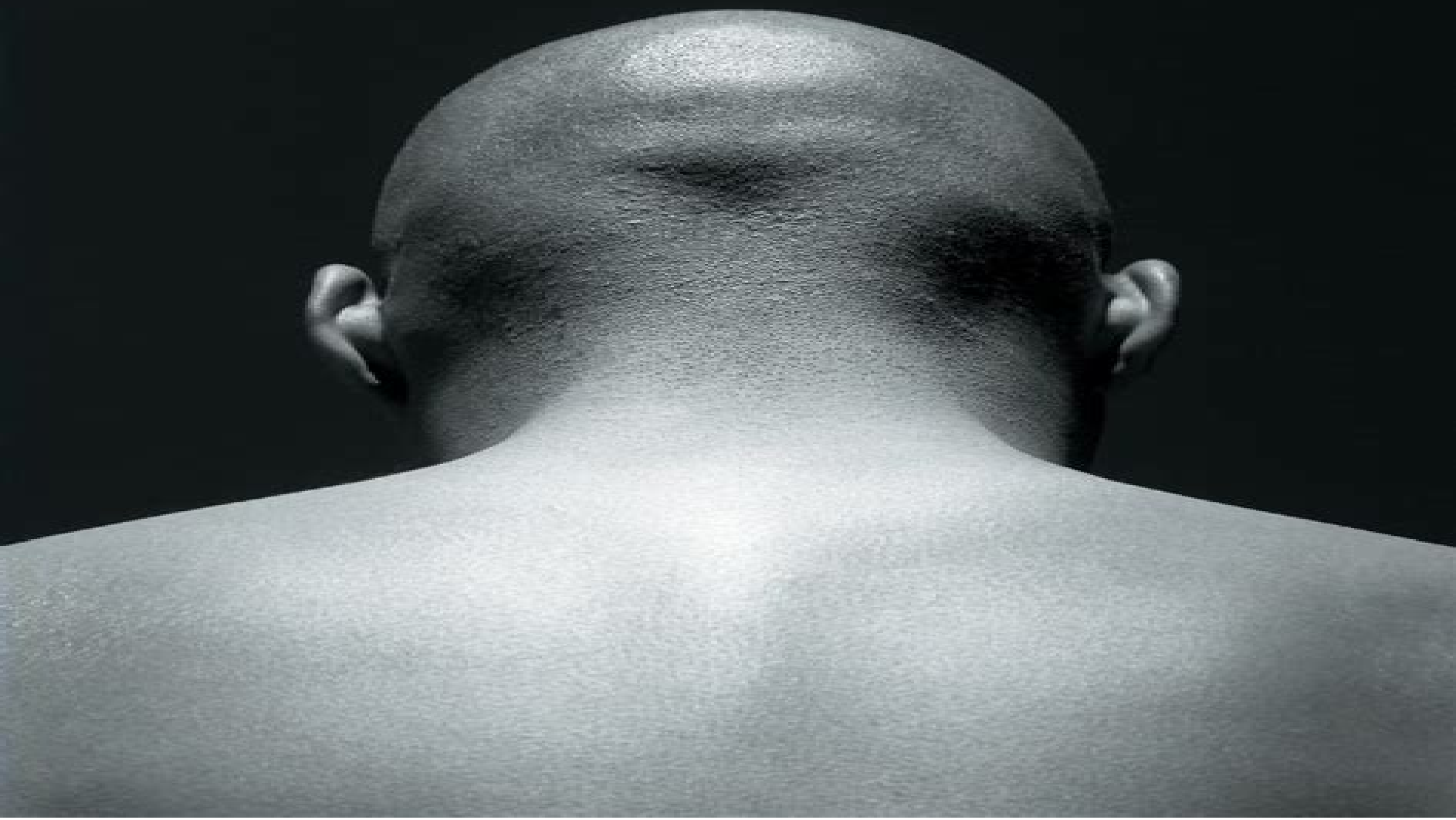


Understanding Men and Health

Masculinities, Identity and Well-being

Steve Robertson



Understanding Mens Health Masculinity Identity And Well Being

Steve Robertson



Understanding Mens Health Masculinity Identity And Well Being:

EBOOK: Understanding Men and Health: Masculinities, Identity and Well-being Steve Robertson, 2007-09-16 Though accessible in style this book is not an easy read Chapters brim with information and analysis A lesser author could have written an entire book from the information Robertson squeezes into a single chapter So insightful is his analysis that he leaves the mind racing with thoughts and ideas Nursing Standard Men s health texts are hard to find delighted this text addresses issues like access to health services Margaret McLoone Sligo Institute of Technology Ireland Steve Robertson has written a valuable book that will serve as an excellent introduction to social science perspectives on the links between masculinities and men s health The book is clearly written and the coverage of existing literature is excellent I have no hesitation in recommending it to all those wishing to extend their understanding of masculinities and health Professor Lesley Doyal Journal of Men s Health How do men understand health What do men consider to be the role of health services in helping them stay well What inhibits or facilitates men s engagement with health services Notions about men s health are wide ranging and much is said about the role masculinity plays in creating health outcomes for men Based on empirical research and data this book provides an interdisciplinary exploration of the links between men health policy gender and masculinity It also offers explicit guidance for practice for those working in the health field looking to better understand and improve men s health Importantly the book Incorporates the views of disabled and gay men to highlight issues of diversity Draws out key implications for health promotion work with men Includes key points for practice within each chapter The book uses interviews with men and health professionals to explore the key aspects of men s health and healthcare delivery Although set within the UK context it also has wider resonance as it considers how men conceptualize health how this becomes embodied the importance of relationships and emotions in men s preventative health practices and the socially contingent nature of men s engagement with preventative health care services Understanding Men and Health will be of particular interest to academics students and researchers in nursing health sociology and gender studies as well as to pre registration and post registration health professionals with an interest in men and health **Understanding Men And**

Health: Masculinities, Identity And Well-Being Robertson, Steve, 2007-09-01 Based on empirical research and data this book provides an interdisciplinary exploration of the links between men health policy gender and masculinity [Aging Men, Masculinities and Modern Medicine](#) Antje Kampf, Barbara L. Marshall, Alan Petersen, 2013-05-07 [Aging Men Masculinities and Modern Medicine](#) explores the multiple socio historical contexts surrounding men s aging bodies in modern medicine from a global perspective The first of its kind it investigates the interrelated aspects of aging masculinities and biomedicine allowing for a timely reconsideration of the conceptualisation of aging men within the recent explosion of social science studies on men s health and biotechnologies including anti aging perspectives This book discusses both healthy and diseased states of aging men in medical practices bringing together theoretical and empirical conceptualisations Divided into four parts it

covers Historical epistemology of aging bodies and masculinity and the way in which the social sciences have theorised the aging body and gender Material practices and processes by which biotechnology medical assemblages and men s aging bodies relate to concepts of health and illness Aging experience and its impact upon male sexuality and identity The importance of men s roles and identities in care giving situations and medical practices Highlighting how aging men s bodies serve as trajectories for understanding wider issues of masculinity and the way in which men s social status and men s roles are made in medical cultures this innovative volume offers a multidisciplinary dialogue between sociology of health and illness anthropology of the body and gender studies **Men, Masculinities and Health** M. Hall, Steve

Robertson, 2009-10-23 Men drink too much alcohol eat unhealthy food and avoid going to the doctors until they are seriously ill Indeed some say being masculine is bad for men s health But is the situation so simple This deeply engaging book explores both the psychological and sociological factors that affect men and their health It investigates how notions of maleness impact on the individual s approach to health and take up of services and provides clear foundations for best practice in care Part 1 of the book explores and sets the theoretical scene It asks why disparate fields have not previously been brought together and what theoretical frameworks could be utilised to assist in this process Parts 2 and 3 consider empirical work in relation to men health and illness providing critical rather than simply descriptive accounts Bringing together an international collection of contributors Men Masculinities and Health provides fresh ideas for practice creating a fertile terrain for future debate that will excite all those interested in gender issues **Health Psychology** Jane Ogden, 2012-05-01

This new edition is a comprehensive and accessible guide examining health behaviours through reviewing the key research in this growing field **Boys and Men in African American Families** Linda M. Burton, Dorian Burton, Susan M. McHale, Valarie King, Jennifer Van Hook, 2016-12-09 This important volume takes a life course approach in sharing empirical insights on the family experiences of African American males in socioeconomic and political contexts Representing fields ranging from developmental psychology to public health and sociology to education chapters identify challenges facing black men and boys in the U S as well as family and community sources of support and resilience Survey findings and exemplar case studies illustrate stressors and risk factors uniquely affecting African American communities and tailored prevention and intervention strategies are described at the personal family and societal levels These interdisciplinary perspectives not only encourage additional research but inspire the continued development of appropriate interventions relevant practice and equitable policy Included in the coverage The adjustment and development of African American males Conceptual frameworks and emerging research opportunities A trauma informed approach to affirming the humanity of African American boys and supporting healthy transitions to manhood Humanizing developmental science to promote positive development of young men of color Families prisoner reentry and reintegration Safe spaces for vulnerability New perspectives on African Americans who struggle to be good fathers They can t breathe Why neighborhoods matter for the health of African American

men and boys Promoting diversity in the research agenda to reflect a diverse population Boys and Men in African American Families is an invaluable reference for research professionals particularly interested in sociology public policy anthropology urban and rural studies and African American studies Survey and ethnographic studies of poverty inequality family processes and child adolescent and adult health and development are featured Men's Health Alex Broom, Philip Tovey, 2009-02-24 This book explores the social political and theoretical underpinnings of the men's health field Written by experts in the field it provides a comprehensive understanding of the relationships between cultural understandings and health related issues It looks at important issues such as prostate cancer chest pain and heart disease and how men experience such problems It examines sexuality mental illness and ethnicity as well as the role that sport can play in men's health outcomes

Handbook on Gender and Health Jasmine Gideon, 2016-05-27 This Handbook brings together a groundbreaking collection of chapters that uses a gender lens to explore health health care and health policy in both the Global South and North Empirical evidence is drawn from a variety of different settings and points to the many ways in which the gendered dimensions of health have become reworked across the globe This collection includes insightful contributions from 56 leading authorities from Africa the Americas Asia Europe and the Middle East offering a wealth of knowledge theoretical reflection and empirical detail on the essential elements surrounding gender and health Topics covered include theoretical approaches to understanding gender and health migration sexuality ageing masculinities climate change and sexual and reproductive rights Split into four thematic sections this book strives to develop a clear road map towards achieving gender justice in health The Handbook on Gender and Health will be an important resource for researchers students and instructors of health policy and family and gender studies Contributors include G Alvarez Minte E Ansoleaga Moreno L Artazcoz A E Birn R A Burgess A Coates I Cort s Franch S Del Pino K Devries X D az Berr L Doyal K Elzein V Escib Ag ir B Eveslage C Ewig J Gideon J Gon alves Mart n B Gough H Grundlingh M Gutmann R R Habib M C Inhorn D Johnston D M Kamuya L Knight M Koivusalo R Kumar M Leite J Lyra E MacPherson A M Cardarelli P McDonough B Medrado L M Morgan S F Murray J Namakula L N ez Carrasco S Payne E Richards N Richardson M Richter S Robertson M Robinson J Samuel S Sexton J A Smith S Smith D L Spitzer S N Ssali S Theobald R Tolhurst J Vearey P Vero Sanso S Witter N Younes F Zalwango **Men's Health** Roger S. Kirby, Culley C. Carson, Michael G. Kirby, Alan White, 2009-01-29 This Third Edition of Men's Health provides a comprehensive and authoritative reference source to urologists andrologists family practitioners and all professionals dealing with the male patient who diagnose and treat males with a variety of health problems such as prostate cancer male osteoporosis and testicular cancer The new edition been Contemporary Masculinities Brendan Gough, 2018-04-19 This book assesses the construction of masculinities in relation to appearance embodiment and emotions by drawing on perspectives in psychology sociology gender studies and public health Brendan Gough questions conventional assumptions about masculinity and men's health and responds to recent trends in critical studies of masculinities which discuss positive or

healthy masculine identities The book showcases discursively inflected qualitative research using data sources where men s own accounts are prioritised in depth interviews and online discussion forums Chapters discuss men s appearance concerns and activities and examine male mental health focusing on vulnerability and its management Current trends and key concepts including intersectionality inequalities and embodiment are also considered throughout This book will appeal to students and academics within social sciences and humanities interested in gender issues in general and masculinity in particular

Promoting Men's Mental Health David Conrad, Alan White, 2018-04-17 A welcome and important contribution to a thankfully growing debate Mental illness remains in some ways the last great taboo in our society a taboo which leads directly to stigma and discrimination which for some can be even worse than the symptoms of their illness This book in part is about encouraging men who have reached crisis point to seek help Equally it s about prevention and sets out some of the excellent work being done on that I hope it can inspire practitioners and policy makers to initiate similar interventions develop new ones and lift the promotion of men s mental health much higher up the agenda both in the UK and abroad A From the Foreword by Alastair Campbell Men in all their diverse groups settings lifestyles and stages of life can face considerable challenges to their mental wellbeing from specific cultural and societal factors causing difficulties for themselves and those who live and work with them In addition these men may respond better to certain approaches and treatment Promoting Men s Mental Health outlines the breadth of the challenges and provides guidance for those working in primary care on targeting and helping men who need support Good mental health is more than the absence of mental illness and this book therefore highlights methods to promote positive mental health by increasing psychological wellbeing competency and coping skills and by creating supportive living and working environments The book highlights examples of best practice throughout the UK Europe and America and will be essential reading for primary care and mental health professionals and all those with an interest in men s mental health We need to be more innovative in the way we try to reach men This book will help stimulate further discussion and hopefully encourage men to seek help or support From the Foreword by Louis Appleby

Men, Law and Gender Richard Collier, 2010-04-05 This book presents the first published comprehensive overview and critical assessment of the relationship between law and masculinities It provides a general introduction to the subject whilst engaging with the difficult question of what it means to speak of the masculinity of law in the first place

Masculinities and Discourses of Men's Health Gavin Brookes, Małgorzata Chałupnik, 2023-10-30 This book brings together a collection of case studies that explore the relationship between health and masculinity It covers various topics related to health such as mental health sexual health eating disorders and coronavirus and offers health based perspectives on issues such as migration and gender identity as these relate to masculinities In exploring these themes this book addresses a wide range of communicative contexts including online forums interviews advertising sex education materials migrant integration classes and suicide notes This book will appeal to linguists interested in health and gender

particularly masculinities as well as scholars in fields such as psychology media studies cultural studies and other humanities and social science disciplines with a focus on discourse

Wounded Masculinities Valeria Quaglia, 2023-12-05 This book contributes to the emerging field of men's health studies delving into how men incorporate adapt negotiate or reject health care practices to perform masculinities in social interactions By moving beyond the simplistic association between men masculinity and the adoption of risky or unhealthy practices this book draws from recent critical perspectives on the study of men's health seeking to challenge and problematize the relationship between masculinities and health The text presents original empirical findings derived from qualitative and digital research examining the different ways in which men re negotiate their masculinities after the onset of a chronic illness focusing on diabetes as a strategic case study Living with a chronic illness implies that those gender practices that are usually taken for granted suddenly become unachievable and impose a reconfiguration of the masculine self as well as a negotiation of the very meaning of masculinity The volume aims to critically examine this interactive process of re negotiation while also reflecting on men masculinities and their health on a more general level This book serves as a valuable resource for students and scholars in social sciences working on the intersection of gender and health as well as for health professionals seeking a deeper understanding of the connection between men gender and health

Health Promotion with Adolescent Boys and Young Men of Colour James A.

Smith, Daphne C. Watkins, Derek M. Griffith, 2023-02-28 This book highlights novel and pragmatic health promotion efforts being adopted with boys and young men of colour BYMOC globally that apply a strengths based approach Men's adoption of risky health practices and reluctance to seek help and engage in preventive health behaviours have frequently been used to explain their poorer health outcomes particularly among adolescent boys and young men and disproportionately affecting BYMOC Emerging literature on equity and men's health has conveyed that intersections among age race sexuality socioeconomic status and geography contribute to a complex array of health and social inequities There is growing evidence to suggest these inequities shape the health practices of BYMOC Unfortunately these health and social inequities can have negative lifelong consequences An increased focus on reducing health inequities has led to a greater focus on health promotion actions that address social and cultural determinants of health The vulnerabilities that BYMOC face are diverse and are reflected in a range of tailored health promotion interventions Health promotion approaches that influence structural and systemic inequities experienced by BYMOC have been a prominent feature In this volume the editors and contributors purposefully bring together international research and promising practice examples from Australia the United States New Zealand and Canada to celebrate health promotion strategies that help to improve the health and social trajectories of BYMOC In doing so the book moves beyond discussing the health inequities faced by this population to talk about the practical actions to address them in context Health Promotion with Adolescent Boys and Young Men of Colour brings together diffuse strands of scholarship relating to male health promotion gender masculinities and health equity and men's

health and gender and youth development The book is a unique and useful resource for practitioners policy makers researchers and students with an interest in health promotion public health social work social policy education men s health youth development Indigenous studies and health and social equity

Men, mental health, and suicide Anne Cleary, Derek M. Griffith, John Lindsay Oliffe, Simon Rice, 2023-02-17 *Fathers, Fatherhood and Mental Illness* Dariusz Galasinski, 2013-11-12 Fathers Fatherhood and Mental Illness provides the first book length study of fathers experiences of mental illness arguing that a discourse analytic focus upon the experience of mental illness is relevant both to social scientists and mental health scholars and practitioners

Prostate Cancer, Sexual Health, and Ageing Masculinities Jesper Andreasson, Thomas Johansson, 2024-02-18 This book provides a rich multidimensional analysis of how prostate cancer is lived treated and perceived by different actors through the stages of care rehabilitation and recovery Furthermore it focuses on how side effects such as urinary leakage and impotence affects the construction of masculinity Though the book foregrounds men treated for prostate cancer it also includes the voices of partners and health care professionals such as urologists contact nurses and sexual health counsellors The focus is on both phenomenological aspects of prostate cancer how the disease affects men s self perception and lifestyle and on sociological aspects that is how gender and masculinity are understood and negotiated in social situations interactions Situated within the field of critical studies on men and masculinity the book engages in an intersectional analysis of the relationship between prostate cancer class and ageing masculinities as well as providing an analysis of the complex relational triad created when voices of treated men their partners and health care professionals are brought together

Men, Masculinity, Music and Emotions Sam de Boise, 2016-04-29 This book looks at the historic and contemporary links between music s connection to emotions and men s supposed discomfort with their own emotional experience Looking at music tastes and distaste it demonstrates how a sociological analysis of music and gender can actually lead us to think about emotions and gender inequalities in different ways

The Forgotten Realities of Men Marc Lafrance, Jean-Martin Deslauriers, Gilles Tremblay, Pauline Hoebanx, 2025-05-15 The Forgotten Realities of Men explores the complexities of contemporary masculinity providing an empathetic look at men s lives while rejecting the politics of anger and resentment that often pit their challenges against those of women Through in depth research ethnographic analysis and interviews with men themselves the contributors shed light on aspects of men s lived experiences that tend to be downplayed or overlooked childhood sexual abuse family violence teenaged fatherhood infertility emotional expression isolation and depression cultures of fear in sports and controversial online communities The Forgotten Realities of Men foregrounds the diverse circumstances characterizing men s lives and illuminates their impact on physical and mental health family dynamics professional responsibilities intimate relationships and personal identity By fostering respectful debate this compassionate collection serves as a call for solutions to many pressing issues facing men today

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