

Focus on Sexuality Research
Series Editor: Heather Hoffmann

Kristen Zaleski

Understanding and Treating Military Sexual Trauma

Second Edition

 Springer

Understanding And Treating Military Sexual Trauma Focus On Sexuality Research

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Understanding And Treating Military Sexual Trauma Focus On Sexuality Research:

Understanding and Treating Military Sexual Trauma Kristen Zaleski, 2018-05-02 This authoritative update presents current findings on and clinically and ethically sound responses to the epidemic of sexual assault in the military. It examines in powerful detail how military culture enables a pervasive subculture of sexual violence from consistently devaluing women to blaming victims and denying them justice. The author's dual attachment trauma theory lens attends to a wide range of outcomes such as unit members closing ranks against survivors and the continuing impact of assault trauma on veterans' lives. And the book's second half critiques standard forms of treating military sexual trauma in favor of individualized therapy addressing the physical, psychological, and neurological aspects of trauma and recovery. This important volume covers Theory and history of sexual violence as a weapon of war. Legal and health considerations in the aftermath of military sexual assault. Critical distinctions between military and civilian legal response to sexual assault. Variations in symptomology among survivors. Specific barriers to services for male and LGBT survivors. New and emerging treatment options for military sexual trauma. PTSD. This Second Edition of *Understanding and Treating Military Sexual Trauma* follows its predecessor as an essential reference on its subject for mental health clinicians treating sexual trauma in the military as well as trauma researchers, sociologists, women's health practitioners, and university students whose focus is women's studies, public policy, public health, social work, psychology, sociology, or political science.

Treating Military Sexual Trauma Lori Katz, 2015-07-20 AN EVIDENCE BASED TEXT FOR UNDERSTANDING AND TREATING MST FROM MULTIPLE PERSPECTIVES The incidence of sexual assault and harassment experienced by members of the U.S. Armed Forces has reached epidemic proportions. Its victims often suffer from devastating lifelong consequences to their careers, health, relationships, and psychological well-being. This authoritative resource is written for mental health clinicians to help in understanding and treating military sexual trauma (MST). Based on a solid foundation of research and clinical expertise, it addresses the complex circumstances of victims of sexual abuse in the military and how clinicians can meet the unique challenges of treating these clients. The book describes how MST differs from other forms of military trauma such as combat and discusses its prevalence, neurobiology, and social contexts as well as unique stressors of betrayal, injustice, struggles with issues of reporting and disclosure, and impact on relationships and sexuality. It reviews current evidence-based interventions and offers insights on treating specific symptoms within MST such as PTSD, anxiety, substance abuse, sleep disorders, and sexual dysfunction. Chapters discuss how a variety of psychotherapies can be used to treat MST, including prolonged exposure, cognitive processing, EMDR, Seeking Safety, acceptance and commitment therapy, and somatic experiencing, as well as the Warrior Renew MST group therapy program. Clinicians who work with veterans and active-duty personnel will find this book an essential guide to working with MST survivors. **KEY FEATURES** Presents a comprehensive clinician's resource with contributions from top experts in the field on the topic of MST. Describes how MST differs from other forms of trauma.

necessitating specialized treatment Provides an overview of MST as well as information on evidence based and emerging treatments *Understanding and Treating Military Sexual Trauma* Kristen Zaleski,2015-04-22 This thorough analysis of sexual assault in the military examines the scope of this long neglected issue using a lens informed by modern day attachment and trauma theories Starting with an overview of sexual violence during wartime it details the cultural and organizational aspects of military life and entrenched ideas about war and masculinity that compound military sexual trauma MST and reinforce barriers to treatment for women and men The book s second half reviews empirically supported interventions for MST survivors recommending therapy that attends to somatic implicit relational based aspects of trauma processing rather than the conventional cognitive therapies currently funded in many military mental health programs This powerful presentation which includes sobering quotes from survivors also raises serious questions about meeting veterans needs training for on and off base clinicians and government funding Included in the coverage The history of sexual violence in war Trauma and recovery in military culture The neurobiology of trauma A military rape sub culture hypothesis about the hidden sexual assault epidemic How military culture and military law affect the immediate aftermath of MST Treating the trauma and not just the memory Questions the one size fits all approach of many trauma therapies for MST Top down cognitive based treatment for MST Body based bottom up psychotherapy for MST *Understanding and Treating Military Sexual Trauma* belongs in the libraries of private practice clinicians and government psychologists It provides cutting edge knowledge to practitioners in training such as graduate level students studying psychology and social work Its dual emphasis on military culture and women s lives will appeal to students in gender studies sociology and program planning disciplines

Military Sexual Trauma: Current Knowledge and Future Directions Carolyn Allard,Melissa Platt,2014-06-11 *Military Sexual Trauma Current Knowledge and Future Directions* showcases the work of several prominent military sexual trauma MST researchers scholars and clinicians from across the United States A review of existing research and original empirical findings converge to indicate that MST contributes to a range of physical health problems complex posttraumatic responses and other mental health consequences above and beyond the effects of other types of traumatic experiences This collection also presents evidence suggesting that MST is often difficult to identify both within the individual military member and within the military population as a whole Recommendations are offered for addressing this problem In addition to the research review and empirical findings an evolutionary framework for understanding sexual assault of women in the military is presented Taken together this collection of works may inform MST intervention and prevention efforts This book was originally published as a special issue of *Journal of Trauma Dissociation* *Studies in Human Sexuality* Suzanne G. Frayser,1987 *Abstracts of the Annual Meeting* American Anthropological Association,2007 **Forthcoming Books** Rose Army,2002 *Dissertation Abstracts International* ,2004 *Unjustly Served* Paula J. Kemp,Marshall Kirkpatrick,2025-10-11 *Unjustly Served The Brutal Reality of Military Sexual Trauma* is a groundbreaking anthology that

pulls back the curtain on one of the military's most devastating secrets. In these raw, unfiltered accounts, survivors of Military Sexual Trauma, both women and men, share their stories of betrayal, retaliation, and survival. These pages hold more than testimony. They are a collective cry for justice, exposing the systemic failures that left survivors silenced, disbelieved, and discarded by the very institution they swore to serve. From rape and harassment to cover-ups and dishonorable discharges, *Unjustly Served* reveals the true cost of silence: broken families, lost careers, and lives cut short by suicide, addiction, and despair. But these stories are also about resilience. Each voice adds to a rising chorus demanding recognition, accountability, and change. For survivors, this book is proof you are not alone. For America, it is a call to finally face the truth and stand with those who served.

Abstracts of the Annual Meeting -- American Anthropological Association American Anthropological Association, 1995 *The Video Source Book* David J. WEINER, 1990 Choice, 2007 **The New Handbook of Psychotherapy and Counseling with Men** Gary R. Brooks, Glenn E. Good, 2001-02-08. Volume one of *The New Handbook of Psychotherapy and Counseling with Men* gives clinicians the practical solutions and proven techniques they need for addressing some of men's most common problems, including depression, drug and alcohol abuse, and addiction, divorce, male aggression, and violence, and sexual dysfunction. The Handbook also shows how to counsel boys and men in a wide variety of circumstances and includes techniques for working with school-aged clients, businessmen, court-ordered clients, college students, prisoners, men in VA hospitals, or rehabilitation settings, and much more. In addition, this volume contains a wealth of information and practical advice about such critical topics as the crises of boyhood, contemporary marriage, therapeutic interventions with fathers, navigating midlife, and sexual integrity.

Continuing Medical Education Syllabus and Scientific Proceedings in Summary Form, 1987 *The Case of Sigmund Freud* Sander L. Gilman, 1993. There is no category of supposed human beings that comes closer to the orangutan than does a Polish Jew, said a Bavarian writer reflecting the eighteenth-century view that Jews were profoundly flawed. The Jewish body, popular opinion held, was malformed from feet to nose and predisposed to a host of illnesses ranging from the plague to hysteria. The Jewish soul had a peculiar stench. The Jewish libido had a tendency toward incest. The Jewish gaze was pathological and precluded the possibility of unbiased observation. By the close of the nineteenth century, these ideas had found their way into European medical journals, and the medical establishment was convinced that Jews were both diseased and perverted. It was an interesting time to be a Jewish physician. In *The Case of Sigmund Freud*, Sander Gilman traces the medicalization of Jewishness in the science and medicine of turn-of-the-century Vienna and the ways in which Jewish physicians responded to the effort to incorporate this racist biological literature into medical practice. Focusing on the new science of psychoanalysis, Gilman looks at the strategic devices Sigmund Freud employed to detach himself from the stigma of being Jewish and shows how Freud's work in psychoanalysis evolved in response to the biological discourse of the time. In order to circumvent the prevailing debates about race, Gilman argues, Freud carefully formulated the particular biological charges against the Jew.

into a universal definition of a human being As a consequence his early psychoanalytic theories transcended the controversies about biological determinism and yet remained framed by them BOOK JACKET Title Summary field provided by Blackwell North America Inc All Rights Reserved *Alternative Press Index* ,1997 Los Angeles Times ,1977
Schizophrenia Bulletin ,2004 **Current Index to Journals in Education** ,2002 Books in Print Supplement ,2002

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