


Transformational Reminiscence

LIFE STORY WORK



JOHN A. KUNZ
FLORENCE GRAY SOLTYS
WITH CONTRIBUTORS

Transformational Reminiscence Life Story Work

**Karin Diamond, Alison O'Connor, Clark
Baim**

Transformational Reminiscence Life Story Work:

Transformational Reminiscence John A. Kunz, Florence Gray Soltys, 2007-04-23 As recently as fifty years ago people believed that reminiscing was a sign of senility Today along with a greater understanding of the significance of reminiscence we have seen the rising popularity of private memoirs in various forms from oral histories by universities to audio and videotapes for family archives John A Kunz and Florence Gray Soltys have made a major contribution to the field by providing a framework for individuals and groups engaged in this enriching and important work Robert N Butler MD Finally a book that takes a big picture look at the complexities of using life story work with older adults Using the life story matrix as a framework the authors and their contributors cover the complexities of reminiscence and life review techniques and advice for making a personal story public and the delicate balance of when to focus on content and when the process of telling one's life story can be therapeutic or destructive Transformational Reminiscence teaches the reader how to use the full spectrum of life story approaches to enhance quality of life for older adults ameliorate social and psychological problems and intervene if they occur Practical applications anecdotes exercises that help clarify the experiential side of the content and helpful suggestions enhance each chapter and ensure a safe and ethical application of this technique This book is a must read for anyone who uses a life story approach in his or her work with older adults or is teaching or supervising others in doing so

Reminiscence and Life Story Work Faith Gibson, 2011 Previously published under title Reminiscence and recall

International Perspectives on Reminiscence, Life Review and Life Story Work Faith Gibson, 2018-11-21 This book collates the latest research developments and evidence base for reminiscence life review and life story work in a single volume Charting the wide applications for narrative therapeutic methods the book emphasises the effectiveness of these approaches with varied people from different cultural backgrounds Creating Life Story Theatre Karin Diamond, Alison

O'Connor, Clark Baim, 2025-02-20 Balancing practical exercises and case studies this book equips practitioners students and academics with guidance for exploring the process of making theatre from personal stories Inviting you to consider the ethical challenges and rewards of this specialized area of theatre making this book contextualizes the authors original approaches within the range of existing applied theatre practice It draws on the authors practice and research in prisons with military veterans and families older adults people living with dementia intergenerational community groups and end of life care settings Offering guiding principles for practitioners undertaking work in this field and sharing techniques and exercises to help develop your style and approach it also features handy hints and pitfalls to consider while working with someone's most precious commodity their life story Featuring both the authors and participants perspectives the book explores concepts such as collaborative editing and co creation ownership and accountability ethics and boundaries and rolling consent Alongside a growing interest in using personal stories in applied theatre it argues that there is increasing evidence for the role of the arts in the promotion of health prevention of ill health and management and treatment of illness

In light of the steady increase in a diverse range of arts practitioners embracing narrative practice this book is an accessible practitioner level text on the subject Aging Well May Wykle, Sarah Gueldner, 2011 Aging Well Gerontological Education for Nurses and Other Health Professionals brings a fresh outlook to gerontological education and promotes the experience of aging as a positive circumstance and elders as a treasure of society Discussion centers on the application of research findings to encourage elders to rise above and beyond disability to help them retain their identity of personhood and integrate into society in general and their immediate community in particular Contributors include individuals from the academic gerontological community and clinicians as well as experts from related fields such as social policy and community planning This comprehensive text contains vital information necessary to caring for elders including topics such as disease and disabilities associated with aging to illuminate underlying philosophical tenants and social issues Each chapter provides a summary of the key points with suggestions on how to apply them on a daily basis Positive Ageing Nilanjana Sanyal, Manisha Dasgupta, 2020-12-20 This book presents a kaleidoscopic view of the positive layers of ageing as well as key interventions that can help generate and maintain positivity and well being among the elderly It explores the connections of ageing with spirituality nature and existentialism and leisure to encourage creativity individuation happiness and emotional detachment It further examines various interventions such as end of life care mindfulness and yoga retrospection life review and so on which may improve the overall quality of life by promoting the health of the elderly individual The book focuses on authentic ageing transpersonal gerontology the concept of the elder child geriatric interventions and caregiving and suggests practical improvements in health and facilities for the elderly It also covers aspects of the inner life of the prolonged ailing or dying person from a mental health perspective and emphasizes the value of positive ageing A guide to applied geriatrics and geriatric psychology with its simple style and clear methods in end to end praxis the book shows how mental well being can be fostered in the elderly to help them find meaning and purpose in old age This book will interest students teachers and researchers of psychology positive psychology geropsychology and gerontological studies sociology and social work public health medical education and geriatric nursing It will also be useful to practitioners including psychologists counsellors gerontologists mental health professionals and NGOs working with the elderly and the interested reader **Narrative and Stories in Health Care** Yasmin Gunaratnam, David Oliviere, 2009-04-09 The use of narrative methods has a long history in palliative care pioneered by Dame Cicely Saunders founder of the modern hospice movement Narrative and Stories in Health Care provides a vibrant multidisciplinary examination of work with narrative and stories in contemporary health and social care with a focus on the care of people who are ill and dying It animates the academic literature with provocative real world examples from international contributors including palliative care service users and those working in the social and human sciences medicine theology and the creative arts Narrative and Stories in Health Care addresses and clarifies core issues What is a narrative What is a story What are some of the main methods and models that can be used and for what purposes

What practical and ethical dilemmas can the methods entail in work with illness death and dying As well as highlighting the power of stories to create new possibilities the book also acknowledges the conceptual methodological and ethnical problems and challenges inherent in narrative work As the hospice and palliative care movement evolves to meet the challenges of 21st century health care this fascinating book highlights how narratives and stories can be attended to in ways that are productive ethical and caring

Social Work Practice With Older Adults Jill M. Chonody,Barbra Teater,2017-12 This book presents a contemporary framework based on the World Health Organization s active aging policy that allows students to focus on client strengths and resources when working with the elderly Covering micro mezzo and macro practice domains the text examines all aspects of working with aging populations from assessment through termination

Things that Matter William L. Randall,Matte Robinson,2023-11-30 Many of us have particular things in our lives photographs paintings old letters books furniture jewellery or clothing that hold special meaning for us Often they correspond to pivotal memories and can be central to our sense of self and our life narratives all the more so as we age Things That Matter sheds important light on the intricate intertwining of mementos with stories and vice versa in most people s lives The book explores the significance of cherished objects within the life stories of nine participants in a qualitative study of the links between reminiscence and resilience in later life The researchers who conducted the study represent a variety of fields including gerontology social work ministry nursing literature and education The book details how life stories can be fraught with a wide range of insights and questions from the memories that get stirred up as people embark on the process of life review prompted by the challenges and changes of aging Shedding light on the complex emotional psychological and spiritual findings of the study Things That Matter ultimately reveals the intricacy of personal narrative and the incredible ways in which things and stories are interwoven in our lives over time

Nursing Older People at a Glance Josephine Tetley,Nigel Cox,Kirsten Jack,Gary Witham,2018-02-16 As the environment of care continues to evolve to promote person centredness dignity health and wellbeing for nurses working with older people this can be challenging Nursing Older People at a Glance is a timely publication which provides an overview of key concepts that nurses need to know in order to care for older people in a wide range of settings Divided into six sections it explores a range of themes such as person centred care health and wellbeing health promotion and the complexity of older people s care encompassing mental wellbeing diverse communities and learning disability With a strong focus on dignity in care throughout Nursing Older People at a Glance will readily equip undergraduate and post qualification nurses with the knowledge and skills required to care for older people in a competent and compassionate manner

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