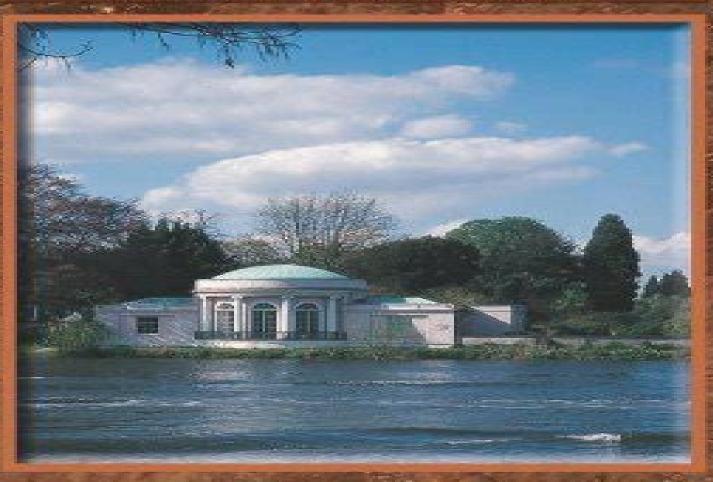
A CICERONE GUIDE by Leigh Hatts

THE THAMES PATH

FROM THE SEA TO THE SOURCE





LEIGH. HATTS

The Thames Path Leigh Hatts, 2023-03-15 A guidebook to walking the Thames Path National Trail between Woolwich Foot Tunnel in east London and the river's source in Gloucestershire Covering 292km 182 miles this straightforward trail takes around 2 weeks to hike A level walk alongside riverside paths it makes an ideal first long distance trail for beginners The route is described from east to west in 20 stages between 6 and 26km 4 16 miles in length An optional route extension from Erith in Kent to the traditional start at Woolwich Foot Tunnel is also provided GPX files available to download Contains step by step description of the route alongside 1 50 000 OS maps Includes a separate map booklet containing OS 1 25 000 mapping and route line Handy route summary table helps you plan your itinerary Refreshment and accommodation information given for each route stage Public transport by stage is listed for those wanting to break the trail into shorter The Thames Path LEIGH. HATTS, 2023-03-15 A guidebook to walking the Thames Path a National Trail covering sections 180 miles between London's Thames Barrier and the river's source in Gloucestershire passing through Windsor Oxford and rural countryside Provides full information for this easy riverside route that takes around two weeks to complete Includes a 1 25K OS map booklet Trekking in the Indian Himalayas Brian Furze, 2025-10-20 A guidebook to trekking in the Uttarakhand region of the Indian Himalaya These 8 guided routes are graded according to difficulty and include forest trails gorge walks mountain passes high altitude summits and glaciers Suitable for hikers with a reasonable level of fitness and experience each trek involves between 1000m and 4000m of elevation gain with the highest route reaching more than 4300m in altitude Treks take from 3 9 days to complete with total lengths of 10 53 miles 15 85km Includes 1 50 000 mapping of each stage with trek overview maps and elevation profiles also provided Handy route summary tables give a snapshot of the treks Advice on planning and preparation including trek operators guides and homestay accommodation Information on safety considerations GPX files available to download The River Loire Cycle Route Mike Wells, 2022-07-15 Guidebook to cycling the Loire France's longest river from its source in the Massif Central to the Atlantic The 1061km route incorporates the popular waymarked Loire V lo and takes in extinct volcanos vineyards and ch teaux Predominantly downhill or flat the route utilises mostly cycle paths and minor roads The Thames Path Leigh Hatts, 2011-09-02 A handy pocket sized guidebook for anyone planning to walk the Thames Path The easy riverside route heads upstream from the Thames Barrier to the source of the Thames 180 miles away Opened as a National Trail in 1996 you walk past London's historic buildings to the tranguil countryside at the source in Gloucestershire The Thames Path Map Booklet Leigh Hatts, 2016-04-15 Map of the 180 mile 288km Thames Path National Trail from London's Thames Barrier to the river's source near Circucester in Gloucestershire The easy riverside route takes around a fortnight to walk This compact booklet of Ordnance Survey 1 25 000 maps shows the full route providing all of the mapping you need to complete the trail Walking in London Peter Aylmer, 2023-09-25 A guidebook to 25 walks in London's open spaces Exploring the green spaces of both the city centre and Greater London area

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