **Hiking in Norway - North** Mike Laing,2024-11-15 A guidebook to hiking in Norway north of the Arctic Circle including the Lofoten Long Crossing in the region s south west and the Finnmarksvidda in the far north east From 48 165km 30 103 miles in length and taking between 4 and 10 days to walk the trails cover mountain terrain and remote tundra and may cross residual snow at elevation so are suitable for experienced hikers and backpackers Each of the five multi day hikes the Lofoten Long Crossing the Mountains of Narvik the Mountains of Ofotfjorden the Troms Border Trail and Finnmarksvidda are described in detail with accommodation facilities and transport options highlighted and alternative itineraries listed where relevant Some of the trails criss cross over the border into neighbouring Sweden and Finland Includes 1 100 000 mapping of each stage with 1 500 000 trek overview maps also provided Handy route summary tables stage facilities planner and accommodation listings help you plan your itinerary Details of transport and refreshments included for each trek GPX files available to download Sized to easily fit in a jacket pocket **The British National Bibliography** Arthur James Wells,2003 **The Saturday Review of Politics, Literature, Science and Art** ,1873 *The Spectator* ,1873

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