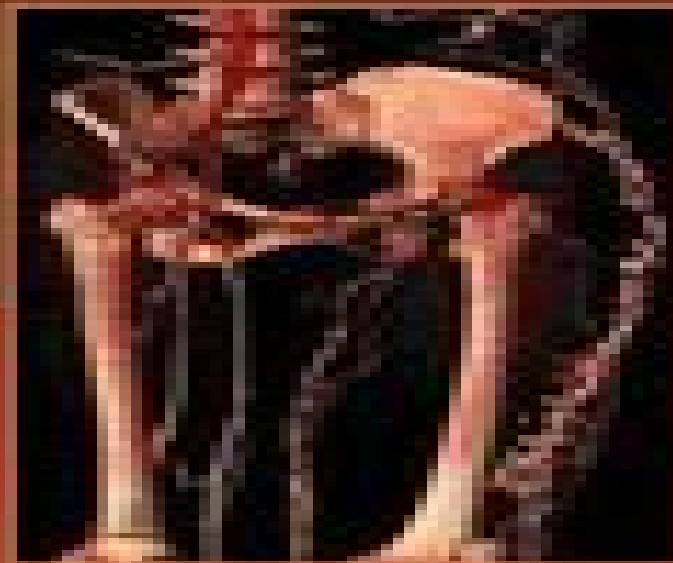




Venous Thromboembolism in Orthopedics



Editor: S.R.S. Marya

ECMB Clinical Update: Orthopedics

Venous Thromboembolism In Orthopedics Ecab

David Perry, David Warwick



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Venous Thromboembolism in Orthopedics - ECAB SKS Marya, 2012-09-14 Most discussions concerning the prophylaxis of Deep Vein Thrombosis usually end up with the resolution stating we agree to disagree. The confusion persists and that is what makes this topic extremely exciting and challenging. The book is a result of multispecialty contribution to put together this manual with multispecialty contribution from vascular surgeon, anesthesiologist, physiotherapists, orthopedicians and most critically anatomists. The importance of venous thromboembolism (VTE) cannot be overemphasized. Many questions may still be unanswered. Venous thromboembolism is a common disease; it includes both deep vein thrombosis (DVT) and pulmonary embolism (PE). It is a common lethal disorder that affects hospitalized and nonhospitalized patients, recurs frequently and is often overlooked under diagnosed with an average annual incidence of more than 1 case per 1000 persons. We however hope that we have once again lit a fire of inquisitiveness in your mind. Deep Vein Thrombosis - ECAB O P Yadava, 2013-04-26 Venous thromboembolism is a common and potentially lethal disease. Patients who have pulmonary embolism are at especially high risk for death. Sudden death is often the first clinical manifestation. Only a reduction in the incidence of venous thromboembolism can reduce sudden death owing to pulmonary embolism and venous stasis syndrome owing to deep vein thrombosis. Improvement in the incidence of venous thromboembolism will require i) better recognition of persons at risk ii) improved estimates of the magnitude of risk iii) avoidance of risk exposure when possible iv) more widespread use of safe and effective prophylaxis when risk is unavoidable and v) targeting of prophylaxis to those persons who will benefit most. Early and timely diagnosis and management of deep vein thrombosis and pulmonary embolism considerably reduces the subsequent morbidity and mortality. *Thromboembolism in Orthopedic Surgery* Juan Llau, 2012-10-18 This book reviews the main topics in thromboprophylaxis around orthopedic surgery from a general scope of the problems with the disease, highlighting them in orthopedics to the new specific protocols involving for example new oral anticoagulants. The prevalence of the venous thromboembolism in each procedure from easy to hard surgeries with different rates of related thrombosis and the risk factors to bear in mind in each one related and non related with the orthopedic procedure are also revised. A chapter focuses on the diagnosis and treatment of venous thromboembolism which is commonly forgotten in many books addressed to orthopedic surgeons and anaesthesiologists. The methods for thromboprophylaxis have three specific chapters: the most common drugs used and recommended when pharmacological prophylaxis is needed, new drugs which are arising day by day and which management will be of main importance in a close near future and mechanical methods recommended both as additional when possible and for sole indications when the risk of bleeding could move us to minimize the real risk of thrombosis. Anaesthetic implications for thromboprophylaxis and also main implications of the application of antithrombotic protocols in the anaesthetic practice are covered by another chapter. In our opinion it was very important to divide the orthopedic procedures according to their own thrombotic risk so having their own protocols for

thromboprophylaxis high risk day surgery procedures and special surgical procedures are included in three different chapters from three different authors with complementary views Finally in a last chapter we review the problems involving the perioperative management of antiaggregated and anticoagulated patients with a special part in hip fracture surgery

Venous Thromboembolism Prophylaxis in Orthopedic Surgery, 2012 OBJECTIVES This is an evidence report prepared by the University of Connecticut Hartford Hospital Evidence based Practice Center EPC examining the comparative efficacy and safety of prophylaxis for venous thromboembolism in major orthopedic surgery total hip replacement THR total knee replacement TKR and hip fracture surgery HFS and other nonmajor orthopedic surgeries knee arthroscopy injuries distal to the hip requiring surgery and elective spine surgery DATA SOURCES Medline the Cochrane Central Register of Controlled Trials and Scopus from 1980 to May 2011 with no language restrictions REVIEW METHODS Controlled trials of any size and controlled observational studies with 750 subjects were included in our comparative effectiveness review if they were in patients undergoing one of six a priori defined orthopedic surgeries provided data on prespecified intermediate final health or harms outcomes defined deep vein thrombosis DVT and pulmonary embolism PE according to rigorous criteria where applicable and included prophylactic products pharmacologic or mechanical available in the United States Using predefined criteria data on study design interventions quality criteria study population baseline characteristics and outcomes were extracted All of the available data were qualitatively evaluated and where possible statistically pooled We used random effects derived relative risks RR for most analyses and Peto's Odds Ratios OR in comparisons of rare events both with 95 percent confidence intervals CIs I² was used to detect statistical heterogeneity and Egger's weighted regression statistics were used to assess for publication bias The strength of evidence SOE and applicability of evidence AOE for each outcome was rated as insufficient I low L moderate M or high H RESULTS In major orthopedic surgery THR TKR and HFS respectively the incidence of DVT 39 percent 53 percent 47 percent PE 6 percent 1 percent 3 percent major bleeding 1 percent 3 percent 8 percent and minor bleeding 5 percent 5 percent not reported were reported in the placebo control groups of clinical trials The SOE and AOE were predominantly low for THR and TKR and was insufficient HFS In major orthopedic surgery pharmacologic prophylaxis reduced major venous thromboembolism VTE OR 0.21 0.05 to 0.95 SOE L AOE L DVT RR 0.56 0.47 to 0.68 SOE M AOE L and proximal DVT pDVT RR 0.53 0.39 to 0.74 SOE H AOE L but increased minor bleeding RR 1.67 1.18 to 2.38 SOE H AOE M Prolonged prophylaxis for 28 days was superior to prophylaxis for 7 to 10 at reducing symptomatic objectively confirmed VTE RR 0.38 0.19 to 0.77 SOE M AOE L PE OR 0.13 0.04 to 0.47 SOE H AOE L DVT RR 0.37 0.21 to 0.64 SOE M AOE M and pDVT RR 0.29 0.16 to 0.52 SOE H AOE M but increased minor bleeding OR 2.44 1.41 to 4.20 SOE H AOE M Using both pharmacologic and mechanical prophylaxis reduced DVT RR 0.48 0.32 to 0.72 SOE M AOE M versus pharmacologic prophylaxis alone Low molecular weight heparins LMWHs reduced PE OR 0.48 0.24 to 0.95 SOE M AOE L DVT RR 0.80 0.65 to 0.99 SOE M AOE L pDVT RR 0.60 0.38 to 0.93 SOE H AOE L major bleeding OR 0.57 0.37

to 0.88 SOE H AOE L and heparin induced thrombocytopenia OR 0.12 0.03 to 0.43 SOE M AOE L versus unfractionated heparin LMWHs reduced DVT RR 0.66 0.55 to 0.79 SOE L AOE M but increased major bleeding RR 1.92 1.27 to 2.91 SOE H AOE M minor bleeding RR 1.23 1.06 to 1.43 SOE M AOE M and surgical site bleeding OR 2.63 1.31 to 5.28 SOE L AOE L versus vitamin K antagonists LMWHs increased DVT RR 1.99 1.57 to 2.51 SOE M AOE L and pDVT OR 2.19 1.52 to 3.16 SOE L AOE L but reduced major bleeding OR 0.65 0.48 to 0.89 SOE M AOE L versus factor Xa inhibitors Antiplatelets increased DVT 1.63 1.11 to 2.39 SOE M AOE L versus mechanical prophylaxis Unfractionated heparin increased DVT RR 2.31 1.34 to 4.00 SOE M AOE L and pDVT OR 4.74 2.99 to 7.49 SOE M AOE L versus direct thrombin inhibitors Intermittent compression stocking decreased DVT RR 0.06 0.01 to 0.41 SOE L AOE L versus graduated compression stockings We did not have adequate information to evaluate the role of inferior vena cava filter IVC filters or to evaluate the impact of prophylaxis on nonmajor orthopedic surgeries

CONCLUSIONS In major orthopedic surgery while the risk of developing deep vein thrombosis is highest followed by pulmonary embolism and major bleeding there are inadequate data to say whether or not deep vein thrombosis causes pulmonary embolism or is an independent predictor of pulmonary embolism The balance of benefits to harms is favorable for providing prophylaxis to these patients and to extend the period of prophylaxis beyond the standard 7-10 days The comparative balance of benefits to harms for LMWHs are superior to unfractionated heparin Other interclass comparisons either could not be made due to lack of data showed similarities between classes on outcomes or had offsetting effects where benefits of one class on efficacy was tempered by an increased risk of bleeding The balance of benefits to harms for combined pharmacologic plus mechanical prophylaxis versus either strategy alone could not be determined We could not determine the impact of IVC filters on outcomes or the impact of prophylaxis on the nonmajor orthopedic surgeries evaluated

Venous Thromboembolism Prophylaxis in Orthopedic Surgery (Appendices) U. S. Department Human Services, Agency for and Quality, 2013-05-08 Venous Thromboembolism Prophylaxis in Orthopedic Surgery Appendices see also Venous Thromboembolism Prophylaxis in Orthopedic Surgery Main Report Major orthopedic surgery total hip replacement total knee replacement or hip fracture surgery carries a high risk of venous thromboembolism Pulmonary embolism following orthopedic surgery is reported to be rare However without prophylaxis historical data suggest that hospital acquired deep venous thrombosis has been estimated to occur in 40 to 60 percent of cases in the 7 to 14 days following surgery compared with 10 to 40 percent among medical or general surgical patients While asymptomatic deep vein thrombosis is identified more frequently than symptomatic deep vein thrombosis in clinical trials due to routine screening there is disagreement as to the clinical relevance of asymptomatic cases While certain patient characteristics i.e. age immobility comorbidities have been suggested to increase the risk of venous thromboembolism regardless of the clinical setting major orthopedic surgery contributes additional factors such as use of general anesthesia which may prolong immobility and surgical involvement of the femoral vein A variety of strategies to prevent venous thromboembolism are

available and with routine use the rate of symptomatic venous thromboembolism in patients within 3 months of surgery is 1 to 3 to 10 percent The main limitation of pharmacologic venous thromboembolism prophylaxis is the risk of bleeding Based on historical data major bleeding following total hip replacement and total knee replacement is estimated to be 1 to 3 percent Determining the incidence of major bleeding with pharmacologic thromboprophylaxis is complicated by the variability in the definitions used in published literature and paucity of data in control patients Following removal of an infected prosthesis and extended intravenous antibiotic treatment further surgery may be required to either implant a new prosthesis or perform an arthrodesis of the joint There are many unknowns that need to be explored in a comparative effectiveness review In contemporary practice the risk of venous thromboembolism pulmonary embolism and deep vein thrombosis and the causal link between deep vein thrombosis and pulmonary embolism has not been well established Previous observations of the incidence of pulmonary embolism in patients who have undergone orthopedic surgery with confirmed deep vein thrombosis suggests that pulmonary embolism and deep vein thrombosis are related disorders However whether the presence of deep vein thrombosis affects the risk of pulmonary embolism and to what degree if so remains unclear in the literature Widespread use of anticoagulants to treat venous thromboembolism for many decades along with the evolution of diagnostic strategies have limited the availability of literature regarding the natural history of venous thromboembolism In addition to major orthopedic surgery there are a variety of other orthopedic surgeries in which the impact of venous thromboembolic prophylaxis has not been well evaluated These orthopedic surgeries of interest include knee arthroscopy surgical repair of lower extremity injuries distal to the hip and elective spine surgery While prophylactic strategies may decrease the risk of venous thromboembolism pulmonary embolism and deep vein thrombosis the magnitude of benefit in contemporary practice using rigorous definitions of endpoints and the impact of duration of prophylaxis on outcomes is not well delineated Whether dual prophylactic strategies are superior to a single modality is not well defined In addition in order to determine comparative effectiveness both the benefits and harms need to be appreciated Finally several previous meta analyses and guidelines allowed the use of medications or devices that are not available for use in the United States reducing their applicability

Venous Thromboembolism Prophylaxis in Major Orthopedic Surgery Ethan Balk, Alexandra G. Ellis, Mengyang Di, Gaelen Phyfe Adam, Thomas A. Trikalinos, 2017

BACKGROUND Major orthopedic surgeries such as total knee replacement TKR total hip replacement THR and hip fracture Hfx surgery carry a high risk for venous thromboembolism VTE deep vein thrombosis DVT and pulmonary embolism PE

METHODS Updating a 2012 review we compare interventions to prevent VTE after TKR THR and Hfx surgery We searched four databases and other sources through June 3 2016 for randomized controlled trials RCTs and large nonrandomized comparative studies NRCSs reporting postoperative VTE major bleeding and other adverse events We conducted pairwise meta analyses Bayesian network meta analyses and strength of evidence SoE synthesis

RESULTS Overall 127 RCTs and 15 NRCSs met criteria For THR low

molecular weight heparin LMWH has lower risk than unfractionated heparin UFH of various VTE outcomes moderate to high SoE and major bleeding moderate SoE LMWH and aspirin have similar risks of total PE symptomatic DVT and major bleeding low SoE LMWH has less major bleeding low SoE than direct thrombin inhibitors DTI but DTI has lower DVT risks moderate SoE LMWH has less major bleeding than vitamin K antagonists VKA high SoE LMWH and factor Xa inhibitor FXaI comparisons are inconsistent across VTE outcomes but LMWH has less major bleeding high SoE VKA has lower proximal DVT risk than mechanical devices high SoE Longer duration LMWH has lower risk of various VTE outcome risks low to high SoE Higher dose LMWH has lower total DVT risk low SoE but more major bleeding moderate SoE Higher dose FXaI has lower total VTE risk low SoE For TKR LMWH has lower DVT risks than VKA low to high SoE but VKA has less major bleeding low SoE FXaI has lower risk than LMWH of various VTE outcomes low to moderate SoE but LMWH has less major bleeding low SoE and more study defined serious adverse events low SoE Higher dose DTI has lower DVT risk moderate to high SoE but more major bleeding low SoE Higher dose FXaI has lower risk of various VTE outcomes low to moderate SoE For Hfx surgery LMWH has lower total DVT risk than FXaI moderate SoE CONCLUSIONS VTE prophylaxis after major orthopedic surgery trades off lowered VTE risk with possible adverse events in particular for most interventions major bleeding In THR LMWH has lower VTE and adverse event risks than UFH LMWH and aspirin have similar risks of VTE and major bleeding DTI has lower DVT risk than LMWH but higher major bleeding risk and higher dose LMWH has lower DVT risk but higher major bleeding risk than lower dose In TKR VKA has higher DVT risk than LMWH but lower major bleeding risk and higher dose DTI has lower DVT risk but higher major bleeding risk than lower dose In Hfx surgery and for other intervention comparisons there is insufficient evidence to assess both benefits and harms or findings are inconsistent Importantly though most studies evaluate total DVT an outcome of unclear clinical significance since it includes asymptomatic and other low risk DVTs but relatively few studies evaluate PE and other clinically important outcomes This limitation yields a high likelihood of selective outcome reporting bias There is also relatively sparse evidence on interventions other than LMWH

Preventing Venous Thromboembolism in Orthopedic Surgery Patients, 2009 **Venous Thromboembolism in Orthopaedic Surgery** Justin R. Knight, 2012 **Venous Thromboembolism in Orthopaedic Surgery** **An Analysis of Orthopedic Venous Thromboembolism Prophylaxis Protocol at Beth Israel Deaconess Medical Center** William Lack, 2007 **Managing the Risk of Venous Thromboembolism in Orthopedics** Robert D. D'Ambrosia, 1997 **Venous Thromboembolism Prophylaxis in Orthopedic Surgery**, 2012 OBJECTIVES This is an evidence report prepared by the University of Connecticut Hartford Hospital Evidence based Practice Center EPC examining the comparative efficacy and safety of prophylaxis for venous thromboembolism in major orthopedic surgery total hip replacement THR total knee replacement TKR and hip fracture surgery HFS and other nonmajor orthopedic surgeries knee arthroscopy injuries distal to the hip requiring surgery and elective spine surgery DATA SOURCES Medline the Cochrane Central Register of Controlled Trials and Scopus

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REVIEW METHODS

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Managing the Risk of Venous Thromboembolism in Orthopedics, 1997 Managing the Risk of Venous Thromboembolism in Orthopedics, 1997 *A to Z of Venous Thromboembolism* VK Kapoor, SK Das, 2021-07-11 Venous thrombo embolism venous thrombosis and pulmonary embolism are common complications in postoperative patients This focused handbook covers the topics of epidemiology screening and prophylaxis along with diagnosis and management of venous thrombo embolism It covers both mechanical and pharmacological methods of prophylaxis and various drugs used in prevention and treatment viz heparins unfractionated and low molecular weight anticoagulants vitamin K antagonists and novel oral anticoagulants etc The A Z format makes this book a useful practical guide The approach will break the barriers to the use of venous thrombo embolism prophylaxis in the minds of physicians Key Features Discusses the content in an innovative A Z format Contains practical tips for day to day clinical management Examines the use of venous thrombo embolism prophylaxis by practicing physicians and residents

The Primary Prevention of Venous Thromboembolism Gerry Oster, 1985 **Handbook of Thromboprophylaxis** David Perry, David Warwick, 2016-04-23 This third edition expands upon the role of anticoagulants in clinical practice In addition it summarizes new developments in the field and provides evidence based guidelines for the use of anticoagulants in routine day to day practice The Handbook of Thromboprophylaxis Third Edition is a key resource for all physicians with an interest in thromboprophylaxis

Venous Thromboembolism in Advanced Disease Simon I R Noble, Miriam J Johnson, Agnes Y Y Lee, 2008-12-18 There is increasing recognition of the burden of venous thromboembolism VTE in patients with advanced incurable disease and the clinical ethical and philosophical challenges they may pose With a growing elderly population and oncological therapies helping patients live longer with malignant disease VTE is likely to be an ongoing problem Whilst presentation diagnosis and treatment of VTE in general medicine is well established its management within the palliative care setting is less clear cut Clinical presentation is often masked by other palliative symptoms and symptoms can be consistent with those of other

conditions diagnosis is therefore underappreciated and the condition can be difficult to manage Bringing together contributions from international experts in the field of VTE and palliative care this book explores the increasing challenges faced by healthcare professionals when managing VTE in advanced disease Topics such as the epidemiology and pathogenesis of the condition are discussed It appraises the current evidence informing the prevention diagnosis and treatment of VTE with particular emphasis on its application to patients with incurable malignancy and non malignant disease Chapters are illustrated with key learning points and where appropriate case studies are presented to illustrate the decision making processes that may occur when balancing the evidence with its impact on patient quality of life This practical resource is invaluable for healthcare professionals working in all areas of medicine where patients with advanced cancer and non malignant disease are cared for Deep Vein Thrombosis Bharat B. Aggarwal,2010 **Handbook of**

Venous Thromboembolism Jecko Thachil,Catherine Bagot,2018-02-05 A clinically oriented handbook providing up to date recommendations for mastering the practical aspects of patient management for venous thromboembolism Venous thromboembolism VTE is associated with high morbidity and mortality both in and out of the hospital setting and is one of the commonest reasons for hospital attendances and admissions Designed as a practical resource the Handbook of Venous Thromboembolism covers the practical aspects of venous thromboembolism management in short and easily followed algorithms and tables This important text helps physicians keep up to date with the latest recommendations for treating venous thromboembolism in clinic oriented settings Experts in fields such as the radiological diagnosis of pulmonary embolism and thrombophilia testing give a succinct summary of the investigation diagnosis and treatment of venous thromboembolism and include evidence based guidelines With contributions from a team of internationally recognized experts Handbook of Venous Thromboembolism is a source of information that specialists in the field can recommend to non specialists and which the latter will be able to review to assist in their education and management of this wide spread condition This vital resource Comprises of a clinically focused handbook useful as a daily resource for the busy physician Offers a handbook written by an international team of specialists offering their experience on the practical aspects of venous thromboembolism management Addresses venous thrombosis prevention a major focus for healthcare providers Includes coverage on controversies in the management of venous thromboembolism so clinicians can understand how experts are practicing in real scenarios Written for hematology trainees emergency and acute medicine physicians junior doctors and primary care physicians Handbook of Venous Thromboembolism covers the basics for treating patients with venous thromboembolism and offers guidelines from noted experts in the field *Venous Thromboembolism* Kunio

Shirato,2006-03-20 Pulmonary thromboembolism in Japan is currently associated with a high mortality rate and remains a concern for patients and medical staff alike Moreover as the mechanisms of the condition have been elucidated it has become clear that much work needs to be done in the field to achieve acceptable results in this country Thus Japan has regularly

played host to the International Symposium on Pulmonary Thromboembolism At the most recent symposium in Sendai the epidemiology and the treatment of pulmonary thromboembolism traveler s thrombosis and the prevention of deep vein thromboembolism were discussed particularly with reference to the differences between Japan and Western countries The fruits of the collaboration between that assembly of international specialists can be found in this collection of work It provides an in depth look at the current concepts that guide the treatment and prevention of the disease and at the problem areas that must be improved upon

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