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Transforming Adults Through Coaching



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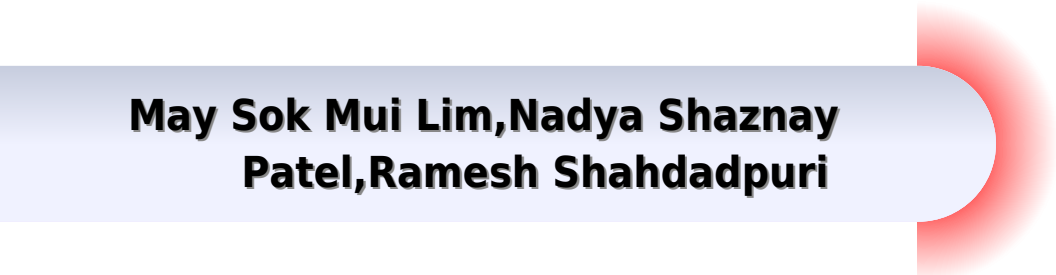
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Transforming Adults Through Coaching Directions

**May Sok Mui Lim, Nadya Shaznay
Patel, Ramesh Shahdadpuri**



Transforming Adults Through Coaching Directions:

Transforming Adults Through Coaching: New Directions for Adult and Continuing Education, Number 148

James P. Pappas, Jerry Jerman, 2015-12-01 The field of coaching adult populations has grown dramatically over the past two decades This volume brings together coaching scholars and experts to review this trend examine some of the theoretical foundations of the field and explore how coaching adults manifests itself in the workplace at executive levels and in educational and nonprofit organizations Readers will Gain understanding of this field of coaching adult audiences Learn how adult development and adult learning theories undergird this work and See applications of coaching approaches through numerous case studies This is the 148th volume of the Jossey Bass series New Directions for Adult and Continuing Education Noted for its depth of coverage it explores issues of common interest to instructors administrators counselors and policymakers in a broad range of education settings such as colleges and universities extension programs businesses libraries and museums This is the 148th volume of the Jossey Bass series New Directions for Adult and Continuing Education Noted for its depth of coverage it explores issues of common interest to instructors administrators counselors and policymakers in a broad range of education settings such as colleges and universities extension programs businesses libraries and museums *Transforming Adults Through Coaching: New Directions for Adult and Continuing Education, Number 148* James P. Pappas, Jerry Jerman, 2015-12-21 The field of coaching adult populations has grown dramatically over the past two decades This volume brings together coaching scholars and experts to review this trend examine some of the theoretical foundations of the field and explore how coaching adults manifests itself in the workplace at executive levels and in educational and nonprofit organizations Readers will Gain understanding of this field of coaching adult audiences Learn how adult development and adult learning theories undergird this work and See applications of coaching approaches through numerous case studies This is the 148th volume of the Jossey Bass series New Directions for Adult and Continuing Education Noted for its depth of coverage it explores issues of common interest to instructors administrators counselors and policymakers in a broad range of education settings such as colleges and universities extension programs businesses libraries and museums

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The SAGE Handbook of Coaching presents a comprehensive global view of the discipline identifying the current issues and practices as well as mapping out where the discipline is going The Handbook is organized into six thematic sections Part One Positioning Coaching as a Discipline Part Two Coaching as a Process Part Three Common Issues in Coaching Part Four Coaching in Contexts Part Five Researching Coaching Part Six Development of Coaches It provides the perfect reference

point for graduate students scholars educators and researchers wishing to familiarize themselves with current research and debate in the academic and influential practitioners literature on coaching

Coaching Students in Higher Education

May Sok Mui Lim, Nadya Shaznay Patel, Ramesh Shahdarpuri, 2024-07-16 This practical guide for educators in higher education encourages readers to ask effective coaching questions and apply relevant coaching techniques to empower and engage students to grow and perform at their best Filled with authentic examples and handy tips the book takes readers from the how to of coaching through the practicalities challenges and honing of existing skills and new capabilities The authors recognise that in educators daily encounters and interactions with students there are many timely coachable moments for authentic learning These opportunities can enable students to learn beyond what is squarely in their curriculum and develop their own pathways to become work ready graduates Through coaching educators help students discover more about themselves while guiding them to innovate and generate solutions to perceived and real world problems This guide offers in depth discussions along with tools and tips to provide invaluable guidance for educators to get acquainted with the key skills needed to coach students for success in various academic and professional contexts The content covers multiple varied scenarios from classrooms and assignments to internships and group work and highlights various coaching opportunities with practical strategies This is a resourceful text for educators teachers and professionals working in higher education and learning institutions It provides training material for institutions that want to conduct faculty development programmes to prepare educators for effective coaching conversations in their universities

Foundations of Professional Coaching James

Gavin, 2022 Foundations of Professional Coaching is the essential guide to developing coaching skills that encourage lasting change in clients personal and professional lives Grounded in the International Coaching Federation's eight core competencies coaches will learn to create holistic coaching relationships

Changing on the Job, Second Edition Jennifer Garvey Berger, 2024-11-12 Brilliantly captures the essence of adult development offering leaders a roadmap to growth amidst complexity A must read for anyone committed to evolving their consciousness and leadership practice Robert Kegan Harvard University Graduate School of Education co author of Immunity to Change and An Everyone Culture An advanced guide to leadership development and intentional evolution your own or others The leaders we need to solve our complex unprecedented problems can only be developed in the workplace and they require personal transformation not just some new leadership skills The second edition of Jennifer Garvey Berger's influential Changing on the Job explains the advanced perspective maturity and personal evolution leaders need to make a powerful difference in their organizations and in the world The book offers practical tools and deep insights based on adult development theory to help leaders turn their greatest challenges into growth and personal transformation Berger explains the four predictable stages of leadership maturity and wisdom and how to accelerate growth toward the third and fourth stages Whether you're a seasoned leader or an emerging coach Changing on the Job is a roadmap to cultivating courageous wise and steady leadership in an uncertain world

Learning in Sports Coaching Lee Nelson, Ryan Groom, Paul Potrac, 2016-03-31 The facilitation of learning is a central feature of coaches and coach educators work Coaching students and practitioners are as a result being expected to give increasing levels of thought towards how they might help to develop the knowledge and practical skills of others Learning in Sports Coaching provides a comprehensive introduction to a diverse range of classic critical and contemporary theories of learning education and social interaction and their potential application to sports coaching Each chapter is broadly divided into two sections The first section introduces a key thinker and the fundamental tenets of his or her scholarly endeavours and theorising The second considers how the theorist's work might influence how we understand and attempt to promote learning in coaching and coach education settings By design this book seeks to promote theoretical connoisseurship and to encourage its readers to reflect critically on their beliefs about learning and its facilitation This is an essential text for any pedagogical course taken as part of a degree programme in sports coaching or coach education *Transformational Coaching for Effective Leadership* Behnam Bakhshandeh, William J. Rothwell, Sohel M. Imroz, 2023-03-17 The purpose of this book is to introduce the concept of transformational coaching and to educate professional business coaches or managers as coaches in their organizations on the influential and relevant elements of Transformational Coaching for Effective Leadership designed for coaching individuals teams and businesses or applying such elements in any level of organization development intervention either toward individuals teams groups departments or the organization itself Given the power and long lasting influence of transformational coaching it also could be beneficial to professionals in the fields of human resource development HRD workplace learning and performance WLP human performance enhancement HPE and overall in the domain of workforce education and development WFED This book will start by reviewing the background and presence of transformational coaching in businesses and organizations along with the general concepts perceptions and understanding of coaching _ is book will examine the uses of transformational coaching in management and leadership development human resource development for talent development and retention and for developing managerial coaching skills and competencies Additionally this book will review the presence and use of transformational coaching concepts theories and practices including transformational learning for human resources HR and HRD professionals to influence a workforce's attitude behavior and productivity Features Builds individuals self awareness self realization and self confidence Offers personal and professional development Teaches the concept of transformational learning and its use in transformational coaching Teaches rituals skills and strategies for individuals and teams to increase their productivity Offers an approach to building healthy and strong relationships with oneself and others Includes change management strategies for redirecting poor job performance Helps readers implement effective transformational coaching practices by offering many tools such as forms checklists and worksheets Sport Coach Learning and Professional Development Bob Muir, John Lyle, 2024-08-02 Sport Coach Learning and Professional Development describes the genesis and theoretical foundations of an emerging workflow

for supporting sport coaches learning and professional development in performance and high performance sport It is the clear exposition and critical insight into coaches learning and professional development and of coaching practice that provides the foundations for an Embedded Relational and Emergent Coach Learning and Professional Development Strategy Learning and development is not something that can be done to people rather it is about working alongside supporting experienced coaches to identify and resolve meaningful questions that generate personal and professional growth This approach more appropriately attends to individual differences in biographies perspectives roles and socio cultural settings Whilst the focus and nature of support shifts to reflect the goals that coaches and athletes are working towards relative to the changing demands of their context the approach consistently centres around three overlapping themes 1 Supporting coaches to learn through and from their everyday experiences 2 Supporting coaches to reflect on and explore the nature of the experiences they create for others 3 Supporting coaches by being available listening offering reassurance support and caring Working through this process necessitates close cooperation and frequently incorporates reflective dialogue collaborative planning and shared enquiry The work is therefore both relational and developmental Coach and coach developer both bring something to the working relationship which in turn shapes and influences the nature of the work undertaken The nature of the goals pursued the strategies employed and the collective courses of action taken are always shaped and influenced by the interpersonal resources that emerge through the work together the overlap The application and effective deployment of the strategy is illustrated and illuminated in a series of case studies These demonstrate not only the efficacy of the strategy but also the lessons learned from working with coaches in their embedded contexts This book is a key resource for coaches coach developers students and researchers working in the overlapping fields of sport coaching learning and professional development

ECRM 2017 16th European Conference on Research Methods in Business and Management Dr Anthony Buckley, 2017

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