

Trauma and Human Existence



*Autobiographical, Psychoanalytic,
and Philosophical Reflections*

Robert D. Stolorow



Trauma And Human Existence Autobiographical
Psychoanalytic And Philosophical Reflections
Psychoanalytic Inquiry

Koichi Togashi, Amanda Kottler



Trauma And Human Existence Autobiographical Psychoanalytic And Philosophical Reflections Psychoanalytic Inquiry:

Trauma and Human Existence Robert D. Stolorow, 2017-08-09 Trauma and Human Existence effectively interweaves two themes central to emotional trauma the first pertains to the contextuality of emotional life in general and of the experience of emotional trauma in particular and the second pertains to the recognition that the possibility of emotional trauma is built into the basic constitution of human existence This volume traces how both themes interconnect largely as they crystallize in the author's personal experience of traumatic loss As discussed in the book's final chapter whether or not this constitutive possibility will be brought lastingly into the foreground of our experiential world depends on the relational contexts in which we live Taken as a whole Trauma and Human Existence exhibits the unity of the deeply personal the theoretical and the philosophical in the understanding of emotional trauma and the place it occupies in human existence

World, Affectivity, Trauma Robert D. Stolorow, 2011-05-09 Stolorow and his collaborators post Cartesian psychoanalytic perspective intersubjective systems theory is a phenomenological contextualism that illuminates worlds of emotional experience as they take form within relational contexts After outlining the evolution and basic ideas of this framework Stolorow shows both how post Cartesian psychoanalysis finds enrichment and philosophical support in Heidegger's analysis of human existence and how Heidegger's existential philosophy in turn can be enriched and expanded by an encounter with post Cartesian psychoanalysis In doing so he creates an important psychological bridge between post Cartesian psychoanalysis and existential philosophy in the phenomenology of emotional trauma Trauma and Human Existence

Robert D. Stolorow, 2011-05-20 Trauma and Human Existence effectively interweaves two themes central to emotional trauma the first pertains to the contextuality of emotional life in general and of the experience of emotional trauma in particular and the second pertains to the recognition that the possibility of emotional trauma is built into the basic constitution of human existence This volume traces how both themes interconnect largely as they crystallize in the author's personal experience of traumatic loss As discussed in the book's final chapter whether or not this constitutive possibility will be brought lastingly into the foreground of our experiential world depends on the relational contexts in which we live Taken as a whole Trauma and Human Existence exhibits the unity of the deeply personal the theoretical and the philosophical in the understanding of emotional trauma and the place it occupies in human existence Cultural Ontology of the Self in Pain

Siby K. George, P.G. Jung, 2015-09-18 The mainstream approach to the understanding of pain continues to be governed by the biomedical paradigm and the dualistic Cartesian ontology This Volume brings together essays of scholars of literature philosophy and history on the many enigmatic shades of pain experience mostly from an anti Cartesian perspective of cultural ontology by scholars of literature philosophy and history A section of the essays is devoted to the socio political dimensions of pain in the Indian context The book offers a critical perspective on the reductive conceptions of pain and argue

that non substance ontology or cultural ontology supports a more humane and authentic understanding of pain The general ontological features of the self in pain and culturally imbued dimensions of pain experience are thus brought together in a rare blend in this Volume The essays dwell on the importance of understanding what cultural social and political forces outside our control do to our pain experience They show why such understanding is necessary both to humanely deal with pain and to rectify erroneous approaches to pain experience They also explore the thoroughly ambivalent spaces between pain and pleasure and the cathartic and productive dimensions of pain The essays in this Volume investigate pain experiences through the fresh lenses of history gender ethics politics death illness self loss torture shame dispossession and denial

Trans-generational Trauma and the Other Sue Grand,Jill Salberg,2016-12-19 Often our trans generational legacies are stories of us and them that never reach their terminus We carry fixed narratives and the ghosts of our perpetrators and of our victims We long to be subjects in our own history but keep reconstituting the Other as an object in their own history Trans generational Trauma and the Other argues that healing requires us to engage with the Other who carries a corresponding pre history Without this dialogue alienated ghosts can become persecutory objects in psyche politics and culture This volume examines the violent loyalties of the past the barriers to dialogue with our Other and complicates the inter subjectivity of Big History Identifying our inherited narratives and relinquishing splitting these authors ask how we can re cast our Other and move beyond dysfunctional repetitions in our individual lives and in society Featuring rich clinical material Trans generational Trauma and the Other provides an invaluable guide to expanding the application of trans generational transmission in psychoanalysis It will appeal to psychoanalysts psychoanalytic psychotherapists and trauma experts

A Relational Psychoanalytic Approach to Couples Psychotherapy Philip A. Ringstrom,2014-03-26 This is a model of psychoanalytically oriented couples theory based on ideas from various relational approaches and other psychoanalytic traditions

Attachment and Sexuality Diana Diamond,Sidney J. Blatt,Joseph D. Lichtenberg,2011-06-23 The papers featured in Attachment and Sexuality create a dense tapestry each forming a separate narrative strand that elucidates different configurations of the relationship between attachment and sexuality As a whole the volume explores the areas of convergence and divergence opposition and integration between these two systems It suggests that there is a bi directional web of influences that weaves the attachment and sexual systems together in increasingly complex ways from infancy to adulthood The volume s unifying thread is the idea that the attachment system and particularly the degree of felt security or lack thereof in relation to early attachment figures provides a paradigm of relatedness that forms a scaffold for the developmental unfolding of sexuality in all its manifestations Such manifestations include infantile and adult masturbatory and mutual and normative and perverse Also central to the papers is the idea that the development of secure attachment is predicated in part on the development of the capacity for mentalization or the ability to envision and interpret the behavior of oneself and others in terms of intentional mental states including desires feelings beliefs and motivations

Topics discussed in the book will help to shape the direction and tenor of further dialogues in the arena of attachment and sexuality

Sensuality and Sexuality Across the Divide of Shame Joseph D. Lichtenberg, 2011-02-25 Placed in a historical context sexuality was once so prominent in psychoanalytic writing that sexual drive and psychoanalysis were synonymous The exciting discovery of childhood sexuality filled the literature Then other discoveries came to the fore until sexuality slipped far in the background This book evokes the excitement of the original discoveries of childhood sexual experience while linking childhood sensuality and sexuality to adult attachment romantic and lustful love This revised perspective offers the general reader insight into contemporary psychoanalytic thought and presents clinicians with a perspective for exploring their patients sensuality and sexuality with renewed interest and knowledge

Kohut's Twinship Across Cultures Koichi Togashi, Amanda Kottler, 2015-09-16 Kohut's Twinship Across Cultures The Psychology of Being Human chronicles a 10 year voyage in which the authors struggled initially independently to make sense of Kohut's intentions when he radically redefined the twinship experience to one of being human among other human beings Commencing with an exploration of Kohut's work on twinship and an illustration of the value of what he left for elaboration Togashi and Kottler proceed to introduce a new and very different sensitivity to understanding particular psychoanalytic relational processes and ideas about human existential anguish trauma and the meaning of life Together they tackle the twinship concept which has often been misunderstood and about which little has been written Uniquely the book expands and elaborates upon Kohut's final definition being human among other human beings It problematizes this apparently simple concept with a wide range of clinical material demonstrating the complexity of the statement and the intricacies involved in recognizing and working with traumatized patients who have never experienced this feeling It asks how a sense of being human as opposed to being described as human can be generated and how this might help clinicians to better understand and work with trauma Written for psychoanalysts and psychoanalytic psychotherapists interested in self psychological intersubjective and relational theories Twinship Across Cultures will also be invaluable to clinicians working in the broader areas of psychoanalysis psychotherapy social work psychiatry and education It will enrich their sensitivity and capacity to understand and treat traumatized patients and the alienation they feel among other human beings

Jealousy and Envy Léon Wurmser, Heidrun Jarass, 2011-02-25 Jealousy and envy permeate the practice of psychoanalytic and psychotherapeutic work New experience and new relevance of old but neglected ideas about these two feeling states and their origins warrant special attention both as to theory and practice Their great complexity and multilayered nature are highlighted by a number of contributions the very early inception of the triangular jealousy situations the prominence of womb envy and hatred against femininity rooted in the envy of female procreativity the role of shame and the core of both affects the massive effects of the embodiment of these feelings in the conscience i.e. the envious and resentful attacks by the inner judge against the self the attempt to construct a cultic system of sacrifices that would countermand womb envy by an all male cast of killing rebirth redemption

and blissful nourishment and finally the projection of envy jealousy and their context of shame and self condemnation in the form of the Evil Eye Taken together the contributions to the stunning and insightful volume form a broad spectrum of new insights into the dynamics of two central emotions of rivalry and their clinical and cultural relevance and application

Fractured Ground Kimberly R. Wagner, 2023-01-03 Mass trauma is an unavoidable reality in the United States Trauma from violence natural disasters and disease has become all too familiar in the American experience inevitably raising questions about where God is to be found in the midst of such tragedies In every case the aftermath leaves communities sense of well being broken and capacity to imagine a way forward thwarted Though language often fails us in the midst of trauma preachers and religious leaders are nevertheless called on to offer a Word Fractured Ground helps pastors craft sermons that fully plumb the disorienting suffering created by events of mass trauma while still offering an authentic word of hope Kimberly Wagner provides both incisive explanations of what trauma is and especially how it affects communities of faith along with practical guidance for crafting sermons that reflect the brokenness of the traumatic situation and the persistent love of God that binds the broken together Drawing on the burgeoning field of trauma studies eschatological theologies of hope scriptural wisdom and liturgies of lament Wagner helps preachers imagine what it might mean to preach a narratively fractured sermon in the aftermath of a communal traumatic event ultimately affirming that no amount of brokenness is beyond the presence and promise of God

Approaches to Psychic Trauma Bernd Huppertz, 2018-10-16 Approaches to Psychic Trauma Theory and Practice covers the many developments in the relatively new field of trauma therapy It examines the nature of the wide variety of treatments available for traumatized people describing elements they have in common and those that are specific to each treatment Originating with the editor's clinical experience working with patients from the former German Democratic Republic contributors then discuss alternative therapies including ego psychology self psychology object relations theory attachment theory psychoanalysis and art therapies Case studies further illustrate the application and practice Approaches to Psychic Trauma presents a diversity of theories and tools centering on trauma and history and through the microcosm of individual personalities one may have a close up view of how historical events as well as personal narratives and reactions to them consciously and unconsciously affect the individual

Mindfulness-Informed Relational Psychotherapy and Psychoanalysis Marjorie Schuman, 2016-12-19 Mindfulness Informed Relational Psychotherapy and Psychoanalysis Inquiring Deeply provides a refreshing new look at the emerging field of Buddhist informed psychotherapy Marjorie Schuman presents a cogent framework which engages the patient at the levels of narrative affective regulation and psychodynamic understanding Blending knowledge of contemporary psychoanalysis with the wisdom of Buddhist view she examines how mindfulness can be integrated into psychodynamic treatment as an aspect of self reflection rather than as a cognitive behavioral technique or intervention This book explores how mindfulness as a self reflective awareness practice can be used to amplify and unpack psychological experience in psychodynamic treatment

Schuman presents a penetrating analysis of conceptual issues richly illustrated throughout with clinical material. In so doing she both clarifies important dimensions of psychotherapy and illuminates the role of storyteller mind in the psychological world of lived experience. The set of reflections comprises an unfolding deep inquiry in its own right delving into the similarities and differences between mindfulness informed psychotherapy on the one hand and mindfulness as a meditation practice on the other. Filling in an outline familiar from psychoanalytic theory the book explores basic concepts of Self Other and object relations from an integrative perspective which includes both Buddhist and psychoanalytic ideas. Particular emphasis is placed on how relationship is held in mind including the dynamics of relating to one's own mind. The psychotherapeutic approach described also delineates a method for practicing with problems in the Buddhist sense of the word practice. It investigates how problems are constructed and elucidates a strategy for finding the wisdom and opportunities for growth which are contained within them. Mindfulness Informed Relational Psychotherapy and Psychoanalysis demonstrates in clear language how the experience of Self and Other is involved in emotional pain and relational suffering. In the relational milieu of psychotherapy Inquiring Deeply fosters emotional insight and catalyzes psychological growth and healing. This book will be of great interest to psychoanalytically oriented clinicians as well as Buddhist scholars and psychologically minded Buddhist practitioners interested in the clinical application of mindfulness.

Enlivening the Self Joseph Lichtenberg, Frank Lachmann, James Fosshage, 2015-09-16 In psychoanalysis enlivenment is seen as residing in a sense of self and this sense of self is drawn from and shaped by lived experience. Enlivening the Self: The First Year Clinical Enrichment and the Wandering Mind describes the vitalizing and enrichment of self experience throughout the life cycle and shows how active experience draws on many fundamental functional capacities and these capacities come together in support of systems of motivation that is organized dynamic grouping of affects, intentions and goals. The book is divided into three essays. **Infancy** Joseph Lichtenberg presents extensive reviews of observation and research on the first year of life. Based on these reviews he delineates twelve foundational qualities and capacities of the self as a doer doing, initiating and responding, activating and taking in. **Exploratory therapy** James L. Fosshage looks where therapeutic change is entwined with development. There are many sources illustrated for enhancing the sense of self and Frank M. Lachmann pays particular attention to humor and to the role that the twelve qualities and capacities play in the therapeutic process. **The wandering mind** Frank M. Lachmann covers the neuroscience and observation that mind wandering is related to the immediacy of the sense of self linking now with past and future. Throughout the book the authors' arguments are illustrated with rich clinical vignettes and suggestions for clinical practice. This title will be a must for psychoanalysts including trainees in psychoanalysis, psychiatry residents and candidates at psychoanalytic institutes and also graduate students in clinical and counselling psychology programs.

A Rumor of Empathy Lou Agosta, 2015-06-05 Empathy is an essential component of the psychoanalyst's ability to listen and treat their patients. It is key to the achievement of therapeutic

understanding and change A Rumor of Empathy explores the psychodynamic resistances to empathy from the analyst themselves the patient from wider culture and seeks to explore those factors which represent resistance to empathic engagement and to show how these can be overcome in the psychoanalytic context Lou Agosta shows that classic interventions can themselves represent resistances to empathy such as the unexamined life over medication and the application of devaluing diagnostic labels to expressions of suffering Drawing on Freud Kohut Spence and other major thinkers Agosta explores how empathy is distinguished as a unified multidimensional clinical engagement encompassing receptivity understanding interpretation and narrative In this way he sets out a new way of understanding and using empathy in psychoanalytic theory and clinical practice When all the resistances have been engaged defences analyzed diagnostic categories applied prescriptions written and interpretive circles spun out in empathy one is quite simply in the presence of another human being Agosta depicts the unconscious forms of resistance and raises our understanding of the fears of merger that lead a therapist to take a step back from the experience of their patients using ideas such as altruistic surrender and compassion fatigue which are highlighted in a number of clinical vignettes Empathy itself is not self contained It is embedded in social and cultural values and Agosta highlights the mental health culture and its expectations of professional organizations This outstanding text will be relevant to psychoanalysts psychotherapists who wish to make a contribution to reducing the suffering and emotional distress of their clients and also to trainees who are more vulnerable to the professional demands on their capacity for empathic listening Lou Agosta Ph D teaches empathy in systems and the history of psychology at the Illinois School of Professional Psychology at Argosy University He is the author of numerous articles on empathy in human relations aesthetics altruism and film He is a psychotherapist in private practice in Chicago USA See www.aRumorOfEmpathy.com **Psychoanalytic Perspectives on Identity and Difference** Brent Willock, Lori C.

Bohm, Rebecca Coleman Curtis, 2016-11-10 Every day clinicians encounter challenges to empathy and communication while struggling to assist patients with diverse life histories character sexuality gender psychopathology cultural religious political racial and ethnic backgrounds Most writing pertaining to ideas of similarity discrepancy and the Other has highlighted differences Psychoanalytic Perspectives on Identity and Difference Navigating the Divide offers a different focus emphasising points of contact connection and how divisions between people can be transcended In depth case material astutely elucidated by diverse theoretical approaches furnishes stimulating ideas and valuable suggestions for facilitating a meeting of minds and psychological growth in patients who might otherwise be difficult or impossible to engage Exploring how psychoanalysts can navigate obstacles to understanding and communicating with suffering individuals topics covered include internal experience of likeness and difference in the patient in the analyst and how analysts can find echoes of themselves in patients Psychoanalysts and psychotherapists will appreciate the importance and value of this wide ranging groundbreaking exploration of these insufficiently addressed dimensions of human experience *The Suffering Stranger* Donna M.

Orange,2011-05-09 Winner of the 2012 Gradiva Award Utilizing the hermeneutics of Hans Georg Gadamer and the ethics of Emmanuel Levinas *The Suffering Stranger* invigorates the conversation between psychoanalysis and philosophy demonstrating how each is informed by the other and how both are strengthened in unison Orange turns her critical and clinical eye toward five major psychoanalytic thinkers Sándor Ferenczi Frieda Fromm-Reichmann D W Winnicott Heinz Kohut and Bernard Brandchaft investigating the hermeneutic approach of each and engaging these innovative thinkers precisely as interpreters as those who have seen the face and heard the voice of the other in an ethical manner In doing so she provides the practicing clinician with insight into the methodology of interpretation that underpins the day to day activity of analysis and broadens the scope of possibility for philosophical extensions of psychoanalytic theory *Structures of Subjectivity* George E. Atwood,Robert D. Stolorow,2014-06-05 *Structures of Subjectivity Explorations in Psychoanalytic Phenomenology and Contextualism* is a revised and expanded second edition of a work first published in 1984 which was the first systematic presentation of the intersubjective viewpoint what George Atwood and Robert Stolorow called psychoanalytic phenomenology in psychoanalysis This edition contains new chapters tracing the further development of their thinking over the ensuing decades and explores the personal origins of their most essential ideas In this new edition Atwood and Stolorow cover the philosophical and theoretical assumptions of psychoanalysis and present a broad approach that they have designated phenomenological contextualism This approach addresses personal subjective worlds in all their richness and idiosyncrasy and focuses on their relational contexts of origin and therapeutic transformation *Structures of Subjectivity* covers the principles guiding the practice of psychoanalytic therapy from the authors viewpoints and includes numerous detailed clinical case studies The book will be essential reading for psychoanalysts practitioners of psychotherapy psychiatrists psychologists counselors and social workers It will also be of interest to scholars and students with an interest in psychoanalytic theory and practice and its philosophical premises **Psychoanalytic Complexity** William J. Coburn,2014-01-03 *Psychoanalytic Complexity* is the application of a multidisciplinary explanatory theory to clinical psychoanalysis and psychotherapy It carries with it incisive and pivotal attitudes that aim to transform our understanding of therapeutic action and the change process Here William Coburn offers a revolutionary and far reaching counterpoint to the remnants of Cartesianism and scientism respecting and encouraging human anomaly rather than pathologizing or obliterating the uniqueness of the individual person In *Psychoanalytic Complexity* William Coburn explores the value of complexity theory previously understood as an explanatory framework with which clinicians can better understand retrospectively therapeutic action and the change process He further extends this sensibility by examining the ways in which such a rich theoretical framework can inform what clinicians can do prospectively to effect positive change within the therapeutic relationship He persuasively argues that the medium of bringing to light new ways of relating emotional experiencing and meaning making resides in the fundamental attitudes derived from a complexity theory sensibility as

applied to psychoanalysis and psychotherapy Using a variety of clinical illustrations throughout Psychoanalytic Complexity is a radical corrective to reductionism and the more traditional presumption that the problem lies with the patient and the cure lies with the therapist It offers a new language vocabulary way of thinking and a new way of being with others that are pivotal in arriving at affirmative therapeutic change This book is intended for psychoanalysts clinical psychologists therapists mental health counsellors academics and teachers who are interested in new trends in psychoanalysis and psychotherapy

Dialogues at the Edge of American Psychological Discourse Heather Macdonald, David Goodman, Brian Becker, 2017-09-15 This book explores the discipline of psychology through in depth dialogues with scholars who have lived at the turbulent edges of mainstream psychology in the USA and who have challenged the most cherished theoretical frameworks It includes researchers whose work has been widely esteemed in recent decades but has ultimately not been taken up to reconstitute the theoretical direction of the field This volume chronicles perspectives from select scholars on the current states of their respective areas of the field their understanding of how their work has been metabolized and their concerns about the conceptual frames that currently set the theoretical boundaries of the discipline These authors demand a reinterpretation of thresholds to allow for a less monological emphasis in the adoption of particular frameworks and to demonstrate historical social economic and political consequences of their chosen frameworks The contents of the volume will assist theoreticians and clinicians in their understanding of how particular kinds of knowledge are determined accepted and produced in the field at large

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