

WORKPLACE HEALTH PROMOTION PROGRAMS

Planning, Implementation, and Evaluation

CARL I. FERTMAN

Workplace Health Promotion Programs Planning Implementation And Evaluation

Susan Cartwright, Cary L. Cooper



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Workplace Health Promotion Programs Carl I. Fertman, 2015-10-05 Health Program Planning, Implementation, and Evaluation Lawrence W. Green, Andrea Carlson Gielen, Judith M. Ottoson, Darleen V. Peterson, Marshall W.

Kreuter, 2022-02-08 A time tested landmark approach to health promotion and communication projects and everything that goes into making them successful For more than 40 years the PRECEDE PROCEED model developed in the early 1970s by Lawrence W Green and first published as a text in 1980 with Marshall W Kreuter Sigrid G Deeds and Kay B Partridge has been effectively applied worldwide to address a broad range of health issues risk factors like tobacco and lack of exercise social determinants of health such as lack of access to transportation and safe housing and major disease challenges like heart disease and guinea worm disease In Health Program Planning Implementation and Evaluation Green and his team of senior editors and chapter authors combine their expertise to offer a high level guide to public health programming This guide aligns with foundational public health competencies required by increasingly rigorous certification and accreditation standards Driven by the coronavirus pandemic and a looming climate crisis the book addresses the rapid changes in modern day conceptions of disease prevention and health promotion Today s public health practitioners and researchers are often called upon to address a complex web of factors including population inequities that influence health status from biology to social and structural determinants Program and policy solutions to population health challenges require systematic planning implementation and evaluation Providing students with knowledge skills and a range of tools the book recognizes new approaches to communication and fresh methods for reaching a greater diversity of communities The authors highlight the importance of starting the population health planning process with an inclusive assessment of the social needs and quality of life concerns of the community They explain how to assess health problems systematically in epidemiological terms and address the behavioral and environmental determinants of the most important and changeable health problems They also cover procedures for assessing and developing the capacity of communities and organizations to implement and evaluate programs Drawing on more than 1 200 published applications of the PRECEDE PROCEED model Health Program Planning Implementation and Evaluation features numerous case studies and contributions from internationally recognized experts including governmental academic and community public health leaders giving readers a thorough and well rounded view of the subject Ultimately it is an up to date powerhouse for community and global health promotion at all levels Contributors Faten Ben Abdelaziz John P Allegrante Patricia Chalela Cam Escoffery Maria E Fernandez Jonathan E Fielding Robert S Gold Shelly Golden Holly Hunt Vanya C Jones Michelle C Kegler Gerjo Kok Lloyd J Kolbe Chris Y Lovato Rodney Lyn Guy Parcel Janey C Peterson Nico Pronk Amelie G Ramirez Paul Terry **Workplace Health Promotion Programs** Carl I. Fertman, 2015-09-11 Shine a spotlight on the benefits of promoting health in the workplace Workplace Health Promotion Programs focuses on the incredible value that employee health programs can offer by exploring six key topics behavioral

health physical health healthy environments health education nutritional health and physical activity This in depth resource explicitly establishes what successful workplace health promotion programs services and collaborations are and then builds upon this foundational understanding by introducing methods and tools for promoting employee health and safety while emphasizing the skills students need to do so Through this resource students will come to understand how to recognize employee health and safety opportunities and how to think on a larger scale when it comes to workplace health initiatives in small midsize and larger employers that are comprehensive and fiscally sound Workplace health promotion programs have the potential to both improve the health of the population as a whole and control healthcare spending in the process Health problems are estimated to cost employers in the United States over 200 billion per year through medical costs absenteeism disability and overall reduced productivity Improving well being through effective workplace health promotion programs can reduce this cost and create healthier happier workforces Discover the design implementation and evaluation of workplace health promotion programs that address the range of employee health needs and concerns Understand how evidence based programs can positively impact business and reduce health care cost Explore the larger scale implications of successful workplace health programs including health policies health insurance design worker safety employee behavior etc Learn how together employers and employees work to create a culture of health and well being to support and promote employee health and safety Review the ways in which successful workplace health promotion programs can prove financially beneficial Workplace Health Promotion Programs is a resource that guides students and professionals alike in the discovery development and execution of successful employee health initiatives

The New World of Health Promotion: New Program Development, Implementation, and Evaluation Bernard J. Healey, Robert S. Zimmerman Jr., 2009-07-21 The New World of Health Promotion New Program Development Implementation and Evaluation uses the concepts of epidemiology and collaboration to define the real causes of chronic diseases The book provides practitioners and students with a methodology to develop cost effective programs to better inform the population of how to prevent these diseases and their expensive complications Health care workers and health educators will find that this essential text provides them with the necessary skills to develop implement and evaluate health promotion programs *Health Promotion Programs* Carl I. Fertman, Diane D. Allensworth, Society for Public Health Education (SOPHE), 2016-11-07 Comprehensive coverage real world issues and a focus on the practical aspects of health promotion Health Promotion Programs combines theory and practice to deliver a comprehensive introduction to the planning implementation and evaluation of health promotion programs Presenting an overview of best practices from schools health care organizations workplaces and communities this book offers clear practical guidance with an emphasis on hands on learning This new second edition has been updated to include discussion on today's important issues including health equity the Affordable Care Act big data E health funding legislation financing and more New coverage includes programs for underserved priority populations at a geographically diverse variety

of sites and new practice and discussion questions promote engagement on highly relevant topics Public health is a critical aspect of any society and health promotion programs play an important role This book provides clear instruction practical guidance and multiple avenues to deeper investigation Plan health promotion programs from the basis of health theory Gain in depth insight on new issues and challenges in the field Apply what you re learning with hands on activities Access digital learning aids and helpful templates models and suggestions Designed to promote engagement and emphasize action this book stresses the importance of doing as a vital part of learning yet each step of the process is directly traceable to health theory which provides a firm foundation to support a robust health promotion program Health Promotion Programs is the essential introductory text for practical real world understanding **Health Promotion in the 21st Century** Mary-Louise Fleming,Louise Baldwin,2020-08-13 How should we invest precious health resources At a time when chronic illness is increasing inequality persists and climate change is starting to impact our health how can health promotion improve health outcomes across the whole population Health Promotion in the 21st Century offers a systematic introduction to the principles of health promotion today and effective planning implementation and evaluation The authors review the global regional and local issues that affect health in Australia and show how social economic political and educational elements in society contribute to population health and wellbeing Throughout the authors emphasise that health promotion needs multiple solutions and that health professionals should seek out strategic opportunities and partnerships They consider the issues facing vulnerable groups such as Aboriginal and Torres Strait Islander people those with mental health issues and the aged and suggest a variety of innovative tools for working with particular populations They also focus on strategies to ensure programs remain vibrant and sustainable in the longer term With case studies and activities in each chapter Health Promotion in the 21st Century is an essential resource for anyone seeking to build a career in health promotion *Health Promotion* Mary-Louise Fleming,2020-07-16 An excellent introduction to the theory and practice of health promotion in a developed country such as Australia From the foreword by Professor Brian Oldenburg This widely used text offers a comprehensive overview of the field of health promotion Drawing on current Australian and international research the authors provide a detailed review of health promotion principles They demonstrate how these principles fit into the broader public health context and how they can be integrated into practice in a range of settings including the workplace schools rural communities Indigenous communities and health care organisations The authors also include a step by step guide to program management from planning to evaluation This third edition includes new material on the use of evidence in health promotion practice and on the increasing importance of an ecological perspective The text has been fully revised with new data and case studies and planning models have been updated to reflect current practice Health Promotion is an essential text for students and a valuable resource for health professionals **Health Promotion Programs** Carl I. Fertman,Melissa L. Grim,Society for Public Health Education (SOPHE),2022-03-22 An incisive up to date and comprehensive treatment of

effective health promotion programs In the newly revised Third Edition of Health Promotion Programs From Theory to Practice health and behavior experts Drs Carl I Fertman and Melissa Grim deliver a robust exploration of the history and rapid evolution of health promotion programs over the last three decades The authors describe knowledge advances in health and behavior that have impacted the planning support and implementation of health promotion programs With thoroughly updated content statistics data figures and tables the book discusses new resources programs and initiatives begun since the publication of the Second Edition in 2016 Key Terms and For Practice and Discussion Questions have been revised and the authors promote the use of health theory by providing the reader with suggestions models boxes and templates A renewed focus on health equity and social justice permeates much of the book and two significant health promotion and education events the HESPA II study and Healthy People 2030 are discussed at length Readers will also find A thorough introduction to health promotion programs including the historical context of health promotion settings and stakeholders for health promotion programs advisory boards and technology disruption and opportunities for health promotion Comprehensive explorations of health equity and social justice including discussions of vulnerable and underserved population groups racial and ethnic disparities in health and minority group engagement Practical discussions of theory in health promotion programs including foundational theories and health promotion program planning models In depth examinations of health promotion program planning including needs assessments and program support Perfect for undergraduate and graduate students studying public health health administration nursing and medical research Health Promotion Programs From Theory to Practice is also ideal for medical students seeking a one stop resource on foundational concepts and cutting edge developments in health promotion programs

2012-2013 UNCG Graduate School Bulletin , Health Promotion Programs Society for Public Health Education (SOPHE),2010-03-18 Health Promotion Programs introduces the theory of health promotion and presents an overview of current best practices from a wide variety of settings that include schools health care organizations workplace and community The 43 contributors to Health Promotion Programs focus on students and professionals interested in planning implementing and evaluating programs that promote health equity In addition to the focus on best practices each chapter contains information on Identifying health promotion programs Eliminating health disparities Defining and applying health promotion theories and models Assessing the needs of program participants Creating and supporting evidence based programs Implementing health promotion programs Tools program staff and budgets Advocacy Communicating health information effectively Developing and increasing program funding Evaluating improving and sustaining health promotion programs Health promotion challenges and opportunities Health promotion resources and career links The authors have clearly connected the dots among planning theory evaluation health disparity and advocacy and have created a user friendly toolbox for health promotion empowerment Ronald L Braithwaite PhD professor Morehouse School of Medicine Departments of Community Health and Preventive Medicine Family Medicine and

Psychiatry The most comprehensive program planning text to date this book examines all facets of planning and implementation across four key work environments where health educators function Mal Goldsmith PhD CHES professor and coordinator of Health Education Southern Illinois University Edwardsville Health Promotion Programs explores the thinking of some of our field's leaders and confirms its well deserved place in the field and in our personal collections Susan M Radius PhD CHES professor and program director Health Science Department Towson University The Oxford Handbook of Organizational Well-being Susan Cartwright, Cary L. Cooper, 2009 This Handbook focuses on organizational well being in its widest sense and is concerned with reviewing the factors which are associated with ill health as well as those which promote positive health and well being In it leading international scholars focus on the key issues around measuring well being and individual and organizational factors **Health Promotion Planning** Lawrence W. Green, Marshall W. Kreuter, 1991 Rev ed of Health education planning Lawrence W Green 1st ed *Planning Health Promotion Programs* L. Kay Bartholomew Eldredge, Christine M. Markham, Robert A. C. Ruiter, Maria E. Fernández, Gerjo Kok, Guy S. Parcel, 2016-01-04 The Intervention Mapping bible updated with new theory trends and cases Planning Health Promotion Programs is the bible of the field guiding students and practitioners through the planning process from a highly practical perspective Using an original framework called Intervention Mapping this book presents a series of steps tasks and processes that help you develop effective health promotion and education programs using a variety of approaches As no single model can accurately predict all health behavior or environmental changes this book shows you how to choose useful theories and integrate constructs from multiple theories to describe health problems and develop appropriate promotion and education solutions This new fourth edition has been streamlined for efficiency with information on the latest theories and trends in public health including competency based training and inter professional education New examples and case studies show you these concepts in action and the companion website provides lecture slides additional case studies and a test bank to bring this book directly into the classroom Health education and health promotion is a central function of many public health roles and new models theories and planning approaches are always emerging This book guides you through the planning process using the latest developments in the field and a practical approach that serves across discipline boundaries Merge multiple theories into a single health education solution Learn the methods and processes of intervention planning Gain a practical understanding of multiple planning approaches Get up to date on the latest theories trends and developments in the field Both academic and practice settings need a realistic planning handbook based on system not prescription Planning Health Promotion Programs is the essential guide to the process equipping you with the knowledge and skills to develop solutions without a one size fits all approach **Community and Public Health Nutrition** Sari Edelstein, 2022-03-22 Updated with the latest data in the field Community and Public Health Nutrition Fifth Edition explores the complex multifaceted array of programs and services that exist in the United States today that are dedicated to bettering population and community health

through improved nutrition The Fifth Edition explores the subject by first considering how nutrition fits into public health practice and then by examining policymaking assessment and intervention methods special populations food security and program management Cumulated Index Medicus ,1992 **Adult Helath Nursing-II (B.Sc Nursing IV Semester)**

Prof. Mr. G. Elango, Ms. Samundeeswari Jothiprasath, Professor C. Pearl Priyadharshini,2025-09-29 It s with great happiness that I would like to acknowledge a great deal of people that get helped me extremely through the entire difficult challenging but a rewarding and interesting path towards some sort of Edited Book without having their help and support none of this work could have been possible *Compendium of HHS Evaluations and Relevant Other Studies* ,1990 Introduction to Theory-Driven Program Evaluation Stewart I. Donaldson,2021-09-30 Introduction to Theory Driven Program Evaluation provides a clear guide for practicing evaluation science and numerous examples of how these evaluations actually unfold in contemporary practice A special emphasis is placed how to conduct theory driven program evaluations that are culturally responsive and strengths focused In this thoroughly revised new edition author Stewart I Donaldson provides a state of the art treatment of the basics of conducting theory driven program evaluations Each case follows a three step model developing program impact theory formulating and prioritizing evaluation questions and answering evaluation questions The initial chapters discuss the evolution and popularity of theory driven program evaluation as well as step by step guide for culturally responsive and strengths focused applications Succeeding chapters provide actual cases and discuss the practical implications of theory driven evaluation science Reflections challenges and lessons learned across numerous cases from practices are discussed The volume is of significant value to practicing evaluators professors of introductory evaluation courses and their students advanced undergraduate and graduate students and serves as a text or a supplementary text for a wide range of evaluation and applied research courses It is also of great interest to those interested in the connections between work and health well being career development human service organizations and organizational improvement and effectiveness *Contemporary Occupational Health Psychology* Jonathan Houdmont,Stavroula Leka,2010-03-04 Published in association with the European Academy of Occupational Health Psychology EAOHP and the Society for Occupational Health Psychology SOHP Contemporary Issues in Occupational Health Psychology is a definitive new series presenting state of the art work by leading academics and practitioners in the field Topics include workplace health intervention evaluation economic stress and employee well being work family positive spillover psychological flexibility and health at work Contributors to this first volume include Arnold Bakker Frank Bond Maureen Dollard Leslie Hammer Robert Karasek Michiel Kompier Tahira Probst Wilmar Schaufeli Arie Shirom Robert Sinclair Toon Taris and T res Theorell *Introduction to Public Health Program Planning* Joanna Hayden,2021-03-23 Written to provide students with the essential program planning skills that they ll need in public health practice Introduction to Public Health Program Planning offers an accessible and engaging approach to the program planning process Divided into 3 parts Introduction to Public Health Program Planning begins with

an introduction to the basics of planning health determinants and behaviors It then offers in depth discussion of the generic planning phases from assessing needs and planning to implementing and evaluation The third section explores the four most commonly used planning frameworks along with three additional planning frameworks that address specific health issues A final chapter offers guidance on choosing a planning framework

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