

Your Fantastic Elastic Brain

Jon Saphier

Your Fantastic Elastic Brain:

Your Fantastic Elastic Brain JoAnn Deak, 2010 Teaches children that they have the ability to stretch and grow their own brains delivers the crucial message that mistakes are an essential part of learning and introduces the brain s anatomy Your Fantastic Elastic Brain Joann Deak, 2010 A Mom s Choice Gold Award Winner What does your brain really do Did you know you can stretch and grown your own brain Or that making mistakes is one of the best ways your brain learns Just like how lifting weights helps your muscles get stronger trying new things without giving up strengthens your brain This fun and engaging introduction to the anatomy and functions of the brain will empower each young reader to STR ETCH and grow their Fantastic Elastic Brain Other Awards for Your Fantastic Elastic Brain The Moonbeam Gold Award for Non Fiction Picture Book The Pewter Gold Ink Award for Distinguished Printing The Parent's Choice Silver Award for Interior Design Children's Young Adult The Nautilus Silver Award for Children's Non Fiction The IBPA Benjamin Franklin Silver Winner for Interior Design Children's Young Adult Next Generation Indie Award Finalist for Children's Juvenile Good Night to Your Fantastic Elastic Brain JoAnn Deak, Terrence Deak, 2022-04-05 Written by two brain Nonfiction experts this STEM picture book is packed with fascinating science and fun facts about the importance of sleep that will have kids excited to get a good night's rest Go to sleep and grow your brain During the day your brain helps you do things like eat walk play with friends and learn new things and using your brain helps it stretch and get stronger But did you know that you have the power to grow and train your brain just by going to sleep In fact while you re resting your brain is doing some of its most important work Learn about the important jobs your brain does at night like Locking in what you learned during the day Resetting itself so that it's ready when you wake up Even taking a bath to make sure it's clean and healthy Perfect for parents and educators Good Night to Your Fantastic Elastic Brain is an excellent tool to teach kids about brain development growth mindset and the power of making healthy choices like getting enough sleep Mindsets in the Classroom Mary Cav Ricci, 2024-05-02 The latest edition of Mindsets in the Classroom provides educators with ideas and strategies to build a growth mindset school culture wherein students are challenged to change their thinking about their abilities and potential through resilience perseverance and a variety of strategies This updated edition contains content from the first and second edition eliminates content that is no longer relevant and adds a layer of learning that has occurred since the original publication lessons learned through more recent brain research implementation of the concept by educators across the world as well as the author's own observations and reflections after working in schools coaching educators and talking with teachers administrators parents and students about their own mindsets With this book s easy to follow advice tasks and strategies teachers can grow a love of learning while facilitating the development of resilient successful students

<u>Mindsets for Parents</u> Mary Cay Ricci, Margaret Lee, 2023-12-19 All parents want their children to be successful but success is not just about giving your kids praise or setting them on the right direction Research shows that success is often

dependent on mindset That's where the updated edition of Mindsets for Parents comes in Designed to provide a roadmap for developing a growth mindset home environment this book s conversational style and real world examples make the popular mindsets topic approachable and engaging It includes tools for informally assessing the mindsets of both parent and child easy to understand updated brain research brand new examples and prompts for self reflection as well as suggested strategies and resources for use with children of any age Also included in this updated edition are book club questions designed to get parent groups thinking and collaborating in order to make the most of these strategies This book gives parents guardians coaches caregivers and anyone who works with children powerful knowledge and methods to help themselves and their children learn to embrace life's challenges with a growth mindset and an eye toward increasing their effort and success **Bold School** Tina Jagdeo, Lara Jensen, 2017-07-10 The move toward teaching through inquiry is evident in curriculum documents across the continent In this book you ll find a clear approach for incorporating inquiry into your classroom Based on current research and solid classroom experience authors Tina Jagdeo and Lara Jensen examine what inquiry is then break it down into manageable steps that can be used with any K 12 age group They explore and explain each step providing real life classroom examples The Bold School model provides a four step inquiry process as a manageable way to deepen understanding and solve a problem or issue focuses on the importance of critical creative and compassionate thinking skills in today s world uses provocations to kickstart inquiry and encourage students to wonder builds a toolkit of strategies for research encourages divergent thinking to brainstorm ways students can make a difference in local and global contexts explores a variety of ways to take action shows administrators how to support teachers to teach through inquiry Growth Mindset Lessons Shirley Clarke, Katherine Muncaster, 2017-02-20 Practising teacher and mindset expert Katherine Muncaster has combined with best selling author Shirley Clarke to produce this must have handbook for anyone looking to embed a growth mindset culture across their primary school With practical strategies lesson plans and extensive examples and realia in full colour this comprehensive resource takes the concept of growth mindset and turns it into a powerful reality A comprehensive and practical scheme of work which will develop a powerful learning culture throughout your school A tangible way to put growth mindset into action which has been developed tested and trialled by Katherine Muncaster Co authored by leading professional development expert Shirley Clarke Supported by easy to access classroom video clips that provide demonstrations of the impact of this approach in lessons Productivity and Peak Performance: Secrets to Extraordinary Focus, Efficiency, and Time Management from the World's Top Performers Ian Tuhovsky, Do You Want To Be The Best Version Of Yourself Do you want to get the big promotion score that big raise quit your bad habits and build your dream life If you are reading this then the answer is probably YES I DO Great Let's Break The Barriers That Are Holding You Back Unleash Your True Potential But first let's talk about successful men and women The pioneers The visionaries The ones at the top of the ladder Elon Musk Warren Buffett Bill Gates Oprah Winfrey Jeff Bezos

Richard Branson They were not born with the peak productivity or the ultra success genes Even if Elon Musk was an office worker or Jeff Bezos was a carpenter success would find them The question is simple Why Because those Chosen Few have a system A strategy that allows them to reach peak performance master time management and supercharge productivity That s what you are about to learn too Top 5 Key Takeaways From This Peak Performance Book Understand Yourself What You Can Do Discover What Matters Set Your Eye On The Price Prepare For Success Do Not Let The Fear Of Failure Prevent You Reorient Your Priorities Start Building Habits That Get You Closer To Your Goal Be Laser Focused Stop Multitasking Be Consistent No Matter The Circumstances Each Day Why Choose This Step By Step Peak Performance Life Guide Ian Tuhovsky the best selling author of Self Discipline Mental Toughness Mindset and Emotional Intelligence A Practical Guide to Making Friends with Your Emotions and Raising Your EQ has created an in depth analysis of positive psychology performance management performance psychology and time management productivity that will allow you to Manage Your Time unlike other time management books this focus book will help you make the most of your time Trust The Process progress is a slow process and top performance is the fruit of a day by day process Build Good Habits just like all other Ian Tuhovsky books this psychology book will offer you an easy to follow plan MY GIFT TO YOU INSIDE Link to download my 120 page e book Mindfulness Based Stress and Anxiety Management Tools for free What Are You Waiting For Click Buy Now How to Take the ACHE Out of Mistakes Kimberly Feltes Break Your Own Barrier Become A Top Performer Taylor, Eric Braun, 2020-06-30 A fun and funny way for kids to learn about mistakes and how to recover from them Making a mistake can leave anyone feeling sick in the stomach or thinking that the world is going to end Learning how to cope with mistakes and how to stop that ache can be one of the hardest parts of growing up The latest entry in Free Spirit's acclaimed Laugh and Learn series takes a closer look at the mistakes kids make honest and intentional and offers practical advice on how to bounce back With a healthy dose of humor readers learn that embarrassing moments aren t forever and a sincere apology can go a long way Laugh Learn Series Realistic topics practical advice silly jokes fun illustrations and a kid centric point of view all add up to one of the most popular series young people turn to for help with school families siblings and more Kids ages 8 13 can tote these pocket size guides anywhere and learn to slash stress give cliques and rude people the boot get organized behave becomingly and in general hugely boost their coping skills Connections Over Compliance: Rewiring Our Perceptions of Discipline Lori L Desautels, 2020-09-22 The developing brains of our children need to feel safe Children who carry chronic behavioral challenges are often met with reactive and punitive practices that can potentially reactivate the developing stress response systems This book deeply addresses the need for co regulatory and relational touch point practices shifting student focused behavior management protocols to adult regulated brain and body states which are brain aligned preventive and relational discipline protocols This new lens for discipline benefits all students by reaching for sustainable behavioral changes through brain state awareness rather than compliance and obedience When it Matters

Most Keven Fletcher, 2016-06-07 Disconnected arrogant and a little too fond of scotch Simon drifts through the routines of his day garnering the praise that sustains him Decades of experience provide a menu of phrases and gestures to soothe and gently manipulate those in his care His pastoral gifts are particularly evident when he presides at funerals where he savors equally the admiration of onlookers and the extra paycheck Simon s only point of tension rests with his nineteen year old daughter Ailish whom he loves but no longer enjoys Both are resigned to their cohabitation enduring as they wait for the day she completes her degree and they are released A knock on the office door interrupts the uniformity of his days when an unfamiliar child challenges Simon over his handling of a eulogy Transfixed by her unlikely maturity he continues to listen even as the child relates a wisdom story By the time she departs Simon finds himself no clearer about her identity and far less certain of his own With each subsequent interaction with the dying and their families Simon encounters another enigmatic visitor who compels him to break routines and delve more deeply into his own life and relationships Woven around wisdom tales with roots in Buddhist Christian Jewish Islamic and Taoist traditions When It Matters Most explores how our framing of relationships grief and purpose impacts our own experience and the lives of those around us Drawing on a background of corporate leadership mediation and religious thought Keven Fletcher works as a storyteller and advisor within a globally diverse academic community Professional Learning from Classroom-Based Inquiries Jyoti Rookshana Jhagroo, Patricia Martha Stringer, 2023-09-29 This book provides authentic practice based inquiries by pre service teachers Their reflective narratives showcase their individual inquiries as they navigated their self chosen professional learning journeys through the teaching as inquiry framework. The narratives advance what it means to be a reflective practitioner in practice and highlight necessary dispositional skill sets to attain valuable professional learning through inquiry Through an inquiry stance pre service teachers are liberated from being knowledge consumers to local knowledge producers relevant to their practice The dissonance this shift creates negates the comfortable doing of teaching to make the act of teaching The Growth Mindset Coach, Second Edition Annie Brock, Heather Hundley, 2025-11-04 authentic relevant and powerful Bring growth mindset strategies into the classroom with the newly updated version of this best selling easy to follow guide for teachers to empower learning through grit and resilience The teacher favorite The Growth Mindset Coach returns in a fully updated second edition featuring fresh strategies research and resources to help unleash students potential through innovative lessons empowering messages and cutting edge teaching techniques This new edition expands its focus to address the evolving needs of today s diverse classrooms while incorporating the latest research and trends in education The Growth Mindset Coach Second Edition provides the tools and advice needed foster a growth mindset classroom including A refreshed month by month program with adaptable lessons for middle and high school students Updated research based activities from the latest studies New hands on lesson plans incorporating social emotional learning SEL concepts Fresh real life educator stories reflecting today s classroom realities Constructive feedback techniques grounded in the latest psychological research

Updated sample parent letters and communication techniques New content on AI as a teaching tool and how to embrace new classroom technology Studies show that growth mindsets result in higher test scores improved grades and more engaged students When your students understand that their intelligence is not limited they succeed like never before With the tools in this book you can motivate your students to believe in themselves and achieve anything **Implementing Project Based Learning in Early Childhood** Sara Lev, Amanda Clark, Erin Starkey, 2020-05-17 This ground breaking book proves that Project Based Learning PBL does work in early childhood classrooms Most common understandings of PBL in Pre K through 2nd grade are rife with assumptions misconceptions and perceived barriers that have prevented its widespread implementation Implementing Project Based Learning in Early Childhood breaks down these barriers offering teachers and leaders at various stages of PBL implementation the tools resources instructional strategies and suggestions needed to dispel the myths and discover the truth Full of practical approaches and strategies chapters encourage you to consider your current practices from new perspectives while Reflect and Connect sections provide opportunities to think through your questions make connections to your current practices and plan your next steps Educators will gain a deep understanding of PBL in early childhood and build their confidence to engage all students in high quality Project Based Learning from the beginning The Growth Mindset Coach Annie Brock, Heather Hundley, 2016-09-13 Empower learning of the school year to the end through grit and resilience with this easy to follow teacher s guide to growth mindset strategies Created by teachers for teachers this is the ultimate guide for unleashing students potential through creative lessons empowering messages and innovative teaching The Growth Mindset Coach provides all you need to foster a growth mindset classroom including A Month by Month Program Research Based Activities Hands On Lesson Plans Real Life Educator Stories Constructive Feedback Sample Parent Letters Studies show that growth mindsets result in higher test scores improved grades and more in class involvement When your students understand that their intelligence is not limited they succeed like never before With the tools in this book you can motivate your students to believe in themselves and achieve anything Second Grade Math With Confidence Instructor Guide Kate Snow, 2022-06-28 A scripted open and go program that will have you teaching math confidently even if you we never taught math before From popular math educator Kate Snow this easy to use program will give parents the tools they need to teach Math with Confidence even if they ve never taught math before Short engaging and hands on lessons will help children develop a strong understanding of Second Grade math step by step reading writing and comparing numbers to 1000 adding and subtracting 2 and 3 digit numbers solving addition and subtraction word problems telling time counting money and measuring length reading graphs identifying 2 D and 3 D shapes and understanding simple fractions Children will develop both strong number sense and a positive attitude toward math with fun activities like Pretend Restaurant Measurement Tag and Fraction Bump All you ll need are this Instructor Guide the Student Workbook and simple household items like play money base ten blocks a clock and a ruler to make math come alive for children Short hands on and developmentally appropriate lessons Games and pretend activities make math fun Easy to use with clear directions and explanatory notes Delightful and optional weekly enrichment lessons with picture book recommendations and real life math extension activities Memory work and daily review to ensure children retain what they we learned and master essential skills

Making Time for It All Kristi Cooper, 2025-06-11 Teaching literacy often feels like a balancing act between best practices and instructional time This book offers a practical solution for creating a research based literacy program that is responsive manageable and meets the needs of diverse students It provides a clear structure for whole class lessons small groups and independent practice in reading writing and word work allowing teachers to maximize instructional time while incorporating existing practices With concrete strategies low floor high ceiling activities and real life examples this book helps teachers reach every learner build a literacy rich environment and feel confident that they are making time for it all Expectations Teaching Jon Saphier, 2016-11-22 The myth of fixed intelligence debunked For all the productive conversation around mindsets what s missing are the details of how to convince our discouraged and underperforming students that smart is something you can get Until now With the publication of High Expectations Teaching Jon Saphier reveals once and for all evidence that the bell curve of ability is plain wrong that ability is something that can be grown significantly if we can first help students to believe in themselves In drill down detail Saphier provides an instructional playbook for increasing student confidence and agency in the daily flow of classroom life Powerful strategies for attribution retraining organized around 50 Ways to Get Students to Believe in Themselves Concrete examples scripts and classroom structures and routines for empowering student agency and choice Dozens of accompanying videos showing high expectations strategies in action All children in all schools regardless of income or social class will benefit from the strategies in this book But for children of poverty and children of color our proficiency with these skills is essential in many ways life saving Jon Saphier challenges us all educators students and parents to get started today About Jon Saphier The author of nine books including The Skillful Teacher Jon Saphier is founder and president of Research for Better Teaching Inc RBT a professional development organization dedicated since 1979 to improving classroom teaching and school leadership throughout the United States and **Teaching Beyond the Diagnosis** Casey Harrison, 2025-03-05 Tips for tailoring instruction and meeting internationally the needs of dyslexic learners Looking through both academic and social emotional lenses this book will deepen your understanding of dyslexia and help you feel confident in your interactions and implementation of instruction with your dyslexic learners Written for educators and schools looking for ways to meet the social and emotional needs of dyslexic learners scaffold instruction and successfully implement accommodations Teaching Beyond the Diagnosis provides a concrete framework for promoting self confidence and student success Author Casey Harrison creator of The Dyslexia Classroom shares her unique approach to creating dyslexia friendly classrooms providing accommodations and in the moment scaffolds as well as helping students build self advocacy skills This book will allow you to Meet the needs of dyslexic

learners both academically and emotionally Understand what dyslexia is how it impacts learning and what implications it has beyond the reading classroom Learn research based techniques to enhance differentiate and scaffold instruction promoting learning in students with dyslexia Develop empathy and understanding both in yourself and in the broader educational community and promote inclusive classrooms This book is for anyone who wants to help students with dyslexia find self confidence and success K 12 educators as well as parents administrators and aspiring teachers Families with Power Mary Cowhey, 2022 What if That's the question that began Families with Power Familias con Poder a grass roots organization of low income students and caregivers in Northampton MA in 2007 What if the families of students most impacted by the opportunity gap somehow had the power to organize whatever activities they felt would best help their children succeed Mary Cowhey a teacher who co founded FWP shares these stories and the voices of her fellow FWP organizers through vignettes and interviews weaving in the lessons learned along the way Inspired by Paulo Freire's popular education and the radical tradition of the Highlander Folk School some Latina and African mothers a great grandmother and a couple of teachers founded Families with Power FWP Organizing Family Reading Parties in each other's living rooms instead of meetings at school to recruit additional families and identify potential leaders FWP created a Highlander style residential retreat that employed Freirean culture circles to pose problems and design programs to address them Readers will get an inside look at the benefits successes and challenges of more than a dozen years of student and family engagement in the community and school tackling issues from academics race and class to immigration and public health

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Your Fantastic Elastic Brain Introduction

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