

The Tree of Life Project

Using narrative ideas in work with vulnerable children in Southern Africa

By Ncazelo Ncube

Ncazelo Ncube works for REPSSI, a regional capacity-building organization working in thirteen countries in East and Southern Africa to enhance the provision of psychosocial care and support to children affected by HIV/AIDS poverty and conflict. The countries comprise Mozambique, Angola, Botswana, Namibia, Malawi, Zimbabwe, Zambia, South Africa, Lesotho, Swaziland, Uganda, Kenya and Tanzania. Ncazelo. Ncazelo can be contacted c/o REPSSI, Box 5669, Randburg 2125, Johannesburg, RSA, Tel: +27 11 998 5820, Email: ncazelo@repssi.org Website: <http://www.repssi.org/>

This paper describes the use of narrative ideas in work with vulnerable children in Southern Africa. How can the lives of children who have experienced significant losses be responded to in ways that are not re-traumatising and that bring to light children's own skills and knowledge? What sorts of exercises can be used in camps for vulnerable children? How can children be provided with significant experiences that do not separate them from their families, values and cultural norms? This paper describes a creative adaptation of the 'Tree of Life' exercise informed by narrative therapy principles and practices.

Keywords: children, southern Africa, HIV/AIDS, camps, grief, loss, trauma

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Judy Rankin, Renate Cochrane



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The Tree Climbing Cure Andy Brown, 2022-12-15 Our relationship with trees is a lengthy complex one Since we first walked the earth we have at various times worshiped them felled them and even talked to them For many of us though our first memories of interacting with trees will be of climbing them Exploring how tree climbers have been represented in literature and art in Europe and North America over the ages The Tree Climbing Cure unpacks the curative value of tree climbing examining when and why tree climbers climb and what tree climbing can do for and say about the climber's mental health and wellbeing Bringing together research into poetry novels and paintings with the science of wellbeing and mental health and engaging with myth folklore psychology and storytelling Tree Climber also examines the close relationship between tree climbing and imagination and questions some longstanding problematic gendered injunctions about women climbing trees Discussing among others the literary works of Margaret Atwood Charlotte Bronte Geoffrey Chaucer Angela Carter Kiran Desai and J R R Tolkien as well as work by artists such as Peter Doig Paula Rego and Goya this book stands out as an almost encyclopedic examination of cultural representations of this quirky and ultimately restorative pastime

Narrative Therapies with Children and Their Families Arlene Vetere, Emilia Dowling, 2016-09-02 Narrative Therapies with Children and their Families introduces and develops the principles of narrative approaches to systemic therapeutic work and shows how they can provide a powerful framework for engaging troubled children and their families Written by eminent and leading clinicians known nationally and internationally for their research and theory development in the field of child and family mental health the book covers a broad range of difficult and sensitive topics including trauma abuse and youth offending It illustrates the wide application of these principles in the context of the particular issues and challenges presented when working with children and families Since publication of the first edition the importance of narrative therapy has continued to grow and this new edition provides an updated and revised overview of the field along with three new chapters to keep pace with developments in child mental health trauma work This book remains a key text in the field of systemic narrative training and practice With clinical examples throughout this practical book will be welcomed by family and systemic therapists and other professionals in the field of child adolescent and family mental health Narrative Therapy and Older People Rosslyn Offord, Polly Kaiser, Elizabeth Field, 2025-10-21 Healthcare for older people tends to focus on physical limitations and cognitive decline and the person's own perspective and strengths are often overlooked Narrative therapy centres a person as the expert in their own story and is particularly effective when combined with an older person's wealth of life experience It highlights the way their views have been shaped by their cultural and personal contexts which allows better understanding and communication and improves people's lives Written by experienced psychologists group facilitators and service users this guide explores how to use narrative therapy with older people including those with dementia or age related conditions From Tree of Life facilitation to ways of approaching loss and trauma each chapter offers

advice and proven strategies for practice for individuals staff teams groups and communities This book helps you to adopt a person centred approach to narrative therapy that helps service users to lead the life they want to live Where ageism and stigma often overwhelm older people and those who work with them narrative therapy brings the focus back onto the person themselves in the context of their history their family and their community who are they and what do they have to say **A**

Handbook of Visual Methods in Psychology Paula Reavey,2020-08-23 This comprehensive volume explores the set of theoretical methodological ethical and analytical issues that shape the ways in which visual qualitative research is conducted in psychology Using visual data such as film making social media analyses photography and model making the book uniquely uses visual qualitative methods to broaden our understanding of experience and subjectivity In recent years visual research has seen a growing emphasis on the importance of culture in experience based qualitative methods Featuring contributors from diverse research backgrounds including narrative psychology personal construct theory and psychoanalysis the book examines the potential for visual methods in psychology In each chapter of the book the contributors explore and address how a visual approach has contributed to existing social and psychological theory in their line of research The book provides up to date insights into combining methods to create new multi modal methodologies and analyses these with psychology specific questions in mind It covers topics such as sexuality identity group processes child development forensic psychology race and gender and would be the ideal companion for those studying or undertaking research in disciplines like psychology sociology and gender studies

The Oxford Handbook of Child-Centered Approaches to Migrant Children Zorana Medaric,Mateja Sedmak,2025 The Oxford Handbook of Child Centered Approaches to Migrant Children provides a comprehensive overview of the key issues and debates shaping the child centred approach to migrant children It presents key concepts approaches and methods as well as case studies legal and policy issues In this way the Handbook provides foundational knowledge that can be utilised in further research and practice with migrant children in different contexts

Preventing Violent Radicalisation in Europe Patrizia Meringolo,2020-10-03 This book brings together the latest literature and European experiences on preventing youth violent radicalisation and violent actions in intergroup relations Youth violent radicalisation is a significant problem within the European context and requires an exploration of how various social actors can play an active role in preventing radicalisation in minors and young adults This complex issue needs to be explored through a multidisciplinary approach and effective operational models are needed in order to tackle it This book describes the theoretical framework for such an approach in all its facets The book s originality lies in its psychosocial and participatory approach aimed at improving results through professional training and community empowerment for building trusting relationships and educational activities It also proposes alternative narratives which are a way of representing people and groups within a social context thereby overcoming stereotyped visions and stigma This book focuses on participation and communication among stakeholders social inclusion strengthening democratic values and pursuing a

proactive instead of a reactive approach to preventing radicalisation Highly topical the book will appeal to researchers and students of the social and behavioural sciences interested in youth radicalisation including social work and social policy as well as practitioners working within the juvenile justice system *The Child Within* Judy Rankin,Renate Cochrane,2014

Official Telephone Directory ,1997

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