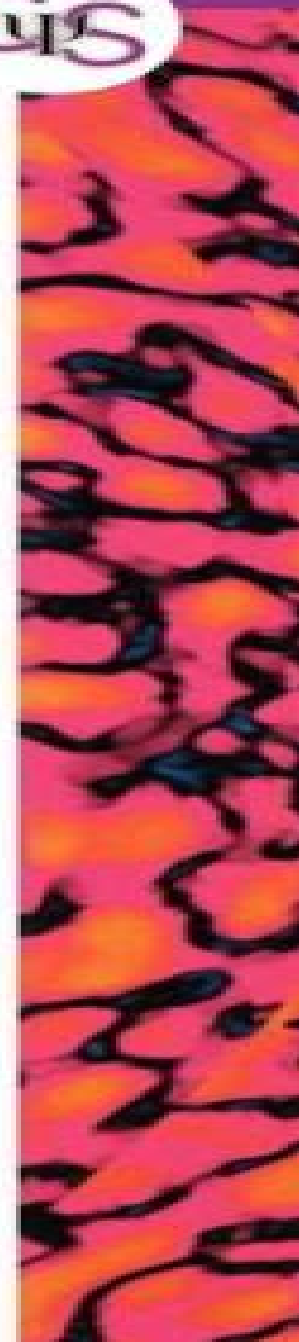


The Trauma of Sexual Assault

Treatment,
Prevention
and Practice

Edited by
Jenny Petrak and
Barbara Hedge



The Trauma Of Sexual Assault Treatment Prevention And Practice

Helen Owton



The Trauma Of Sexual Assault Treatment Prevention And Practice:

The Trauma of Sexual Assault Jenny Petrak, Barbara Hedge, 2003-07-07 The psycho social needs of victims of rape and sexual assault are increasingly recognised and there is a need for a critical synthesis of knowledge and practice to support the development of training and best practice in the mental health and sexual health professions The Trauma of Sexual Assault provides an understanding of the theoretical underpinning of the wide range of clinical problems that can follow sexual assault Focusing on adult victims of sexual assault this book brings together research findings theoretical perspectives and implications for treatment longer term management and future policy The first text to consider the psychological impact of sexual assault on women and men Incorporates a comprehensive flow through model of psychological and social management from the initial presentation of the assaulted person onwards A much needed reference accessible to a wide range of professionals Part of the Wiley Series in Clinical Psychology *Translating Psychological Research Into Practice* Lisa R. Grossman, Steven Walfish, PhD, 2013-11-15 It is refreshing to see both a researcher's and a clinician's viewpoint The case examples in the clinician sections are great learning tools This is a wonderful reference for both new therapists and seasoned veterans Researchers also will learn how clinicians use theories in the real world Score 92 4 Stars Doody's Medical Reviews The format whereby the evidence for efficacy of psychological interventions for the problem in question is reviewed by an expert followed by a clinician presenting a case where these treatments were actually utilized and the real life problems one runs up against in the course of treatment is innovative enough But then to repeat this for 65 different problems in a manageable and succinct format represents a true integration of science and practice in a way that will move us forward David H Barlow PhD ABPP Center for Anxiety and Related Disorders Boston University It is only through the development of true partnerships between researchers and clinicians that mental health treatment can achieve an optimal level of success This highly accessible desk reference will assist clinicians in easily incorporating findings from current evidence based research into their day to day practice It bridges the gap between empirical research and the needs of practicing clinicians and clinicians in training The guide brings together respected researchers and clinicians to discuss approaches to treating over 60 problem areas for adults adolescents and children It provides concise easily digestible summaries of the most current evidence based research regarding interventions for many of the most common clinical disorders and mental health issues encountered in everyday clinical practice These summaries present research that has been translated by experienced clinicians into practical applications that can be easily incorporated in therapeutic practice Research coverage of each problem area includes Brief description Incidence prevalence data Summary findings of best practices for treatment Suggestions for research directions Key references for further consultation The corresponding clinical application includes Response to the research summary Case example that applies the evidence based research to clinical practice Identification of challenges and cultural considerations in applying these interventions Suggestions for

future research Key references By presenting the perspectives of the mental health researcher and clinician side by side this reference facilitates an important dialogue that narrows the gap between research and practice and ultimately fosters better mental health outcomes for clients Key Features Covers over 60 of the most frequently encountered disorders and issues for both adult and pediatric clients that mental health clinicians face today Brings together leading researchers and clinicians to discuss their approaches to treating a clinical problem area Summarizes the current research on treatments in each problem area Interprets research for clinicians offering practice wisdom that helps them become more effective evidence based practitioners

Applied Psychology Graham C. Davey,2023-04-12 APPLIED PSYCHOLOGY A practical and easy to understand introduction to applied psychology In the newly revised second edition of Applied Psychology distinguished psychologist and author Graham Davey delivers an accessible introduction to the main areas of applied psychology from the perspectives of practitioners and researchers in the United Kingdom Europe and other parts of the world It explains the core psychological knowledge and research that underpins the most commonly employed areas of applied psychology This latest edition adds eight brand new chapters that cover emerging topics in applied psychology and extensive revisions to all other applied psychology chapters The book is accompanied by a resource website that offers a wide range of teaching and learning features including a test bank instructor slides and a collection of professional and training chapters Readers will also find Thorough introductions to clinical health forensic and educational psychology Comprehensive explorations of occupational sport and counselling psychology Practical discussions of coaching psychology including the application of psychological theory during coaching Fulsome treatments of emerging topics in applied psychology including environmental consumer community and political psychology Perfect for Level 1 introductory psychology students Applied Psychology will also benefit Level 2 and 3 students seeking core theoretical and professional information and be valuable for Masters students training for future practice

The Essentials of Clinical Health Psychology Paul Kennedy,Susan Llewelyn,2006-02-22 This selection of carefully chosen chapters from the prestigious Handbook of Clinical Health Psychology focus on the more practical issues that are of particular relevance to the busy practitioner It is a well referenced but practical resource which provides an authoritative up to date guide to empirically validated psychological interventions in health care Informative and practical a guide to action An authoritative critical and evidence based synthesis of knowledge that will guide best practice Easy to use format intended for practitioners who want to ensure their practice is state of the art

Social, Psychological, and Forensic Perspectives on Sexual Abuse Gopalan, Rejani Thudalikunnil,2018-01-15 Sexual abuse a topic still struggling to break free of its social taboos is an issue that must be addressed assessed and discussed in order to further efforts for prevention and treatment Social Psychological and Forensic Perspectives on Sexual Abuse is an important resource that comprehensively examines the prevalence assessment causes and impacts of sexual violence from cultural legal psychosocial theoretical and medical viewpoints Discussing difficult but relevant issues including forensic assessment legal

ramifications mental health risk assessment and effects on family life this book is geared towards researchers mental health professionals clinicians and special educators seeking current research on prevention assessment and rehabilitation in sexual abuse *Sexual Offending and Mental Health* Julia Houston, Sarah Galloway, 2008 Sexual Offending and Mental Health draws together theoretical clinical and mental health issues for the range of professionals working with sex offenders and those who have behaved in sexually inappropriate ways The book describes current influential models of sexual offending and the developmental psychological and social factors involved

The ^ASchool Practitioner's Concise Companion to Preventing Violence and Conflict Cynthia Franklin, Mary Beth Harris, Paula Allen-Meares, 2008-09-22 The School Practitioner s Concise Companion to Preventing Violence and Conflict make the rich material on this subject from the School Services Sourcebook available to an audience seeking short focused and affordable resources The chapters retain the reader friendly format and uniform sections familiar from the Sourcebook Getting Started What We Know What We Can Do Tools and Practice Examples Key Points to Remember and Resources but are amplified by a small format layout designed to visually appeal to busy practitioners facing competing demands on their time

The SAGE Handbook of Counselling and Psychotherapy Colin Feltham, Terry Hanley, Laura Anne Winter, 2017-09-20 At over 700 pages and with more than 100 contributions this Fourth Edition brings together the essentials of counselling and psychotherapy theory research skills and practice Including new content on assessment theory applications and settings and with new chapter overviews and summaries this continues to be the most comprehensive and accessible guide to the field for trainees or experienced practitioners

Principles of Trauma Therapy John N. Briere, Catherine Scott, 2014-03-25 Thoroughly updated with DSM 5 content throughout Principles of Trauma Therapy Second Edition DSM 5 Update is both comprehensive in scope and highly practical in application This popular text provides a creative synthesis of cognitive behavioral relational affect regulation mindfulness and psychopharmacologic approaches to the real world treatment of acute and chronic posttraumatic states Grounded in empirically supported trauma treatment techniques and adapted to the complexities of actual clinical practice this book is a hands on resource for front line clinicians those in private practice and graduate students of public mental health

The Case Study Guide to Cognitive Behaviour Therapy of Psychosis David Kingdon, Douglas Turkington, 2003-03-28 This is a practical volume which reflects how treatment programmes can be compatible with the reality of service delivery and mental health provision in an organisational context It also supports both training and clinical practice by presenting examples of clinical cases to illustrate the assessment treatment planning and implementation processes of CBT for psychosis Based on extensive clinical experience and real life service settings Deals with the roles of several mental health disciplines as they combine in the these treatment programmes Cases from a variety of settings inpatient outpatient community Describes techniques used with the full range of symptoms Part of the Wiley Series in Clinical Psychology

The Routledge International Handbook of Social Work and Sexualities SJ Dodd, 2021-07-19 This Handbook is the first volume to address the

dynamic issues related to sexuality from a social work perspective by providing a comprehensive current and international overview of issues related to sexuality It explains how each issue is important and critically discusses the leading views in the area providing diverse and inclusive perspectives from leading scholars in the field Divided into seven parts Structural Context Sexual Identities Sexuality through the Lifespan Health Mental Health and Sexuality Sexual Health and Well Being Pleasure Desire and Consent Practice Issues Regulating Sexuality Historical and Contemporary Legislation It will be of interest to students academics researchers and practitioners of social work and related health and social care subjects and is particularly relevant for practice courses as well as courses on Human Growth and Development and Human Behavior in the Social Environment [The Complete Guide to Overcoming Traumatic Stress \(ebook bundle\)](#) Ann Wetmore, Claudia

Herbert, John Marzillier, 2013-01-17 Terrible events are very hard to deal with Those who go through a catastrophic life experience such as a car accident assault long term abuse an illness or bereavement often feel permanently changed by the impact of what has happened They become numb and shut off from those around them or grief or guilt may constantly weigh them down Memories of horrifying scenes may intrude unexpectedly during waking hours while sleep may be disturbed by vivid unpleasant dreams These two practical guides on trauma and how to cope with its aftermath are written by internationally recognised trauma experts Overcoming Traumatic Stress Claudia Herbert Ann Wetmore Based on cognitive behavioural therapy CBT this self help guide offers a step by step programme to help you to understand your traumatic experience and how it is affecting you and to start to rebuild your life Traumatic stress responses including Post Traumatic Stress Disorder PTSD result from a person's coping mechanisms having been completely overwhelmed by a terrible experience Flashbacks may be so severe that sufferers may feel that they are losing their sanity and subsequently become ever more isolated in their distress To overcome the effects of trauma it is necessary to change those reactions and begin to see events in a different light This book demonstrates with practical advice and tested exercises how to find new effective ways of coping with and finally overcoming traumatic stress To Hell and Back John Marzillier In this innovative and engaging book world renowned psychologist John Marzillier dovetails first hand accounts from trauma sufferers with over 40 years of clinical practice to provide an honest human description of how trauma affects us at the time and also after the event Whether discussing accounts of terrorist bombings natural disasters road accidents or physical attacks he looks at what these experiences do to us and offers practical and consoling advice for both sufferers and their loved ones on coping with the experience and developing resilience for the future **Sexual Abuse in Sport** Helen Owton, 2016-11-22 This book is

about sexual abuse in sport and specifically about one girl's experience of long term chronic abuse in sport A non conventional approach is employed to explore the experiences of a female athlete named Bella who was groomed sexually abused by her male coach and then subjected to years of athlete domestic violence Through a collaborative auto ethnography process these experiences are reported through vignettes and selected poems seeking to involve the reader in the grooming

process of a young female athlete so that they might react from the different social positions they currently occupy Bella's story acts as a pedagogical resource in ways that stimulate ethical discussions and enhance knowledge of sexual abuse in sport by assisting those involved to better understand their own field and the dynamics of abuse within it in order to develop effective abuse prevention strategies

Person-Based Cognitive Therapy for Distressing Psychosis Paul

Chadwick, 2006-06-14 This book provides a practical framework for using a person based cognitive therapy approach for addressing the range of problems experienced by people with psychosis Chapters 1-4 provide a context for the approach and chapters 5-12 cover the clinical application of the approach Key features include the integration of the author's work on Mindfulness simple meditation technique that is similarly creating a lot of interest at present for people with psychosis inclusion of the two chair method plus a chapter on group therapy

Cognitive Therapy for Chronic and Persistent

Depression Richard G. Moore, Anne Garland, 2004-02-06 This volume provides the most comprehensive presentation to date of the phenomenology clinical aspects and cognitive therapy of persistent depression The text is highly readable replete with illustrative case material and highlighted by concise summaries at the end of each chapter The treatment approach already validated in the famed Cambridge Newcastle clinical trial is an invaluable contribution Aaron T Beck M D Drawing on extensive clinical experience Richard G Moore and Anne Garland present a cognitive model of persistent depression that places particular importance on the role of thinking styles underlying beliefs subtle forms of avoidance and environmental factors For the practitioner this book offers guidance on how to address particular issues that commonly arise at each stage of therapy such as the patient is reluctant to engage in therapy the patient's negative thinking does not respond to standard therapeutic techniques the patient's negative beliefs have much basis in their experience the therapist becomes demoralised by the apparent lack of progress in therapy Through extensive clinical material Cognitive Therapy for Chronic and Persistent Depression demonstrates how entrenched negative thinking patterns and ongoing avoidance can be addressed to achieve significant change in many people's lives This book is essential reading for any therapist working with these hard to help patients such as clinical psychologists psychiatric nurses psychiatrists social workers and counsellors

Substance Misuse in Psychosis Hermine L. Graham, Alex Copello, Max J. Birchwood, Kim T. Mueser, 2003-02-07 The prevalence of substance

abuse in the severely mentally ill is higher than that in the general population making this a serious issue for clinicians Integrated treatment although the most widely adopted approach is subject to tremendous variation in its operationalisation especially throughout different parts of the world Substance Misuse in Psychosis presents the latest international developments and practical treatment interventions that can be used with co-morbid individuals and their families Different social and cultural contexts are described and contrasted along with treatment approaches that have been tailored to address the needs of the severely mentally ill A final section considers sub-groups e.g. the young the homeless outlining the special issues that need to be considered when providing services for these groups

Handbook of Clinical Health Psychology

Susan Llewelyn, Paul Kennedy, 2005-01-21 The Handbook of Clinical Health Psychology provides a comprehensive overview of the practice of clinical health psychology. It is primarily a well referenced but practical resource which provides an authoritative up to date guide to empirically validated psychological interventions in health care. Each contributor provides a conceptual synthesis of the area and how key models are related to formulation, service delivery and research. The book also considers contextual issues and the importance of topics such as ageism and power which may have an impact on how health psychology is delivered by practitioners and experienced by recipients of services. It also seeks to provide a summary of evidence concerning crucial aspects in the delivery of care such as adherence, rehabilitation and stress. The biopsychosocial model is the major theoretical model underpinning all contributions but use is also made of other models. Informative and practical a guide to action. An authoritative critical and evidence based synthesis of knowledge that will guide best practice. Easy to use format intended for practitioners who want to ensure their practice is state of the art. [An Introduction to Cognitive Behaviour Therapy](#)

David Westbrook, Helen Kennerley, Joan Kirk, 2007 Well supported by research evidence cognitive behaviour therapy CBT has become one of the most widely practised and most popular therapeutic approaches. For those new to the approach this practical text sets out the core concepts and generic skills of CBT. [Global Empowerment of Women](#)

Carolyn M. Elliott, 2007-12-12 The empowerment of women is a broadly endorsed strategy for solving a host of difficult problems from child poverty to gender violence to international development. The seventeen international scholars in this multi disciplinary volume offer thoughtful critiques of the notion of empowerment based on their studies in twenty countries in all regions of the world. The comparative introduction places concepts of empowerment in the context of models of the market and of community showing how contradictions in these models as they are enacted on the ground provide both spaces and constraints for women. The chapters consider opportunities for women in the context of globalization, resurgent nationalism and politicized religion, cultures of masculinity and the HIV AIDS epidemic in Africa. They show how initiatives at national or global levels are transformed by local cultures and power structures and demonstrate the fruitfulness of tensions between universal values of human rights and contextualized understandings. This landmark multi disciplinary collection of original studies by distinguished international feminist scholars will be an essential addition to the fields of Political Science, Women's Studies, Economics, Sociology, International Development and Environmental Studies. [Obsessive-Compulsive Disorder](#)

Ross G. Menzies, Padmal de Silva, 2003-07-11 Obsessive Compulsive Disorders (OCDs) involve habitual repetitive behaviours that can be bizarre, disruptive and eventually disabling. They can destroy lives and relationships and are one of the most common of the emotional disorders. The last five years have seen substantive advances in the state of knowledge of all aspects of OCD and this volume brings together many of the recognised leaders in the field to provide a state of the art account of theory, assessment and practice in treatment. A comprehensive text for trainees and practitioners. Presents current theories as well as treatment focusing mainly on Cognitive Therapy methods of treatment. Covers the assessment, nature and

treatment of a wide range of sub types of OCD Written by an international team of experts Part of the renowned Wiley Series in Clinical Psychology

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