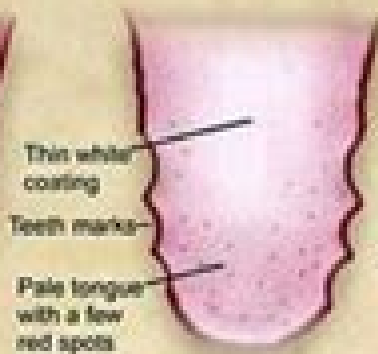


Which Tongue Are You?

Nine Common Syndromes & Possible Symptoms

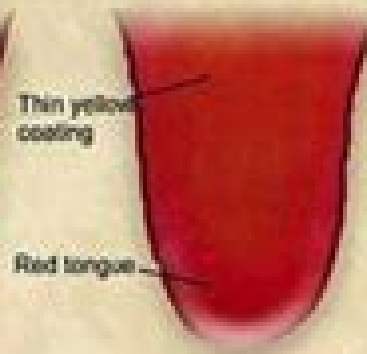


NORMAL



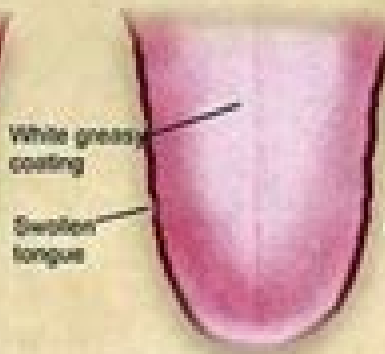
QI DEFICIENCY

Fatigue, Poor appetite,
Spontaneous sweating,
Shortness of breath,
Anxiety and
worrying...



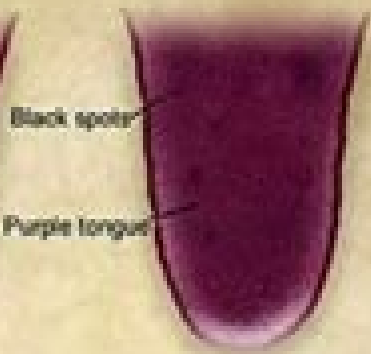
HEAT

Feel hot, Sweat easily,
Thirsty, Constipated,
Irritable and bad-
tempered, Skin
problems...



DAMP RETENTION

Bloated, Fullness in
chest and abdomen,
Feel heavy and
lethargic...



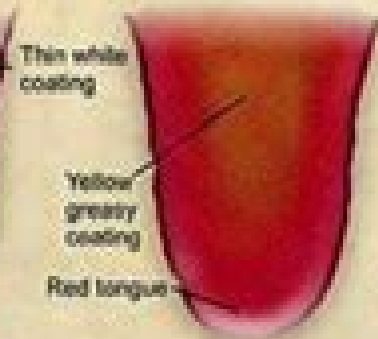
BLOOD STASIS

Cold limbs, Varicose
veins, Painful legs,
Headaches, Chest
pain, Liver spots,
Lack of skin lustre...



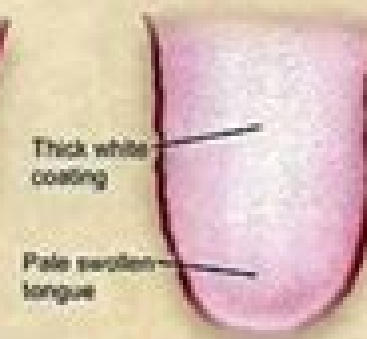
QI STAGNATION

Stressed, Tendency
to be depressed and
upset, Unstable
emotional state,
PMT...



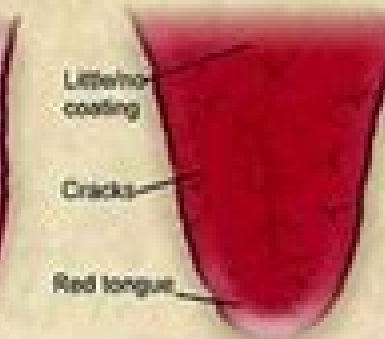
DAMP HEAT

Skin problems,
Urinary infections,
Clammy skin, Angry
and uncomfortable...



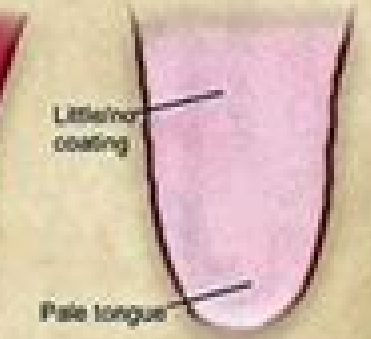
YANG DEFICIENCY

Feel cold easily, Pale
complexion, Back pain,
Tendency to panic,
Emotionally low,
Impotence, Infertility...



YIN DEFICIENCY

Hot flushes, Night
sweats, Insomnia, Irritable,
Ringing in the ears,
Menopause...



BLOOD DEFICIENCY

Dizziness, Fatigue,
Palpitations, Poor
concentration and memory,
Insomnia, Women's
problems...

Tongue Diagnosis In Chinese Medicine

Hong Chun Yin



Tongue Diagnosis In Chinese Medicine:

Tongue Diagnosis in Chinese Medicine Giovanni Maciocia, 1987 **Pocket Atlas of Tongue Diagnosis** Claus C. Schnorrenberger, Beate Schnorrenberger, 2005 Together with taking the pulse observing the tongue forms an integral part of the examination which is needed to make a Chinese medical diagnosis This Color Atlas is concise and to the point The first half explains individual tongue characteristics and the second half combines these characteristics in real case studies thus deepening the reader's understanding of tongue diagnosis The clearly written text is augmented by high quality full color images Together with taking the pulse observing the tongue forms an integral part of the examination which is needed to make a Chinese medical diagnosis This Color Atlas is concise and to the point The first half explains individual tongue characteristics and the second half combines these characteristics in real case studies thus deepening the reader's understanding of tongue diagnosis The clearly written text is augmented by high quality full color images **Tongue Diagnosis in Chinese Medicine** Shripad Chodankar, 2016 Mirror of Health Zhao Fu Fei, Yidi Gu, 2007 Tongue Diagnosis in Chinese Medicine, 2010 Modern Tongue Diagnostics in Chinese Medicine Hong Chun Yin, 2018-07-15 This book is an introduction to diagnosis and treatment through looking at the tongue Modern tongue diagnostics combines traditional Chinese medical tongue diagnostics with bio holographic theory using the holographic reflections on the tongue to diagnose disease thereby improving the accuracy of the diagnosis in terms of what and where the illness is This book introduces in detail the theory of the tongue midline as well as the positions where various organs are reflected on the tongue as well as the appearances of the tongue corresponding to various pathological changes in these organs This book is the first to publicize the author's many patented tongue diagnosis images such as the panoramic hologram image which for the first time revealed the position and posture of the human body as it appears holographically on the tongue the head and neck gland distribution image the head and facial features map and more The author aided by the experiences of previous scholars discovered the position and posture of the human body as it appears holographically on the tongue The holographic state of the human body as it appears on the tongue is in a prone position that is the head area is reflected at the tip of the tongue with the face facing forward the legs and buttocks are reflected at the back of the tongue and the four limbs are reflected in a bent position on the two sides of the tongue The author has discovered how the glands of the head and neck are mapped on the tongue especially the map of the thyroid gland on the tongue refuting the common belief about how the thyroid gland is reflected on the tongue Contrary to common belief the thyroid gland is not reflected on the two sides of the cervical vertebrae reflection area on the tongue but instead is on the two sides of the upper jiao area the upper third of the tongue The author has determined the areas of the tongue where various organs are reflected as well as the changes in tongue appearance corresponding to the diseases in these organs For example heart disease is often reflected on the tongue as cracks or sunken areas in the heart reflection area of the tongue In many years of clinical experience using tongue

diagnostics I have attempted to combine tongue diagnostics with herbal medicine and acupuncture and have attained significant improvements in clinical efficacy and have created a shortcut for accelerating diagnosis and improving efficacy This book will mainly introduce diagnosis and differentiation based on the tongue with some case study **Diagnosis in Chinese Medicine - E-Book** Giovanni Maciocia,2018-03-22 Written by world renowned author and teacher Giovanni Maciocia Diagnosis in Chinese Medicine 2nd Edition is a comprehensive highly illustrated and easy to understand resource With a focus on clear interpretations of real world signs and symptoms this new edition addresses the practice beyond the theory and leads you through both basic and sophisticated levels of diagnostic interpretation Since Chinese medicine diagnosis relies on a subtle appraisal of a patient s disharmony many factors beyond traditional Western symptoms are considered including a patient s voice the absence of thirst feeling hot or cold the patient s smell tone of voice and glitter of eyes This practical resource helps students and practitioners alike carefully interpret a wide range of diagnostic nuances One of a kind text gives you a clinical understanding of Traditional Chinese Medicine Rich unique content offers an unparalleled depth of information that is meticulously cross referenced Includes all the signs and symptoms that a modern patient may present in the clinic no matter how subtle Outlines the decision making options in key situations to help you through the most challenging topics Case histories with diagnoses present common conditions that professionals will often find in practice Logically organized to help you quickly find the information you need in clinical situations Written by a leader in the field of Chinese medicine provides you with an expert s clinical experience and understanding NEW Clinical and Treatments notes provide practical information on acupuncture including herbal treatment when appropriate for most symptoms and signs giving the book a clinical application in therapy NEW UPDATED full color design and color photographs depict external clinical signs for more accurate clinical recognition NEW Learning outcomes summarize the basics that you should know after completing a chapter NEW Thoroughly updated content from an expert author clarifies the best practices for diagnosis in Traditional Chinese Medicine Traditional Chinese medicine tongue diagnosis Beijing Zhong yi yao da xue,1960

Gold Mirrors and Tongue Reflections Ioannis Solos,Liang Rong,Chen Jia-Xu,2012-11-01 This text introduces important aspects of the earliest writings on tongue diagnosis to assist the reader in understanding its development It presents the first translations of two of the most influential and authoritative tongue diagnosis texts the Golden Mirror Records and Tongue Reflections in Cold Damage Both are key texts for practitioners 金鏡秘旨論 卷上,2010

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Table of Contents Tongue Diagnosis In Chinese Medicine

1. Understanding the eBook Tongue Diagnosis In Chinese Medicine
 - The Rise of Digital Reading Tongue Diagnosis In Chinese Medicine
 - Advantages of eBooks Over Traditional Books
2. Identifying Tongue Diagnosis In Chinese Medicine
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Tongue Diagnosis In Chinese Medicine
 - User-Friendly Interface
4. Exploring eBook Recommendations from Tongue Diagnosis In Chinese Medicine
 - Personalized Recommendations
 - Tongue Diagnosis In Chinese Medicine User Reviews and Ratings
 - Tongue Diagnosis In Chinese Medicine and Bestseller Lists
5. Accessing Tongue Diagnosis In Chinese Medicine Free and Paid eBooks
 - Tongue Diagnosis In Chinese Medicine Public Domain eBooks
 - Tongue Diagnosis In Chinese Medicine eBook Subscription Services
 - Tongue Diagnosis In Chinese Medicine Budget-Friendly Options
6. Navigating Tongue Diagnosis In Chinese Medicine eBook Formats

- ePub, PDF, MOBI, and More
- Tongue Diagnosis In Chinese Medicine Compatibility with Devices
- Tongue Diagnosis In Chinese Medicine Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Tongue Diagnosis In Chinese Medicine
 - Highlighting and Note-Taking Tongue Diagnosis In Chinese Medicine
 - Interactive Elements Tongue Diagnosis In Chinese Medicine
- 8. Staying Engaged with Tongue Diagnosis In Chinese Medicine
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Tongue Diagnosis In Chinese Medicine
- 9. Balancing eBooks and Physical Books Tongue Diagnosis In Chinese Medicine
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Tongue Diagnosis In Chinese Medicine
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Tongue Diagnosis In Chinese Medicine
 - Setting Reading Goals Tongue Diagnosis In Chinese Medicine
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Tongue Diagnosis In Chinese Medicine
 - Fact-Checking eBook Content of Tongue Diagnosis In Chinese Medicine
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

Tongue Diagnosis In Chinese Medicine Introduction

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