

You Don't LOOK Sick!

Fully Revised
and Updated

SECOND
EDITION

Living Well with Invisible Chronic Illness

Joy H. Selak • Steven S. Overman, MD

"I've learned that having a chronic illness is not a prison sentence. ... It does not mean that I am useless and no longer have any gifts to share, but it may mean that I must develop some new ones."
—Joy H. Selak

You Dont Look Sick Living Well With Chronic Invisible Illness

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