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The Unknown Reality Vol 1 A Seth Book

Jane Roberts

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far reaching exploration of the dynamics of desire and free will be asserts that each atom molecule and cell has its own consciousness and powers of choice With humor and simple analogies Seth leads us beyond our ordinary level of awareness into a spectacular discovery of the multidimensional nature of the self including Consciousness units as the basis of our universe The relevance of extrasensory perception in understanding our world The worlds we visit in dreams and out of body states Dreaming as a science to create present and future realities Families of consciousness we choose to belong to Practical methods for exploring your own unknown reality There is an unknown reality I am part of it and so are you Each individual is a part of the unknown reality To explore the unknown reality you must venture within your own psyche travel inward through invisible roads as you journey outward on physical ones I hope that in this book the reader can see the greater dimensions that touch ordinary living and sense the psyche's greater magic Jane Roberts Speaking for Seth The Way Toward Health Jane Roberts, 2011-07-08 From the Bestselling Author of Seth Speaks and The Nature of Personal Reality In September 1984 the voice that had spoken for one of the most profound and prolific metaphysical teachers of the 20th century fell silent Seth the entity who described himself as an energy personality essence no longer focused in physical matter had spoken exclusively through Jane Roberts since 1963 During the long illness that led to her death Jane continued to channel Seth from her hospital bed but this final work was left unfinished Now in The Way Toward Health Jane's husband Robert Butts shares with us the intimate story of Jane's final days and the exquisite teachings that Seth gave during that time In an examination of the miracle of life in a human body Seth speaks about Why medicine and therapy often perpetuate illness How the practice of naming diseases can work against us The influence of religion in creating disease How children's health is influenced by parents beliefs Humor as an effective factor in healing Includes 8 page photo gallery Do not think of the mind as a purely mental entity and of the body as a purely physical one Instead think of both mind and body as continuing interweaving processes that are mental and physical at once Your thoughts actually are quite as physical as your body is and your body is guite as nonphysical as it seems to you your thoughts are You are actually a vital force existing as a part of your environment and yet apart from your environment at the same time Jane Roberts speaking for Seth in The Way Toward Health Soul Sight: Projections of Consciousness and Out of Body Epiphanies Mary Barton, 2008-11-05 In her riveting book Barton vividly depicts her voyage of discovery through time and space Her first spontaneous out of body experience so shattered her beliefs about reality that she began a thorough investigation that would ultimately lead her to learn to leave her body virtually at will Thirty years later she is finally prepared to reveal what she learned in her trial by fire Seth Speaks Seth (Spirit), Jane Roberts, 1994 Seth dictates his startling view of the universe through channeler Jane

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