

How Your Everyday Decisions Will Forever Shape Your Life

JEFF SHINABARGER

# Yes Or No How Your Everyday Decisions Will Forever Shape Your Life

**Jeff Shinabarger** 

## Yes Or No How Your Everyday Decisions Will Forever Shape Your Life:

**Yes or No** Jeff Shinabarger,2014-09-01 As you face daily choices that require yes or no decisions there are times when you feel paralyzed either from fear of making the wrong choice or because of too many seemingly equal options Social entrepeneur Jeff Shinabarger helps you break through these moments of tension and transition with proven ways to move toward good choices Discover opportunities to become a decision maker as you gain strength in saying no develop your personal philosophy of choice and start using a practical process for making good choices even in difficult situations

**Choosing Real** Bekah Jane Pogue, 2016-12-01 Are you ready to release your control of needing to be everything for everyone In Choosing REAL author Bekah Poque walks with us into life s unplanned circumstances specifically frantic schedules pain transition feelings of unworthiness loneliness and tension and reminds us it is in these very moments where God invites us to notice respond and even celebrate an authentic relationship with Him through every little detail despite our own efforts or work The result A connection between real life and faith so that they are one and the same When we enjoy God s company first the heavenly Creator will transform our minds to view our schedules work relationships parenting and responsibilities as opportunities to dance in life s storms and honor how beautiful simple can be Better than our ideal party it is He who is inviting us setting the table breathing peace and freedom into details we aren t in control of When we recognize how He surprises us by using our greatest pains and detours to draw us to a beautiful dependence on Him freedom and peace replace control and worry Put aside what could be and instead embrace what is The invitation is yours choose Real Love or Work André Shinabarger, Jeff Shinabarger, 2020-08-18 Is it possible to work with purpose stay in love and today raise a healthy family all at the same time Popular podcast hosts and founders of Plywood People Jeff and Andr Shinabarger share proven research insightful practices and stories from 100 working couples to cast new vision for the modern family We know the harm that comes from prioritizing work or family at the cost of the other so what is the secret to living a fully engaged and balanced life in both work and family Hosts of the Love or Work podcast Jeff and Andr Shinabarger posed this question to 100 working couples from professional athletes and artists entrepreneurs and CEOs to fashion icons and church leaders They partnered with the Barna Group for a yearlong nationwide research project to find the answer and now along with their own unique story of juggling demanding careers and a growing family Jeff and Andr offer their findings a new vision for the modern family and a path forward for the socially conscious working partnership In this one of a kind book they address head on the complex tensions in career fulfillment working parent guilt timing and marital and spiritual health With proven research personal experience and applicable insights Jeff and Andr reveal the practices that will help you cultivate your own individual purpose fueled family More than a formula Jeff and Andr found that work life balance is about embracing where you re at in the journey pursuing your passion with your family and living the adventure of it all together Sim ou Não Jeff Shinabarger, 2021-02-24 O que fazer quando n o sabemos o que fazer Todos os dias somos levados a fazer escolhas

entre sim ou n o entre isto ou aquilo De fato nossas escolhas determinam nossa vida Onde estudar Que emprego ter Com quem me casar Onde morar Quanto gastar Que amizades cultivar Em meio a tantas decis es a tomar podemos nos sentir paralisados com medo de fazer a escolha errada ou confusos entre as in meras op es Em Sim ou N o Jeff Shinabarger nos ajuda a superar esses momentos de tens o e de transi o oferecendo caminhos certeiros que nos levar o s boas escolhas Descubra como desenvolver sua habilidade de decis o como dizer n o e comece a criar seu pr prio m todo de tomar decis es com efic cia mesmo em situa es dif ceis <u>Decision Time</u> Laurence Alison, Neil Shortland, 2022-01-13 For readers of Malcolm Gladwell Decision Time is an inspirational problem solving and decision making book to identify and fight off the common enemies of making good decisions inertia procrastination and indecision and empower you to make the choices that matter the most using growth mindset Should I change careers Is it time to end my relationship Can I move halfway across the world We have to make choices every day big and small but it s the life changing ones that often cause us to freeze or react too quickly without thinking What can we do differently Laurence Alison and Neil Shortland have spent over 20 years helping soldiers police officers doctors and other professionals in high stakes environments make tough decisions when lives are on the line In Decision Time they show us how those same decision making techniques apply to everyday life whether that s deciding to take a new job or change careers later in life end a relationship move across the world or declare your undying love for your best friend Highly accessible and interactive Decision Time will guide you through each step of the decision making process so next time you a find yourself at a crossroads you ll be able to make your way with confidence Praise for Decision Time A highly readable and entertaining book The authors have managed the trick of applying their work with military and security professionals to the high consequence choices people face in everyday life This is a thought provoking and stimulating contribution Gary Klein author of Seeing What Others Don t and The Power of Intuition **Good Excuse** Goal: How to End Procrastination & Perfectionism Forever, when the said walk end dina leheta, 2018-12-01 Prologue Noora was sitting at a front view table in the White and Blue Restaurant of the Greek Club overlooking the Qaitbay Citadel the old port and the Mediterranean Sea This was where her journey of transformation began more than ten years ago A journey that had taken her and several of her friends along a ride through the treacherous workings of Fate awry choices and ignored blessings confused identities and stubborn egos bad marriages and worse friendships toxic parents and dogmatic cultures religious fundamentalism adultery and depression and finally change Always change Inevitable change Life ,2006-06 Best Life magazine empowers men to continually improve their physical emotional and financial well being to better enjoy the most rewarding years of their life **Triumphant Innocence** Lottie Gillmore, 2012-01-26 Like Unfolding the Petals of That Perfect Chosen Flower True love What is that How many men and women find that one special spouse who loves them for who they are dwelling in the spirit of their heart. When we make a mistake is our spouse willing to have compassion for us and forgive us Or do we have compassion and forgiveness for our spouse when they falter and ask us for

forgiveness Learning to love without barriers in our hearts can take a lifetime of repeated injections of spousal compassion and intentional forgiveness When we ask Jesus into our hearts the greatest gift we will ever know is the forgiveness and loving compassion from our Heavenly Father Our lives are made new Our direction in life and understanding turns 180 degrees Here you will find numerous true stories of loving forgiveness compassion and real life embarrassing moments By the grace of God these experiences have opened my heart wide to trusting and loving back in a way that only Jesus can and does show us Take God at His Word Be equally yoked in marriage with Jesus at the centre and fulfill your destiny of true love as each day of your life together unfolds May God bless you always Everyday Extraordinary Penny Armstrong Sparks, 2023-06-01 Everyday Extraordinary is a follow up to My Saturday Morning Posts the compilation of a weekly journal posted on social media that followed Penny Sparks first year of grief after the unexpected loss of her husband Through this format her healing process developed into a continued walk through the more that everyday life can bring So often we can see God clearly in crisis turning points or big decisions but what about the routines in our average days He promises we will see and do more if we engage Him in the middle of the road moments This collection of thoughts is divided into four seasons in recognition of how we can feel differently and more deeply at different times of the year Penny uses her everyday moments to share extraordinary lessons about the goodness of God These stories will inspire you to see God in the seemingly insignificant stuff and show you how He doesn t just work in the earthquakes of life but in the gentle whispers as well

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