

YOUTH-LED HEALTH PROMOTION IN URBAN COMMUNITIES

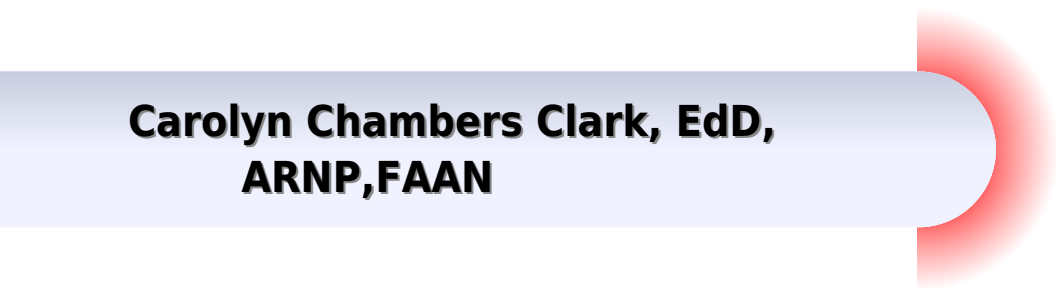


A COMMUNITY
CAPACITY-ENHANCEMENT
PERSPECTIVE

MELVIN DELGADO AND HUIQUAN ZHOU

Youth Led Health Promotion In Urban Communities A Community Capacity Enrichment Perspective

**Carolyn Chambers Clark, EdD,
ARNP,FAAN**



Youth Led Health Promotion In Urban Communities A Community Capacity Enrichment Perspective:

Youth-Led Health Promotion in Urban Communities Melvin Delgado, Huiquan Zhou, 2008-02-28 The introduction of innovative social paradigms that stress community participation community focused empowerment assets social and economic justice themes and in the case of youth civic participation represents one of the outcomes of this questioning and bodes well for current and future generations The subject of how best to address the current and future health needs of this country's urban marginalized communities is one that has also received considerable attention in academic policy and practice arenas in the past decade A variety of models have been put forth to achieve the goal of health in these communities One of the most promising recommendations has been the use of health promotion as a vehicle for reaching and empowering communities of color in both rural and urban America The youth led environmental justice movement as it will be addressed in various sections of this book is one of the latest and most promising approaches towards health promotion that is grass roots and community participatory based Youth led health promotion represents an emerging field with tremendous implications for addressing the health needs of marginalized urban youth of color in the United States

Resources in Education, 1997-07 **Bulletin of the Atomic Scientists**, 1966-06 The Bulletin of the Atomic Scientists is the premier public resource on scientific and technological developments that impact global security Founded by Manhattan Project Scientists the Bulletin's iconic Doomsday Clock stimulates solutions for a safer world **Bulletin of the Atomic Scientists**, 1970-06 The Bulletin of the Atomic Scientists is the premier public resource on scientific and technological developments that impact global security Founded by Manhattan Project Scientists the Bulletin's iconic Doomsday Clock stimulates solutions for a safer world **Working Mother**, 2000-10 The magazine that helps career moms balance their personal and professional lives **Encyclopedia of World Problems and Human Potential**, 1986 The New York Times Index, 1976

Promoting Health at the Community Level Doug Easterling, Kaia Gallagher, Dora Lodwick, 2003-05-28 Providing a systematic examination of community based health promotion this text offers nine case studies which illustrate what community driven health promotion means in practice evaluates its potential for achieving improvements in the health of local populations presents strategies for the future **Health Promotion in Communities** Carolyn Chambers Clark, EdD, ARNP, FAAN, 2001-12-27 In her latest book Dr Clark applies a holistic wellness perspective to community health focusing on community strengths and resilience such as positive nutrition healthy environment fitness and self care skills rather than risks and disease Practitioners and students will find this book a practical and comprehensive resource for creating community health programs and promoting wellness among individuals and groups Special features include A step by step guide to planning implementing and marketing community health programs Strategies for wellness nutrition fitness stress management and smoking cessation Strategies for preventing violence in the schools and larger community Tips on sharpening communication skills with individuals and groups and Models of culturally sensitive health promotion programs

Community Organizing and Community Building for Health and Welfare Meredith Minkler, 2012-07-16 The third edition of Community Organizing and Community Building for Health and Welfare provides new and more established ways to approach community building and organizing from collaborating with communities on assessment and issue selection to using the power of coalition building media advocacy and social media to enhance the effectiveness of such work With a strong emphasis on cultural relevance and humility this collection offers a wealth of case studies in areas ranging from childhood obesity to immigrant worker rights to health care reform A tool kit of appendixes includes guidelines for assessing coalition effectiveness exercises for critical reflection on our own power and privilege and training tools such as policy bingo From former organizer and now President Barack Obama to academics and professionals in the fields of public health social work urban planning and community psychology the book offers a comprehensive vision and on the ground examples of the many ways community building and organizing can help us address some of the most intractable health and social problems of our times Dr Minkler s course syllabus Although Dr Minkler has changed the order of some chapters in the syllabus to accommodate guest speakers and help students prep for the midterm assignment she uses she arranged the actual book layout in a way that should flow quite naturally if instructors wish to use it in the order in which chapters appear

Community Organizing and Community Building for Health Meredith Minkler, 2005 **Youth Participation and Community Change** Barry Checkoway, 2012-11-12 Empowered youth CAN and DO make a difference Young people become empowered by their participation in the institutions and decisions that affect their lives which in turn can lead to real positive change in the community Youth Participation and Community Change presents leading authorities providing the latest research and effective approaches on how young people can be drawn to participate in organizations and communities The diverse perspectives discuss youth participation in today s society the models and methods of its practice the roles of youth and adults and the future of youth participation and community in a diverse democracy Approaches include those which promote participatory community based research and evaluation and involve youth groups in poor and racially segregated areas The mainstream view of much of today s youth is that of being victims of society rather than a being a possible positive influence on society as a whole Youth Participation and Community Change seeks to shift the viewpoint from youth as being problems to empowering them to enact positive social change The book explores community agency efforts to involve young people and the process by which youth civic engagement promotes empowerment Social work and public health approaches are examined with cogent discussions on conceptual and theoretical issues Empirically based case studies illustrate best practices and interdisciplinary work that draws upon psychology sociology social work public health education and related academic disciplines and professional fields Topics in Youth Participation and Community Change include key dimensions of critical youth empowerment a case study of youth leadership development in Hawaii the Sariling Gawa Youth Council the Lexington Youth Leadership Academy a leadership development and community change program a new model for youth civic

engagement in Hampton Virginia three projects that engage urban youth in community change through participatory research youth engagement strategies and the benefits of youth participation in health research ten projects which used photovoice to represent advocate and enhance community health a participatory action research process with youth in Bosnia and Herzegovina the Growing Up in Cities project of UNESCO training students as facilitators for the Youth Empowerment Strategies YES project four characteristics of engagement in the research literature and a school community university project differences in developmental outcomes among youth organizing identity support and traditional youth development agencies Youth Participation and Community Change is thought provoking enlightening reading that is perfect for organizers planners policymakers advocates youth service workers agency administrators educators students and professionals in psychology sociology social work urban planning public policy and public health

Promoting Health and Wellness in Underserved Communities Anabel Pelham, Elizabeth Sills, 2023-07-03 Starting from the premise that our health status vulnerability to accidents and disease and life spans as individuals and communities are determined by the organization delivery and financing or lack thereof of health care this book explores how educators and community caretakers teach the complex web of inter connection between the micro level of individual health and well being and the macro level of larger social structures Through the lenses of courses in anthropology ESL gerontology management information systems nursing nutrition psychology public health and sociology the contributors offer examples of intergenerational and interdisciplinary practice and share cutting edge academic creativity to model how to employ community service learning to promote social change

Health Promotion at the Community Level Neil F. Bracht, 1999 Like the First Edition this book serves as a guide to the science and art of community health promotion The last decade of research and development has considerably advanced the science of achieving and maintaining health In this new edition international contributors share their experiences and expertise about diverse health promotion and point out areas needing adjustment in community implementation both on an international and domestic level

Communities that Care Abigail A. Fagan, J. David Hawkins, Richard F. Catalano, David P. Farrington, 2019 Scholars and policymakers increasingly call for evidence based prevention oriented and community driven approaches to improve public health and reduce youth crime substance use and related problems However few functional models exist In Communities that Care four leading experts on prevention describe one such system to illustrate how communities effectively engage in prevention activities Communities That Care CTC is a coalition based prevention system implemented successfully in dozens of communities across the world that promotes healthy development and reduces crime rates for youth Drawing on literature from criminology community psychology and prevention science this book describes the conditions and actions necessary for effective community based prevention The authors illustrate how effective community based prevention can be undertaken by describing how the CTC prevention system has been developed implemented evaluated and disseminated across the U S and internationally

Communities that Care shares invaluable lessons about the implementation and evaluation of community level interventions and establishes a set of best practices for anyone seeking to engage in and or evaluate effective prevention efforts The Role and Potential of Communities in Population Health Improvement Board on Population Health and Public Health Practice, Institute of Medicine, Roundtable on Population Health Improvement, 2015 The Role and Potential of Communities in Population Health Improvement is the summary of a workshop held by the Institute of Medicine Roundtable on Population Health Improvement in April 2014 that featured invited speakers from community groups that have taken steps to improve the health of their communities Speakers from communities across the United States discussed the potential roles of communities for improving population health The workshop focused on youth organizing community organizing or other types of community participation and partnerships between community and institutional actors This report explores the roles and potential of the community as leaders partners and facilitators in transforming the social and environmental conditions that shape health and well being at the local level Publisher's description **Foundation Concepts of Global Community Health Promotion and Education** Barbara Lorraine M Hernandez, 2010-08-03 LISTEN to a Podcast with author Barbara Lorraine Michiels Hernandez Health promotion and education is an emerging and growing field Foundation Concepts of Global Community Health Promotion and Education examines the underlying concepts appropriate in any global community health promotion and education course It investigates the history terminology philosophy theory ethics programs resources and settings for the practice of community health education and promotion The text also explores professional competencies and preparation standards models theories careers technology and the role of professional associations and organizations within community health The roles and responsibilities of health promotion practitioners are explored in detail as are the many employment opportunities for health education and health promotion professionals The global connection is a key and unique feature of this text Interviews with health professionals are featured as well as profiles of health professionals from other countries Emerging and re emerging threats to the Healthy Communities principle are explored as well as societal influences on health Each chapter includes additional conceptual learning ideas terms and definitions relevant websites enhanced readings and reflective thinking questions This text is appropriate for upper level undergraduate and graduate students in the following areas Health Science Health Education Community Health Public Health 2011 304 pages

Participative Health Promotion and Program Evaluation with Street-involved Youth, 2008 The following document is intended to profile the participative development implementation and evaluation of a health promotion program for street involved youth entitled the Youth Wellness Project YWP Program planning implementation and evaluation logic models are applied to this program In the context of these logic models we describe the resulting health promotion program and outcomes associated with its evaluation The results presented in this report draw upon observational data and focus groups conducted with key partners and workshop participants This report demonstrates how marginalized youth can make

remarkable contributions to advocacy as well as research and educational initiatives when provided with opportunities to take on roles of active citizenship The youth bring inherent abilities energy and new perspectives to health promotion Providing youth with opportunities to develop tangible skills make management decisions and contribute to their community instils a sense of social responsibility among these individuals builds capacity and establishes credibility in the community This study provides a best practices model for the development of a respectful and synergistic relationship between academics and community based participants It further investigates how this partnership can ultimately transform their lives The YWP is an example of how street involved youth and medical students alike can simultaneously gain a capacity to stand back from their world and transform their reality

Health Promotion with Adolescent Boys and Young Men of Colour James A. Smith, Daphne C. Watkins, Derek M. Griffith, 2023-02-28 This book highlights novel and pragmatic health promotion efforts being adopted with boys and young men of colour BYMOC globally that apply a strengths based approach Men s adoption of risky health practices and reluctance to seek help and engage in preventive health behaviours have frequently been used to explain their poorer health outcomes particularly among adolescent boys and young men and disproportionately affecting BYMOC Emerging literature on equity and men s health has conveyed that intersections among age race sexuality socioeconomic status and geography contribute to a complex array of health and social inequities There is growing evidence to suggest these inequities shape the health practices of BYMOC Unfortunately these health and social inequities can have negative lifelong consequences An increased focus on reducing health inequities has led to a greater focus on health promotion actions that address social and cultural determinants of health The vulnerabilities that BYMOC face are diverse and are reflected in a range of tailored health promotion interventions Health promotion approaches that influence structural and systemic inequities experienced by BYMOC have been a prominent feature In this volume the editors and contributors purposefully bring together international research and promising practice examples from Australia the United States New Zealand and Canada to celebrate health promotion strategies that help to improve the health and social trajectories of BYMOC In doing so the book moves beyond discussing the health inequities faced by this population to talk about the practical actions to address them in context *Health Promotion with Adolescent Boys and Young Men of Colour* brings together diffuse strands of scholarship relating to male health promotion gender masculinities and health equity and men s health and gender and youth development The book is a unique and useful resource for practitioners policy makers researchers and students with an interest in health promotion public health social work social policy education men s health youth development Indigenous studies and health and social equity

Designing Interventions to Promote Community Health Leslie A. Lytle, 2022 This book articulates a clear four phase framework for planning creating implementing and evaluating multilevel community health promotion interventions that target individual physical and social environments Each phase is described in thorough detail and accompanied by in depth examples so that students and professionals understand

how to apply the framework from beginning to end Additional guidelines review how to adapt existing interventions to new contexts Important underlying theoretical material including theories of behavior change are also reviewed

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