

# TORN ASUNDER

Recovering from

*an Extramarital Affair*

DAVE CARDER

with DUNCAN JAENICKE

# Torn Asunder Recovering From An Extramarital Affair

**Dave Carder**



## **Torn Asunder Recovering From An Extramarital Affair:**

**Torn Asunder Workbook** David Carder, 2010-04-01 Based on the principles in the bestselling Torn Asunder a book that has helped thousands of people survive infidelity this revised and expanded workbook offers five crucial services for hurting couples Stabilizes the marriage in the initial crisis Provides structure for the emotionally volatile environment Brings closure to the old marriage the marriage prior to the affair Establishes skills necessary for the new marriage pattern Answers the questions How could you do this to me Why did you do it The Torn Asunder workbook is built around daily twenty minute homework exercises initiated by each spouse on alternating days for ten to fifteen weeks Working with your spouse might be the last thing you want to do right now but it is essential to your long term recovery whether or not your marriage survives Healing won't be easy But the Torn Asunder workbook provides hope encouragement and practical advice for the journey Take the first step today

**Torn Asunder** Dave Carder, 2007-05-01 A resource on marital infidelity for all involved even onlookers Written by respected pastor and marriage counselor Dave Carder this revised and expanded version of Torn Asunder sorts through the factors that contribute to infidelity and then maps out a recovery process for both partners With compassion and wisdom rooted in the Bible Carder offers insight for the victims of adultery the perpetrators and those who seek to help hurting couples Along the way Carder also answers questions like Why did this happen We didn't actually sleep together so is it still an affair Can I trust my spouse again Should I reveal a secret affair What if my spouse doesn't want me back What do we tell the kids This refreshed and updated edition is an excellent resource for pastors leaders and lay people Pair this with the Torn Asunder Workbook to for extra guidance in applying the book's advice to your marriage

**Torn Asunder** David Carder, Duncan Jaenicke, 1992 This workbook is an excellent tool for couples to work through and apply the material presented in Torn Asunder It is organized into daily twenty minute exercises initiated by each spouse on alternating days Because this tragic situation is not easily resolved this workbook is a must to get couples on the road to healing and oneness

**Torn Asunder Workbook** David Carder, 2001

**Anatomy of an Affair** Dave Carder, 2017-09-05 When it comes to adultery never say It won't happen to me Just when you think your marriage is safe from adultery is when you may be the most vulnerable With eye opening stories clinical insights and up to date data Dave Carder reveals what adulterers learned the hard way and what they want the rest of us to know to save us the pain Dave Carder counselor and author of the bestselling Torn Asunder 100 000 in print is a sought after expert on issues of adultery Here he helps you make your marriage adultery proof by showing you How attractions can lead to affairs Ways you may be vulnerable to affairs The common ingredients of adultery How to restore intimacy to your marriage How to make wise protective decisions Marriage is too sacred to be taken casually Affairs are a very real threat and they can destroy lives and families For this reason Anatomy of an Affair should be on every church leader's and marriage counselor's required reading list and in the home of every married couple Includes charts and assessments to understand and guard against affairs This book is the revised edition of

Close Calls 2008      **Close Calls** David Carder,2008-09-01 Never say never because just when you think your marriage is safe from adultery is when you may be the most vulnerable Dave Carder counselor author of the bestselling Torn Asunder 100 000 in print and a sought after expert on issues of adultery Now with eye opening stories clinical insights and up to date data he reveals what adulterers learned the hard way and want the rest of us to know For example every spouse has a Dangerous Partner Profile of the kind of person who tempts them Close Calls should be on every church leader s and marriage counselor s required reading list Includes charts and assessments      **Unfaithful** Gary Shriver,Mona Shriver,2005 Written by a couple who experienced infidelity in their marriage Infidelity asks if there is life after adultery      **Sexual Intimacy in Marriage** William R. Cutrer,Sandra Glahn,2020-03-17 Expert biblical answers to tough questions Every couple has those questions they don t know how or whom to ask Sexual Intimacy in Marriage discusses the basics like the definition of marriage and the not so basic topics such as achieving sexual pleasure and biblically OK sexual activity It addresses real people in the real world without compromising God s wonderful purpose and design for his gift of sex This highly acclaimed medically and biblically accurate book extensively covers sex in marriage with a sensitivity and frankness that every couple will appreciate With over 100 000 copies in print and now in its fourth edition this best selling biblically based book for nearly weds newly weds and truly weds is the gold standard for Christian intimacy guides Has greatly benefited our own family and marriage relationship Marvelously blends the glory of sex with the reality of life Dr Tony and Lois Evans Scientifically accurate biblically based intensely practical and written with a large dose of humor David Stevens President Christian Medical Dental Association Cutrer and Glahn cut through the fog of partial truths to help newlyweds soon to weds or couples who have been married for years The Dallas Fort Worth Heritage      **Making Love Last a Lifetime Participant's Book** Adam Hamilton,2012-02-01 Making Love Last a Lifetime is a comprehensive program for reaching new people creating excitement launching new small groups and strengthening existing classes It includes sermon starters and illustrations marketing materials and outreach tools built around an eight week study on a topic that holds great interest for singles and married persons both inside and outside the church Designed for use in 60 90 minute sessions For group or individual study the book can be used by class participants during the study group meeting or at home for additional reflection Includes detailed content for the eight session topics For more information about Adam Hamilton s studies go to [www.adamhamilton.cokebury.com](http://www.adamhamilton.cokebury.com)      **I Got Caught Cheating - How Can I Save My Marriage?** ,      **Intimate Deception** Dr. Sheri Keffer,2018-03-20 Nothing destroys trust like sexual betrayal Beyond broken vows a woman who discovers that the man she loves has been viewing pornography or having an affair must deal with devastating blows to her self image and self worth She must grapple with the fact that the man she thought she knew has lied and deceived her She may even bear the brunt of shame and judgment when the people around her find out Drawing from her experience both as a marriage and family therapist and a woman who personally experienced the devastation of sexual betrayal Dr Sheri Keffer

walks women impacted by betrayal through the pain and toward recovery She explains how the trauma of betrayal affects our minds bodies spirits and sexuality She offers practical tools for dealing with emotional triggers and helps women understand the realities of sexual addiction And she shows women how to practice self care develop healthy boundaries protect themselves from abuse or manipulation and find freedom from the burden of shame and guilt

**The Christian Therapist's Notebook** Philip J. Henry, Lori Marie Figueroa, David R. Miller, 2012-03-22 Provide professionally sound and principled therapy based on the truth of God Christians are faced with the same range of problems as everyone else However Christian therapists understand deeply the unique issues involved with their therapy The Christian Therapist s Notebook is a single source for innovative user friendly techniques for connecting the everyday world of the client with Christian principles and Scripture This creative timesaving guide assists therapists in helping clients achieve therapy goals through professionally sound and principled exercises while always maintaining a positive supportive connection with Christian beliefs Helpful features include Scripture references relevant to common problems case studies vignettes professional resource lists client resource lists in session exercises homework exercises and handouts The Christian Therapist s Notebook bases its success on three foundations the truth of scripture the centrality of Christ and the guidance of the Holy Spirit The book s three sections include individuals couples and families and children and adolescents Each chapter focuses on a single exercise to address an important issue that may be affecting the client Chapters provide a guiding Scripture quote an objective rationale for use clear and specific instructions suggestions for a follow up a vignette illustrating the exercise s success contraindications extensive resources and related Scriptures The Christian Therapist s Notebook exercises include A New Creation which uses a Christogram to personalize the Biblical promises and truths of the spiritual transformation Snapshots which reveals repetitive behavior patterns in relationships Core Connections which helps the client explore the organization of relational core connections to other people as well as to God Temptation Judo which explores the connection between temptation and needs while uncovering God s promise of escape Broken Mirrors which identifies unresolved issues affecting self image and moves the client to a personal relationship with God The Book of My Life which helps identify situations and people that have had an impact on clients while helping them to acknowledge that God has a plan for them Tearing Down Strongholds which helps take the client through the process of repentance It Was Wrong which helps abuse victims deal with pain and frustration Bowing Down which helps to restore a healthy relationship Panic Breaker which helps get to the root of client fears Parenting after Divorce Self esteem which helps children with self concept and many many more The Christian Therapist s Notebook is the answer for practicing therapists counselors interns pastors educators and students searching for activities for client therapy based upon the truth of God

**The Mentoring Mom** Jackie Kendall, 2011-06-01 Today s mom faces the constant challenge of meeting her child s external needs health grooming academics sports and other achievements In the frenzy she often wishes for the wisdom to know how to best meet her child s

internal needs as well knowledge of God and spiritual growth The best way for a mom to mentor her child spiritually is to model Christ in her own life Writing from her own experiences Jackie Kendall author of the best selling *Lady in Waiting* encourages and inspires mothers to develop their ability to mentor their children as well as to be mentored themselves by God Using the concept of stamping the image of Christ on the child's heart with the mother as the wet ink pad and the child as the recipient of the imprint she guides us through her time tested 11 principles of modeling Christ Her heart warming humorous stories inspire us to shine God's Word into our child's heart and become their 1 role model *Living with Your Husband's Secret Wars* Marsha Means,1999-10-01 When a wife discovers her husband is entangled in sexual sin she's devastated This book offers proactive steps to help her heal **Raising a Lady in Waiting** Jackie Kendall,2013-04-16 Raising Daughters Who Refuse to Settle In a culture that emphasizes finding the right pair of jeans over waiting for the right man there is no time to sit back and hope everything just pans out Mom you are your daughter's greatest influence mentor and relationship coach It is time to take action The most important decision of your daughter's life is who will be her Master the second is who will be her mister You play a vital role in preparing her to make this choice Bestselling author Jackie Kendall opens her heart and candidly shares four decades worth of experience with mothers who are raising daughters to navigate the challenges of relationships These principles help you effectively guide your daughter to Maintain high relationship standards Guard her mind from false relationship images Teach her the value of waiting for God's best Kids are passing school while flunking in relationships Raising a Lady in Waiting provides you with the keys necessary to safeguard your daughter from pursuing Bozos and prepares her for the Boaz God has waiting **Starting Your Marriage Right** Dennis Rainey,Barbara Rainey,2006-12-31 The Rainey's offer an upbeat and practical manual for marriage to guide couples through the challenges they face as they start their lives together *Redemptive Divorce* Mark Gaither,2008-08-12 A graceful biblical way to reclaim sanity for the home and dignity for the suffering spouse in a dysfunctional or dangerous marriage Thousands of conscientious believers wanting to honor the sacred vows they took before God suffer in dysfunctional even dangerous marriages Each and every day they must choose between the lesser of two evils divorce without sound biblical support or a life of perpetual unrelenting misery Somewhere between the secular disregard for the commands of Christ and the sacred unwillingness to deal with real problems of people there is a way The redemptive divorce process is designed to honor the sacredness of the union while offering practical relief for the suffering partner and tough love for the offending spouse In some cases it might even be the catalyst for the restoration and rebuilding of the marriage Practical provocative and utterly unique Redemptive Divorce includes a helpful guide with worksheets for implementation **When Love Dies** Judy Bodmer,1999-06-05 When Love Dies is a refreshing honest look at one woman's journey to the edge of divorce her commitment to stay even though she didn't feel like it and eventual rediscovery of the love that she thought died *What Happens After Shattered?* Dr. Deanna Sims,2015-09-04 It is no secret that many hearts have been shattered by

infidelity With affairs and sexual addiction at all time highs in our society it is no wonder that those affected by the real life trauma and agonizing pain of unfaithfulness search for ways to cope forgive and eventually heal In her comprehensive Christian self help guidebook *What Happens After Shattered* licensed mental health counselor Dr Deanna Sims shares gentle guidance that includes case examples strategies for coping and healing and over one hundred biblical passages With the hope of encouraging and supporting those on a journey to healing after infidelity Dr Sims addresses many key issues including how to identify the different types of affairs honor anger as a natural phase of grieving navigate through the discovery and disclosure phases of an affair understand narcissism and its correlation to infidelity answer questions to determine whether to reconcile or terminate the marriage implement an affair prevention plan to safeguard your marriage work toward a spirit of forgiveness *What Happens After Shattered* reinforces the important message that hope personal growth and healing are possible even after the life altering experience of an affair A unique and valuable resource for those in the Christian community Peggy Vaughan author of *To Have and To Hold* and host of *DearPeggy.com* A well thought out Christian counseling book on the topic of infidelity Rona Subotnik LMFT coauthor of *Surviving Infidelity* 3rd Edition and author of *Why Did He Cheat on Me*     *Fighting for Your Marriage While Separated* Linda W. Rooks, 2019-02-25 When your marriage falls apart where can you turn for hope and help Linda Rooks an experienced guide for marriages in crisis provides biblical wisdom real life stories and practical help for husbands and wives who desire restoration in their marriages Even if your spouse has turned away there is hope

## Whispering the Strategies of Language: An Emotional Quest through **Torn Asunder Recovering From An Extramarital Affair**

In a digitally-driven earth wherever monitors reign great and instant connection drowns out the subtleties of language, the profound strategies and psychological nuances concealed within words often get unheard. Yet, located within the pages of **Torn Asunder Recovering From An Extramarital Affair** a charming literary treasure pulsating with fresh thoughts, lies a fantastic journey waiting to be undertaken. Written by a talented wordsmith, that enchanting opus attracts visitors on an introspective trip, lightly unraveling the veiled truths and profound impact resonating within the material of each word. Within the psychological depths of this emotional evaluation, we shall embark upon a sincere exploration of the book's primary themes, dissect their captivating publishing model, and yield to the effective resonance it evokes heavy within the recesses of readers' hearts.

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### **Table of Contents Torn Asunder Recovering From An Extramarital Affair**

1. Understanding the eBook Torn Asunder Recovering From An Extramarital Affair
  - The Rise of Digital Reading Torn Asunder Recovering From An Extramarital Affair
  - Advantages of eBooks Over Traditional Books
2. Identifying Torn Asunder Recovering From An Extramarital Affair
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an eBook Torn Asunder Recovering From An Extramarital Affair
  - User-Friendly Interface
4. Exploring eBook Recommendations from Torn Asunder Recovering From An Extramarital Affair



- Personalized Recommendations
  - Torn Asunder Recovering From An Extramarital Affair User Reviews and Ratings
  - Torn Asunder Recovering From An Extramarital Affair and Bestseller Lists
5. Accessing Torn Asunder Recovering From An Extramarital Affair Free and Paid eBooks
    - Torn Asunder Recovering From An Extramarital Affair Public Domain eBooks
    - Torn Asunder Recovering From An Extramarital Affair eBook Subscription Services
    - Torn Asunder Recovering From An Extramarital Affair Budget-Friendly Options
  6. Navigating Torn Asunder Recovering From An Extramarital Affair eBook Formats
    - ePub, PDF, MOBI, and More
    - Torn Asunder Recovering From An Extramarital Affair Compatibility with Devices
    - Torn Asunder Recovering From An Extramarital Affair Enhanced eBook Features
  7. Enhancing Your Reading Experience
    - Adjustable Fonts and Text Sizes of Torn Asunder Recovering From An Extramarital Affair
    - Highlighting and Note-Taking Torn Asunder Recovering From An Extramarital Affair
    - Interactive Elements Torn Asunder Recovering From An Extramarital Affair
  8. Staying Engaged with Torn Asunder Recovering From An Extramarital Affair
    - Joining Online Reading Communities
    - Participating in Virtual Book Clubs
    - Following Authors and Publishers Torn Asunder Recovering From An Extramarital Affair
  9. Balancing eBooks and Physical Books Torn Asunder Recovering From An Extramarital Affair
    - Benefits of a Digital Library
    - Creating a Diverse Reading Collection Torn Asunder Recovering From An Extramarital Affair
  10. Overcoming Reading Challenges
    - Dealing with Digital Eye Strain
    - Minimizing Distractions
    - Managing Screen Time
  11. Cultivating a Reading Routine Torn Asunder Recovering From An Extramarital Affair
    - Setting Reading Goals Torn Asunder Recovering From An Extramarital Affair
    - Carving Out Dedicated Reading Time
  12. Sourcing Reliable Information of Torn Asunder Recovering From An Extramarital Affair

- Fact-Checking eBook Content of Torn Asunder Recovering From An Extramarital Affair
- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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