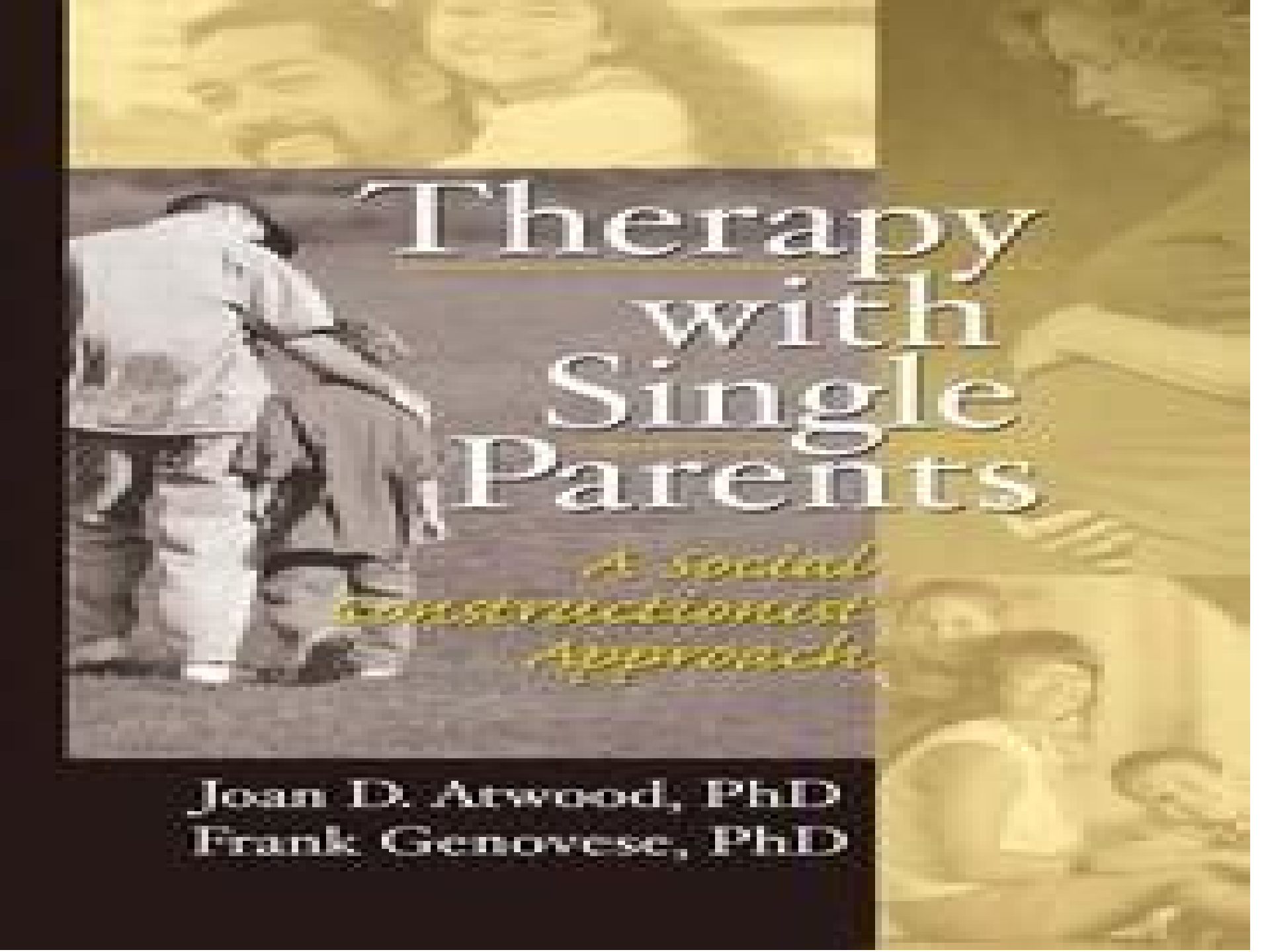




Therapy with Single Parents

Joan D. Atwood, PhD
Frank Genovese, PhD

Therapy With Single Parents Therapy With Single Parents

Joan D Atwood, Frank Genovese



Therapy With Single Parents Therapy With Single Parents:

Therapy with Single Parents Joan D Atwood, Frank Genovese, 2014-02-25 Provide effective counseling to members of single parent families With more than half of all first marriages ending in divorce it s time to re think the notion that divorce means failure Therapy with Single Parents focuses on the strengths of the single parent family rather than its weaknesses stressing the need to look at the socially constructed norms values and definitions associated with marriage and family in order to provide effective counseling This unique book examines experiences that are common to single parents and presents interventive strategies for treating single parent family issues drawing on clinical case studies to provide technical knowledge in everyday language Current research shows that single parents account for 27 percent of family households that include children under 18 and that the number of single mothers in the United States more than tripled between 1970 and 2000 Therapy with Single Parents challenges outdated notions that the single parent family is somehow deficient and associated with adjustment problems in children It doesn t ignore the anger pain sadness and guilt experienced by many members of single parent families but offers therapeutic considerations from a more balanced approach The book examines the social psychological and sexual experiences of newly single parents and addresses the ups and downs they ll face in dealing with schools the workplace and social services Therapy with Single Parents examines social and psychological differences between divorce and widowhood cognitive behavioral principles of single parent families what children can learn from divorce dealing with the ghosts of past relationships relationship rules dealing with adult children and extended families the effect of change in divorcing families the feminization of poverty the therapeutic value of social networks Therapy with Single Parents is an invaluable resource for psychologists professional counselors social workers and marriage and family therapists The book presents a thorough in depth examination of the single parent family system as a viable healthy family form

Brief Therapy With Single-Parent Families Anita Morawetz, Gillian Walker, 2014-07-22 First published in 1984 This is the first book in the mental health field to examine the complex phenomenon of the single parent family from a systems perspective and to offer a clinical approach based on that expanded perspective Art Therapy With Families In Crisis Debra Greenspoon Linesch, 2013-08-21 This volume describes art therapy interventions for particularly dysfunctional families and explains the connections between the process of creating art and the curative process in meeting these families needs

The first chapter examines distressed family systems and psychotherapy in relation to the uses of art therapy Subsequent chapters present a crisis intervention model for family art therapy and demonstrate the applications of this model with single parent families families affected by alcoholism or sexual abuse and families of political refugees and disaster victims More than 70 samples of the art produced by these families are reproduced and analyzed *Family Therapy with Ethnic Minorities* Man Keung Ho, Janice M. Rasheed, Mikal N. Rasheed, 2004 The classic and critically acclaimed book Family Therapy with Ethnic Minorities Second Edition has now been updated and revised to reflect the various demographic

changes that have occurred in the lives of ethnic minority families and the implications of these changes for clinical practice Family Therapy with Ethnic Minorities provides advanced students and practitioners with the most up to date examination yet of the theory models and techniques relevant to ethnic minority family functioning and therapy After an introductory discussion of principles to be considered in practice with ethnic minorities the authors apply these principles to working with specific ethnic minority groups namely African Americans Latinos Asian Pacific Americans and First Nations People Distinctive cultural values of each ethnic group are explored as well as specific guidelines and suggestions on culturally significant family therapy strategies and skills Key Features The revised text reflects advances in family therapy scholarship since the first edition thus ensuring for readers an up to date treatment of the topic Accents and extends current critical constructionist theories and techniques and applies them within a culturally specific perspective Pays special attention to the issues of historical trauma referred to as soul wound especially in work with First Nations Peoples and African American families span Theory and Practice of Brief Therapy Simon H. Budman, Alan S. Gurman, 2016-03-14 This classic work provides a richly textured overview of the whys and hows of brief therapy The authors identify the central features of effective time limited interventions for individuals couples families and groups Taking a developmental approach to treatment they explain how brief therapy can help at different times in a patient s life as changes and transitions bring on new stresses and challenges A practical framework is provided for selecting and screening patients rapidly finding a focus for clinical work and making optimal use of available time Case examples and extensive transcripts are included to illustrate the use of strategies and techniques drawn from many different psychotherapy perspectives Throughout the focus is on creative and efficient ways to help patients build on existing strengths and make desired changes in their interactions with others

Family Therapy Janice M. Rasheed, Mikal Nazir Rasheed, Mikal N. Rasheed, James A. Marley, 2011 This text offers a straightforward comprehensive overview of both traditional and evolving theoretical models of family therapy and intervention techniques as well as a discussion of clinical issues unique to family therapy practice Aiming to prepare students to develop beginning proficiency in family therapy the authors outline major family therapy models in detail including a step by step description of concepts theories skills and techniques as well as a history of each model and its conceptual and theoretical underpinnings The text also provides extensive case illustrations of family interviews that identify the specific stages clinical issues concepts theories and techniques associated with each model This core text is designed for graduate level courses such as Family Therapy Marriage and Family Therapy Marriage and Family Counseling Family Systems Theory and Family Counseling in departments of social work psychology nursing education or human services **Essential Skills in Family Therapy, Second Edition** JoEllen Patterson, Lee Williams, Todd M. Edwards, Claudia Grauf-Grounds, Larry Chamow, 2009-07-21 Readable and concise yet immensely informative this bestselling text prepares students and new therapists to work confidently and effectively in real world clinical practice with families The authors offer wise and

compassionate guidance on everything from intake and assessment to treatment planning the nuts and bolts of specific interventions the nuances of establishing therapeutic relationships and how to troubleshoot when treatment gets stuck They help the novice clinician navigate typical dilemmas and concerns and spell out the basics of therapist self care Vivid case examples sample forms and quick reference tables enhance the utility of the text New to This Edition Updated throughout to reflect current clinical findings and practices Many new or revised case examples Now more integrative shows how to flexibly draw on multiple theories and techniques New topics including Dealing with Clients We Dislike See also the authors Essential Assessment Skills for Couple and Family Therapists which shows how to weave assessment into all phases of therapy and Clinician s Guide to Research Methods in Family Therapy **The Divorce and Divorce Therapy Handbook** Martin R. Textor,1989 Divorce has become a life event affecting more than two million adults and more than one million children each year The Divorce and Divorce Therapy Handbook presents important findings on divorce as well as a variety of therapeutic approaches that have been developed Written by practitioners for practitioners this aims to be a comprehensive handbook for all mental health professionals therapists and counselors who have to deal with the multitude of problems associated with divorce and remarriage It is an overview of contemporary thought and approaches to the therapeutic needs of adults and children faced with family disruption *Black Families in Therapy* Nancy Boyd-Franklin,2013-11-18 This classic text helps professionals and students understand and address cultural and racial issues in therapy with African American clients Leading family therapist Nancy Boyd Franklin explores the problems and challenges facing African American communities at different socioeconomic levels expands major therapeutic concepts and models to be more relevant to the experiences of African American families and individuals and outlines an empowerment based multisystemic approach to helping clients mobilize cultural and personal resources for change *Divorce Therapy* Douglas H. Sprenkle,1985 Examine a wide variety of divorce therapy approaches with this seminal book Divorce Therapy is one of the first books to present a comprehensive approach to divorce therapy Based on a foundation of theory and research about divorce this landmark volume focuses on the help that psychotherapists can provide during the three stages of divorce pre divorce decision making divorce restructuring and post divorce recovery A distinguished array of researchers and clinicians address discuss mediation criteria for a constructive divorce remarriage custody issues and much more

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