

Understanding Well-Being in the Oldest Old



Edited by
Leonard W. Poon
Jiska Cohen-Mansfield

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Understanding Well Being In The Oldest Old

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Understanding Well Being In The Oldest Old:

Understanding Well-Being in the Oldest Old Leonard W. Poon, Jiska Cohen-Mansfield, 2011-04-11 The demographic and social structure of most industrialized and developing countries are changing rapidly as infant mortality is reduced and population life span has increased in dramatic ways In particular the oldest old 85 population has grown and will continue to grow This segment of the population tends to suffer physical and cognitive decline and little information is available to describe how their positive and negative distal experiences habits and intervening proximal environmental influences impact their well being and how social and health policies can help meet the unique challenges they face Understanding Well Being in the Oldest Old is the outcome of a four day workshop attended by U S and Israeli scientists and funded by the U S Israel Bi National Science Foundation to examine both novel and traditional paradigms that could extend our knowledge and understanding of the well being of the oldest old

Understanding Well-Being in the Oldest Old Leonard W. Poon, Jiska Cohen-Mansfield, 2011-04-11 The demographic and social structure of most industrialized and developing countries are changing rapidly as infant mortality is reduced and population life span has increased in dramatic ways In particular the oldest old 85 population has grown and will continue to grow This segment of the population tends to suffer physical and cognitive decline and little information is available to describe how their positive and negative distal experiences habits and intervening proximal environmental influences impact their well being and how social and health policies can help meet the unique challenges they face Understanding Well Being in the Oldest Old is the outcome of a four day workshop attended by U S and Israeli scientists and funded by the U S Israel Bi National Science Foundation to examine both novel and traditional paradigms that could extend our knowledge and understanding of the well being of the oldest old This volume engages social scientists in sharing methods of understanding and thereby possibly improving the quality of life of older populations especially among the oldest old

Health and Cognition in Old Age Anja K. Leist, Jenni Kulmala, Fredrica Nyqvist, 2014-07-14 In recent years the aim of research on aging has shifted from prolonging life to fostering healthy and cognitively robust old age In order to improve the quality of life of older people we need to better understand cognitive aging as well as bodily aging Health and Cognition in Old Age assembles the cream of research across varied medical mental health and social disciplines and demonstrates how this knowledge can lead to improved outcomes for older people The first half of this expert volume discusses biomedical and life course factors in aging particularly as they affect cognition and well being in later life From there effective solutions are the focus interventions and care programs to improve mental functioning and general quality of life and current policy and practice ideas in promoting healthy active and cognitively robust aging Together these diverse chapters offer a multi faceted approach to understanding and modifying what was formerly the inevitable course of growing old A sampling of the coverage How the aging process affects the immune system Occupational gerontology work related determinants of old age health and functioning Social behavioral and contextual influences on

cognitive function and decline Lifestyle factors in the prevention of dementia Understanding long term care outcomes conventional and behavioral economics Social capital mental well being and loneliness in older people For gerontologists sociologists social workers health psychologists and others working to improve older people s lives Health and Cognition in Old Age brings expertise versatility and confidence to the table *Analyses on Health Status and Care Needs among Older Adults* Jian Sun,Hongye Luo, Yi Zeng,2025-09-12 Globally a shift in population structures and disease spectrum is inevitable The latest global burden of disease study revealed that the average healthy life expectancy has steadily increased from 1990 to 2019 worldwide However there is a concerning trend in which the growth in healthy life expectancy is lower than the growth in life expectancy in 198 out of 204 countries evaluated This implies that people spend more time in sub optimal health despite living longer Moreover non communicable diseases contribute an increasingly significant portion of the disease burden in low and middle income countries growing from one third to almost two thirds from 1990 to 2019 This mainly results from preventable risk factors It is important to approach aging with a positive outlook This entails guaranteeing sufficient medical care and proactively managing health issues in older adults Importantly since several diseases are often irreversible prevention is key Social and psychological factors due to their nebulous harm have struggled to gain attention over a long period We should aim to make the additional years gained during old age as healthful as those in other life stages **Cognition, Language and Aging** Heather Harris Wright,2016-03-16 Age related changes in cognitive and language functions have been extensively researched over the past half century The older adult represents a unique population for studying cognition and language because of the many challenges that are presented with investigating this population including individual differences in education life experiences health issues social identity as well as gender The purpose of this book is to provide an advanced text that considers these unique challenges and assembles in one source current information regarding a language in the aging population and b current theories accounting for age related changes in language function A thoughtful and comprehensive review of current research spanning different disciplines that study aging will achieve this purpose Such disciplines include linguistics psychology sociolinguistics neurosciences cognitive sciences and communication sciences As of January 2019 this e book is freely available thanks to the support of libraries working with Knowledge Unlatched *Dimensions of Human Behavior* Elizabeth D. Hutchison,Leanne Wood Charlesworth,2023-10-17 Dimensions of Human Behavior The Changing Life Course presents a current and comprehensive examination of human behavior across time using a multidimensional framework Authors Elizabeth D Hutchison and Leanne Wood Charlesworth explore both the predictable and unpredictable changes that can affect human behavior through all the major developmental stages of the life course from conception to very late adulthood Aligned with the 2022 curriculum guidelines set forth by the Council on Social Work Education CSWE the updated Seventh Edition offers fresh insights into concepts like gender and anti racism how intergenerational experiences influence development and recent research and

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Traumatic Stress and Long-Term Recovery Katie E. Cherry, 2015-08-21 This evidence rich collection takes on the broad diversity of traumatic stress in both its causes and outcomes as well as the wide variety of resources available for recovery Its accessible coverage shows varied presentations of post traumatic stress affected by individual family and group contexts including age previous trauma exposure and presence or lack of social resources as well as long term psychological physical and social consequences Contributors focus on a range of traumatic experiences from environmental disasters wildfires Hurricane Katrina to the Holocaust from ambiguous loss to war captivity And the book s final section Healing after Trauma spotlights resilience forgiveness religion and spirituality using concepts from positive psychology Included among the topics The Great East Japan earthquake tsunami and nuclear disaster Posttraumatic stress in the aftermath of mass shootings Psychosocial consequences appraisal adaptation and bereavement after trauma Loss chaos survival and despair the storm after the storms Aging with trauma across the lifetime and experiencing trauma in old age On bereavement and grief a therapeutic approach to healing Psychologists social workers researchers studying trauma and resilience and mental health professionals across disciplines will welcome Traumatic Stress and Long Term Recovery as a profound source of insight into stress and loss coping and healing

The Oxford Handbook of Social Work in Health and Aging Daniel B. Kaplan, Barbara Berkman, 2016 This Second Edition of the Handbook addresses the evolving interdisciplinary health care context and the broader social work practice environment as well as advances in the knowledge base which guides social work service delivery in health and aging This includes recent enhancements in the theories of gerontology innovations in clinical interventions and major developments in the social policies that structure and finance health care and senior services In addition the policy reforms of the 2010 Patient Protection and Affordable Care Act set in motion a host of changes in the United States healthcare system with potentially profound implications for the programs and services which provide care to older adults and their families In this volume the most experienced and prominent gerontological health care scholars address a variety of populations that social workers serve and the arenas in which they practice followed by detailed recommendations of best practices for an array of physical and mental health conditions The volume s unprecedented

attention to diversity health care trends and implications for practice research policy make the publication a major event in the field of gerontological social work This is a Must Read for all social work social work educators practitioners and students interested in older adults and their families Essentials of Human Behavior Elizabeth D. Hutchison, Leanne

Wood, 2025-06-18 Essentials of Human Behavior by Elizabeth D Hutchison and Leanne Wood integrates the key framework of time person and environment into a single streamlined text for single or double semester courses Drawn from Hutchison's best selling Dimensions of Human Behavior texts this Fourth Edition is updated to address equity and inclusion trauma and resilience environmental justice and gender identity and expression With a multidimensional approach it helps students connect human behavior theories and research to their applications in social work engagement assessment intervention and evaluation across all levels of practice This text is offered in Sage Vantage an intuitive learning platform that integrates quality Sage textbook content with assignable multimedia activities and auto graded assessments to drive student engagement and ensure accountability Unparalleled in its ease of use and built for dynamic teaching and learning Vantage offers customizable LMS integration and best in class support Instructors see how Vantage works Take a self guided tour with our interactive demo Economics and Ageing José Luis Iparraguirre, 2020-01-29 This upper level textbook provides a

coherent introduction to the economic implications of individual and population ageing Placing economic considerations into a wider social sciences context this is ideal reading not only for advanced undergraduate and masters students in health economics and economics of ageing but policy makers professionals and practitioners in gerontology sociology health related sciences and social care This volume introduces topics in the economics of happiness quality of life and well being in later life It also covers questions of inequality and poverty intergenerational economics and housing Other areas described in this book include behavioural economics political economy and consumption in ageing societies **Meaningful Aging from a**

Humanist Perspective Peter Derkx, Anthony B. Pinn, 2024-03-13 Aging is a topic of growing interest As life expectancy in western societies is increasing the growing number and proportion of elderly persons raise urgent questions on how to age well Predominantly questions on aging are taken from biomedical and economic paradigms which are intertwined While people of age are seen as a cost in society biomedical research aims at curing the declining effects of aging thus furthering ideals of healthy aging active aging or successful aging In this book Peter Derkx offers a comprehensive account of meaningful aging with Anthony Pinn responding in a fruitful and constructive way for the benefit and edification of all of us

The Experience of Meaning in Life Joshua A. Hicks, Clay Routledge, 2013-05-27 This edited volume takes an in depth exploration into the burgeoning field of meaning in life in the psychological sciences Each chapter features leading scholars who describes current empirical findings in a thorough and accessible manner highlighting important issues and controversies facing the scientific study of meaning in life The book covers an exhaustive range of topics including conceptual and methodological issues core psychological mechanisms that contribute to a sense of meaning as well as

important antecedents environmental cognitive and personality variables that bear on the experience of meaning in life This volume is a must read for any researcher student or clinician interested in the state of meaning in life in the psychological sciences

Therapy Over 50 Jeffrey Kottler,Jon Carlson,2016-05-19 Therapy Over 50 discusses how psychotherapy is different for both the therapist and client after the age of fifty The text deals with the inevitable and unrelenting changes that take place along with the corresponding lost dreams It provides both hope and help for those elderly therapists and their clients

Culture, Heritage, and Diversity in Older Adult Mental Health Care APA Council on Geriatric Psychiatry,2018-08-03 This book prepares clinicians to provide sensitive high quality culturally competent care to geriatric patients from diverse backgrounds and will prove indispensable as patient demographics continue to change

Positive Ageing and Learning from Centenarians Michel Poulain,Jolanta Mackowicz,2021-09-28 Positive Ageing and Learning from Centenarians evaluates the mechanisms of positive ageing in a uniquely interdisciplinary way to explore the question of how we age and how some people age successfully Drawing together the findings of recognised longevity researchers from around the world the book applies an integrated vision to educational and social aspects of human ageing It examines research into centenarians and considers most of the disciplines related to longevity and healthy aging and aspects such as education psychology philosophy anthropology demography sociology economics as well as those related to nutrition and biological factors of longevity The book examines how the results of these scientific investigations could improve the well being of the oldest olds in the future especially in the context of ageing societies It provides an answer to the question of what we can learn from centenarians and what lessons we can from their lifestyle which can contribute to live longer better and happier Based on cutting edge research the book will be highly relevant reading for researchers academics and students in the field of ageing and longevity mental health research health science gerontology and psychology

[Gerontechnologies for Home Support](#) Alexander Moreno,Sumi Helal,Henk Herman Nap,Gloria M. Gutman,2024-10-07 In recent years various digital and non digital gerontechnology applications in home support have been developed From medication administration aids e g reminders and alarms to environmental monitoring e g air quality sensors and cameras to fall detection and health and activity monitoring e g smartwatch these promising solutions are in the works or already in the marketplace Additionally the COVID 19 pandemic has accelerated the development and deployment of technological solutions supporting remote care and communication e g video calls and home service delivery e g meals and groceries both of which have been developed to facilitate aging in place This is significant especially as avoiding the institutionalization of older adults has become a major goal of governments and caring families around the world These technologies are a potential solution to help older adults and family caregivers age at home maintain autonomy and independence and avoid social isolation These technologies can reduce the workload of professional caregivers It is crucial to update our knowledge on evidence based technologies for home support tested simultaneously in older adults and their family caregivers Healthcare professionals and families are

often disadvantaged by a lack of information demonstrating their utility and cost effectiveness This article collection focuses on providing evidence based information about emerging and existing gerontechnologies which is essential to make an informed decision in recommending their use or deciding to purchase them For older adults it will provide proofs upon which to make an informed decision to invest in a specific technology when needed For family caregivers it will improve their judgment when trying to choose purchase and adopt a technology aiming to solve a problem at home and have peace of mind when these technologies are used to support their loved ones For clinicians it will provide a pool of evidence based technological tools that could be recommended to families facing the loss of autonomy and independence of older adults For researchers and scholars it will provide a base of knowledge for future applied research in gerontechnology Finally improving the evidence in gerontechnology will help to provide cues for policymakers and governments to create legislation aiming to protect the public and the end users of these technologies *Finding Meaning* Ofra Mayseless,Pninit

Russo-Netzer,2021-10 This book implements a conceptual framework for examining the post modern sociocultural Israeli scene that facilitates and triggers a search for meaning among its contemporary citizens It combines theory data and illustrative case studies to unravel a variety of significant and fundamental manifestations of this quest as it is seen under existential duress **Active and Healthy Ageing: A Multifocal Novel Trend to Increase Resilience in Elderly** Gary

Sinoff,Hein van Hout,2021-12-02 **Aging and Development** Peter G. Coleman,Ann O'Hanlon,2017-02-03 The psychology of aging usually focuses upon cognitive changes with a particular focus on dementia and other forms of cognitive decline But getting older is about more than simply changes to the brain and related health issues Changes to our social and emotional lives are also hugely significant as we adapt across our lifespan The second edition of *Aging and Development* is the only textbook available that responds to the growing interest in social personal and emotional development in older age Ideally suited to complement texts on cognitive change the book provides a holistic developmental perspective on aging It highlights a range of issues including the development of personal meaning and spirituality improvements in emotional control uses of reminiscence and life review the importance of healthy attitudes to aging as well as the maintenance of close personal relationships It does not avoid the difficult issues of late life decline but illustrates how even in circumstances of physical and mental frailty a positive sense of self can be created and enhanced Fully updated to provide the most cutting edge overview on this burgeoning topic of interest *Aging and Development* includes a glossary and list of useful websites both on the study of gerontology and the psychology of aging It will be essential reading for all students of developmental psychology as well as anyone either training to work or already working with older people *Psychology of Aging 101* Robert Youdin,2016-02-11 A reader friendly overview of geropsychology based on a wealth of evidence based research Written by a renowned scholar and practitioner of gerontology and aging this is a concise reader friendly overview of key concepts of geropsychology the psychology of aging Grounded in positive psychology the text dispels common myths about the aging population with a

wealth of evidence based research It encompasses a foundational knowledge base regarding issues unique to older adults information that is essential for mental health providers who already see an unprecedented growth in the number of older adults in their practices a trend that is expected to continue for years to come The text discusses theoretical models underlying geropsychology and examines common difficulties that affect older adults along with the most effective treatment approaches for this population With a focus on the strengths and functions of older adults the text examines the unique psychological problems of later life and conflicts caused by retirement living longer financial stressors and chronic illness It discusses the complications of changing family systems coping with cognitive impairments how psychologists understand and treat Alzheimer s and dementia patients older adult sexuality including the unique sexual problems confronting LGBT individuals elder abuse ageism substance abuse and issues surrounding death and dying A chapter on future directions for psychological research and practice highlights the many opportunities available in this field The text will be of value for upper level undergraduate courses on the psychology of aging as a supplement to developmental and clinical psychology courses and as a resource for interdisciplinary studies with a focus on gerontology Key Features Provides a concise overview of one of the largest growing segments of our population Written by a prominent expert in gerontology and psychology Offers a wealth of evidence based research that informs clinical issues Grounded in a positive psychology approach Integrates theory with human rights and social justice

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