

Understanding Headaches and Migraines:

Causes and Treatment Options



University Pain and Spine Center

INTERVENTIONAL PAIN & SPINE SPECIALISTS

Understanding Headaches And Migraines

Understanding Illness Health

Arturo Cuomo



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Understanding Your Migraines Morris Levin MD, Thomas N Ward MD, 2017-06-01 Understanding Your Migraines is a comprehensive and authoritative resource for people who suffer from migraine headaches as well as for their families and their caretakers Drs Levin and Ward bring their vast experience studying and treating migraine to this book in a clear practical and easily understandable volume which covers all of the aspects of migraine that plague individuals and their families Numerous examples of real people with migraine help illustrate the options available for finding relief for this highly disabling worldwide health problem

Managing Migraine: A Healthcare Professional's Guide to Collaborative Migraine Care, 2010 **Understanding the Sociology of Health** Anne-Marie Barry, Chris Yuill, 2011-12-16 Understanding the Sociology of Health 3rd Edition is a truly readable introduction to a subject which is often shrouded in jargon Providing case studies and exercises to really get you thinking this book shows how sociology provides the means to answer complex questions about health and illness such as why health inequalities exist The 3rd edition includes four new chapters on history of health healing sexuality sport fitness exercise death dying Though aimed primarily at students on health and social care courses and professions allied to medicine this textbook provides valuable insights for anyone interested in the social aspects of health Visit the companion website at www.sagepub.co.uk/barryandyuill3e to find a range of teaching and learning material for lecturers and students

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Understanding and Treating Psychogenic Voice Disorder Peter Butcher, Annie Elias, Lesley Cavalli, 2007-04-04 This book provides a step by step guide to understanding and treating psychogenic voice disorder by combining speech and language therapy with skills drawn from the field of cognitive behaviour therapy CBT Beginning with a new classification of psychogenic voice disorder the authors then provide a description of the CBT model and give helpful and systematic guidelines on using this approach in combination with speech and language therapy skills They provide invaluable guidance on how to extend the standard voice case history to include a psychosocial assessment and how to apply symptomatic voice therapy principles and techniques for this patient population Later chapters show how to assess and work with patients suffering from symptoms of anxiety and lowered mood and how to understand and respond to various forms of psychopathology that may present in association with voice disorder Finally detailed case studies illustrate how an experienced therapist might respond to individual assessment and treatment challenges

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