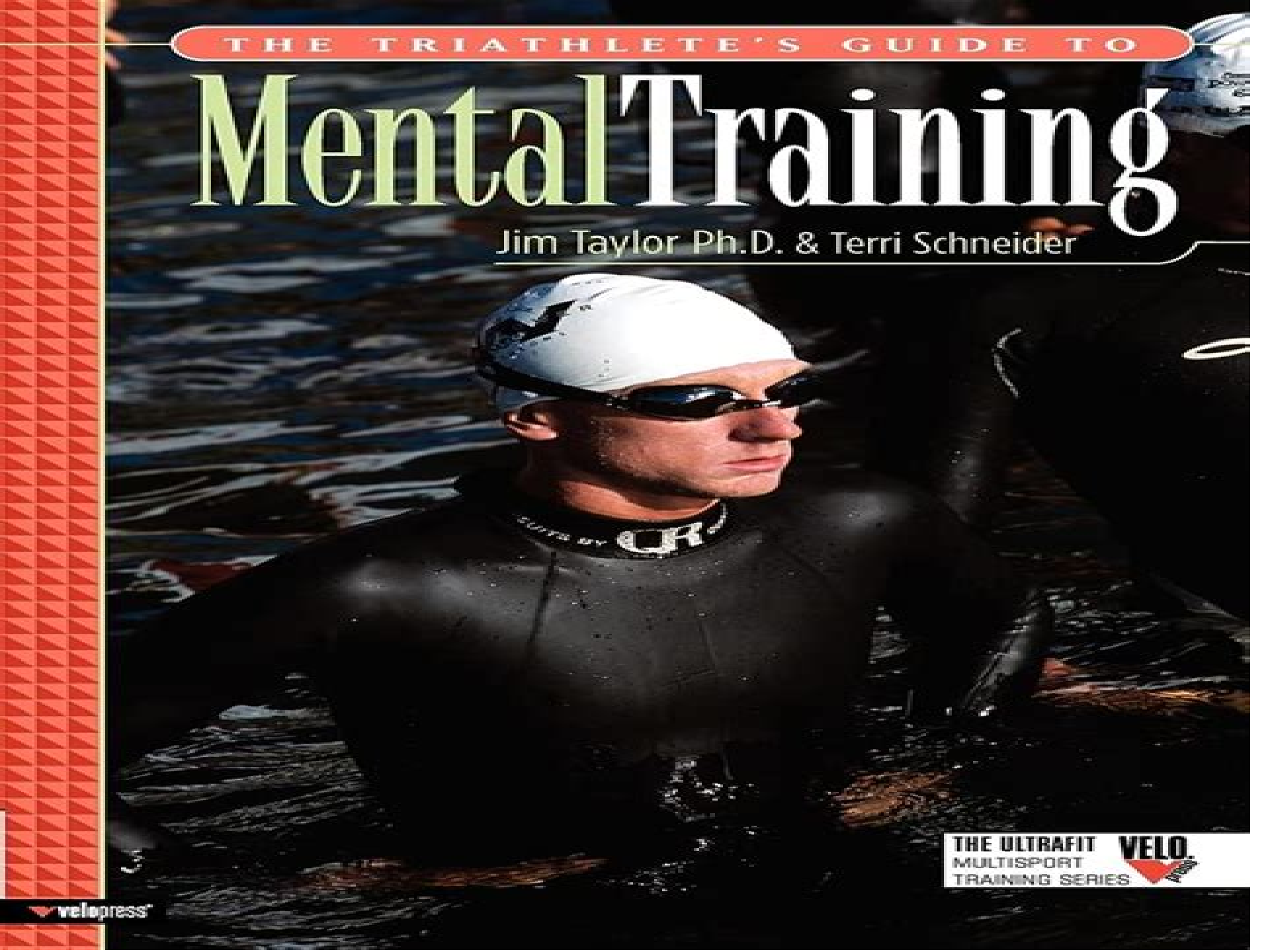


THE TRIATHLETE'S GUIDE TO

Mental Training

Jim Taylor Ph.D. & Terri Schneider



The Triathletes Guide To Mental Training Ultrafit Multisport Training

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