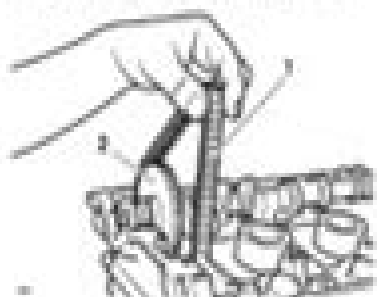


- Progressively tighten the bolts securing the camshaft cap ladder to the head in the sequence given below.



Camshaft Ladder Bolt Release Sequence

- Remove the camshaft cap ladder and collect the bolts (if loose) and wash plug (lower Gudge).
- Lift the camshaft drive chain from the exhaust camshaft sprocket and remove the exhaust camshaft.
- Repeat the procedure for the inlet camshaft.



- Camshaft drive chain
- Inlet camshaft

Note

- The inlet and exhaust camshafts are different. They can be identified by a plain section in the centre of the exhaust camshaft and a groove in the same place on the inlet camshaft.



- Exhaust camshaft
- Plain section
- Inlet camshaft
- Groove section

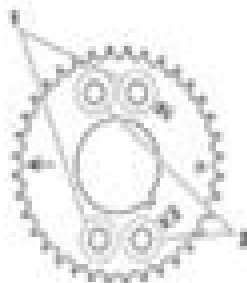
Camshaft and Bearing Cap Inspection

- Inspect the camshaft sprockets for damaged and worn teeth. Replace as necessary.

Caution

The same sprocket is used for both inlet and exhaust camshafts. To attach the sprocket to the different camshafts, different bolt holes are used.

Never fit a camshaft sprocket to a camshaft using incorrectly identified bolt holes. Serious engine damage will result from incorrect attachment.



- Inlet camshaft bolt holes
- Exhaust camshaft bolt holes

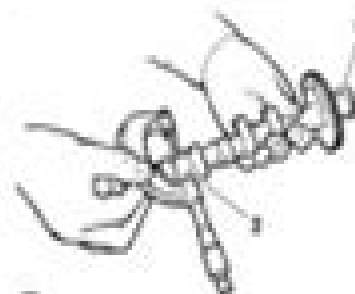
- Measure the camshaft journals with a micrometer. If any journal is outside the specified tolerance, replace the camshaft.

Gudgeon Journal Clearance

Standard	0.020 - 0.030 mm
----------	------------------

Standard Journal Clearance

Standard	0.001 - 0.002 mm
----------	------------------



- Gudgeon journal
- Standard journal

- Examine all camshaft and camshaft bearing caps for excessive wear and damage, paying particular attention to the bearing caps.
- Check the journal-to-head clearance, using Plastigage (Triumph part number 5000101100) as follows:

- Ensuring that the camshaft sprocket alignment marking is located as far forward as possible, one camshaft in the head and progressively tighten the bearing caps and camshaft cap ladder to 10 Nm.
- Remove the camshaft cap and camshaft cap ladder using the bolt release sequence given earlier. Wipe the exposed areas of both the camshaft journal and a single cap or cap area of the ladder.
- Apply a thin smear of grease to the journal and a small quantity of oil to the cap area of the cap.
- Size a length of the Plastigage to fit across the camshaft journal. Fit the Plastigage to the camshaft journal using the grease to hold the plug in place.

- Tighten the cap and camshaft cap ladder then evenly and progressively tighten all the camshaft cap and ladder bolts to 10 Nm in the correct sequence (see camshaft installation).
- Remove the cap bolts and remove the cap ladder. Using the gauge provided with the Plastigage kit, measure the width of the now compressed Plastigage.

Note

- The camshaft caps and ladder are unique to each cylinder head and are, therefore, not available individually. If a camshaft cap or the ladder is worn or damaged, the complete cylinder head must be replaced.



Measuring The Compressed Plastigage

- Calculate the journal clearance using the Plastigage chart supplied with the Plastigage kit.

Camshaft journal clearance, Standard

Standard	0.040 - 0.050 mm
Service limit	0.15 mm

Camshaft journal clearance, Gudgeon

Standard	0.001 - 0.002 mm
Service limit	0.15 mm

- If the clearance measured is within the specified tolerance, remove the capladder and clean off all traces of Plastigage from the camshaft.

Note

- If the measured clearance is outside the tolerance, and the camshaft journals are within tolerance, the cylinder head must be replaced.

Triumph Sprint Gt Owners Manual

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A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the Causey Enterprises, LLC text.

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