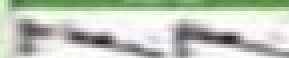
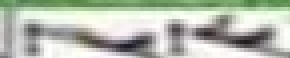
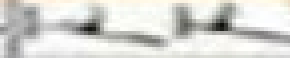


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Total Gym Ultra Exercise Manual

Selene Yeager, Editors of Men's Health



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