

VAGINAS

AN OWNER'S MANUAL

"This is a book every woman should own."

*Candace Bushnell, author of *Sex and the City**

Dr. Carol Livoti and Elizabeth Topp

Vaginas An Owners Manual

Yicheng Fang



Vaginas An Owners Manual:

Vaginas Carol Livoti,Elizabeth Topp,2004-08-17 An engaging thorough and much needed explanation of the working vagina Vaginas is a book of accessible facts written by down to earth authors whose only agenda is female education The authors the mother is an ob gyn the daughter a writer avoid the flowery language and feminist agenda of other books on the subject They take readers from the mood swings of puberty to the hot flashes of menopause with warmth humor and candor Subjects include the lowdown on hymens a word on waxing tips on retrieving lost items heavy periods working out the vagina significant problems STDs ectopic pregnancies fibroids yeast infections herpes ways to keep an aging body performing and the fun stuff sex

Vaginas Carol Livoti,Elizabeth Topp,2004 A comprehensive guide to female genitalia written by women for women *The Vagina Book* Thinx,2020-08-18 The Vagina Book is an essential guide packed with invaluable information about sexual health that everybody should know but might be too afraid to ask With sections on anatomy periods hormones sex contraception fertility hair care and so much more this fun to read guide helps readers make healthy decisions for their bodies Compelling personal essays from a diverse group of luminary figures including Margaret Cho Roxane Gay and Blair Imani are sprinkled throughout enriching the pages with beauty strength and honesty From OB GYN Dr Jennifer Conti and the team behind the beloved Thinx period products Dispenses with taboos and misinformation about vaginas and bodies Provides the latest health research in easy to digest entries Advice includes yoga poses to help with PMS and cramping a cheat sheet for making sense of contraception options why you should care about your pelvic floor plus easy strengthening exercises and the illustrated history of feminine hygiene products from ancient Egypt through today This groundbreaking guide is a perfect gift for every modern woman and a vital addition to every modern bookshelf A must have handbook for anyone with a vagina Presented in a luxe cushioned case filled with more than a hundred vibrant illustrations Perfect unique gift for anyone who is passionate about sexual health feminism and learning more about their body as well as readers of Refinery29 and GOOP Add it to the shelf with books like Come as You Are The Surprising New Science that Will Transform Your Sex Life by Emily Nagoski PhD WomanCode Perfect Your Cycle Amplify Your Fertility Supercharge Your Sex Drive and Become a Power Source by Alisa Vitti and Pussy A Reclamation by Regena Thomashaue *Vagina* Judson Cone,1974-06-01

Vaginas Carol Liviot,Elizabeth Topp,2007-09-01 Dynamic mother daughter team Dr Carol Livoti Elizabeth Topp demystify the female anatomy discuss everything a woman needs to know about her reproductive system They describe each part of the female anatomy how it fits together offer advice on how to maintain reproductive genital health from first period to beyond menopause Giving an overview of what to expect from medical consultations they also explain contraceptive options abortion STDs pregnancy some of the most common gynecological problems Easy to read peppered with entertaining anecdotes from Dr Livoti s extensive career this book is certain to become a classic for women of all ages Illustrations

Women's Health Vagina University Editors of Women's Health Maga,Sheila Curry Oakes,2018-05-15 Class is in

session From IUDs to UTIs periods to pregnancy and menstrual cups to cervical caps Women s Health Vagina University teaches the modern woman everything you need to know about your most intimate parts even if you are uncomfortable saying vagina out loud Women s Health Vagina University challenges stigmas directed at women s bodies and sexuality offers advice and support and explains how your vagina s health can impact your overall health It also includes A quick overview of all things anatomical and biological that you learned in health class in middle school The birds and the bees haven t changed but even the teacher s pet can use a refresher Information on choosing the right gynecologist birth control period solution and anything else a woman might have to choose in any circumstance It is her right after all Eye opening and entertaining facts about the history of women s healthcare and vagina related issues all over the world Straightforward guide to all the signs and symptoms that show up when there is something wrong down there and a trip to the OB GYN is just what the doctor ordered Body and sex positive discussions about consent pleasure in its many forms and achieving the all important O in a world filled with stereotypes and misinformation Myth busting truth bombs that separate the cold hard facts from the old wives tales distortions and misleading political rhetoric Women s Health Vagina University aims to dispel the myths unpack the lies explain laws and define words that confuse and limit women and empower you to take full control of your health your bodies and your futures

Vagina Handbook Rachel Adams,2021-06-02 Do you want to know the function of pubic hair around the vagina Or how deep is the vaginal canal If your vagina is too tight or loose The truth is that there are so many important questions but so many contradictory and misguided information out there surrounding this vital subject It s no surprise if one gets easily overwhelmed by an overdose of wrong information from well meaning folks uneducated partners and even healthcare providers How do you get hold of the right information so as to easily separate the facts from the myth The good news is that Rachel Adams the author of Vagina Handbook provides a book that debunks the popular myths and empowers women From reproductive health to common vaginal diseases and their prevention Inside this book you will learn The vaginal anatomy and it s microbiome Genital hygiene practices and the popular fallacies surrounding the vagina Changes to expect during menopause and pregnancy Valuable information that you must know about the vagina And many more Whether you are in your early twenties or close to your golden age you will benefit immensely from the information in this book so start reading this book now

The Vagina: A Literary and Cultural History Emma L. E. Rees,2013-08-01 From South Park to Kathy Acker and from Lars Von Trier to Sex and the City women s sexual organs are demonized Rees traces the fascinating evolution of this demonization considering how calling the c word obscene both legitimates and perpetuates the fractured identities of women globally Rees demonstrates how writers artists and filmmakers contend with the dilemma of the vagina s puzzlingly covert visibility In our postmodern porn obsessed culture vaginas appear to be everywhere literally or symbolically but crucially they are as silenced as they are objectified *The Vagina A Literary and Cultural History* examines the paradox of female genitalia through five fields of artistic expression literature film TV visual and performance art There is

a peculiar paradox unlike any other regarding female genitalia Rees focuses on this paradox of what is termed the covert visibility of the vagina and on its monstrous manifestations That is what happens when the female body refuses to be pathologized eroticized or rendered subordinate to the will or intention of another Common and often offensive slang terms for the vagina can be seen as an attempt to divert attention away from the reality of women s lived sexual experiences such that we don t look at the vagina itself slang offers a convenient distraction to something so taboo The Vagina A Literary and Cultural History is an important contribution to the ongoing debate in understanding the feminine identity

Vagina Love: 10 People Who've Inspired Me Lili Sohn,2022-01-11 When Lili Sohn was diagnosed with breast cancer at age 29 she was confronted with just how little she knew about her own anatomy What s that you say We re born with all of the ova we ll have for our entire lives Well that was news to Sohn And her mom And all of her friends In Vagina Love she embarks on a quest for information busting myths and telling the truth Sohn s vibrant illustrations and snarky humor along with concrete scientific backing form an easily accessible and comprehensive guide to female reproductive anatomy from periods to masturbation from orgasms to contraceptives

Healthy Vagina Leah Jones,2021-07 Discover the truth in this handbook about The vaginal microbiome Genital hygiene lubricants and hormone myths and fallacies How diet impacts vaginal health Stem cells and the vagina What changes to expect during pregnancy and after childbirth What changes to expect through menopause How medicine fails women by dismissing symptoms *Feminist Periodicals* ,2004 *New Books on Women and Feminism* ,2005 *The Publishers Weekly* ,2006 Glamour ,2005 *My First Vagina* Mol Smith,2013 Access ,2005 *Book Review Index Cumulation* Dana Ferguson,2005-09 Book Review Index provides quick access to reviews of books periodicals books on tape and electronic media representing a wide range of popular academic and professional interests The up to date coverage wide scope and inclusion of citations for both newly published and older materials make Book Review Index an exceptionally useful reference tool More than 600 publications are indexed including journals and national general interest publications and newspapers Book Review Index is available in a three issue subscription covering the current year or as an annual cumulation covering the past year *Woman's Body* Diagram Group,1983-12 **Bust** ,2004 *Health* Frances Sienkiewicz Sizer,2000

Adopting the Song of Expression: An Mental Symphony within **Vaginas An Owners Manual**

In some sort of used by screens and the ceaseless chatter of instantaneous interaction, the melodic beauty and psychological symphony produced by the prepared word frequently disappear into the back ground, eclipsed by the relentless noise and disturbances that permeate our lives. Nevertheless, situated within the pages of **Vaginas An Owners Manual** a charming fictional treasure full of raw feelings, lies an immersive symphony waiting to be embraced. Constructed by an outstanding composer of language, that fascinating masterpiece conducts viewers on a psychological trip, well unraveling the concealed tunes and profound impact resonating within each cautiously crafted phrase. Within the depths of the poignant analysis, we will examine the book is central harmonies, analyze its enthralling writing type, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

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