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Stanley Gershoff, Ph.D.,
Dean Emeritus, Tufts University School of Nutrition
with Catherine Whitney and the editorial advisory board of the
Tufts University Diet & Nutrition Letter

Tufts University Guide To Total Nutrition

Phillip Whitten



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The Tufts University Guide to Total Nutrition Stanley Gershoff, 1996-01-04 From America's leading school of nutrition this newly revised edition of the most comprehensive and easy to read guide whose first edition sold 50 000 copies offers practical information and advice on all aspects of food and diet *The Tufts University Guide to Total Nutrition* Stanley N. Gershoff, Catherine Whitney, 1990 From the foremost school of nutrition and the staff of its newsletter comes this up to date and comprehensive information available on food and nutrition It clears up the mysteries of cholesterol and recommended dietary allowances and tells needed information on protein caffeine allergies and much more Illustrated

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The Philosophy and Practice of Medicine and Bioethics Barbara Maier,Warren A. Shibles,2010-11-03 This book challenges the unchallenged methods in medicine such as evidence based medicine which claim to be but often are not scientific It completes medical care by adding the comprehensive humanistic perspectives and philosophy of medicine No specific or absolute recommendations are given regarding medical treatment moral approaches or legal advice Given rather is discussion about each issue involved and the strongest arguments indicated Each argument is subject to further critical analysis This is the same position as with any philosophical medical or scientific view The argument that decision making in medicine is inadequate unless grounded on a philosophy of medicine is not meant to include all of philosophy and every philosopher On the contrary it includes only sound practical and humanistic philosophy and philosophers who are creative and critical thinkers and who have concerned themselves with the topics relevant to medicine These would be those philosophers who engage in practical philosophy such as the pragmatists humanists naturalists and ordinary language

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